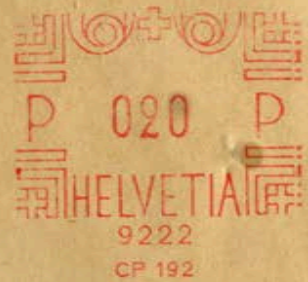


Royal personal
letters
Frederica

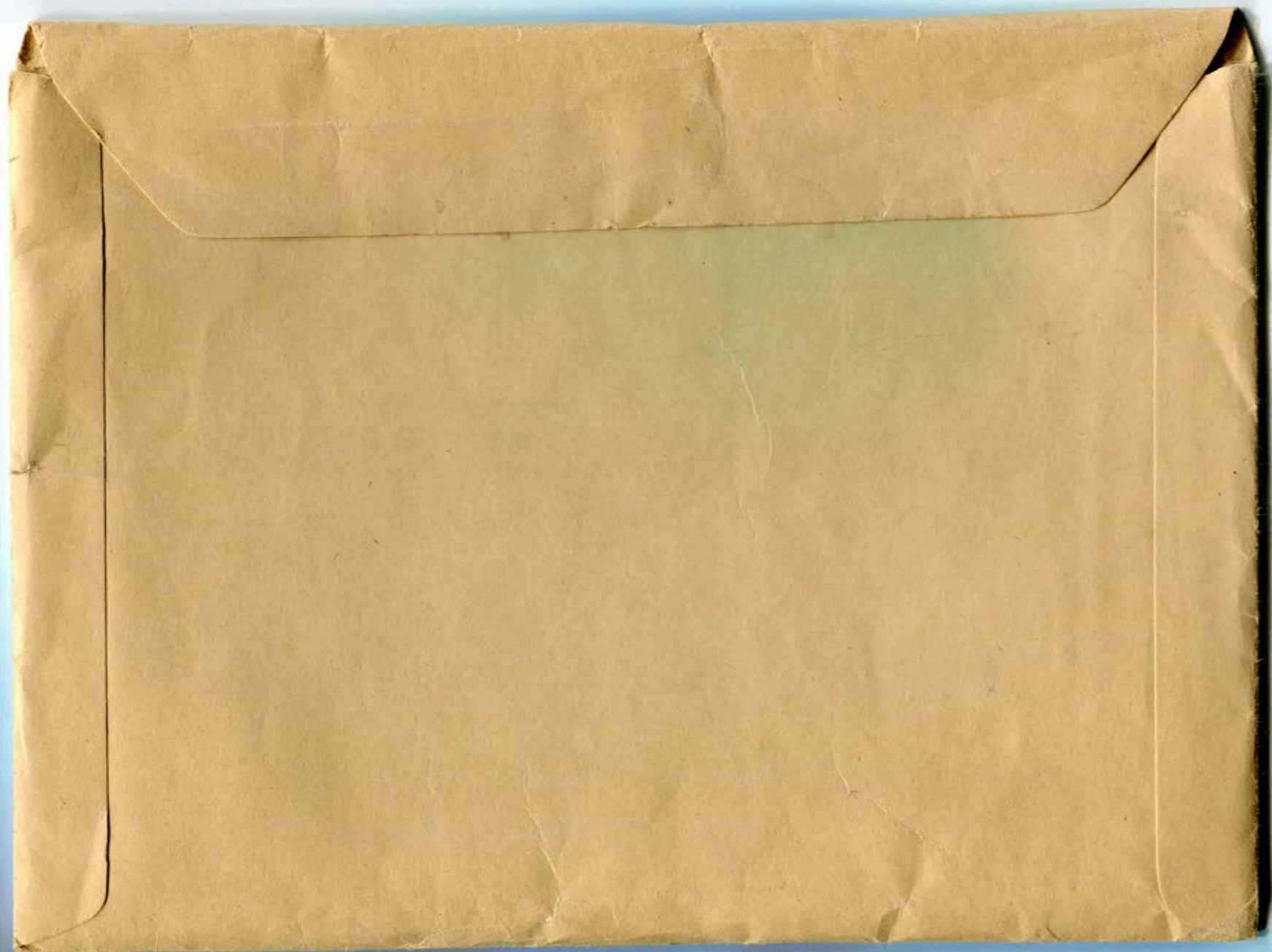


G5

Monsieur le Dr Paul BRUNTON
Au Jordil "A"

1807 BLONAY

BI 16
VIPL 1



(Keep)

Article



(B)

them ^{that} ~~and~~ ~~was~~ one can not
publicly use them, but
that these inner ^{against transplant} reasons ^{operation of heart}
are very real. To inter-
fere with a dying soul's
struggle for Union with
God as well as committing
murder on some one who
is not dead is a double-
crime in Father Kovacs's
opinion. He said
the problem was to find
the moment a ~~man was~~

really dead. I gave
him the example of
the young Doctor in
your hospital. You
will remember he told
me that his brother and
his father would never
perform such an operation
as the heart donor is
certainly not glad;
and that he has a
friend who was con-
scious for two months
and during those two months
his ~~head waves~~ Brainwaves

I do not think for over 5
moment that they can
produce Gava halves or
Mino halves. They can
produce sleep and un-
consciousness. The other
two remain a question
of spiritual maturity
impossible to get by
material means.



Article (A)



3

~~Keep~~
Dictate Asmann

Some time in end of this month

Re Prof Delgado (USA)

electrical experiments on brain
to control & change mind or character

I received your reports

on the brain. It

did not impress me

at all. Reading the

effects the radio pulse

head on the monkey, it

shows that it increases

or subdues readily made

tendencies. Drink and

drugs can do the same,
perhaps to a lesser degree.

If you increase the strength
 of the radio waves in
 order to keep up the
 effect continuously, the
 person will surely die.

It also seems to me that
 the electrodes are not
 in ~~bedded~~ in the center
 of the brain which is the
 cause of consciousness.

If they were, the person
 would die. It will
 send the patient to
 my friend in Spain and



5

(K)

had been flat for two weeks, but that to-day this same person is a student at the University. Atrape was very impressed with this. Anyhow he agreed on the subject of heart transplants and that something should be done against it. —

Naturally we come into the subject of meditation as this was ~~mentioned~~ mentioned

in my letter to him.

He said that ^{generally} people who practice meditation have an insight of what may happen at the moment of death and therefore they should not be interfered with.

I asked him straight out if he had any experience that he should and if he did not answer.

He told me his first experience came when he was a novice and that it was two hundred.



He did not elaborate
 but we discussed the
 theoretical aspect of
 Union with Govt. He
 insisted that it must
 not be only ^{be} ex-
 perience but become
 a living reality!
 The soul must find
 its self. (He does not
 spell it with capital
 letter) On my remark
 that the soul finds |

~~Nothing~~ 'No-Thing',
 therefore not even it-
 self, he said that
 this appears only to be
 so as it has to find
 itself again when it
 comes back on flow.

One Schopenhauer asserts
 during meditation
 we have glimpses of
 union with God; only
 in death it can be
 complete.

I asked what his opinion



May 14th
1976

Dear Dr. Brunton.

Just a few words preliminary to a more profound letter. I just wanted to tell you how much I appreciated the trouble you took to come to Geneva in that cold, nasty weather. As I was coming on behalf of so many people my conscience was less bad than what it should have been, to cause you to make such an effort



May 14th
1976

Dear Dr. Brewster

I just a few words
congratulations to a man
performing better. I just
wanted to tell you how
much I appreciated the
trouble you took to
come to Geneva in that
cold, most weather. As I
was coming on behalf of
several people and
reference was less bad
than what it should have
been, you came for to
make such an effort

When it is ⁻²⁻ we who should
make the effort. It was
so wonderful to be with
you and place before
you all the problems,
news and hopes to
which you listen always
with such understanding
and patience. And one
is not even able to reci-
procate! But grateful
feelings to you, es-
pecially in front of His
Holiness is what I can do
wholeheartedly.

We saw Him twice.
The first time His first
question was how was
Sophie! She was thrilled

- 5 -

So glad you are all the practice
I mean and before
which you later always
with great understanding
and patience And the
I am even able to see
practice! But especially
feelings to you
especially in front of the
feature is what I can do
unbearable
The first time the first
operation was unusual
Sage! She was thrilled



to hear this³. Professor spoke to her and also gives her strength. Both His Holiness and Professor seem well thank God.

Those beastly rumours have been most disturbing and by sheer Higher Grace I persuaded a pushy Australian press girl that if she must write to write an article explaining the unsensational truth and



to be the Professor
spots to be and also
eyes in strength.
to the in the
Professor seem well
thanks for

These beautiful
manuscripts have been most
interesting and I have
highly appreciated
or first Australian
of the first of the most
write to write on
see explaining the
sensations for the

to leave us alone.
She did both but whether
the Daily Mail she wrote
for will publish is an-
other matter. I told Professor
or that if it gets any
worse and Tuo's de-
nials don't help or are
not enough I am pre-
pared to manifest my-
self worse definitely.

I am also taking
initiative in private to
a couple of friends
to explain and protest.
More of this later.

Mama found me
the most adorable

The most desirable
 name found in
 those of this later
 to explain and forestall
 a couple of friends
 initiative in private
 I am also taking
 self more definitely
 toward the unorganized and
 but every I am for -
 which don't help or
 worse and that's all -
 or that if it gets any
 other months I had better
 for will probably be out -
 the Daily Mail the state
 She did both but whether
 to leave an article



little cottage belonging
to a vegetarian hotel.
She has loaded me with
provisions and has been
very sweet. The nega-
tivity, except for a nasty
beginning is practically
gone and there is on my
side utter contentment of
the kind I had given up
hoping for! This little
house is ideal in every
way. Well air conditioned,
in fact you too



in fact I fear too
wound. Well considered
because is ideal in every
respect. This little
the bird I had given up
since after treatment of
open wound there is evident
regeneration in the
tissue, except for a small
wound about the nose
and a small
to a veterinarian
little cottage belonging
to a

would be 'most comfortable in a place like this even in India mid-summer! I am to pay no more than five hundred dollars a month, (what it amounts to for a week almost in Claredges!) I can manage comfortably if nothing cheaper is found as convenient.

All this grace is the result of interest and concern from the Three of you who have been so tender and encouraging during the difficult past.

During the difficult past
terms we had encountered
for we have been so
concerned from the time of
onset of interest and
all this time in the
as a result.

Nothing else is found
in the same category
to find a week or more
months (just a comment
for the hundred dollars a
to find the same then
avoid - summer! I can
like the same in the
particular in a place
used for most cases -



- 7 -

I hope you know it —
in fact I am sure you do,
that I regard myself
as a grateful servant
of all Three who are
manifestations of That
which is the real Home
of everyone.

Time not being
unlimited, I must stop
for the moment but
my loving devotion con-
tinues beyond limits
with intensity. Please



- F -

I hope you know it -
in fact I can see for
that I regard myself
as a crystal ball
of all these things
and in fact I have
been in the field
of experience.

Time and being
unlimited, I must stop
for the moment but
that leaving details as
time beyond limits
with interest, please

accept the^s content of
these thoughts - content
which cannot be fully
expressed.

You gratified
me

P.S. excuse the messy
ballpoint there is at
this point no time
to do anything about
it so sorry.

accept the content of
these thoughts - content
which cannot be fully
expressed.

from spiritual
view

P.S. excuse the mess
folly but there is
this part no time
to do anything about
it now.

2nd second
letter



Dec
Madras 5.66
for Asman

Dear Dr. Brimton,

As there is
little time in which
to write this letter
I shall stick to ex-
centrics and ~~not~~ avoid
details. After 9 hours
drive on a hot and
wet road we met

Your friend the Shanban Acharya of Kama Kote Pectam Stambara
Stambara of (Kochi) (INT) 1966

We settled down in the

2

floor opposite him
in an open court-
yard of a 6th century
temple. We were
sitting under the sallo-
mole. He is a frail
figure with large
luminous eyes. I
felt the very strong
atmosphere immediately
This quiet feeling
around my head, which
is always so tremendous,
by intensified when
you are near or near
this time also intensi-
fied. He maintain



behind the temple,
 the people in the
 court yard, ~~seem~~ as
 well as us, seemed
 like a dream. The locality
 was not felt anymore
 There was seeing without
 the see. In this
 atmosphere I made
 my questions. It
 was obvious, there was
 a man of great spiri-
 tuality. He asked how

long of medical school
and when there was
the first experience,
I told him it was
10 years ago with
you, in America.

~~This speaks about you
and our association
with you, about Palo
and his death, about
about the many experiences
I had had and how
they have passed away
now. I told him~~



5

how I was longing
to live only with
the Realization, since
I have to go on living,
as then the world would
not matter any more and
one might become useful
again. I asked once
again about Nivāṇa Kalpa
and Gāhvarī. He
only listened and
did not answer. He
asked a few questions

and just looked with
 his huge eyes quiet-
 ly at us. Mahadine
 translated, it was
 pleasant to have him
 with us. I told
 the Sage that while
 being able to control
 my thoughts, during
 ordinary conscious work,
 this was not yet
 possible during dreams.
 He looked at me
 for a long time
 then he said "your
 dreams do not in-



7.

~~As your~~ fluence
your ordinary con-
sciousness; they do
not hinder your
spiritual progress.
It is your every-
day consciousness that
will effect your
dream more and
more, do not worry
at all. — We left
after one hour
I had not sleep we

8

~~I can hear~~
~~again for 2 1/2 hours.~~

As in the night
I woke up. As

was conscious
of a tremendous
uplifting power.

I felt like floating,
like being ethereal.

As known it was
a special kind
of an experience.

So going to sleep



9

was rather difficult
afterwards. ~~There~~
~~had a similar~~
~~kind of experience.~~
~~But I leave it to~~
~~her to tell you.~~
In the morning
I said to Maha-
deva. Well, this
was quite a terrific
electric storm
at night." He said

~~smiled. When we
 reached the temple
 we again settled down
 opposite him. ^{Next day}~~

~~or a long time we sat
 in utter silence. Then I told
 him about my experience
 thing to him. He
 did not react in any
 visible form. He just
 smiled.~~

~~Then I asked
 Maladrom to tell
 him about our experience
 at night. He said
 "I just told him so!"
 Every now and then~~



11

he withdrew completely.
Sometimes with his
eyes shut, sometimes
with his eyes open.
The ethereal feeling
was always there.
~~Gradually he turned~~
to me and he said:
"Mura Kalpa is for
yogis. It is not essen-
tial for Self-realization.
The state which you
reach in meditation"

(As ^{had} described to him
 the perfect peace ^{in meditation} ~~solid~~
 of experience, ~~the narrow~~
~~self, narrow world, and~~
~~the thought state~~ but
 that - there is possibility
 of ^{hearing} sounds, without this
 interfering with the
 state reached.) "The
 state will widen
 and become natural
 to you." Then he
 asked me to put
 my hand upright



13

to my nose with
the nostrils ~~and~~
right and left to
the palm. He told
me "watch out on which
side you feel the air
striking the hand when
exhaling." After I
told him I feel it
on the left side of
my hand meaning it feels



from the left nostril
 he asked me to do
 it again. To my
 surprise it now
 came from the right
 nostril. He informed
 us that while changing
 the breath there is
 a fraction of time
 when it comes through
 both nostrils. That
 is the time the mind
 is still. You must
 practice to lengthen



15

this time by concen-
trating to use both
materials for excluding
and including. ^{This breath watching}
method, used in everyday life, ~~is~~
will make the medi-
tation state natural
and bring on Sabazha.
Sabazha is important,
not so much Shiv Kalpa.
(you told me this
again and again.)

The method of
 the break watching
 during everyday life
 is very interesting
 and seems quite effective.

He said about you
 "Tell Paul Buxton
 I remember
 him as if it was the
 day he came to see
 me; with my Blessings"

So I to be
 give this message;
 Punishment
 Punishment is ever

insert
 para on
 p 16



14

If punishment has to be given, give it
without passion

to be done by you

~~of duty compels me~~

~~if I make him, then fight~~ ~~without passion~~ ~~one, and~~
you, give it without

passion, make it
without passion.

It has to be
made, always without
passion!

I asked him if it
was true that married
people can't reach
Self-realization.

He laughed and said:

of course they can
reach it, every body
who strives can reach
it. - About


TR tip 10
 When he sent
 him to Mahavide
 he experienced great
 happiness, then this
 was diminished. now
 he is established. (in Sakaja)

~~He gave a message,
 also to Saptin saying
 that the man who
 serves his family the
 more he serves his spirit.~~



19

In details we
will discuss when we
see you again. It
was more than worth-
while to meet this
great spirit. God
knows why we deserve
to know you and
this man. It can
only be accepted
as a free gift by
us, full of humility.
True and of one

delighted to see
 how Mahadevin 
 makes it a point
 of always including
 your name in all
 conversations. Even
 at the Maharaja's
 Asthavan he said
 quite loudly: "This
 is the place Branton
 set when he first
 met the Maharaja."
 Apparently he, Maha-
 devin was present.



21

It was very moving
to see where you
and Mahesh talked.

As felt again like
been conducted by strong
atmosphere and power.

I met the man
who was the then
Chief of Police when
Mahesh died. He

22.

He told me that
Maharshi called
him long time before
and told him the
exact hour and day
of his death. He did
this because he knew
there would be trouble
in the stream and
asked him to watch
out and ~~prevent~~ ^{prevent} it.



23.

He told him the spot he wanted to be buried. The day he died the C. of Police was in the Advance. The Devotees told him he should leave for Mahanadi was better and had taken some juice. But the C. of P.

looked at his watch ²⁹
and said in 10
minutes Malak ~~is~~
is dead. Then he
saw the comet and
shortly afterwards
he heard of his
death. He told me
and Malak ~~is~~
confirmed it that
^{that} a few minutes before
his death, Malak



25

put him self in to
his meditative
position. Only by
touching him did
they realize that
he was dead. - At
night when the
brother was asleep,
the G. of P. had
his workmen die

26

The grave where
all the monks had told
him. The next
morning the brother
was ^{funerary} ~~funerary~~ as he
wanted him to be
buried next to the
mother, making of his
second to the mother.

I am remaining
out of the way of it.



in Pular death and
 all the details. He
 said: he had a
 very good feeling every
 and is now part
 of the cell (M.V.C.I) as
 he called it. We
 told him you were
 present. His reaction,
 although it was not
 translated to me
 seemed very happily
 surprised as if
 he said "Well, then
 naturally!" Although

INT with
Sankaraj Srinjan Chhaya 1966

fully informed by
you, is inquired

Relevant his review on
N.K. Samadhi
Dine K. Chhaya: After

my description which
included the hearing
of distant noise
such as traffic or
noises of nature,
he was very definite
in his answer

saying that N.K. is
reached even if there
is the appearance of
hearing as long as
it is not disturbing

4.



to the state vessel.
The reason that some
people hear and
others do not hear
in N.K. is a perso-
nal reaction. Both
are in N.K. as in-
sisted on this point
remembering Mula-
Devin's explanation
to me, who said
that N.K. is not needed
as long as one hears,
even impersonally.

8.

I did not mention
Alfred Devins name
but said to read
it. He emphatically
insisted that N.K.
is reached the moment
there is change of
consciousness, ~~no~~
no-self, no-thought
no-world. Hearing
or not hearing, at
that stage, are un-
important details. —

Remembering again Alaha-
devin and Weizsacker's
conversation, at least
if it is true that married

2.



people (householders)
cannot reach enlighten-
ment; even before it
was translated he
said: "No, No, that
is not so. All can
reach enlightenment
those that are married
and those that are not."
He was again quite
emphatic and without
hesitation.

I told him that it was

difficult for me
 to control my dream-
 life and that I would
 like to get complete
 control over it. He
 assured me that no
 stupid dream ^{affect} effect
 my spiritual development
 and he suggested
 a ^{salvific} ^{good} path.

It is wonderful
 to know that all
 we have learned from
 you finds its echo
 here.

We next to see
 the woman and a dayee,
 the Woman Saint.



23

Ananda Mayee

She is really very
saintly. She has
the sweetest expression
and is just radiating
love. She looked
for a very long time
without blinking
straight into my eyes
as if she wanted
to survey pure love.

An Austrian lady
translated for us.
She had been a
devotee of Krishna
Mati and is now

14.
since 90 years with
the Women's Guild.

As she asked her
about N.K. ^{NIRVIKALPA Samadhi} her
answer was that
N.K. is complete

Nothing. That if
there is some ^{hearing} hearing
left, N.K. is not
reached. The stage

SAVA KALPA is also
Oneness, but when
you have reached

N.K. there is no
return to ^{ordinary} ordinary
consciousness! This



was in slight con-
 to adition to what
 Shan had a total see.
 We had a two hour
 conversation with her
 as also asked her of
 how to control ones
 dreams. She said
 to ^{concentrate} concentrate upon
 one's ^{throat} throat! (I ^{NOTICED} noticed
 that by trying it one
 goes straight into medi-
 tation).)

Yesterday we saw
 Shan have again.

The other days he
 had received us in
 an empty room con-
 nected with a small
 house belonging to
 the Vice-speaker of
 Parliament. (a Devotee.)

He was seated on a
 very low platform
 that was covered with
 a tiger skin and some
 blankets. We sat on
 a silk carpet next
 to him. (Brene was
 goggle-eyed!!)

This time he was
 out when we arrived.



We waited a few
 minutes. He arrived
 and did not bother
 to go to his special
 room, but sat
 down on a cushion
 in the dining room.
 We sat on a silk
 carpet next to him.
 This carpet we used
 before and seemed
 to be a special
 courtesy to us, as
 everybody else sat
 on the floor proper.

Shanbara of SRINGEERi Cochin 48

I once ~~were~~ asked
about ^{my kalpa} N. K. ^{small} (I see
you smile.)



Well he had to,
after my talk with
the Womman Saint.

He repeated his
explanation of the
alternating adding that
there who give them-
selves to continuous
meditation such
as monks or nuns
usually have the
no-sound N.K. —

The first day we
offered for int as a

29.



is how flatter. He
gave us an apple
when we left.
Yesterday he gave
us a little amu-
let representing the
original Shandana
and to prove he gave
the goldbars of learning.
He held both amulets
for quite some time
in his hand before
giving them to us.
He gave him a

to me all gold cups
 which he seemed
 to like, as he held
 it during all the
 audience in his
 hand. —

When we talked to
 the woman I said
 about you, she said:
 "oh yes, Paul Bunker,
 I remember him very
 well; tell him how
 happy I am to see
 you and that he
 wanted you and me

21.



to meet. After all
you have not come
to meet me but
to meet your own self."

Greene will write
to you about her
own conversation
and impressions. She
is absolutely delighted
especially with the
Woman's Gait.

It was quite interesting
just four women
together, The Gait,

22.

The translator, Yamae
and myself. The
translation was not
too good unfortunately,
as the Saint said
far more than was
repeated to us.
It is bothersome to
need a translator.

There are so
many details that
are interesting to
us such as the
excitement of the
devoted devotees
who rush in or
out of Shambhava

29.



fit
not fitted in. I do
not think understood.
We met a very inter-
esting Syrian Ambassa-
dor at Mr. Gandhi's
He is known as a great
poet in the Arab world.
He wants to give us
a dinner on our return
and invite the brother
of the Maharaja of
Patiala who is a
Gauti and devotes
himself to Gauti
music.
Several times your

29.

name has ^{in the Delhi gote circles} come during
conversations also
at the Prime Minister's
house. It was always
favourable. I've and
I remain at you of faced!

Now I must stop
this long letter. It
will take you days
to read. I am terribly
sorry for my writing.
I don't seem to
be able to improve it.
It is great to feel
surrounded by your
thoughts. It helps to
make this visit a success.
With all my best wishes
and affectionate love
Frederick