40 West 55th St.

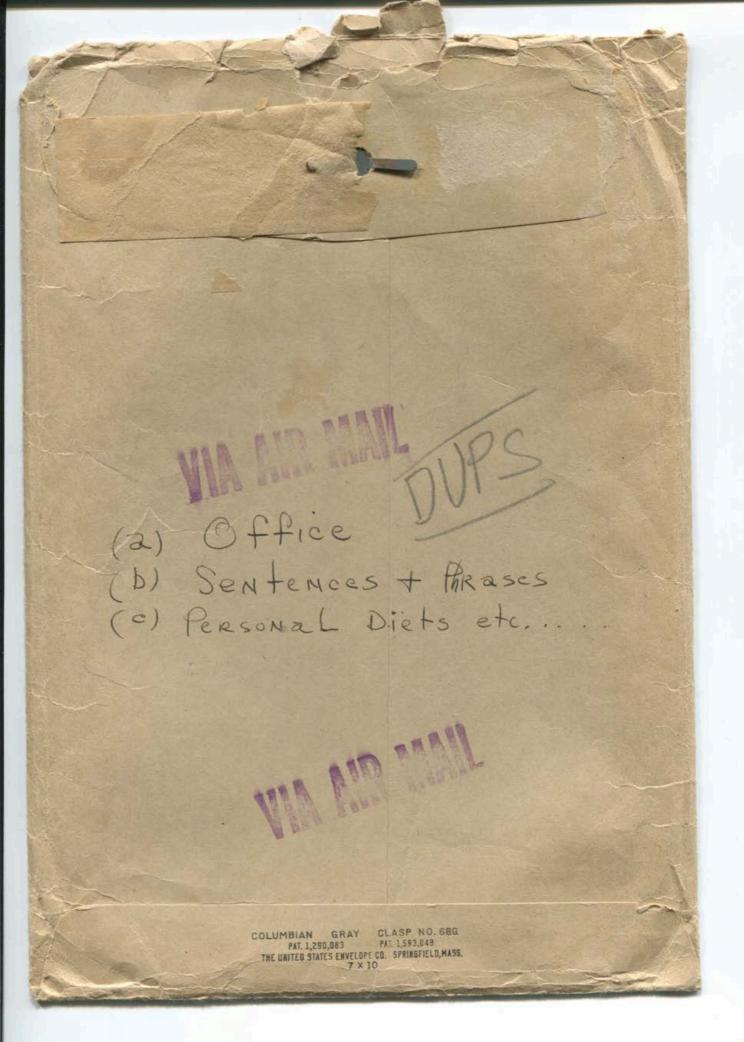


VIA ALL TRAIL

## LAIR MAIL

DR. PAUL BRUNTON C/O J.V. MASSON 2534 PARK OAK DRIVE HOLLYWOOD 28, CALIFORNIA

TIA ALL TONIE



(DIETIC PRINCIPLES) )Silver, inferior aluminum cutlery should not be used with salads containing lemon juice, as they will oxidize and turn -n poisonous green. Use only stainless )Living on fresh fuits and raw vegetables with no thirst-increasing condiments, very little liquid will be required by the body. Four rounds of such food contains 3 pints of water. )HONEY: To deprive animals of their milk or honey, is a sin-Abu'l Ala XIth century Syrian mystic poet ) The hone bee collects honey, carry--s it in a sack which lies within its own body and then makes the cell in which to deposit it for future use. Man comes along and robs its store of its own food. ) Someone spent 30 days on fruitarian diet but found the craving for stard food inexpugnable so he gave it up. He knows several others who had same experie nce. Haxknonexzaversixothersxwhoxhadx EXMEXEX He thinks it could be made sewyiceable if baked potato or ryekrish and another vegetable were added. )It is angerous to eat raw vegetable many people suffer from worms there. )Prof. Herpin: "Grape juice is a

-s in certain countries. In China all plants -ts are fertilized with human excrement &

kind of vegetable milk, the composition of it has the greatest analogy to human milk. Its digestibility is greater and its assimilation more perfect."

)Hot drinks are unnatural. They cause prolapse stomach. Replace by cold or hot (not boiled) water and fruit juice. (DESTINATE DIRECTO

chould not be used with salads containing should not be used with salads containing lemon juice, as they will exidize and turn poisonous green. Use only stainless steel

-gev war bns attir drant no mivit! ()

state of the no thirst-increasing condiments, very little liquid will be require
ed by the body. Four founds of such food
contains a plate of water.

( )BOHET: To deprive enimals of their cilk or honey, is a sin-abet fin Kith

century syrian systic poet

( ) The hone bes collects noney, carryo it in a sack shich ites within its own body and then makes the cell in which to deposit it for future use. Man comes along and robe its store of its own food.

( ) Common spont So days on fruiterian diet but feund the craving for starts
food inexpugnable so he gave it up. He
knows saveral others who had same experienoe. Hexturent saturation had same experienoe. Hexturent saveral saturation had eastlocable if baked potate or vyekrish and
another vegetable were aded.

eldategov ret fee of engerous is it () )
-s in certain countries. In China all plants
-to are fertilized with homes excrement &
meny couple suffer from worms there.

( ) Frof. Herpin: "Grape jules is a kind of vegetable milk, the composition of the bost time the grantest ending to human milk. Its alreadibility is preader and its assimilation more confect."

( ) Hot drinks are menturel. They cause prolapes atomach. Hapleos by cold or hot (not boiled) w ter and fruit juice.

(DIETIC PRINCIPLES) ( )Both full fast and rawfood diet eliminative work gets rid of toxic old tissue. When the rebuilding work starts upon more nourishing eating the new tissue is purified, not toxic. Hence it can be said to be a process of regeneration, rebirth. The no breakfast plan is of utmost value. The body has fully rested during night and is refreshed and strong enough t to do a whole morning work. Why stuff it unnecessarily and thus clog its efficiency -? People do not realize that the digestion of unneeded food requires energy of which which the body must be deprived. By having a liquid and therefore easily digestible lunch only-say soup and tea-and then eating as much as one likes and whatever one likes at dinner in the evening, the body is out on a modified fast. This releases its pranic nerve force which heals and strengthens it.

( )Honey is not the same as nectar gathered by the bees. The latter is continually thrown out of the internal sac in which it is collected on to the tongue. The bee drops a tiny drop of its own secretion formic acit—which mixes with the nectar

is regurgitated and becomes honey.

( )UNFIRED DIET: Various grains and vegetables and seeds can be made to sprout and the sprouts made valuable addition to diet. Bamboo shocts, bean sprouts have been used in China, but other forms of sprouted seeds

can be developed.

( )During fasts and semi-fasts and rawfood and fruit regimes, the body is extremely sensitive to poisonous substances. 90% of vineyars are sprayed with poisons, which thru osmotic processes enter into the grape vine and the fruit. (DIETIC PRINCIPLES)

Jaka boolway bas Jast Liut dood( ble sixed to bir eyer area evidentalle tissue, When the rebuilding work starts upon more nourishing sating the new tissue is purified, not toxic. Hence it can be said to be e process of regeneration, reblocks To al sale dealtherd on adl .dould value. The body bus fully rested during dauces smooth has bedreatler at hea fdwin to do a whole moved a work. Why stuff it unnecessarily and thus clos its afficiency -Jessib add test esti an for ob sloped to for le varens cartimer boot believer to not witten the body much be deprived. By having aldibeasis without encioned bos simuli a lunch only-any soup and then estone revelade has next! one as down as and likes at alamer in the evening, the body enemelor aidt jest belithes a no dur el has elsed doldw sovel evies places at

( )Honey to not the same as nectar gathered by the been. The latter is continually thrown out of the internal sac in which it is collected on to the tongue. The best drops a tiny drop of its own secretion formic soft—which mixes with the nectar

is regargifated and bedouge homey.

OUNTIES DISTIVATions grains and vegetables and seeds can be made to aprout am the sprouts when valuable addition to dist Esaboo shoots, been sprouts have been used in Chins, but other forms of sprouted seeds can be devaloped.

( )During feats and semi-fants and revfood and fruit regimes, the body is extreme ally semaitive to coisonous substances. 20% of vineyers are aprayed with poisons, which thru onsotio, crossess enter into the graph vine and the fruit.

(DIETIC PRINCIPLES)

)The more I reflect the more tha idea of adapting diet to each of the 4 ses -sons, the more seems most philosophic. Rootcrops disappear in summer(turnips beets) s) but fruits are abundant. So accept what Nature gives in each season in turn. Thus you wont be rigidly limited to fruitarianism but may be one during the summer. Grapes are given in the fall for cleansing! ) Rawfood dist leaves sensation of

hunger which only the addition of cooked

food can dispel.

)Jail prisoners are deprived of salt, and of stimulants like tea, coffee and th their evening meal must be eaten before sunset. This is to reduce their nights difficulty with sex thoughts and dreams. Salt acts directly upon the sex organs & incites sex impulses. It dries up the exceedingly tiny capillaries of the eye & harms sight.

)Why deluge your salad or vegetables with oily dressing? Only a little is needed to make food tasty. More disturbs liver.

) WATCH OUT FOR & STOP HASTY EATING & DRINKING. Dr. applequet found 24-hour old carrots still undigested passed thru intentine.

)DINING: 1-Chew slowly & thoroly 2-Fletcherize bread3-Do not bend to plate 4-Do not bolt food.

) Hauser: The iches source of Vitamin "A" among vegetables is Parsley. It also contains iron & chaorophyll. Veg juices and salads should be esten as the first course of a meal, not as the middle one. The unpleasant reaction of stomach after drinking raw vegetable juices is due to hasty drinking.

It can be ended by sipping.

( )The more I reflect the more than ses A self to dose of Jath antiques to seld -sons, the more seems most ohilosophic. Rosterops disappear in summer (turning beets) jadw josoos ol . insbunda era situri jud (a Mature gives in each seemon in turn. Thus -mairedium of bediefit gibials ed from moy ism but may be one during the summer. Grause are given in the fall for cleansing To noffeenes soveed felt boolway! hencer shick only the addition of gooked

. Jenelb nee bool

disa to bevirgeb ers erenceing list( and of atimulants like tes, coffee and the eroled metes ed temm Lose prineve riedt spirit rieff souter of al aldT .Jeenus difficulty with sex thoughts and dreams. Salt sets directly upon the sex organs & -xe edf ou sain fl .seelsent xee safteel & eve edit to sofisilities voit visutbees .. Intale parish

seldajenev to balas tuov enuleb voti -been at sittif a gint Cantenent wito dita ed to make food tauty. More disturbs liver.

DUITAT YTSAH HOTE & HOT TUD HOTAN DRIMING. Dr. Mandequet found 24-hour old ent will became betweether Illia stores

) Distinct 1-Ches slowly & thoroly 2-Fletchertze bread5-Do not bend to plate

Hauser The Aches source of Vitamin -mos oals JI.velana' at asideseasy moss "A" teins from & cheersonyll. Veg judces and earnes should be esten as the first course -nu edf .one elbbim sub to Jon .ison a lo pleasant reaction of stemach after drinking row vegetable juices is one to hastware war

It can be spded by sipping.

(DIETIC PRINCIPLES)

con't. HAUSER: Raw vegetables juices contain the healing element of chlorophyll-

good for liver trouble.

)Baked potato will not create gas like boiled. Fried is not so good but still -1 better than boiled. When I suggested adding potato baked to the rawfood diet I meant at a separate meal, not alongside of the rawfood. The addition of a single potatoe, boiled, not fried, may be admissible to the rawfood regime. It will have an extraordinary effect in increasing energy, when so combined with rawfoods. It will also act as a substitute for bread, without the yeast which makes bread so offensive. It has very little starch. It alkalizes the intestines and offsets acidity. It satisfies any hankering for cooked food nothing more is needed. To retain salts, potato should preferably be baked.

( )The Count of St. Germain would never eat before others. Although he was frequently invited to Courts and other banquet it was always with the understanding that he should not be expected to eat anything at the table. Also, he took but little slee; instead he would lie for hours at a time completely relaxed, almost as if in a trance, after which he appeared brimming

with energy .- 4th state-SLEEP.

( )Dr. Schuessler's and Dr. Carey's bi chemical selts, although based on sound theory, can at best have only a temporary and stimulating effect; they produce no permanent cure. The deficient mineral elements must be got in organiz form, which i found only in natural foods.

( ) The eat in winter and ear

spring germinated gram & wheat

con't. Had and the vegetables juices con--Hyderorido to inecele uniless out nied

good for liver brouble.

asp educate don like of adeq beast( ) like boiled . Fried is not so good but still -I better than bolled made redded I-I dolb booker and of balled ofston galbba to oblagacia ton .isom etaração a da dasem the restood. The addition of a clayle potsine, bolled, not fried, say be admissible -no se sved like \$1 . seiger boolest off of translanty offect in increasing energy, ille fl . aboolwar driv Bonideco on meda -dis board not esucliades a se jos celaout the yeast which water breed so offendie, It has very little starth, It alkwilliam afeatle ons assistantal add markle It satisfies any heatering for cooked food nothing move is needed. To retain selte, potato should preferrally be baked.

The Count of St. Gerealn wolld neror est before others. Although he was free dentity invited to Courte and other banquet tent antenstandent and dits everis on the minimum and to expected to est anything of the table. Also, be took but little de

s de armod tol eli blos en basjani ;a mi il se decele, bexeler ylatelemen smit minorid beinegge ed delme refle .coment . SEL -state did . vereno dibe.

)Br. Consesser's and Dr. Carey's bi chemical selts, although based on sound theory, can at best have only a tem orary on empore year process and senter best eis lausnim incloffeb eff ,eine inanamen dolds and singre in Joy od Jess since found only in neutral force.

off ( ) The continue of the sinter and one

(DIETIC PRINCELES

& rye grain & beans. They soak it for some hoursin water. Fur off water, put in damp sand in a warm place for 26 to 48 hours. When the sprouts will appear they eat it raw. Without allowing it to dry, with a little condiment. Small gram is preferred to large as latter is harder, former softer.

CHARLES OFFICE

& rye grain & beans. They sonk it for some hoursin witer. Fur off water, put in damp sand in a warm place for 26 to 48 hours. When the sprouts will appear they est it raw. Without allowing it to dry, with a little condiment. Small gram is preferred to large as latter is harder, former softer.

(VITALFOOD RECIPES) ) Bean sprouts are best eaten cold in salads-they are sloppy if cooked. ) It is said rawfood regime greatly improves eyesight. ) As a change from tomatoes, chopped pinapple and pineapple juice, may subsitute for them, in a mixed salad. )Do not include chicory. It is just for cooking only. Indigestable and bitter. ) Use herbs sparingly, because herbs should heighten rather than disguise the flavor of a dish. )The soaked (12 hrs) barley (raw) was delicious. ) Never use bottled lemon, only fresh lime juice. ) On bread, spread avocado meat pressed with knife: it replaces nut butter. ) Celery can be used in salad, only i if the tender inside stalks only are used. The outer tougher stalks should be cooked. ) Celery is regarded in Germany & continent as aphrodisiac. So ban it. ) For a grape cure the blue varities especially the Rose De Peru and the Concord grapes are best. )To squeze the juice more easily out of limes, roll them with the fingers first, pressing hard, before cutting open. )Escarolle is excellent for use in salads or for cooking. Finocchio is excellent for salads because of its anise flavor and softer texture than elery, which it resembles in appearance. It is best cut into match sticks. )There is no need to rely on thick mut butter alone, to grease your starches. Try Olive Oil combined with Richter's vegetable seasoning and use on, Raw Oats, Brea -d, Grated Raw Corn, and s

(VITALATOOD RECIPER) bloo medse deed era educada meed ( " .beslood it vegola ers vedy-abalas mi ( ) It is said rewfood regime greatly improves eyesight. )As a change from tomatoes, chopped strappie and pinespels juice, may cubettute for them, in a mixed celed, Ho not include enterry. It is just for cooking only. Todige table and bitter! ) Bac horbs spardnely, because herbs should heighten ruther than disguise the date a to severi The soulded (if her) beriev free) Never use bottled leson, only on brend, ourseld sycando ment proceed with knifer it replaced nut botter. ) Celery con be used in saind, only d if the tender in i e italic only are weed. the outer bougher states should be esched. Celery to regarded in Germany & ontinget as schrodistee. to ben it. ( ) For a grape cure the blue worttles especially the none po eru and the Conafted one someth brook To sou ese the juice more easily out of limes, roll them with the fineers first, greating hard, before cutting oren. ) Managrolle is excellent for use in -me of oldeconly .natzoco tol to abalen aging off to assend about tol the loo flavor and softer texture than elery, wilch it resembles in appearance. It is . and the dozen odni duo daed There is no need to rely on trick and butter close, to grease your starches. Try Olive Oll combined with Michter's vogstable seasoning and use on, hew Octa, Bron Bene , crow Wall betard , bSOAKED raw barley. It is delicious.

( ) SWEET-SOUR DRESSING: 3 thlspoon oil. Strain juice of 1 or 2 limes. 1-heapingthsoon raw sugar or honey. 1/2 teas poon Richters Vegetable Seasoning Powder. (the oil may be changed regularly for variety from olive to sesame and corn.)

For flavoring add fresh chopped herbs such as dill, parsley, watercress, chives garlic; and/or dried hervs such as rosemary thyme carroway.

( )SALAD PREPARATION: A balanced salad should contain 1 part leafy vegetables—lettuce cabbage endive: 1 part root vegetables—beets radishes carrots; 1 part juicy vegetables—tomatoes cucumbers collery belippepers. If tomatoes are out of season replace by quartered grapefruit or pineapple. When adding the dressing to toss the vegetables lightly to mix them; never stir. A large wood bowl is best for this purpose.

( )Fresh raw corn from the cob may be grated, when it produces a white milky paste. This milk may be strained off, whe -n it may have the properties of soybean and almond milk, and hence usable in drinks or for experimenting ith buttermil-k. I don't know.

( ) Unsulphured apricots becomeworminfested when kept: following will preven
it: place 8 whole cloves in a muslin bag
just large enough to hold them or tie wit
string in cloth bag. Put 2 bags inside a
gallon of apricots. It is better to seal
the jars.

(VITAL FOOD REGIET

SOAKED raw barley. It is delicious.

oil. Strain juice of 1 or 2 limes. 1heapingthsoon raw sugar or honey. § teas
poon Richters Vegetable Seasoning Powder.
(the oil may be changed regularly for
variety from olive to season and corn.)
For flavoring add fresh chopped herbs
such as dill, parsley, watercress, chivas
garlic; and/or dried hervs such as rosemary thyme carrowsy.

( )SALAD PREPARTION: A balanced sal-

ad should contain 1 part leafy vegetables—lettuce cabbage endive: 1 part root vegetables—beets radishes carrots: 1 part containty vegetables—tomatoes cucumbers colory belipspers. If tomatoes are cut of season replace by quartered grapefruit or pineapple. When adding the dressing is toss the vegetables lightly to mix them; never stir. A large wood bowl is best for this purpose.

( )Fresh raw corn from the cob may be grated, when it produces a white milky paste. This milk may be strained off, whe -n it may have the properties of soybean and almose milk, and hence usable in drinks or for experimenting ith buttermil

drings or lor exper-k.. I don't know.

-K. I cont above

( ) Unsulphured apricots becomeworminfested when kept; following will preven
it; place 6 whole cloves in a muslin bag
just large enough to hold them or tie wit
string in cloth bag. Put 2 bags inside a
gallon of apricots. It is better to seal
the jars.

## (VITALFOOD RECIPES)

( ) I AM AN AVOCADO. Do not put me in refrigerator until I'm soft. I soften best at room temperature. Eat me when I'm soft as a ripe peach. Remove my wrap to speed softening ( ) Cold Iruit soup: water macerated t tomato, powdered coconut, sunflower meal lemon juic. Heat to temperature required. ( ) Manufactured sugar overloads the system with waste products; the liver cannot take care of it, resulting in fermentation and acidity.

(VITALFOOD RECIFES)

refrigerator until I'm soft. I soften
best at room temperature. Eat me when I'm
soft as a ripe peach. Remove my wrap to

speed softening (() ) Used Trail t soup: water macerated to tomato, powdered coconut, sunflower ment lesson jule. Heat to temperature required.

( )Manufectured sugar overloads the system with weste productor the liver connot take care of it, resulting in fermentation and soldity.

(HYGIENE)

( ) Do not permit the use of fluoroscopic machines as an aid to fitting
shoes. It is not known that they are
pote ntially hazardous because they achieve their results thru the use of X-Rays.
Improper, prolonged or too-frequent exposure may cause permanent injury to the
skin. Improperly adjusted machines may
also be a source of danger. The results
of the use of such machines may sometimes
not be immediately apparent.

( ) Some dentirifces have gritty particles which scratch enamel. Such are KOLYNOS, PEBECO, IPANA. Those which have lowest abrasiveness are: Colgate's Ribbo, Pepsodent & Lyons. Others such as DK ant-

acid & Amorex contain urea.

( ) Brush teeth with a BOWNWARD stroke ( )EYE MASSAGE: Place thumb beneath and forefinger above the weball. Pressing gently and giving eyeball a rotary massage. Do morning and night. This rounds out and prevents flattening of eyeball, which causes impaired vision. If done with face immersed in clean water it is more efficacious.

( )Particles in the eye can often be washed out by bathing with very weak boric acid solution(strong solution is danger-

ous).

( ) Commercial Mouthwashes are toxic to the tissues of the mouth, even diluted. If must use do so very sparingly and highly diluted.

) Expose all tooth and hairbrush

to sun weekly for disinfectant.

( ) Walk with toes pointed straight ahead and not outward. This prevents flat footeness. oscopic mechines as an aid to fitting oscopic mechines as an aid to fitting shoes. It is not known that they are pote ntislly hazardous because they ach ieve their results thru the use of X-Rays Improper, prolonged or too-frequent exposure may cause permanent injury to the skin. Improperly edjusted machines may also be a source of danger. The results of the use of such machines may sometimes not be immediately apparent.

( ) Some destirifees have grithy perticles which coratch ensuel. Tuch are KORYEDS, PERSOO, IFAMA. Those which have lowest abresiveness are: Colgate's Ribbon Seprodent & Lyons. Others such as DK ant-

. seru mieduos xeroma & blos

( ) Brush teeth with a BOWNEAU Stroke ( ) EXE MANGAGE: Place thumb beneath and foreflager above the gebail. Pressing gently and giving eyebail a rotary massue. To morning and night. This rounds ont and prevents flattening of eyebail, which causes impaired wision. If done nith face imparased in clasm water it is more efficacious.

( ) Perticies in the eye can often be weathed out by bething with very week bork acid solution (strong seletion is danger-

. (800

( ) Commercial Monthweeness are toxic to the tianues of the south, even diluted.

If suct use do so very sparingly and high-

deurdrian bas all tooth and hairbrush to sun socily for distinfertant,

( ) Walk with tees pointed straight cheed not not outward. This prevents flat footedness.

(HYGIENE)

( )GURARBYOUR EYESIGHT (a) If printed or written matter is held close to the eyes there is extra strain of them. Hold such matter as far off as possible. Also small type will actually be easier to read if held farther off. (b) Rotate the eyeballs frequently when working and look around at distant scenes, to counteract the clossness of the work. WARNING! The continuous hurried reading of newspapers under pressure produced eyestrain( ) and headaches and interfered with desk work Do headlines only reduce to 15 minutes.

( ) When residing in steam-heated room use "Sunoliv" nitely as antidote to dry

skin, nostrils, scalp and hands.

( ) Walk more on the outside of left foot, to avoid corns forming on the inside. Outside is left of foot, inside is right side.

( )After a tooth brush is used a few til times it becomes infected and there is no simple efficient method of disinfecting it. So use soap and exposure to sumrays as 2nd best method. TONGUESCRAPER should be pulled far backwards to the root of the tongue as well as on it.

( )When cleaning nostrils with salt water stop one ear and one nostril, to pre-

vent water entering ear passage.

( ) TONGUE SCRAPERS must be sterilized weekly by boiling and discarded every 4 months because of bacteria.

( )The hours before midnight sleep revitalizes cerebellum, which improves bad evesight.

( )The brain rests of its own accord fr from sunset to midnight. This is Nature's

(HYGYEME) TO beining TICs) THOISTYN HUCYGENEUD( ) written matter is held close to the eyes there is extra strain of them. Hold such Mans only .oldingog as The Tal as Todam type will setually be easier to read if held farther off. (b) Rotate the evokalla escip edit torretuno of assess install to ness of the work. WARNING! The continuous hurried reading of newspapers under pressinterpretation become or and headsches and interfered with desk work

to headlines only reduce to 15 minutes.

moor bejassi-massis al publicar nadii ( use "Sunoliv" mitely as antidote to dry ekin, nostrila, sonip and hands.

( ) Malk sore on the outside of left for ... to avoid corns forming on the inside. Jugir of episat , Jool to Jiel of abisjuo

it wel s beau at daund dioot s reila( on at erady bas beforent removed it semit att anticelmint of bonden to tollie elemia So use somp and exposure to sunrays as 2nd bellug ad blooms AHAARDEHUDHOT .bombom Jaed far backwards to the root of the tongue as .di no as llew

)Then cleaning nostrils with sait water stor one ear and one nestril, to pre-.eassass ise antreine rejaw jnev

Sestilianta ed Jaum ANSTAROS SUDMOT ( weekly by boiling and discarded every 4 months because of becteria.

The hours before midnight sleep revitelizes cerebellum, which improves bad .Joglasve

of brecom new sti to steer mised off( )

(HYGIENE)

Aint to us to go to bed early. Don Pepe, 73 year old Italian, said he has never had a days sickness. He goes to bed at 10 p.m. unfailingly, eats no supper but drinks herbal tea made from mint at night.

( ) Clothing and shoes which prevent the skin breathing in a temperate or semitropical climate, cause partial reabsorp-

tion of its waste matter.

( )ANTI-VACCINE METHOD to be used after vaccination: "I find that a strong entiseptic like TCP of Dettol rubbed in vigorously in pure state, followed by a nail brush scrubbing with very hot water and a strong chemical soap. Then more TCP, quite sufficient."

( ) A ten minute walk is needful each morning before breakfast to get liver into action.

( ) Sunburn Preventive Creams give the highest protection, Oils give the least, and lotions are midway. Use on scalp when hatless.

( ) Vegoil Toilet Soap has a high washaway rate. This can be decreased by unwrapping soap and allowing to dry well before use.

( )When seeking a Naturopath for colon flush treatment accept him only if he possesses a DIERKER machine (as used by Dr. Appleguist) or failing that, a COOMBS. These are the only modern machines.

( )ENEMA is used with warm water retained for several minutes, while leaning forward in a stooping posturento permit water run into the intestines. Use \*\*Epts.\*\* ( one to two pints).

( ) If awakened after 1 a.m. close windows as damp air comes in then(dew filled)

(HXGIGXH)

tint to us to go to bed early. Don Pape, 75 year old Italian, said he has never had and Of to bed of sees al .aseniots aveb a unfailingly, cats no supper but drinks .Jula to Jula mor'l oben not ladred

distribution and about the animal of the skin breathing in a temperate or cemitropical climate, cause partial resherry-

tion of the wante matter.

media been ad of domine hardene ital vaccination:" I find that a strong anticorthe like TC of Dettol rubbed in vigorousi in pure state, followed by a neil brush ecrubbing with very hot water and a strong chemical comp. Then more TCF, quite suff-" dentol

done luffeen at alem odurte net h corning beione broadlast to get liver into

Samburn speciality Creams give the highest protection, Oils give the least, and lotions are midway. Use on scalp when .anelaar

dald a use come bell of ileyov ( washeway rate. This can be decreased by un lies yre of gainoils have quen galogare

When seeking a Maturopath for colon flush trustment coopt him only if he yd beau sa) enidese Armuli a assusaeg One Applegnist) of falling that, a cooker iness are the only codern mechines.

) FRIGHT IS need with very water retained for several almates, sails leader forward in a stooping positioento permit vater run into the intestines. Use ixiria.

. (nonty out of one ).

down on drup all comes in them(dew filled)

(HYGIENE)

AND Causes cough. If awakened after 2am take hot drink from thermos to counteract it.

( ) COLD BATHS: The shock of the plunge apparently drives out of the Heart not only the animal self but also the ego-self. For while lying in the water there is an immediate arousing od Kundalini, a state of clear-sightedness and a strength of will that excludes the lower nature from its purview. Excellent aspirations and goals have come during such moments. Therefore it is good to extend the time of immersion, and to carefully note what guidance is formulated at the time.

(HELLETE)

AND Causes cough. If swakened after Rest take bot drink from thermon to counteract

( )COLUMENTAL The shock of the plunge apparently drives out of the Heart not only the apparently drives out at she see see. For the animal self but also the ego-self. For it will a lying in the action there is an immediate arounding of Tundellini, s shete of all its and a strength of will the excludes the lower peture from the puryiew. Essellont apprehintens and goals have cose maring much more ants. Therefore the its good to extend the time that guidence in the constituty note what guidence in formulated at the these than

( ) 1) ardhamatsvendra asana strengthens spinal muscles 2) The spinal twists compressions stretches and rotations of hathyog are a form of auto-chiropractic since they work on exercise strenghten & massage of the muscles and ligaments which hold the same vertebrae that chiropractors adjust

) The famous surgeon Steinach who along with Voronoff became famous for trans -planting glands from animal to human being -s has also had remarkable success by means of surgical treatment without even gland implantation. The operation reverses the cu currents of a man's own sex glands secretions, so that instead of passing outward they turn inward. Thus every part of the secretion internal and external of the glands is absorbed into the blood. The operation is very simple and consists merely of tying a ligature around the ducts of the testicules this prevents any further outflo -w of secretion apparently tying the ducts of a single gland is sufficient to bring about the rejuvenating changes and has the advantage of preserving the power of procreation. Within a few months of the operation senile men were practically renewed in feeling strength and looks. The parallel between this operation and the process of Western Marezza and Hatha Yogis vajroli is so striking as to be worth comments. Yoga ex for transmuting sex energy may be practised at any time but is specially and strongly recommended whenever one feels the sex instinct most powerfully. For at such a time the reproductive energy is manifesting and may easily be transmusted for regen( ) 1) archematsvendre asans strengthers spinal muscles 2) The spinal twists compressions stretches and rotations of hathyog are a form of auto-chiropractic since they work on exercise strenghten & massage of the muscles and ligaments which hold the same vertebrae that chiropractors adjust

The famous surgeon Steinsch who ment tol success encod licerate dity amois mied gamud of inmine mort abnala aminale--s has also had remarkable success by seasbnain neve Juodile Juenisers Isolams to implantation. The operation reverses the cu -stoss sonsig was muo almie a lo sinerruo tions, so that instead of pessing outward they turn insert. Thus every part or the secretion internal and external of the glands is absorbed into the bloods at abnala vierem ajalanco bus elenia vrev al noltere ent to atomb ent bowors studently a antyt to testiculas this prevents any further outfle -w of secretion apparently tring the ducta of a single gland is sufficient to bring about the rejuvenating changes and has the -ord to remore the gaivreness to egatasvis creation. Fithin a few months of the operbewener vilacitoare erew mem elines noits in feeling strength and looks. The paralies between this operation and the process of Western Enressa and Hatha Togis vajroit is so striking as to be north comments. Yoga ex for transmuting sex energy may be practhree at any time but is specially and strongly recommended whenever one feels the four ja rol .vilulyewoo deem tonidani xen a time the reproductive energy is manifest-

(HATHYOG)

-erative purposed. EX: Keep the mind fixed on the idea of energy. Regard the sex thoughts or imaginings as manifestations of a force which you intend to use for the purpose of strengthening your body and mind. Live passively, or sit erect, and fix your mind upon the idea of drawing the sex energy upward to the solar plexus(a nervous plexous situated in abdomen behind the stomach) where it will be transmuted into reserve force and stored away. Then breathe rhythmically, forming the mental image of drawing up the energy with each inhalation from the organs, at same time making a command of the will. You will be conscious of the upward passage of the energy and feel its stimulating effect. If instead of the solar plexus you draw it up to the brains by giving the mental command and holding the mental image of transmission, it will be transmuted into mental force and used in doing mental work. During the ex allow the head to bend forward easily and neturally.

( )Breathing EX to expand chest after it is contracted thru bending over desk work. Stand. Inhale deeply retain air. Extend both arms forward and bring the two clenched fists together on a level with shoulder then sweing back the fists vigorously until arms stand out straight sideways from the shoulders. Then previous arm never the shoulders.

ious arm movements several times.

( )Holding the breath eventually leds leads to a fall into unconsciousness. But this will not cause death. As soon as the fall occurs, Nature automatically compels (DOYHTAH)

-eretive ourposed. Exikes the sind fixed on the idea of energy, Regard the sex thoughts or imaginings as againfeatations of a force which you intend to use for the surpose of strengthening your body and mind. Live passively, or sit erect. -ward to sabt and neces bolm ruov xil bos ing the sex energy uppered to the solar pleamed a nervous pleasure situated in life il erefe (dossots edi belded namenda be transmitted into receive force and stored away. Then breaking rhythaically, forwing the mantal imuse of drawing up the energy with such imbalation from the to beameno a anistan salt emas de command of the will. You will be conscious of the of feel has various oil to sassuad branqu ed to bestent il .soelle gulfafemile solar elexas you draw it no to the brains by giving the mental commend and holding illy it .polsetment to agent faither end be transacted into mental force and used wolls we add animal lighter the ex allow at the head to bend forward easily and net-V. Lean

( ) Breathing ME to expend chest after it is confineted thru bending over deck work. Stand. Inhale despit retain air. Extend both arms forward and bring the two clenched firsts together on a level with shoulder then sweing beak the firsts vigorougly until arms stand out streight slowers from the shoulders. Then previous orm movements several times.

( ) Holding the breath eventually induleads to a fall into unconsciousness. But this will not ossue death. As soon at the fall occurs, Nature automatically compels

(HATHYOG)

the body to start breathing again.

( ) VOICE PRODUCING MMX: Sit erect.
Inhale slowly. Retain breath secs.
Open mouth & exhale vigorously. Repeat ex
Next, take long deep breath & retain 5 secs
Pucker lips as if whistling. Exhale some
breath vigorously but retain some in lungs.
Send out a little more breath, retain, exhale again, until lungs empty. The tone of
voice will change markedly for better.

physical exercises; this is part of their value. Cultivate it as often as you can, at odd times. Also, on awakening in the morning give out several deep exhalations forcibly. This purifies lungs and also compels deep inhalations by reflex action. Generall; -, combine chest with abdominal breathing: First inflate chest, when that is full let the incoming air force diaphragm downward and lift up the abdomen. After a while both chest and abdomen will expand at the same time. This prevents lung diseases and cures bronchial ones, and increases circumference of chest.

ATION: Remove pillow, close eyes, relax entire body as if losing all control over it, and place hands lightly over pit of stomach, arisatakassa. Listen to the slight sound of your breathing which should be slow and still. When settled, turn to right side and sleep on that as prescribed by Oriental yogic rules. Now begin suggestions to the subconscious: Muscles are utterly limp. I am so very sleepy. I cannot keep awake any longer! Also concentrate the mind on the feet, as it directs blood there and relieves brain pressure.

(DOTHER II)

the body to start breathing again.

( ) VOICE PRODUCING WEX: Sit erect.

Inhale slowly. Retain breath secs.

Open mouth & sxhale vigorously. Repent ex

Next, take long deep breath & retain 5 secs

Fuctor lips as if whistling. Exhale some
breath vigorously but retain some in lungs.

Send out a little more breath, retain, exhale again, until lungs empty. The tone of
voice will change markedly for better.

presided exercises; this is part of their value. Cultivate it as often as you can, at the give out several deep exhatations forcing you can the give out several deep exhatations forcibly. This purifies lungs and also compets deep imbalations by reflex action. Generally combine chest with abdominal breathings in first inflate chest with abdominal breathings the incoming air force displaces downward the incoming air force displaces downward chest and abdomen will expend at the same chest and abdomen will expend at the same time. This prevents lung diseases and cures bromobial ones, and increases and cures of chest.

conscious: Tennot place of the superior of the

( ) NERVE-VITALIZING BREATHING EX:
Inhale deep abdominal breath. Retain it.
Extend arms in front somewhat limp & relaxed. Then slowly draw hands back to shoulders, gradually contracting the muscles so that when they reach shoulders fists will be tightly clenched. Then, keeping muscles tense, push fists slowly out, and then draw them rapidly back (still tense)/ Now exhale vigorously thru mouth. This EX: is excellent "bracer".

( )TRATAKA: Hold a pencil at arms length, focus eyes upon it and bring the pencil close to nose until it looks double. Then immediately repeat the manoeuver. It will not be long wefore the eyes can be held at any point, rigidly focussed on it. This EX: cultivates certain eye muscles &

improves sight.

( )The body has been at rest all night, there is very little waste to repair; it is better to make the first meal of the day a light one. If possible take exercise before breakfast. 2) Rhythmical breathing brings one into harmonious vibration with nature. Controlled breathing may cure disease within oneself and others and also do away with fear worry & baser ememotions.

(DOYHTAH)

( )MERVE-VITALIZING BREATHING EXEInhele deep abdominal breath. Retain it.
Extend arms in front somewhat limp & relaxed. Then slowly draw hands back to
shoulders, gradually confracting the muscles so that when they reach shoulders
fists will be tightly clanched. Then,
keeping muscles tense, such fists alowly
out, and then draw them rapidly back
(atili tense)/ Now exhals vigorously thru
mouth. This EX: is excellent "bracer".

( )THATAKET Hold a penoil at arms
length, foods eyes upon it and bring the
pencil close to nose until it looks double
Then immediately reject the manoeuver. It
will not be long before the eyes can be
held at any soint, rigidly focussed on it.
This EX; outstrates certain eye muscles &

.Jante severnel

( )The body has been at rest all aight, there is very little waste to repair; it is better to make the first wast of the day a light one. If possible take every of se before breakfast. 2) Shithmical breakfast, 2) Shithmical breakfast one into hermonious wibtration with acture. Controlled breathing may ourse discuss within oneself and others and also do may with fear morry & baser en emotions.

)ON ARISING IN THE MORNING: The shower should begin with body temperature and be gradually cooled down to cold. This is safer than starting abruptly with coldwater. However the above is a standard regime and cannot be started until the present temp-

orary cold tub course has ended.

) WARNING! Took walk in after breakfast 8.45-9.30 am. Light sun & could not do mental work. Took sunbath in late morning with evil results. LESSON: (L) Do not sumbath at all(2) Do not sumbathe with covered head for longer than 10 minutes or intense headache will result

) Since it is absolutely necessary to protect the head adequately in SUNBATH and the blue cloth hat does not do this sufficiently, cover that with a second hat-the straw one.

) SUNBATHS: When lying on bask, ppassive, to absorb energy only, stretch arms out to right and left, palms up (2) Whether head exposed or not always bathe temples & scalp cold water after being in sun(3) Alternately expose both left and right sides before turning over on back.

) SUNBATHS: WARNING! Do not read in sunshine. Dangerous to eyesight even if sunspecs used. Instead practice slantboard, deep breathing or mind vacumizing Also practice passive indrawing of Prana from solar energy; but later positive passing it thru head palms and feet, & collecting it in the solar plexus for storage. As it passes thru the body use it to vitalize and restore all the organs it touches. Also use sunbath for redirection of Kundaline from downgoing to up going drawing it up from genitals into solar plexus and there transmuting it into recuperative & healig

() OOLD BATHS: The shock of the plungs apparently drives out of the Heart not only the animal self but also the ego-self. For while lying in the water there is an immediate arousing od kundalimi, a state of clear-sightedness and a strength of will that an diseas the lower neture from its purview. Excellent aspirations and goals have come during such moments. Therefore it is good to exbend the time of immercion and to exceed the time of immercion and to carefully note un t guidence is formulated at the time.

begin with body temperature and be gradually cooled down to cold. This is safer than starting abruptly with coldwater. However the above is a standard regime and cannot be started until the present temperatury cold tob course has enved.

3.30 mm. Light sun & could not do mental work. Took 3.30 mm. Light sun & could not do mental work. Took 3.30 mm tate morning with cyll results. LESCON:

(1) Io not sunbath at all(2) Ho not sunbaths with covered head for longer than 10 minutes or intense needecke will result

the head adequately in SUBBATH and the bine cloth the head adequately in SUBBATH and the bine cloth hat does not do this sufficiently, cover that with a second hat—the strew one.

( ) SUBBATHE: When lying on bert, upsselve, to ebsorb energy only, stretch arms out to right and left, pales up (?) Whether head exposed or not sleave bathe templ a & scale cold meter after being in cun(3) Alternately excose both left and right aides before turning over an back.

Designation of passignt even if sunspecs used in sunshine.

Designation to eyesight even if sunspecs used. Instead

provide alentheard, deep breathing or mind vacualising

Also practice passive indrawing of frama from solar
energy; but leter positive passing it thru head palm
and feet, & collecting it in the solar playus for

storage. As it passes thru the body use it to vitalis

and reatore all the organs it touches. Also use sunbath for resirection of fundatine from downgoing to

up going drawing it up from genitals into solar play
us and there transmuting it into recuperative & hearif

(SUN COLD AND SKIN-FRICTION BATHS):
POWER AND SPIRITUAL DRIVE. Also use sumbath for
physical EX: of backward stretching arms on inhaled
breath.

( )Immediately after sumbath it is esential to retire to bed, close eyes and relax for some minutes. This is especially needed if, as often happens, a tired en drowsy feeling comes over you. If you can sleep, so much the better. Do not take skin friction bath until you have rested in this way.

( ) Experience shows that I appear to be allergic to sunrays. When I reduced the time of sunbath to only 10 minutes I was free from the evil results of headache and fatigue that previously followed it.

( ) SUMBATHS which expose the body to very intanse sunrays, kill the body's cells whereas taken moderately and discriminately, they kill its germs.

( )WARNING: Do not walk in sun without straw hat. Exposure at 9 am bareheaded brought intense bodily weakness and inability to do desk work.

( ) Bareheaded exposure to sunrays for more than 3 or 4 minutes even early morning leads to much fatigue and headache. SUNBATHS: Should be taken early for the fresh eys hold more benefit than the later ones. Five hours after sun rise, their vital effects decrease gradually until sunset. Sumbathing can do most harm in midsummer or in hot climates about midday.

( )SUNBATH: (1) Put white kerchief in blue sunhat to repel rays (2) take black silk eyeshade (3)

(4) have skin-friction rub down after bath with face towel squeezed out several times in hot water and

large dry towel. Use rotary movement.

( ) SUNBATHS: Should never be taken in the hot withering afternoon sun. That will only dry you up & force the body to resist by building protective pigment. Animals instinctively seek shade then, yet love to enjoy the early morning & late afternoon sunlight. Follow heir example for then it is harmless & beneficial and gives all that the body needs.

( ) EX: WHILE SUNBATHING: (1) Breathe deeply & hold breath as you tretch arms out behind head, tensing muscles and straightening shoulders. Stretch legs

and toes out until rigid. This increases height.

(SUM COLD AND SELM- FRIGHTON BATHS); FOWER AND SPIRITUAL DRIVE, Also use sumbath for physical EX: of backward stretching arms on inhaled breath.

of laidness all it is described to the esential to retire to bed, close eyes and relax for some minutes. This is especially needed if, as often happens a tired on drowsy feeling comes over you. If you can sleep, so much the beiter. Do not take skin friction bath until you have reated in this way.

( ) Experience shows that I appear to be allergic to sunrays. When I reduced the time of sumbath to only 10 minutes I was free from the svil results of

headache and fatigue that praviously followed it.

( ) SUMPATIC which expose the body to very in-

tance summays, kill the body's calls whereas taken moderately and discriminately, they kill its games.

( ) WERNINGER not walk in our without stray

hat, Exposure at 3 am bereheaded brought intense bodily weakness and inability to do desk work.

( ) Pareheaded exposure to sumrays for more than 5 or 4 sinutes even early sorning leads to much fatter tgue and headache. EQUESTRO: Should be taken early for the fresh eys hold sore benefit than the later ones. Hive hours after cum riss, their vital effects decrease gradu ily until sumset. Sumbathing can do most harm in midsummer or in het climates about middey.

het to repel rays (2) take block allk eyeshade (3)

(4) hevel squeezed out several times in hot mater and towel squeezed out several times in hot mater and large dry towel. Use rotery movement.

( ) SUMMATHET Should never be taken in the hot withhering afternoon sum. That will only dry you up a force the body to resist by building protective pigment. Animals instinctively seek shede then , yet love to enjoy the early morning & late afternoon sumlight. Follow heir example for them it is harmless & beneficial and gives all that the body needs.

### A vique entered (1) Ereathe deeply & hold breath as you dretch sine out bedind heed, tense ing muscles and straightening shoulders. Stratch legs and toos out until rigid. This increases height.

(SUN COLD AND SKIN-FRICTION BATHS):
()SUNBATH: Protect the eyes with black silk
eyeshade. Vary this by using tender green leaves dipt
in water to keep them moist. This is very refreshing.

( ) Excessive use of ultraviolet "sunlamps" in the home without medical instruction or excessive applications of X-rays in the form of skin treatments by unqualified operators can initiate cancer on the irradiated skin areas.

( )During sumbath hold creative thought of what you are drawing in.

( )SKIN FRICTION BATH: Since atheletes foot is caused by perspiration between toes, take care to rub

thoroly with wet facetowel between toes.

( )SKIN FRICTION BATH: This requires 10112 minutes to do & thoroughly remove eliminated dirt from surface of skin by repeated and vigorous rubbing until it glows

( )YOGI SKIN FRICTION BATH: Fractise deep breathing during it rub well with rough face cloth followed by hand rubbing vigorosly a wonderful reaction. The body manifests a magnetic glow and becomes hardy and cold resistant. Timulating. To soak and wring hot water out of facecloth several times in order that body get benefit of its warmth and to cleanse from dead skin & dirt cloth gathered by rubbing use the palm rubbing to complete the drying process.

( )COLD BATHS: (1) must not be taken earlier than two hours after dinner or digestive system gets dangerous shock (2) if they cause temporary or mild sciatic — wear a single sock on left foot of think heavy long wool and this usually eliminates pain. But if this fail

-, take very hot bath and pommel painful part.

( ) COLD BATHS: (1) fill tub to very edge of overflow. This will give the very-important shock to cerebe
-lum (2) It is the degree of coldness of the water which
preserves its tonic effect so let run. When sponging
body dry with face towel and also with large towel afte
cold bath, use them to rub the skin as a stimulant to
its eliminative function. Use a firm brisk rotary movement. Soak the face towel in HOT water so as to keep
body from catching cold and to be more cleansing.

( )COLD BATH: It is equally important to use mentalbreath exercise in tub. Also prolong the immersion un-

til well after the initial shock has vanished.

( SUM COLD AND SKIN-FRICTION BATHE): ) SUMBATH: Frotect the eyes with black silk eyeshede. Vary this by using tender green leaves dist in water to keep them modet, This is very refreshing. ) Excessive use of ultraviolet "sunlemos" in the -ollags evisasore to notionitant Isolben Juodith smon ations of X-rays in the form of chin treatments by un--barri edt no reones etaltini nes aroteress bellilens . Mee'm mbis bedai

) During sucheth hold creative thought of what

you are drawing in. ( )SKIN PRICTION BATH: Since atheletes foot is caused by perspiration between toes, take care to rub thorois with wet facetowel between toes.

Setupie 2014 Period aid this secures 19402 minutes to do & thoroughly regove eliminated dirt from curface cools it liter anidder weregiv bus betseder ve nist to

orthog it rub wall with rough face cloth followed by bend rubbing vigorosiy a wonderful resetion. The body manifests a magnetic glow and becomes hardy and cold real stant. Timulating. To seek and wring bot water out ened Jen whood fant rebro at semid Lareves afoliosest to ofit of its warmth and to cleanus from dead skin & dirt cloth gathered by rebbing use the palm rebbing

madt reliase ments ed ton taum (I) 1897Ad GIOOF two hours after dinner or digestive system gets dangerous shock (2) if they cause temporary or mild scietle -a west a single sock on left foot of think heavy lone wool and this usually aliminates pain. But if this fall .. take very bot beth and posmel painful part.

) COLD BATHER (1) fill tub to very edge of overflow. This will give the very-important shock to cerebe -tun (2) It is the degree of coldness of the water which preserved its tonic effect so ict run. When spondlan body dry with face towel and also with large towel after of tralumits a sa nine sid der of med see attack bloo tte eliminative function. Use a firm brisk rotary novement. Soak the face towel in NOT water so as to keep . body from estebling cold and to be more cleanaing.

Ladren ear of dnafroomi vilages of JI:HTAR GLEO( -nut notatement edd anologg oals .dut al ealerers disered bedsings and sooks initial edit nofts lies its

(SUN COLD AND SKIN -FRICTION BATHS): ) Dabala teaches that water bathing purifies from evil magnetism and spirits picked up from daily living but the bath must be complete, head kept under water as evil remains in top of head ) If fatigued physically or mentally the quickest way to restore both body and mind energies is to take a very hot bath followed by a very cold shower immediately after. Let the cold water run for a while to get the lower levels of fluid which are colder. ) If not too near breakfast take rest on slantboard instead of bed. It is more quickly recuperative so much so that you may be able to do the touchtoes ex; after 12 minutes. ( ) In view Atheletes foot in order to Both thoroly between toes rub damp washtowel and later, separate the toes as wide apart as possible with fingers of other hand; also expose woundto sun specially take care to rub well between fingers too

(SUM COLD AND CHIN-PRICEDING BATHS): neithron gninted retew that senoses aladem( ) from evil meanetism and spirits picked up from daily Hylne but the bath must be complete, head kept under hand to got at emissor live as reter ) If fetlaned divetably or mentally the quickest us restore both body and mind energies to to take a very hot bath followed by a very cold shower lamediately after, Let the cold sater run for a while to get the lower levels of fluid which are colder. -Junia no teer shell duchierd rees out for HI ( beard instance of bee. It is more existing requestive so much up that you may be able to do the touchtone contents Si waffe the -rent died of rebro mi Jeet addient to Bett mi ( ) -net redal bus legation comb der seed souted vio

( ) In view. Streletor foot in order to drybiboroly between tob dump in strong and later, sepsimilar the toes as wide uport or possible with fingura of other hands wise supone societo sun specially take care to rub real between fingure too

(VALET)

( ) For better shaving it is important to use toilet soap and rub lather well into the skin before shaving. Then rinse with hot water. This softens & wets the beard. It requires 2/3 minutes at least to be effective.

( )THROAT SHAVING: Use only the UP-WARD stroke. The down stroke contains much more risk of cutting oneself; therefore lather (second time) should be on

under chin only not throat.

( )SHAVING: Apply some OLIVE OIL BEFORE applying the soap and shave will be much more comfortable. Or use a skin cream made with it: especially "Sunoliv" as a pre-shave application.

( ) When using NEW razor blade, go once over face upward only. It is quite sufficient & more will render chin sore.

( )ELECTRIC RAZOR USAGE:(a) A light touch is safer; there is no need to bear down with heavy-handed pressure(b)avoid short chopping strokes and use long easy continuous smooth ones instead.(c)let the moving razor-blade do the cutting—you merely guide it.(d) No need for repeated going over that scrapes the face.

( )Personna blades being atra sharp, shave new ones very lightly. Dry them by holding with tweezer over top of electric bulb. Persona blades are rustless, so there is no need to strop edges. Dry

Shick razor same way.

( )At nite it is absolutely necessary to keep dressrobe at bedside. The sudden 'change', when getting up during night or morning, from skin warmed by bed to room cooled by ventilation, is the way colds are caught.

( ) For better shaving it is important to use tollet seep and rub lather

well into the skin before shaving. Then when & another aid . Total don't die early the segundar 2/3 minutes at

.evijeelle ed of Jane!

THROAT SHAVING: Use only the UPmany stroke. The down stroke contains much more risk of cutting oneself; therefore lather (second time) should be on

under chin only not throat.

) SHAVING: Apply some OLIVE OIL BEFORE applying the soap and shave will be much more comfortable. Or use a skin eream made with it; especially "Sunolive as a pre-shave application.

When using MEW resor blade, go once over face upward only. It is quite sufficient & more will render chin sore.

) ESECTRIC RAZOR USACE: (a) A light louch is sefer; there is no need to beer down with heavy-hended pressure(b) avoid short chopping strokes and use long easy ent fel(o).bastanl seno drooms sucunitinos moving resor-blade do the cutting-you merely guide it. (a) No meed for repeated going over that scrapes the face.

) ersonns blades being atra sharp, shave new ones very lightly. Dry them by holding with tweezer over top of electric bulb. Persons blades are rustless, so there is no need to strop edges. Dry

Chick resor seme way.

at nite it is absolutely necessary to keep dresarobe at bedside. The sudden 'change', when gatting up during night or morning, from skin warmed by bed to room cooled by ventiletion, is the way colde .Jdauso ers

(VALET) ( )Discard sock garters which cause varicose veins. Use instead safety pins to fasten top of sock to the bottom of a long underdrawer leg. For short knee-length drawers have a button sewn on the end of drawer leg, and attach a length of tape to it by a buttonhole. At other end of tape use safetypin to attach it to top of sock. The Porosknit Union suits with sleeves and long drawers can be used even in warm weats -r for mornings as substitute for underdrawers by folding down the vest portion & pinning both shoulder ends together in front and to trouser lining with safety pin to a loose piece of inside trouser lining, or by using the unionsuit button to fasten to buttonhole of shirt and use safety oin to fasten back.

( )It is preferable to wear heavy wool or medium tweed trousers along with cotton shorts, then to wear thin light cotton drawers. This is more comfortable because the legs are freer and much healthier because the pores of the skin can breathe unhindere

) Clothing and shoes which prevent the skin breathing in a temperate or semitropical climate, cause partial reabsorption of its waste matter. (VALET)
varicose veins. Use instead safety pins
to fasten top of sock to the bottom of a
long underdrawer ieg. For short knee-lem
gth drawers have a button sewn on the end
of drawer leg, and attach a length of tape
to it by a buttonhole, it other end of tape
use safetypin to attach it to top of sock.
The crosknit Union suite with alcoves and
long drawers can be used even in were weets
of the sornings as substitute for underr for sornings as substitute for underdrawers by folding down the vest portion &
uinming both shoulder ends together in

pinning both shoulder ends together in front and to trouser lining with safety pin to a loose piece of inside brouser lining, or by using the unionsuit button to fasten to buttonhois of sairt and use safety in to fasten back.

loor year the preferable to weer heavy root or medium taked trousers along with cotton scorts, then to weer thin light cotton

drawers. This is more comfortable because the legs are freet and much healthler because the pores of the skin can breathe unhinders

end dreverq doing seems bus gninded (
-imes to estempte and a the prevent and a company
-quester laintee, cause partial respond
tion of its mate matter.

(DIET)

( ) BROTH: take parsnips, celery knobs, leeksand a little parsley. Cook 15 minutes. Then put thru liquifier or mash and strain.

( ) SOUP THICKENER: Any clear soup may be thickend without its losing clarity, by cooking a mashed eggplant and mashed okra with it. The jelly-like consistency which is so unappealing when eating the whole vegetables themselves, modifies the thinness of the soup.

( ) CHINESE REST: Have curry sauce served in separate bowl in case too greasy.

( ) Tests show that if coconut pignolia or cashew are ground in with soft vegetables, the taste is immensely

improved.

( ) There is a vast improvement in taste of breakfast hot \( \frac{1}{2} \) minute soaked raw cereal if fat is added in

form of nut meal, and if wheat germ is added to.

( ) Vegetables must be Fresh. There's a scientific reason why vegetables should be washed and regrigerated as soon as they are brought from the market. When kept at room temperature, some vegetables lose anywhere from 10 to 47 per cent of their vitamin C in only 48 hours; in spinach, green beans and peas, 30 to 50 per cent of the vitamin C vanishes in two days, and all of it in a week.

( ) Cook vegetables in very little water, just enough to cover them, and a low simmering fire. First bring to

boil on large flame, then lower it to simmer.

) Halva is made with eggs-put on banned list.

( )Cold Fruit Soup: Water macerated Tomato, Powdered c Coconut, Sunflower Meal Lemon juic. Heat to temperature required

( )The most delicious Mate is a brown and not green leaf. It must be made with generous heaping tapoon.

( ) Even when Minestrone soup is made in restaurants without meat it is made with maceroni mixed in with the vegetables. This, as an eggproduct, is alone enough to ban minestrone. But often even when made out of vegetable alone, a piece of ham is dipped in during cooking to flavor it and then withdrawn.

( )Manufactured sugar overloads the system with waste products; the liver cannot take care of it, resulting in fermentian and acidity.

( )For Rice cooked a la Akropolis add 1 spoonful of Olive oil to the water.

( ) To render boiled vegetables quickly palatable use dressing of 1 part Olive oil to 3/4 parts lime juice. Add paprika and herbs if desired.

) Kale is best vegetable source of Vitamin A. Apri-

cots have more vitamin "A" than carrots.

( ) BHOTH: take parenips, celery knobs, leeksend a little parsley. Cook 15 minutes. Then put thru liquifier or mash and strein.

( ) SOUP THICKENER: Any clear soup may be thicked

( ) SOUR THICKENER: Any clear soup may be thicked without its losing clarity, by cooking a mashed eggplant and mashed okra with it. The jelly-like consistency which is so unappealing when eating the whole wegetables themselves, modifies the thimness of the soup.

( ) CHINESE HEST: Have curry sauce served in separate

bowl in osus too greesy.

( ) Tests show that if coconnt pignolis or eashes are ground in with coft vegetables, the tests is immensely

improved.

- wheerd to estant al inerevorqui fant a al ered? ( )
al bebbs at fal li Lecres war besten estante fod fuel
of bebbs at mreg feet li bas . Leem fur to ered;

( ) Vegetables must be Fresh. There's a scientific reason why vegetables should be washed end regrigerated as soon as they are brought from the market. When kept at room temperature, some vegetables less smywhere from 10 to 47 per cent of their vitasin C in only 48 hours; & spinson, green beens and peas, 30 to 50 per cent of the vitamin C venishes in two days, and all of it in a week.

( ) Cook vegetables in very little meter, just enough to cover them, and a low simmering fire. First bring to boil on large flame, then lower it to simmer.

. Halve is made with eggs-put on banned list.

( ) Cold Fruit Soun Water ascerated Tomato, Fordered Coconut, Sunflower Mest Lemon Jule. Heat to temperature required

meers for more than a late a brown and to green

lecf. It must be made with generous heaping tapoon.

( ) Even when Minostrone coup is made in restaurants without mest it is made with saceroni mixed in with the without mest it is made with saceroni. It is alone enough to ben minestrone. But often even when made out of vegetable alone, a piece of hem is dipped in during cooking to flavor it and then withdrawn.

( ) Hamifactured sugar overloads the system with wests products; the liver cannot take care of it, resulting in fermention and acidity.

( )For Rice cooked a la Aropoils add I spoonful of

Olive oil to the water.

( ) To render boiled vegetables quickly palatable us dressing of I part Olive oil to 5/4 parts lime juice. Ad paprike and herbs if desired.

( ) Kale is best vegetable source of Vitamin A. Apri-

)THE CHINESE RANGE: There's a reason behind the fresh, natural taste of Chinese foods. And that reason. Hoe Sai Gai hostess Olga Eng will tell you, is summed up in the words "Chinese ranges". "Chinese ranges" is an American expression for a Chinese cooking utensil which a has no real American name. The closest American word, thought inaccurate, is skillet. Practically all Chinese vegetable dishes are cooked in this skillet, which is wider and shallower than the American variety. Vegetables cook more rapidly in it because they're immediately exposed to the heat. In deeper American skillets, it naturally takes longer for the heat to reach the top layer. The result: fresher tasting vegetables cooked on the average of five minutes, and more nutritious food, since fewer vitamins are lost through short cooking. That's why Hoe Sai Gai Chinese chard, mushrooms, and peas taste so good.

( ) You can start an interesting conversation almost any time by introducing the subject of Hungarian goulash, or gulash, for there seem to be any number of ideas as to how this delicious stew should be made. Some like it made with one kind of meat, some with another. Some people fill it with vegetables, others contend that a true goulash is all meat, with only the seasoning vegetables

included.

Well, no matter what kind of meat you use or what kind of vegetables are included, there is one thing that distinguished the "real stuff". That is paprika, and plenty of it. The middle European will smile at our idea of paprika—mild and sweet, and only a sprinkle used for color and flavor. Hungarian paprika is hot, with a good red color, and is used in some main dishes so liberally that it colors them a rosy red and makes them hot and peppery. They are dishes that call for codl beverages and bland accompaniments like boiled potatoes and golden egg noodles. If your palate is adjusted to blander food, add paprika gradually to suit your taste.

( ) TEA DRINKING dilates blood vessels, thus sluicing

the system and flushing the tissues. This drives away fatigue and aids circulation. It stimulates the brain but without a marked reaction. It quenches thirst better that a cold drink. It aids elimination and helps to complete digestion of lunch if taken a couple of hours later, But

if taken in evening it causes sleeplessness.

( ) P.B.'S METHOD OF TEAMAKING: 1. Take water fresh from faucet. Never use water already boiled once.2. Take between 2 and 3/4 teaspoon twinings Earl Grey China Blend to a quantity of 32 cups.3. Watch the heating and pour out the water as soon as it boils.

THE CHIMESE RAMCESThere's a reason behind the fresh, natural taste of Chinese foods, and that reason, Hoe Sal Gat hostess Olga Eng will tell you, is summed un in the words "Chinese ranges", "Chinese ranges" is an s doing Itanesu guidece esentio a vot noteserque userides has no real American name. The closest therican word, thought inaccurate, is skilled. Fractically all Chimese vegetable dishes are cooked in this skillet, which is wider and challower than the Assrdcan variety. Vegetables cook more repidly in it because they're immediately exposed to the heat, In deeper american skillets, it mattravel got ent fosse of teed off to? resent the top layer. The result: fresher testing vegetables cooked on the average of five minutes, and more nutritious food, since attadT . naklood from diguerds feet ora antestiv rewell why Hos Cai Chinese chard, mushrooms, and pens taute so good.

or gulash, for there seem to be say number of itself, soulsab, or gulash, for there seem to be say number of ideas as to how this delicious ster should be made, fone like it made with one kind of meat, some with another. Some people fill it with vegetables, others content that a true goulash is all meat, with only the seasoning vegetables

included.

what kind of vegetables are included, there is one thing that distinguished the "real stuff". That is paprike, and plenty of it. The middle European will emile at our idea of paprike—mild and sweet, and only a sprinkle used for color and flavor. Hungarian paprika is hot, with a good red color, and is used in some main dishes so liberally that it colors them a reay red and makes them hot and pappery. They are dishes that call for codi beverages and bland accompanishts like boiled potatoes and golden egg moodies. If your poists is adjusted to blander food, and paprike gradually to suit your taste.

( )TEL NAIMAINO dilates blood vesesis, thus aluicing the system and flushing the bleaues. This drives many fatigue and side ofrcuiation. It stimulates the brain but without a marked reaction. It quemakes thirst better that a could drink. It side elimination and helps to complete digestion of lunch if taken a couple of hours later, but if taken in evening it causes sleepleusness.

( ) P.H. & METHOD OF TEAMARING: 1. Take water fresh from fauget. Sever use water already boiled once.2. Take between g and 3/4 teaspoon teamings Earl Grey China Blesh to a quantity of 5% dupe.5. Eatch the besting and pour out the water as soon as it boils.

)4. Meanwhile put some hot water into teapot & the transfer jug. 5. Never use a metal pot. It must be earthenware, nor a metal perforated teaholder. Nor a metal spoon for stirring. Instead use a plastic or wood spoon, infants size.6. Steep the tea in the water for exactly and not more than 32 minutes. 7. Strain off the tea in jug and wash out the leaves. Alchohol. works 3 times as fast at Mexico City altitude, so that one drink does the work of 3. Hence, tea as a stimulat ant must be educed in strength when living on heights. The present dose of 1 to 3/4 spoon of leaves has been arrived at by test of experience, a full spoon was zone found too strong. Tea stimulate the cerebral-spinal system but paralyses it afterwards. It relieves heade ache by paralysing the congested sensory nerves and thereby correcting the painful sensation. Large doses cause intense insomnia and mental unrest; high nervous tension and temperment. Tea acts almost immediately on the kidneys and the result is a muisance. )To make Tomato Sauce half fry a little green peppers chopped up add the plain paste, paprika & herbs.

A Joquet oful rejew for some but elidemeel. 4( the transfer jug. 5. Hever use a metal pot. It must be earthenware, nor a metal perforated teaholder. Nor a metal apoon for stirring. Instead use a plastic or wood spoon, infants sise.6. Steep the tes in the water for exactly and not more than 5g minutes. 7. Strain ledodola .sevael ent tuo nhow bas put ni set ent Tio .morks & times as fast at Mexico City altitude, so that one drink does the work of S. Hence, ten as a stimulati ant must be miduced in strength when living on heighter The present dose of & to 5/4 spoon of leaves has been arrived at by test of experience, a full spoon was for found too strong. Toe stimulate the corebral-agland Meed seveler it afterwords, it nesteves head ache by paralyzing the congected sensory nerves and thereby correcting the painful sensation, Large doses eause intense incomnia and mental unrestilligh nervdefailment femmas att a set sime the solater and a set of the set . somesime and the result as amisance. ( )To make Tomato Sauce half fry a little green peppers chopped up add the plain

paste, paprika & berbs.

( ) When so many demands are claiming my attention, it is essential to divide my time wisely so that it serves my most important interests first. This means that I must delegate work where possible so as to free myself from time-eating details and routines. I cannot afford to clutter up my working day with activities that prevent me from doing what should be done before everything else. Note what Gandhi wrote in a letter to his son: "All these things you can do easily if you are methodical. Never get agitated and think you have too much to do and then worry over what to do first. This you will find out in practise if you are patient and take care of your minutes."

) Press lightly when using Cross Mechanical Pen-

cils to avoid breaking lead.

( ) Avoid inks marded "Washable." Insist on these m marked "Permanent."

( ) WARNING: WHEN REFILLING CROSS THIN GOLD PENCIL GUARD AGAINST ERRORS:

(1) do not tap the lead in; this may jam the end in tube (2) if breaking a long lead into two pieces, insert the smooth end first into tube and let the broken jagged end be used as the writing one; or tube may jam

(3) To Empty Cross pencil(essential before refilling) and hence turning to repel old lead, do so by grasping trunk of pencil not cap. Next note that last remaining bit of old lead often james in the etaining tube and spreads itself out. Therefore be sure to give a firm twist to the tight to the fullest extent, so that the piston rod may dislodge it.

( ) The leather pocket Secretary's which contain a cross-slit to take notebook can take the fountpen-clip

instead

(\* ) "Permanent" inks resist the action of water.
"Washable" inks are capable of being laundered from cloth.

(brice)

(brice)

it is essential to divide my time wisely so that it
serves my most important interests first. This means
that I must delegate work where possible so as to free
myself from time-esting details and routines. I cannot
afford to clutter up my working day with activities that
prevent me from doing what should be done before stery
thing else. Note shat deadhi wrote is a letter to his
con: "All thees things you can do easily if you are
methodical. Never get agitated and think you have beo
methodical. Never get agitated and think you have beo
you will find out in practice if you are patient and
thate cere of your minutes."

ress digners when weing Cross Mechanical Jen-

.hael galdaerd atoms of alta

marked "Fermenga" before and blova ( )

MARKING THEN SHELLING CROSS THIN COLD PRINCIL

GUARD AGAINST RESIDES

(1) If breaking a long lead into two places, insert the smooth and first into tube and let the broken jagged and

be used as the writing one; or tube may jam

(5) To Taphy Gross pencil (essential before refliling) and hence turning to repel old lead, do so by grasping trunk of pencil not cap. Next note that last remaining bit of oid lead often james in the maining tube and spreads littelf out. Therefore be sure to give a firm twict to the ight to the fullest extent, so that the piston rod may dislodge it.

oross-sitt to take notebook can take the fountpen-clip

bastant

"Personent" lake restst the sotton of water.
"Usshable" lake are capable of being laundered from cloth.

(STANDARD REPLY)

( ) I can recommend to you a friend who is sufficiently advanced and willing to give personal help by

mail or interview to spiritual seekers.

espondence and interviews to devote myself exclusively to meditation research study and writing. This is the reason why you and others no longer hear from me. However, if and when I receive direction either to see or write any friend again, as in the present instance, I shall be happy to do so.

( ) This research and writing demand my entire time.
( )I try to remain loyal to my own beliefs concerning the need of individual independence and do not permit any organized work or movement to trail after my books.

( ) It has long been the writer's rule not to give an opinion upon the merits or demerits of any contemporary teachers. The general attitude upon this point is given in "The Wisdom of the Overself" (bottom of page

423 to the middle of page 425).

( )Please accept my apologies for the delay in answering you, but having no secretary, I cannot find the time to respond promptly to the numerous letters received It is with great regest that I have to inform you that I do not undertake to be anyone's spiritual teacher, as I have not attained that grade. Moreover I have no time free for such an activity. However, there is an old friend of mine who although she is only a student like myself to whom you can write

( ) I am much embarrassed to confess my inability to keep in pace with the letter that pore in on me. They am appreciated, but alasi my duties and my work prevent writing replies I owe

)It has long been my long-standing rule not to:

(a) (b) (c), etc..

( ) I am sorry that it is not possible for me to give further interviews or enter into regular correspondence nowadays as so much of my time is devoted to research and writing. However, I recognize the earnestness of your letter, and wishing to be of assistance have sent it to a friend of mine, Dr. Renault, who will reply to you in due course. Dr. Renault is highly respected by me and is advanced enough to give you such spiritual advice and help as you may require.

( )I have gone into semi-retirement from corresponden -e and personal meetings in order to gt some time

to carry on researches and complete writings.

-iffus at odw bnelvi s mov of bnesmoor asp I ( yd gied lenosted syll of gullily bus hengsyns vidneto

areases lautirles of welvretat to flam

- For some time past I have withdrawn from corrviewlesions liesym sjoveb of assivrejni bus comebnoges to deditablen research study and writing. This is the reason why you and others no longer hear from me. Nowetwire ees of medite acidentito evience I mede bas il treve I seemstant treasers ent at as alage breint you stirw shall be hampy to do so.

This research and eriting demand my entire time. )I try to remain loyal to my own beliefs concerning

firmed for ob has somebnecebal Laubivinai to been add any organized work or movement to trail after my books.

svin of Jon sipr streiter end meed and said ! en opinion upon the merits or descrits of any contemporary teachers. The general attitude upon this point is given in "The Wiedom of the Overseif" (bottom of page 425 to the middle of page 425).

lease scoopt my apologies for the delay in answering you, but having no secretary, I cannot find the time to respond promptly to the memerous letters received tadi nov erolai of even I jad jenger feers din at iI I do not undertake to be anyone's spiritual teacher, as enti on evan I revestow . sharp fait bentajte for evan I fires for such an activity. However, there is an old friend of mine who sithough she is only a student like etirs uso you can write

) I am much embarrassed to confess my inability to keep in pace with the letter that pore in on me. They am appreciated, but slast my duties and my work prevent writ ing replies I owe

)It has long been my long-standing rule not to:

..ote (a) (d) (s)

win of em rol eldison for al il dedt vrice me I ( further interviews or enter into regular correspondence newedays as so much of my time is devoted to research and writing. However, I recognise the carnestness of your of il thes even constaines to ed of gains iv bas , restel a friend of mine, Dr. Henault, who will reply to you in due course. Dr. Remeult is highly respected by me and is bus solvhe feutiries doue not evin of danone beonevhe help as you may require.

mehnoquerros mort trement trem corresponden emit emes te of retro mi againes lencareq time eto carry on researches and complete writings. ( )I have withdrawn from personal contacts with seekers since the pressure on my time for my own needs in spiritual researh and preparations, is tremendous. Also I am under a deadline on a new book which is greatly in arrears. I have just returned to the States from several months retreat in Mexico. Please therefore understand my silence as I work singly and have no secretary.

( ) I have withdrawn from personal contacts with seekers since the pressure on my time for my own needs in apriltual researh and preparations, is tramendous. Also I am under a deadline on a new book which is greatly in arrears. I have just returned to the States from several months retreat in Mexico. Please therefore under stand my silence as I work singly and have no secretary.

(1) Ben cabbace and turnips from (DIEC) salads as they contain an anomous percehtage of sulphur salts which cause umpleasent lodorised evissesse of beforedure e (2) Dried garbanza pea is also called chick peasing bas salmativ rieds to dsom (5) Salad dressing: Sesame, water, lemon very little melanes of Mix ingredients of No salt. Alternative salad dressing; grated nuts, demon juice and water. Vaed (4) To make more delicious soy milk avan experiment to find exact proportions ows suited to your taste and always measure (15) For building to said This work (21) (5) The cabbage family includes: cauliflower, brussel sprouts, broccoli: allu of them smell badly when cooking, owing to sumphur content, hence never eat them. (6) Vegetble broths to be raw, not cooked dehydrated and powdered vegetables, left uncooked iv to estima era afeef (81) Add carbanza soun to every night of soup. of Green peas, having plenty of protein, if used in salad, take place of cheese. (9) Salt and pepper and concentrated 99 Togumes and choose and tea irritate nerve and stimulate sex ween A : maites (49) (10) Disadvantage of souplet tablets is that they contain a lot of salts brooms (11) Cocoa contains poisonous drug, oood theolromite, like caffeine, no realisers (12) Grated nuts go rancid more quickly, so have only a few nuts grated fresh each day for daily use only bus litteriages and (13) Pepper causes hardening of the liver (14) Salt causes 50% less pepsin to be secreted by the stomach. Pepsin is essential for the digestion of proteins. So salt renders digestion of protein food incomplete or too slow! Jirlegard (82 30) Failing eyesight greatly relaised .Jest veb noves vovd

(15) Canned vegetables and fruits have to be cooked for two to three hours befor e caming, as part of the process, or els e subjected to excessive heat ander steam pressure . As a result they los most of their vitamins and minerals During the months after canning the loss continues, their food value deteriorates still further. In addition they are of heavily salted, the veretables, fruits have white refined sugar added as a sweetener. Canned foods are too devitalized to support life healthily, bedies (16) For building teatch: Place one cup oats in quart far, cover with cold water until full, let stand two hours. Drink. (ii) masticate food till it is nearly a . Itquide raven socied , incinco nadedua of (17) Apples are beneficial for slingish Miver soldstenev berebwog bus befarbyneb (18) Beets are source of vitamin A. (19) Raw Cauliflower good for breath. of soup. (20) Celery good for sciatica and viv. 21) Red currents good for liver trouble. 22) Oranges are good for liver troubles (23) Tomatoes cleanse liver, contain vit (24) Fasting: A heavy coating, caused by starch decay, forms on tongue on (91) second days Continue fast until tongue becomes healthy pink-reddish color again Breakfast on tomato Juice . stime foods (25) Texas (pink) grapefruit is sweet. (26) Vermicelli and noodles contain eggs but spakhetti and macaroni do noto (27) Stop call ice cold drinks taken from icebox at home and in restaurants? (Allo to warm up. They start cough frrita .(28) Testh powder; fodised sodium chorid board modium bicarbonates arebner dise of (29) Grapefruit is fine liver tonic of (30) Failing eyesight greatly releived byby seven day fast.

(31) It is dangerous to live on (DIET) an all fruit diet alone under present (3) conditions, e xcept where you can grow of ayed with poisonous insecticides and are picked green before hattere has had ) time to convert the starch of unripensed fruit into sugare of Mpe Fruit won thei other hand the vegetables are notoni (82) sJayed and off blucked before maturity are young tender and ever betterofit afor eating it to gateser elaning increases (04) (32) FASTS UnShort afest sagreate Laddays to medium fasts are in Line days que and dbngs) fasts are 7 1 21 days midxception fastso in last resert in desperation are 40 aus Where all fasting is impossible or impracticable goodn fresh pritt or vecetable walled diet of without proteined because they spried familia bird suspend -3ad (33) Combinetions praw saladecombinesi well ned the envisored, at Butoprotein mutsi should not be eaten with the olly salad odressing of Proteid malances well-with: 4) detectivetsvent aguardle , Jaire of galdlover (34) Derdrigva Pastibble mosti chimnative s red for metty disci bled dwaten aud toathracts and dissolves the hardened minerales end headbasttaneroni to Jostle and and selles Juin (44) (35) If a can of food is not cooked long chough to be sterfilized, the contents will ferment, producting gases that may rip the can open. To avoide this most canners cook tinned food longer than is necessary, thus utterly devitalizing it. (36) I Tindo coffeet substitutes Likedoid restan and abyteed leave disagreeable av after effects like vactual coffee al itself, even though they are palatable. But ou Windto Brown (telloger luis an occoption to this and quite from from auter effects. This is because others are roasted but this is not.

(37) Overeating of starch causes liver disease; by foreing the amount of work of the liver. Complete rest of several months by eliminating starches. Toliocarl accompling dilw boys (28) Pythagoras: The abstract mind remains keener and alert and able to sustain contemplation better if food is under-eaten. (39) Luch Salad: Avocado, little romaine lettce, green pepper, bell pebber, tomatoe, red pepper, bean sprouts, celery. bas tobad (40) Seasoning: Sprinkle dressing of little oil, and herbal seasoning. Add grated nuts. (41) People on a rawfruit diet report a feeling of permanently walking on air, of great power of austained mental concentration and of immense chysico-mental energy das? Ils sment (42) Steiner: Banned from diet potatoes, because they dull the intuative mind and Soya Beans, because they sprea-d-materialism! The introduction of potatoes in E-urope is connected with beginning of loss of with. The introduction of SoyasBean[from East/flw modes ad Joh bloads (43) Honey and eggs are also out, for reasons too revolting to print, although they wate are made ally too clear in the Chadiali Encyclodedia, a three-volume opus, which sold for sixteen dollars the setterenim benebrad add acviosaib (44) Mint Tea: Has the effect of increasing blood circulation and hence of warming the body. It stimulates secretion of bile, hence good for liver. Also good for gall Bladder. (45) Colon Flashing When Fasting: Use the small enema end-piece only for the first day. This will clear a gath for the large high-colon end-piece which should be used on the 2nd day and leter deys. Aldo the small piece should be used as a sing le preliminary every day the large one is to be usede fac ove wend dissort neve -(46) Fruit Juices: Use their vitamins value after 24 hours at most. ed hip brid slid od molda ora credito estaced at alive ter al alad but betreet

(100) Assertanta is on black list not onl (88Raw celery kohlrabi, radishes and watercress age to be taken only at periodic intervals. Their sul hur content promotes flow of bile & stimulates liver but is too bitter for regular (101) Pobeselum Broths Teke 5 carro-book

(89) Soinach should not be cooked more than 8-10 minutes or it will lose its life and fl-

avor. of som t a gol wood total strake ?

(90) Oranges must be eaten only if quite swee and then only at periodic intervals (for cleansing the intestines, not as a daily item food. (91 Tometo juice has a cleansing effect on the intestines. come categras (grain) (a of)

(92) Cooking no vegetables or soup should be on the stove for more than 30 minutes, or the life principle is destroyed. Use heavy pots with no water, or as Little water as possible to prevent burning. A double boiler, which cooks by not steam, is best as if never burns. (95) Lettuce provides the chlorine for destroying poisons in the intestinal tract.

(94) Pepperm nt has a purifying effect on mucuous membranes of the entire body.

(95) It is necessary to introduce variety the menus, for this stimulates appetitate.

(96) Cucumber Beelings should be saved for soup as they contain minerals which is the most

veluable part.

(97) Tomato juice is the only vegetable ro-duct which keeps its full value after cooking or canning .- Hence hight grade canned brands may be used freely

(98) Distilled water release hydrogen and cleanses by penetrating the bodily cells. Use it

for fruit juice drinks!

(99) Parsley, Swiss "hard and beet greens (toos) are good sources of sotassium for stimulating a poor circulation a d neutralizing ecidity thru their alkalinity.

(100) Asparagus is on black list not only be ass se of manuringbat also beenese of the sulther . . Content. Wegetable salt is black listed be a di dauce ti still conta as more than 50% table s (101) Potassium Broth: Take 5 carrots, smell handburch celery, few sores barsley & handful of Depinach. Ceasoning meterial. Cut up fine into 2 quarts water cook for n t more than 30 minoutes & strain off vereterles mano -usel (102) Add to PB'S Acce table Dietary: bool Paraley (only if sowdered or liquefied as in nosous never solid) swiss chard; beet greens (toos); celery; carrots; cucumbers; goose rred blies (only if sweet) angles; strawberries (only off (sweet); cherries; honeydew melons; pears; sjoendive(only if nowdered and liquefied, as in ald soups, never saleds) as to reday on (105) When eating matrots it is essential to masticate thoroly as sharp points may injure delicate menbranes. (104) Fot cooked food produces languar and the need of siests or after dinner map. Whereas raw fruits produce on enlivening effect, also hot cooked food produces sense of oppresive fullness. (105) Soup and tea should be allowed to cool a little. It weakens stomach, injures teeth. (108) The large dry dark reddish brown beens which looks like colored butter hears are enlied " horse houns " but they can only be bought in Itelian and Greek stores. (98) Pistilled water release bydrogen and cleamade by cometrating the had by delia, Use it for fruit duice drinks (99) Fereicy, Spies Vased and best preens (tand) are good cources of ote stam for stimulating a good circulation a d newtrallilage . viintiexis wheat with viinten

TAIC P.D.S Acceptable Dietary: [Holds edd at 41 (98)

Raisins, figs, dates. Nuts are concentrated food contains tremendous quantity of calories

(3000 to the pound) supplies protein carochymic drates vitamins, minerals: but only almond and filberts are acceptable. Apples, Peaches, Plums Rears dried Prumes, Spinach, Lettuce(romaine) Stringbeans, Greenpeas, Tomatoes, Tomato juice black molasses (high calcium & iron content) (62) Don't eat biscuits & crackers. "For went of lard, National Biscuit Co., the nation's largest baker, closed its New Jork and philadelphia plants. All other big bakers either cut production or planned to close.

(63) Bananas do n t agree but if you will cut off the pulpy covering 1/16" thick, all round this mi might make them more agreeable. Bananas must be thorally masticated and electrically liquified.

might make them more agreeable. Bananas must be thoroly masticated and electrically liquified.)

(64) Starch must go thru several processes or stages of digestion lefore the boy can use it.

The last stage is to become sugar. All this work is done at the cost of thexx body's energy. All cereals including wheat, and oats are starchy and hence energy-wasting.

(65) Puree or consomme, by removing the coarse or rough libers and the tough skin, and by reducing the rest to a pulp, renders the highly indigestible vegetable much less hard todigest.

(66) Metchnikoff (and his disciple Dr. John Montagu) blamed raw food for introducing bacteriological decomposition in the intestines. But bacteria cannot exist where a suitable soil is lacking. Raw food diet keeps the bowel clean and free from bacteria. The cases showed by M were all cook do food esters, hence his theory does not

(67) Full vitam n value belongs only to (foods that are: (1) fresh..(2) ripe..(3) raw.
(68) To pour nut milk into cup first & add tea after, is to reduce bitter taste.

(69) It is the stickly quality in bread hich is harmful. Hence it should be well baked & well toasted. bans rice altogether. (70) Suse very little starchy food and some protein-to asintain the chemical balance of the body and asign alderes are as as alle (71) Vinegar is chock-full of putrefying, (72) Fruit juice is a ourer water than that of the best Spring. (73) Towato juice stimulates the secretions of the liver and sendreas and is useful after sugmry food, Juo reddie arelled gid reddo LIA (74) Lettuce contains opium. Salad, being combosed of highly fibrous materials, is very inairestable-Hence it should be well-masticated or well chopped. sidesons erom ment easm Jasim (75) Unfermented Cider is a wholesome drink. (76) The fibrous meterial which the puree-grinder removes, is highly indigestible. amerel refude lus emoded of al egata das (77) Drink made of liquefied fruits, 1 part water, 1 part almond milk slight part, comes, raisins & banene to sweeten. (78) Selt end ell other inorganic minerals can be directly utilized only by the plant kingdom. not by the human-chimal. The latter can however utilize the plants themselves, which con--tain organic selts in easily assimilable form. The use of table salt is unnatural. -(79) Vegetables should be covered and steamed on top of the stove very slowly until cooked but - not mushy. A few tablespoons of water may be added, if the vegetables seem dry. Serve in bowls over moulded hot, dry steamed rice. Brown rice is best. (80) The large soft figs which are most tast are packed in silver paper and printed: "Padre Softenized Calimyrns Figs From The "Rancho Los Padres" Fresno, California, esuber of al design

(DIET

(47) A Starch Free Diet: Easter, 19480 Gave Decor

rowed mental works quord all man-dad die 2 10 (48) Hercuard Commington: Said hernever knew dryorie who could work on intellectual and literary oursuits more continuously and steadily for so many hours at a stretch, and for so many days together, then himself and became a fruit men. That
(48) not only raw foods but also amounts reduced
to half. A great deal of nervous energy is used
up by digestive processes, and half of this is
therefore saved. Camyton takes only twelve ounces
of food a day, including juices. He says a fruitarain diat also necessitates a couple of hours
lass sleep and yields a feeling of cleanless and
lightness throughout the body.

(49) Correct Food Combinations For Health Group I now and, of Group 2 bluons Group 3 (2 Bread-cereals All sweets Fats -Oils artichokes and b dates-figs Butter potatoes ; segment Bananas-raisens Cream pumykin Sugar-syrup egg yolks rice-squash on na honey ice-cream green pess becars ere year 1 dry beans trallag vegetable oil

Cropup4 Group 4 Group 4 Creens: Roots: salads: Jase / Beets asparagus okra-kele carrots Brussels sprouts broccoli Kohlrabi cabbage-onions celety-cress parsnios cauliflower cucumber radishes eggolant. endive goldes! turnips er.beans spinach-lettuce

Group 5, Protiens: All nuts, Butter-milk-cheese, cottage cheese, eggs-milk, mushrooms, fish.
Group 6, Acid Fruits: All berries, oranges, gra;

peaches, aprricots, cherries, pinapples, tomat

DIET Pood Combo Comple , rejast teid earl dorett A (74) MCroupel-combine emitte anches 124 chat mot mith 12-5H &6giGreinsHamdeGre & sarembestmeatenesIone, o Gr. 2 with butt-ermilk. Group 3-dombine witheyon (48) Heroward Company of the bridge bring and bring and (84) Creepe deeping smith de Steamed, rossedourbaked 2nesepon federode become not solled and the creeped to the cree gether, than himself and residence thearin mant that besube Molasses cala jud aboot war yine tones contains no Bulchur Dioxide or Other Preservative (52) Sour Grapefruit sour Tellons and sour orangeffects ver all security galbuloni ver a pool o (55) Grades are very beneficial fir chronic br (54) Dried fruits and raisins should be washed off les may contain insects book John to (55) Sour should be West in the mouth for a couple of seconds to prepare them for the initial stages of digestion and thus enable gastric fuices effect needed changes in it, own absence of mastication. (56) Nuts disagree only when not thoroly masticated, but if they are grated or liquified they are excellent. (57) Tomatoes and strawberries contain ovelates useful for sufferers from bronchites. (58) Yeast belongs to a group of Fungi plants with ability to change sugar by fermentation into alcohol and carpon drox fde. (59) APP Fruits muts & green leaf vegetables are mucus-free & he lthy. The other foods of civilization without exception are mucas and GIBSO.73 acid-forming & unhealthy. (60) Bananas maybe use very sparingly, mostly cottege cheese, eggs-milk, mushrooms, fish. Group 6, Acid Fruits: All berries, orankes, gray

peaches, sprricots, cherries, pinapples, tomat

(81) Dessert of Stewed Fruit is vastly improved in taste if placed in electric liquefier and, wit its juice, turned into a jam, sadding little spice if inecostary. All alls afred S (82) Good Combinations; 1) Stewed Fruit & I Grated Tauts. . 2) Salad and fresh fruit . . . 3) Pea-bean and vegetable soup and stewed fruit. . 4) Nuts & Dates . . . 5) Auts & Tenanas . (16) Tomatos & vegetables ... 7) Potatoes with enything . (9) Bad Comination: 1) Fresh fruit & cooked vegetables. . . 2) Tomatoes & fruits. Bad food combinations create poisonous rases, which cause nerdivous exhaustion. sast lied not geeth . aniward (83) Ph's Dietary Black List : bred, cereals. cookies, crackers, cake, Fried foods, cream, cream sauces, chocolates, jams, jellies, eggs, milk, mayonneise dressing, salt, pe per, mushrooms, onions, sour oranges, lemons, gracefruit, sotatoes, turnips callage, culiflower wollden (84) Tyou behave poisoned your liver with the sprays used on your fruits and vegetables to such an extent that the organ is completely congested. You may not have acquired the condition in a few weeks but over a period of months. Wash your fruits and vegetables and soak for a few minutes inth a box of Vege-Rinse, a chemical power der, which is dissolved in water and has the ebility to absorb all the sprays and ois nous insecticides used on commercial fruits and vagestables. Salt wen't remove praenic, from fruit Conly hydrocaloric acid or Vega-Rinse will do it. (85) The simost continuous stimulation to merwous system given by tea drinking prevents both pecuperative centers and spiritual recentivity afrom functioning a Says W.J. Macmillan: "Tes d edricking stimulates the brain excessively and thus reventsxbatk calming of nervous tension Swami Sivenenda: Tee drinking fills the wind with rajas, excites passion and destroys serenity of thought. The druggo of sand caffeine, contained by tes and coffee are direct and strong poisons. At the least they cause nervous ex-

citement, and their habitual luse causes nervousness and disturbed mental life; and at beyone PRISKET PRINTER (86) PRISHET BALLTeat the bas 2 parts Aaffir, 112 part Mint, ol part Sage, 1111 1 part Huckleberry (1 part Camomile, Sports) Jasmine, or other very weak China Tea. This break fast teapis delicious, leaves no bad bilious eff. ect if ((1) steered for not more than 2 minutes .. (2) made with not more than (1/3 teaspoon sugar. After grawing off 2/3 curs reclace tea container A steen for one minute more as aftern on tea may be stronger. This berb teads spoilt by overbrewing. Steep for half the time then for ordinsary tea, Beans & Lentile and even beals form) an acid if taken in large quantities, salanoo (87) Cellulose Is Indigestibles The wall or she of a nut, like the wall or shell of vegetable ce is Cellulose. "Not Digestible by "en." The nut ritious part of a nut, the kernel, is available as food only after the shall sveracked and the kernel removed. Exactly the same is true in \_the case of content of vegetable cells. O nly mas the cell walls are broken or fractured are immer nutrients freely evailable for assimilatio Microscopical examination of pulverized vegetamobles indicate that 90-95% mechanical callalar fr \_ cture is probably a hundred times greater than \_ that effected by ordinary mastication. In Broth Powder made from vegetable ingredients consists of fresh topato, onion, celery, spinach, pimento orange, passkey, watercress, chili, cebery seed, etc. the raw vegetables have been concentrated by dehydration and reduced to fine power by ste henwers, these actually break the Cellulose so that the nutrient values (Minerals and Vitamins) inherent in these vegetables are more readily av mailable for assimilation. Warning: Never boil besoup gorder as that makes for bitter taste. - Do Not Boil Broth Powder: Put 1 to 2 rounding to poons of powder to each oup of cold water. Brin JUST to the boil, reduce the heat and simmer for 5 minutes miffered identiset. the broth bitter and

(107) CANNED FOODS: are inadvisable because the use p to much bodily energy, instead of supplying it.

lying it.
(108) BRAIN WORKERS: need foods containing suppher as well as phosp rus. The sulphur foods include watercress.



(38) Bloating often is caused by eating foods which are gas forming such as beans, onions and bulky foods. Then, too, certain foods cause allergic reactions which produce bloating in an oversensitive individuals, thus producing pain in the small intestine. The foods most often responsible for such symptons are cabbage and the like, raw apples, radishes, cucumbers, chocolates coffee, peanuts. So reduce eating them.

(39) Curry Powder, though you may think of it as a single spice, is actually a blend of many spices. Turneric, celery seed, Fenugreek, ginger, poppy seed, cardamom, corlander, cayenne, paprika, mace, cumin, nutmeg, cirmamon, bay leaves, cloves and black pepper, are ground together very fine to produce the pow-

der we know as curry.

(40) Gerson Diet: A doctor named Max Gerson who had achieved remarkable arrestations of cancer and other illnesses by a max therapy based on diet. Gerson was, and is, a perfectly authentic M.D., but unorthadox. My own first reaction was skeptical, and Frances was dubious too. Then I learned that Gerson had long experience in brain-tumor cases. I went to see him and he showed me his records of tumors apparently cured. It still seemed to me inconcievable that so serious an ailment could be cleared up by merely by a diet. Gerson impressed my greatly as a human being, however.

The Gerson diet is saltless and fatless, and for a long time protiens are excluded or held to a minimum. The theory behind this is simple enough. Give nature opportunity, and nature herself will heal. The whole theory is erected on the basis that the metabolism of the body can be so altered that the affliction will die of itself. The diet is fruits and vegatables, with a special soup-made of parsley root, celery knob, leek, tomatois-

which the patient took at intervals during the day.

(4I) Hotwater drink on an empty stomache stimulates peristaltic action markedly, this will be measured if taken in form of tead or herbs. (38) Bloating often is caused by eating foods which are ganforming such as beens, ontone and bulky foods. Then, too, certain foods cause allergic reactions which produce bloating in an oversensitive indiniduals, thus producing pain in the agail inteatine. The foods most often responsible for such symptons are cabbage and the like, raw and les, and shes, oursebers, chocolates coffee, peanuts. So reduce esting them.

(89) Curry Fowder, though you may think of it as a single spice, is socially a blend of many slices. Tirseric, celery meed, Fenueresk, ginger, poppy seed, cardamen, corionder, cayenne, paperika, mace, cumin, nutmeg, cimmunon, bay leaves, cloves and

black peoper, ere ground together very fine to produce the pow-

(40) Germon Diet: A doctor named Mar German who had soniewed a remarkable errestations of cencer and other illnesses by a kin therapy based on diet. German was, and is, a perfectly autisentle M.D., but unorthadox. My can first reaction was exectical, and Frances was dubious too. Then I learned that German had he long experience in busin-tumor cases. I want to see him and he showed me his records of tumors apparently ourse. It still seemed to me inconstevable that so serious an allment could be also ared up by morely by a diet. German impressed my greatly as a human being, however.

The Gerson diet is saltiess and fatlers, ad for a iong time protions are excluded or hald to a minimum. The theory behind this is simple enough. Give nature op ortunity, and nature herealf will heal. The whole theory is erected on the basis that the metabolism of the body can be so altered that the affliction will die of itsalf. The dit is fruits and vagatables, with a special soup-made of preley root, calery knob, lest, tenatoks—which the patient took at intervals during the day.

tic sotion mericolly, this will be research if teken in form of teas or herbs.

(48) Mulligatawny exotic soup: With so many excellent varieties of canned soups available in practically every grocery and delicatessen, it may not seem worthwhile to go to the bother or spend the time manking soup at home. Yet there are some exotic soups from various parts of the world, and a few indigenous to America, that just can't be best canned, or, if they are, that lack the full flavour and the unusual deliciousnessof the homemade variety.

One of the most unusual of such soups is mulligatawny. It is of East Indian origin, and the word means "peoper water" consequently the soup should be highly seasoned, in old England it was more commonly known as curry soup, and, indeed, the original recipe consisted of a rich thin cream soup flavored with curry powder and plenty of spices, and served with a side dish of highly seasoned Indian ric) . Put in shredded coconut, add 2 medium sized onions, minced; I stalk celery, diced; green pepper, minced, andI tart apple, cored, peeled. and diced. Cock this for about 5 minutes, then sprinkle in I tablespoon of curry powder mixed with I teaspoon of salt, 2 bay leaves, teaspoon of mace, I teaspoon of all spice, 8 papper-corns, 3 cloves, g cup of lentils which have been soaked in cold water overnight, and cup of freshly grated coconut which has been moittened with the coconut milk. Next add 4 cups of.

Simmer the whole thing gently for at least an hour, or until the cocnut is very tneder, Then remove the pieces from the pot, and strain the remainder into a large saucepan, pressing the vegatables thru the sieve. Cut up, and add to the strained soup, Simmer up once more, and serve very hot in plates or bowls in which I teasp

oon of hot boiled rice has been placed.

(449) Curry Accompaniment: Do you know what to serve as an accompaniment to curried dishes? Typical tidbits include nuts, raisins, shredded coconut, green onion rings, horseradish; crushed dried chili peppers; chopped almond chopped green pepper, Serve two or three of these as accompaniments, if you want your medl to approach curry as served in India.

(50) Tomato Jucie Cocktail: Mix thouroughly: Juice of I lemon, I tsp. C&B Currie Powder. Add this mixture to the contents of: I I8-oz can Tomato Juice. Stir and then

serve, Chilled.

LYOUR BIRG's

(4) Mulligateway exotic soup; With so many excellent verteties of danned soups available in practically every grocery and delicatessen, it may not seem worthwhile to go to the bother or spend the time menting soup at home. To strag amoirsv mori agues sijoke smos era eredi jel the world, and a few indigenous to America, that just can't be best canned, or, if they are, that lack the full the your and the unusual deliciousnessof the homenade var-

One of the most unusual of such soups is mulligatsway. It is of East Indian origin, and the word means "peoper water, consequently the soup should be highly se soned in old Ingland it was more commonly known as ourry soup, and, indeed, the original recipe consisted of a rich thin eresus coup flavored with curry powder and plenty of spices, and served with a side dish of highly secaroned Indian rico, Fut in shredded coconut, add 2 medium sized onions, minced; I stalk celery, dieed; green peoper, minced, andI tart apple, cored, peeled, and dieed, book this for about 5 minutes, then aprinkle in I tablespoon of curry powder mixed with I tenspoon of salt, 2 bay leaves, teaspoon of made, I teaspoon of all spice, 8 pepper-corns, 5 cloves, cup of lentils which have been sosked in cold water overnight, and a dup of freshly grated coconut which has been moistened with the coconut milk. Next add 4 oues of.

Simmer the whole thing gently for at least an hour, or until the count is very tander, Then remove the pieegral a of i remainment ent nierts one , fog end mort eeo anucapan, pressing the vegatables thru the sleve. Out up, and add to the strained soup, Siemer up once more, and serve very hos in plates or bowls in which I teasp-

.beselv meed and only belied jod to moo

(444) Curry Accompaniments Do you know what to serve as -al stidbit lesign Typical tidbits of ineministration clude nute, reising, shredded coconut, green onion ringe horseradish; crushed crist chili pep ere; chopsed almond chopped green pepper, Serve two or three of these as acc ompanisants, if you want your med to approach curry as served in India.

(50) Tometo Juele Cocktail: Mix thouroughly: Juice of I lemen, I tap. Cas Currie Porder. Add this mixture to the contents of: I 18-os cap Tomato Juice. Stir and then .belildo .svres

(RECIPES)

(75) DESSERT: Mix soaked figs, orange, soaked raisins, date butter, apricots and little lemon juice or orange peel and run them electric liquifier to form puree. The result is delicious and jam-like.

(76) CONDIMENTS: To replace pungent seasoning use liquefied parsley, pimento and paprika. Pungent flavoring sauce ingredients: (a) endive-(b) tomato-(c) green pepper

(77) The Chinese use their pungent seasoning so lightly

that it is hardly detected by the tongue.

(78) BAKED EGG-PLANT: 1 medium size egg-plant; ½ cup minced celery; 1 ths. chopped parsley; 2 slices bread (a good place to use left-over breads); ½ tsp thyme; ½ tsp. Marjarom; ½ cup nut meal; 2 ths. salad oil; salt to taste; Dice egg-plant. Cook in small amount of water as possible until tender or thoroughly done. Remove from fire, add crumpled up bread and seasoning and nut meal. Mix, put in greased beking dish and bake in moderate oven until brown.

(79) SALAD DRESSING: 1/8 cup molasses; 1 t. paprika; 2 T. tometoe paste; 2 cup lemon juice; 2 cup salad-oil (or olive oil); herb seasoning;: Blend molasses and paprika together. Add remaining ingredients and beat

well with rotary beater or in Liquifier.

(80) CRAFFILE MOLASSES FRUIT FUDGE: With 1-2 cups of raw sugar; 2 cup Grandma's Molasses; 2 cup water or nut milk; 2 t. vanilla; 174 cup dates; 1/4 cup raisins; 2 cup nuts or coarse nut meal; 2 T salad oil or margarine: Cook sugar, molasses, water or nut milk over low heat, stirring until mixture forms a soft ball. Remove from heat, add oil or margarine, cool; add vanilla, beat until firm. Stir in chopped fruits and nuts. Pour into greased pan, cool, cut into squares.

(81) PASTRY CRUST FOR FRUIT FIE: Measure and sift into bowl: 1 cup sifted Whole Wheat flour; 1 t. salt; blend in: 5 T. shortening or salad oil; Add enough cold water to hold mixture together. Lightly press into ball. Roll out on lightly floured board. Fold over and fit into pie plate.

(82) CURRIED RICE RING:: 2 cups rice; 6 cups boiling salt—

(82) CURRIED RICE RING: 2 cups rice; 6 cups solling salued water; 1 t. salt; 1 t. curry powder; 2 T melted margaring or salad oil; : Cook rice in boiling water until tender. Drain. Combine with seasonings and oil. Mix well and pack into a greased 10 inch ring mold. Place the mold in a pan of hot water and bake in a moderate ovem (350) for 20 minutes.

(RECIPES)

(75) DESSERT: Mix soaked figs, orange, soaked raisins, date butter, apricots and little lemon luice or orange ceel and run them electric liquifier to form pures. The result is delictous and jen-like,

- (76) CONDINENTS: To replace pungent seasoning use 11qnefted parsley, bimento and paprike. Pungent flavoring sence ingredients: (a) endive-(b) tomato-(c) green peoper

(77) The Chinese use their cangent sessoning so ightly

.engage the tengage the tongge.

quo f timefq-age ests mulben 1 :TEANS-DOE GENAGE (87) minded celery; I the. chopped persiey; E slices bread (a good place to use left-over broads); & tep thyme; & tep. Marjarom; & cuo nut meal; 2 the, seled oil; selt to taste; Dice egg-plant. Cook in small amount of water as possible ubtil tender or thoroughly done, Homove from fire, add duc , zil . isem fun bas gainos end se beend qu belomuro in greened baking dish and bake in moderate oven until · EWOYd

(79) BALAD DRESSING: 1/8 one selssses; 1 t. paprika; It. tometoe seetes a cus lemon juices & cup salad-oil (or olive oil); herb sessoning;: Blend molasses and paprike together. Add remaining ingredients and beat

well with rotary bester or in 'lquifier.

to some and a restrict restrict and a some of (08) raw sugar; g oup Grandma's Molesses; g oup water or put milk; \$ t. venille; 174 oup dates; 1/4 oup reislos; } oup nute or coarse nut meal; ? T saled oil or margarine: Cook sugar, mola ses, water or aut milk over low best, stirring bbe , Jaed more evened . Head flos a servel erateim litter ofl or mergarine, cool; add venills, best until firm. Stir. in chopped fruits and nuts. Pour into gressed pen, cool,

cut into squares.

(81) PASTRY CRUST FOR FRUIT TILL Memiure and cift into and broid this . J f took Whole Wheet flour; & t. calt; blend in: 5 T. shortening or saled oil; Add enough cold water to hole mo Juo fled . Hed of mi asso vitabil . rediegot erutxim lightly floared board. Fold over and fit into pie plate. (88) CURRIED RICE RIME: 2 chos rice; 6 cups boiling salted water; I t. sait; I t. curry powder; 2 T melted margarin or salad olly : Gook rice in bolling water until tender. Dr ain. Combine with seasonings and oil. Mix well and pack int e pressed 10 inch ring mold. Place the mold in a pan of hot water and bake in a moderate over (250) for 20 minutes.

(RECIPES)

(83) GARBANZO PIE: Cover bottome and sides of greased baking dish with meal mush or thoroughly cooked and sieved garbanzo beans. Mash well done carrots and celery, or any vegetables; Add 1 cup nut meal and 2 cup sunflower meal. Mix well; Season with cumin, thyme and marjarom; Salt to taste; Fill baking dish hich has been lined with the meal mush, cover with layer of mush and bake until brown. Various herb seasonings may be used to make a variety of flavor.

(RECIPES)

(RECIPES)

(RECIPES)

(RECIPES)

baring dish with meal much or thoroughly cooked and

sleved garbanzo beans. Mash well done carrots and celeral

or any vegetables; Add † cup nut meal and † cup sunflower

meal. Mix well; beason with cumin, thyme and marjarom;

Salt to taste; Fill basing dish high has been lined with

the meal much, cover with layer of much and bake until

brown. Various herb seasonings may be used to make a

variety of flavor.

ENA P.

(4) QUEEN ISABELLA GRAPE JUICE: (bottled; retains natural flavor; sugar free; much milder than all others) Made by: UTT JUICE CO: Tustin, California.
(5) CAMPANIA TOMATO PASTE: (..only skins, seeds and water

(5) CAMPANIA TOMATO PASTE: (..only skins, seeds and water extracted!) made by: Campania-1687 Water Street, Long Beach 2, California-Dept. E. Do not use Hunt's Tomato Paste as it is spiced. Use Campania.

BRANDED FOOD

(4) QUEEN ISASELLA GRAPE JUICE: (bottled; retains natural flavor; sugar free; much milder than all others) Made by: GIT JUICE CO: Tustle, California.
(5) CAMPANIA TOWATO PASTE: (..only skins, seeds and water

(5) CAMPANIA TOMATO PARTRI (..only Exits, seeds and mader extracted!) made by: Campania-1687 Mater Street, Long Beach 2, Callfornia-Dept. E. Do not use Hunt's Tomato Pasta as

it is spiced. Use Campania.

(16) German lentils are, in USA, called "Red Egyptian Lentil (17) Tdodine enables to eat fatty food. If kelp is eaten blong with avocado, for instance, it sa orifies the oil and dissolves it. "Sulses" kelp is the best, as from East Coast. The kelp from West Coast has fishy flavor.

(18) Fasting: During the first three days, while cleansing process is operating, it is necessary to wipe tongue at

least 2 or 3 t mes daily.

(19) The eater in which unsulphured dried fruit is soaked, should be drunk along with fruit perx puree and not thrown away.

(20) HASH: Steam vegeta les then grease a shallow pan, and

bake the vegetables after covering with seasoning.

(21) DISTILLED WATER: is so powerful a solventof deposits the Its frequent use may remove the enamel of teeth. Restrict it

(16) German lentile are, in USA, oslled "Red Egyptian Lentil (17) Idedine enabled to est fatty food. If kelp is eaten (long with evocado, for instance, it se crifies the cit and dissolves it. "Sulses" kelp (a the best, as from East Coast. The kelp from West Coast has fishy flavor.

(18) Fasting: During the first three days, while cleansing

(18) Fasting: Furing the first three days, while cleansh process is operating, it is necessary to wipe tongue at

least 2 or 3 times daily.

(13) The eater in which unsulphured dried fruit is socked, should be drunk slong with fruit were and not thrown.

(20) RASH:Steam vegeta les then grease a shallow pan, and bake the vegetables after covering with seasoning.

altenged to selve solven of the colored of the colored (12)

Its frequent use may remove the enemal of teath, Restatet !

(DIET)

(22) If salt free Tomato Juice is used, overcome the flat taste by mixing a little molasses with it.

(23) Drink breakfast tea neat, preferable sugarless. This is

easy if infused not more than 12 to 2 minutes.

(24) Almond Milk may e prepared by beating up almond butter (from stores) with water or shaking up ground almond meal with water in a Mason screw-lid jar and straining residue through muklin cloth

(25) <u>Cucumber skins</u> should not be thrown away because bitte The most valuable salts are in zhwm the skin. Simmer them

in soup.

(26) Silicon needed for heir growth. It is also entiseptic. Silicon foods are pess, spinich, carrots, barley, rye, oats.

(27) Nuts and Beans not only contain protein but also 50%

starch. This is why they must be eaten sparingly.

(28) Sulphured Dried fruits canbe detected because they are

light and pale, colored. (and digest

(29) Iodine foods helps to dissolve fatty foods that are eaten at the same time. They are: artichoke, spinach, planea ple, pears, strawberries and beets.

(30) Vega restuarant London, Salads include shredded Pars-

nips, seakale, and shredded carrots.

(51) There is gradation of alcohol content even in wines themselves. Port and sherry are heavy, whereas claret and burgundy are light.

(32) <u>Dried Nectarines:</u> Soad and soften quickly and make a delicious dessert without added sweetening. Need no cook-

ing.

- (55) I Seldom eat in public restaurants, partly because my special diet cannot be had there and partly because the presence of a crowd of self-conscious enquisitive people creates a nervous strain. I dislike crowds, they make me uncomfortable. It is so much pleasanter to eat at home, by oneself or with a friend.
- (54) <u>Vega-Rinse</u>:Cleans vegetables and fruits chemically.No rubbing; no dirty hands. Easy. Takes 3 minutes. Removes dirt, all insects and sprays—costs about 1 cent per meal—may be re-used. VEGA-RINSE, 535 North Noble Street, Chicago 22, Ill.

(THIU)

(22) If salt free Tomato Jules is used, overcome the flat .tl ditw assassom slittle moixim vd edust

(25) Drink breakfast tes nest, preferably sugarless. This is

easy if influeed not more than 19 to 2 minutes.

Almond Milk may a prepared by besting up almond butter (From stores) with water or shaking up ground almond meal with water in a Mason screw-lid ist and streining randons through mealth cloth

(25) Custaber sking should not be thrown away because bitte The most value le colts are in them the skin, Simner them

Stiticon needed for hair growth. It is also entideptic. Millor foods are year, suinteh, carrots, barley, mys, oats. 200 cals jud alejong mistace vine for aread but slag (79)

stands, This is why they must be esten sparingly.

(28) buildmand brief fruits can's detected because they were

light and pale, colored. (and oisestver utty foods that are enten of the came time. They sees aftichoka, schmedn, planes play perra, stran erries and bests.

(30) Vega restuarant London, Salada incinda siredded Paronips, sesbale, and shredded carrote.

call there is graduled of closed content even in wines the devale asovedy, where he deep as day, whereas claret and bureundy are light,

(SE) Dated Mentarines; Sond and soften quickly and make a -does on back . Bulnede we bobbs duodity drange auchoife be

(55) I Seldon set in public restaurants, partly because my edit camaced tilitac bus event ben ed domneo dello islocce effore swittelepus suctoence-lies to brove a to comesand on oxer weld , abrors sittle I , mierte aboven a sedanto ud .emod fa Jas of red manaly flows on al fI .aldefrommonau

(May Verse Cleans vegetables and fruits obseinsly, No. rubbing no divty hands, Easy, Takes S minutes. Resoves dirt. all insects and aprays -costs about I cent per meal-may be re-used, VEGA-RIME, 555 North Noble Street, Chicago 22, 111.

VEGETABLE SOUP: (MRO Stevens Recipe)

2 cans tomatoes (1 1b-3 oz. size)

2 sprigs Parsley (remove later)

2 leaves of Laurel (or Bay)

1 pinch of Thyme

2 cups of String-beas cut in small chunks

6 cups of chopped celery cut in small chunks

4 heaping cups of chopped carrots

12 cups cold water

tsp. MAGGI if desired.

Empty tomatoes into cold water-Bring to boil briskly for \$ hr.

Add Parsley (remove in 20 minutes as it gets dark)

Add String-beans

Add Laurel leaves

Add Thyme

Allow to cook(brisk boil) 15 min. before adding Celery

Allow celery to cook 15 min. before adding Carrots

MAGGI added after carrots have cooked....
Best soup can be made by allowing the contents
now to simmer for 1 hr 3/4...but less if you
desire to eat the vegetables...the above suggestion is made if broth is the object...otherwise,
allow it to continue to boil briskly ½ hr to 3/4
longer after the carrots are added, or until they
are tender.

VEGETABLE SOUP: (MRG Streng Recipe) 2 cans tomatees (1 1b-3 os. sise)

2 aprice Persley (remove later)

2 leaves of Laurel (or Bay)

I pinch of Thyme

2 cups of String-bems out in small chunks

6 cups of chopped celery cut in small chunks A heapting cups of chopped carrots

12 cups cold water

beriseb if ISDAM . qat &

Empty tomatoes into cold water-

Bring to boil briskly for & hr.

Add Paraley (remove in 20 minutes as it gets dark)

Add String-beans

Add Laurel leaves

amwill bha

Allow to cook(brisk boil) 15 min. before adding Celery

Allow celery to cook 15 min. before adding

Carrots

MAGGI added efter cerrots have cooked .... Best soup can be made by allowing the contents now to simmer for 1 hr 3/4...but less if you desire to eat the vegetables ... the above suggestion is made if broth is the object ... otherwise, allow it to continue to boil briskly & hr to 2/4 year liter to behis ore stores out ratio remool are tender.

-To don cap and bells and act the fool -H. Blavatsky wrote a remarkable work "the Secret Doctrine" It is a huge but fragmentary collection love vises on ave the -Sedentary civilians arrayed in the costumes of Marsi -Some of these traffic trifles which ruin lives at a his it--It is an ignorant ascertion and gross sophism antiqueval are -Ignorant and insolent duce bedulen about -- Doubtful and dangerous Latt Islaman Pf ... wile can well afford to make this courteous concession to -There is enough truth in this statement to make it possible It reveals a remarkable capacity for self-delusion of account -The calmness and wisdon, the beauty and joy -Tustified fear The progressions of met ideas on -After he passes into the innermost center of his being. he feels that henterthat centeralvib a to marris formes off--He has to sit nightly in judgement upon himself-no longer immured in time -He draws away more and more into himself from the extermineye at these events nal world -The first step must be taken towards conquering the intellect's bestlessness inve combined to cometice -Here we stand faced by the final paratox a backet pass off-4-In a world of weakening religiosity -The trance will lift from his mind mino baldinesters -Tike far hear strains of music notered lausing on averdad--- the genuine votaries fullainothe na-modeso lesto fugotte. -- cheap charlatanism -cheap charlatenssm
-war stops disputes but does not settle them. -- so still it was in the dying sun ddagodd to ableit desti--this dull-faced devotee to bive avoices -- entities of early of -- people with petrified views --people with petrified views
--we have a glut of ideas but a scarcity of goodwill
--it is the central code of man
--the stiff squatting figure of the faqueer -Such a love grove silently in up as -redocute at but as of suctros elistic of the Blat -The broth which I find in Plate's page

かまま型的 Look and don hos alled hos one nob of--The wizerdry of his words of his words of his words of his words -Or are we realy evolving? allow vendoosparl fund outs a al al -These peddlers of platitudes bevery smalllylo yrangebog--If this is an exploitation then they ofthe desait to speciare inventing a new vocabulary s golfreson duerount as at fi--This printed cant dualogat bue SucrousI--Financial fuel appropriate but Lithhoust ---Cultured and thoughtful people and the lies are -Base betrayal of trems of a alid at atout dance of orest--Cross the rational boundaries of knowledge yot bus yoursed only mobels his manualto only--The progenitors of past ideas on Tool belight this subject in to reduce ducarment and old seemed of warfa--The secret stream of a diviner life flows ceaselessly benaeath our mundane existence -I sought out the philosophical analogies of these events -There is a totality of thuses which days and and the have combined to campaine sname liter state lister -To pass beyond the travial of trans- hoped break or graffwithout ter animaline to biron a milmigration -Untroubled calm - One trance will lift from his mind -Betrays no unusual torsion of the only and the contract intellect -the gangine votaries - Wirmyketvofesston-An Editorialist but not an editor a writer of news--- so still it was in the dying our -Fresh fields of thought e-this dull-faced devotes These headline-seekers, avid of -awely beilinted ditw sloompublicity. -Solemn celebrities, long of beard and seem to July a evan an--Willarouse curiosity in sme and man to shep lantmap and al file and contempt in others Teaupal and to erugit anithanga tilita ant--Such a love grows silently in us as the young grass -Is curious to us but is characteristic of the RAst -The truth which I find in Plato's page

The Hindu is highly imaginative on you mad one love -Is it but a vain quest after the incomprehensible? -- Have they the courage to renounce fetishes? -- Or toy with the newest oulteroval end evisees of beengs on Losophy no longe -- the inner image of himself. -- the fine felicity of a concentrated mind. -- the sereneecenter within the flickering mind. -the soul exists in all mento massb albi out Jad Breeze--triaph over the goad os animal glands evel fed I of Ten--venerate this antique truth of borne mand tande of bline it constitutes a mystique bend off the dans -if the vibrated gut of the violon can kindle the most excuisite human feelings -his task is to become aware of his truest self-oil alays and 1-let us give our adherence to this new-old hope -it is his private escape from public misfortunes -man needs to make a new estimates of himself soldsenes sat--mystical views ans practices estovis to colet de w aredalfing -to transcend nimal behaviour similar pione patter. -the riddle of live is solvedonce and foreever and bashan--the untroubled calm . Dirow slow ent no was toons -1 value my spiritual independence and sail sat more asiat one Isotrotaid it hi greent aint to noiterable nog E of asso Iassects. -- Inflated ego.
-- The high cost of gullibility no anidamoparael vem oninterest of months. -- The religists formalists.
-- Blind ideological loyalty. .oldaliset -- Carried away by vague messianic enthusiasms. - The earlier attitude from which I wrote. - A small audience for its written expressions in these pages . bebrowed . bel' hered -- A carefully balanced psyche is not their aim. -- A self centered parrow and ungenerous view. do do do di The bou -- It will yield unexpected and undesired results. -- So glaringly devoid of spirituality. -- In this mystical thought-world. -- We must regard them as emotionally ill persons. -- The quest usually begins in sorrow and ends in joy. -- his figure no longer elicites respect, his voice no longe rings true, his philosophy falls flat. -Such a curious mixture of enightening truths and exaspers -His beautifully-balanced character. -Let us pay tribute where tribute is due. It is not enought merely to denounce ABCD. 12950 CHENERS)

-- My profane pen may not be to the like he of -- We launch this little craft with hopeful sail grainspread to receive the favorable winds of dir vot If philosophy no longer flourishes from the savage to the civilized man -- a doctrine which can win the heart and eng -- seems but the idle dream of a heated brain live --nor do I believe that a matter-of-fact world would be other than bored by it. I emerged with an acceptance of the idea -- Nor is it the effort of a mere Utopian or wordy sentimentalist. -- The mysterious beauty of daybreak. -The serried multitude of twinkling lights. -The planets which move around the sky in their circular course -The sensational newspapers who enliven the dull Sundays of Britishers with tales of divorce, murder, catastrophe and similar pious matter. -England, this little western isle which has made such a great mark on the whole world. -- who talks from the lips not from the heart. -I pass to a consideration of this theory in it historical aspects. -We may learn something, on this point of consulting the past history of mankind. -Better than being vaguely idealistic is to be definitely realistic. -- Carried away by vaque messianic enthusia was. -These weekly page of superficial reflections on subjects of the most ephemeral interest. The asi not esheines flems A ---Some eighteenth century grandee, beruffled, besworded, and with coach and six waiting at the door somelad villageras A--The boughs bentunder the weight of the snow. -But to say different is to draw a very loose inference from -is in no danger of overworking his organ of cerebration - we may test this thesis by examining.

Mentally they are still adolescent.

But to see that is to overetate truth
I would ad as a corollary to mr X's views that....

Regumentmitted an essential cog in the making machinery of his -- His beautifully-balanced character. friguone / ton at il . eub at educart era w etudirt vac au fai-merely to demounds ABCL. val(1) (PHRASES)

just in ite the causes if we want to see the effects weste w rthy plans and put them into practice. if we was to see a better life. ( ) He should trace his thoughts down to the roots and completely clarify his feelings. ) "Experience is a teacher good and true, but he demands dreadful wages"-Thomas CARLYLE ( )It is neither necessary nor desirable to dispense with institutions of religion. ) Never before has time pressed so hardly as now when the final crisis of humanity's fortunes is approaching. Anyone can give his guesses as to how the problems shall be dealt with. )Soured cynics might well say that present conditions are a mocking gibe at our futureless generation. ( )We should make searching investigations, if necessary. in order to get at all the facts and all the truth about each problem. )It is an effort that is decidedly orth while, whether it fails or succeeds. )Hithertoe, the little thinking that has been done on the question has been confined to a harrow circle of experts )Those who would like to usher in a utopia must fly to some other planet. ( )Ideas and practices concerning it have changed with the changing history of the world. ) It is hardly necessary to waste time in abrupt criticism of these fancies. )There is in every man a power stronger than despair, mightier than failure .- the power of the higher self. ---- the true and tragical fact that ... ----to inspire cynical youth with a vitalisingly new ideal. (XVII) Do not act so, for it will invite a punishment that you will be powerless to escape. (XVIII) If the mystic does not argue, neither does he attempt to persuade. Neither the content nor the tone of his statement pleased me. There is truth in every word of this long statement. I have no desire to push this potentate of Philosophy from his throne. ) He has become entangled in the cobwebs of his own thought. There are thousands of human rabbits hidden away in poky warrens in the slums. (COUNSEL) The instructed Chinese, Indians and Persians lie, low at the Winter Solstice, resting, reposing, contemplating and regard it an unlucky day to regin a journey or enterprise

afourte ent use of dates on hi seasons and at the countries Kente a Mary plans and put thes inte practice, if .elif redded a see or one ow completely clarify his feelings. disperience is a teacher good and true, but he demants It is nother medesary nor destrable to disconse ancieties to annihilitant nite the Line crisis of busedity's fortunes is emmoching. kneeded on the old es as come ald evin as enough sun II be dealt with, and women and out our future one general tion. The should make searching investigations, if necessary, in order to get at all the facts in all the bruth shout It is an effort the is decised at and frothe an at II it falls or succeeds. he ence here that the their the ness been done on or vil Jaya alcoby a of noder of sail sloop one occurr Jeanin thito. It is northly necessary to meste the in shrupt There i in every men a power accorder then despoir, Miss then is laws, the comes of the nigher self. ... Just Jor'l Isolyend bas curt said-fedt themisimus a silvat IIIw il rol os tos ton of (IIVX) you will be powerless to esdees. (XVIII) If the mystic does not argue, neither does he attempt to persusde. Meither the content nor the tens of his statement pleased me. . Insmediate good aid to brow wave of direct at ered T I have no desire to push this potentate of Philosoony from his throne. He has become entenuled in the cobrebs of his own . Jilnuorit There are thousands of human rebbits hidden away in poky warrens in the slums. (COUNSEL) The instructed Oh to Indians and Persians Ite, low at the Winter Solatice, Status, reposing, contemplating and regard it an unlucky day the serin a journey or enterprise (011.0)

--Romantic rubbish, packed into literary form by our novelist
--One needs an arcadian sense of humour to appreciate this
statement statement Sathering of low of the study of our moof edf ---- Who pretend to penetrate the mysteries of newson at med--- To put into more precise form animal news of at new ---- To a transiont 18iterer like myself and stad gard dama on ---- Behind the mystery of the editorial menos to notisids ma---- Schopenhauer, the lonely thinker of Danzigh and trendsto--- Provides the only right and satisfying solution of this intricate problem -- Foresaw and feared esent of ni nwob redfret elffil e qtb oT---- To disseminate the principles of spiritual living eved ew--- Clairaudience- the ability to hear voices -- Clairaudience- seership and along all the seership and all the seership and along all the seership and all the seership all the seership and all the seership all the seership and all the seership and all the seership and all the seership all the s -- To uncower the truth within man same offitnelss your lo -- And Wifey wit he low-wal and to ano led odw au tot ton at fi -scientist for his -- Inept and incompetent persons -- This select and exceptional case of nature -- To fall into the perilous sands of self lav yes to sidt al---- The historian who looks for dry dates instead of living sonages asser bus selbure va mort betitened evad odw esoni--- Secrets known to the progenitors of our own race fevery you -- I found it while poring over the shelves of a bookshop in-Florence -- The philosophic wiow of life. --- am no vigorous Bohemian who slaughters the night wholesale, yet I like to books -- Some fatalistic feeling numbs my efforts ruser Jonnes of--- The austere asceticism of Buddhistic monks awaiv va ned W---- The visible self atd to arouse end of alatromes ers yen ---- Preoccupied with personalities and the tolerated ent---- Whenever man enters his interior being alsover eno ent---- His distinctive and divergent personality-flee gailduorT---- The rapid vicissitudes which affect human life today of W---- The terrible arbitrament of war -- To drag in the unpertinent and unimportant your s to Asm A---- Establishes a claim on our consideration agont estaw off--- We are no longer preoccupied with the pasted evods 1802 ---- We cannot move confidently through lifeor sucluden esent---- The spectacle of successive births in the worldard eschio--- Writers who climb over the wheels of the printing press to fame -- The Pompous hollowness of his phrases. -- Under the light of a multitude of stars as a bedieva-groi--Peflecting with undisturbed mind upon this noble theme of the standard of small reverse before the bottom of theme of the standard of the stan

-- Man is but a soap bubble til ofni bedese disiddur offnemos---- The inward refreshment of soul sames naibsons na sheen end---- He has been raised into light statement -- The book contains a brilliant study of our sorrow-laden age -- To face the future blithe and unafraidened of busters offi---- Man is forever finding -- Man is forever finding
-- Ride off on their strange theories out of reason's sight ---- We must bring this truth into the conscious mind -- An ablation of consciousness the self to gradaym and buildes ---- It is a fenciful notion to remain viene! ent remainegedo8---- Disheartening doctrine star bas bas dayin vino sdd asbigor -- An assumption of arcient pedigree meddom edacidat -- To dip a little farther down into oneself too wasero ---- We have attempted to fathom these questions and anti--- A man who is actuated by high ideals de end -- on abbustal ---- Will provide startling facts that should shake the basis \_\_ of many scientific dogmas scientist for his scientist for his and req the demonst but denI--- I was determined to tear the veil aside we has dealer sid!---- Is this of any value to us to av? of the other of ---None suspected what deep thoughts his cranium carried -Those who have benefited from my studies and researches, my travels and experiments to language of at at award ateroed ---They assume a superior attitude without justification. ---- The philosophic view of life. Some of the teachings lay gidden in the pages of my earlier of eall I day books. -- We cannot return to a somnambulistic medievalism. -- When my views shoaed themselves more clearly. Telaus off ---They are memorials to the errors of his mystical youth. -- The patterns of espact age edd Lindos on dit w beiguosoe 1---- The one reveals its virtue as the other its venome -- Troubling self-criticism does not come to them. -- Whose proffessions are so big but whose performance is so res fo domandidas eldivred ed" ---- A man or a movementsquitau bas Jasaltraquu aff at marb oT---- We write these line s not in soorn but in sorrow. -- Soar above the level of facts it wooden regnol on era ek---These nebulous romances of occult dreamers. -- Whose brains become somnolent, whose power of independent thoughtgismlost; and To alpany but revo dutie only areditW ---- The Pompous hollowness of his phrases. --long-awaited messiahes of about them a to their edt rehou---Messianic complex. Darm pedratellar dark salts effer --Nothing they predicted ever came to pass. --His mind must be freed of these chimera s.

```
-- statemen and senators -- faltering faith -- a--
-- character is partly a consequence of climate
-- where the weight of centuries lies upon wasnot sport
-- this odious and odorous person membraem to admende--
-- his manners are preferable to his morals daiog of-
--it is a bright star in the firmament of service---
--Bitter Byronic satire ---
--in that high calm presence of our creator avad av---
-- the impartial use of reason -- are these matters really beyond human ken? -- if my pages are but a tissue of arbitrary statements
--Gross humanity
--Truth embedded in error
--We imagine that our being is conditioned
--We walk the narrow limits of our individual lives
 -- Gross humanity
                                                                                                                                  --can confer
 --Priest-led people
--I have tried to tell my story temperately
--Staid and stolid
--the deep interior quiet
--a self-seeking and power-grasping character, inflated with its own importance
--a vision created by his own vivid imagination
 -- with its crabbed and petty concepts buong ains ---
 --our light is their darkness to of east to 
 -- a supple modern system and not a stiff antiquated on
 -- philosphy alone satisfied the whole being of a
 -- the noble elevation, the calm dignity
-- in that strong light, all pretensions vanish
  --to find its redemptive presence --what is decided within the mind is expressed with --
  the life -- our chains are forged by our own thoughts of amena-
  -- such as the suggestive strength of this truth
  -- it is the parched sahara of metaphysics
  -- the true pedagogue will train as he teaches
  -such an argument is transparently unconvincing
-a rise in emotional temperature
-History has assigned this task to such men
-the old village church with its lovely green beauty outside
and its deep religious peace inside.
    -reverential fog of its doctrines
-we can find only degenerate, egoistic, imperfect human beings
    -- the mind leaps about like a monkey
-- the meaning of this mysterious interaction of personalties
```

-- a startling symbol of our decadence bus demedate ----we wanderers in an interminable of last a al eredi---wriggling theologians peaned a vijuag at rejected-Elecutionary demonstrations without to Judiew eds eredw----moments of merriment nosted sucrobo bas suchbo sid--God-Seeking souls stastaless on about lessevo ad----- to point the paraffel between larg ers stends sid---- superficial or second-hand thoughts shind a ai ji----antiquated attitude anti occultism ones restile ---we have forgotten to be some and miss raid sand ni ---its influence is palpable in to san faith and ent--pleasant poetical prose of viser arossam eachs erasplendid and surprising outsit a jud era segsq vm li-passion smud 22070---- can confer -- Prudence versus --sophisticated civilization Tours and bebooms nour ----philosophers and fools
--proofs that none can challenge or few dare deny
--to decry or disparage other teachings -- who make mysticism a cloak for their desire -- so pregnant with starry possibilities of bas bisde----determines our destiny --determines our destiny Jelus Tollesini dees ens-thought-provoking truths 3-16wood bas gaixees-lies a---- reading the precedents of past history we may well wonder if -- to arrest the vagaries of the mind,
--will seem strange and fantastic to modern soul -his thought penetrates. His conclusions are final --Peace rested on his face
-conceited charlatons --sects and systems
-complacent cant --bliss-bringing event of --this age reverances its revolutionaries -seems to totter to its fall -if I quote these queer spasmodic phrases of his -literary luxuries --done from design -- prisoners of social prestige -prisoners of social prestige -criterion of conduct -- these mournful matterin - pedantic prejudice -- bombastic blas -he has scaled the altitudes of mysticism -a museum of mouldy creeds --literary parrots -by a succession of births, man may -before we wander away into wild realms of myth and etaphysics, let us --subdues me into somnolence -An Arctic stiffness steals over a man's face when -those who occupy prominent and powerful places in the land

-- the ancient and dishonourable fraternity of thieves -- these clever though flimsy philosophers of our age -- the sneers of the cynical ageb ins sinemineser enj---- stupefied spectators -- arebuke and a reproach sub ofni yawa belbniwh sai---- that sublime and solitary figure of the mysticed ---- the spiritual fog which covers the West muldaro 8---the monomania of modern materialismussaliesni sids---- Time cannot take away --rotten rigmarole -- vendors of the priceless wisdom of the gods of ---- the Inward Way -- dubious desires for -- the demagogues of modern democracy fud aniston al---- The idea that ---- is a moth eaten relic. To it I-would say, "Requiescant in pace!" associa betalumiz --- is a Talse phrase land orew sevsel landmedges end ---- frequently and fully ed bluow as suclamons as al---- crushings calamities -- Time hangs on our hands a legitgese ent tadmos of -of the modern Occidentals -- into the dead past. -- Lead us back to rural porshits quest berestana eds---This task of hunting down the meaning of life. --I rarely remember so tasty a specimen. The find ai-Its lure lies.
-My whimsical philosophy may. Taym olds but false.
-To arrest the attention.
-The smug and satisfied. Inwa to Jacques and vece of-Chitics will down. -- Critics will doubtless crow over this statement, but. -- To ransack the refuse pile of abuse for his os of -vocabulary.
--Many have believed, and many still believe, that.---To drink from fount of divinity. ness vilase -- Is to become life's lord. -- The divine Secret, so unsuspected by errogant men. -- Haunt us into a state of undying question elderomem -- Rapturous resurrection of luow en eyeb reliase ni----Love goes a long way.
--But only to worry about 100 ain to asine one and ---The one is impossible; the other intolerable. -- Dictums and declarations in a vitaperative vein. -- He wears the bright badge of -X - end negrade od ---- Lost leisure. -A dignified death, siz end bessors onw . nam slid----To hope for the comin of the kingdom of -X-ey 003 -- who are so eager to found new apostolates

-- to pass from the conception of this plan to its execution. -- Man must fulfill the higher purpose of his being.
-- the resentments and depressions of frustrated desire -- has dwindled away into dust desorger a bus exuders---- the foreground is filled with on bon emildus Jadi---- a cranium overcharged with watery matter -- this intellectual offspring of mox -- sinamonom end--- Time cannot take away -- rotten rigmarole -- the palpitating pages of lifesoing end to problev ---- the Inward Way --dublous desires for -- is nothing but a dull digest of -- X-- 's ideas -- taught in parable and paradox \_\_\_\_ Jank soll on \_\_\_ -- simulated success "loos at the select" vas bloom -- the septembral leaves were beginning to fade -- is as anomalous as would be a cultured crossingsweeper -- to combat the sceptical and suicidal civilization of the modern Occidentals -- the shattered temples which now record the Past --secret sanctuaries end awar and and to wast aidT---is but an apparage of the Soul redmemor ylers I---- saint and stoic, mystic and prophet issismidw yM---- Here is an inward strength to --to copy the complacent ---when we retreat for awhile to where our innermost can be found -- to come forth as an accredited expounder of the higher life --this paradox of a passionate philosophy! -- is a piece of pleading through which one can be -- Is to become life's lord. easily seen --Compared with --X-- Sones is a stammerer --Man will date his day of spiritual birth to that memorable hour when alvegu to edada a odat aw tqual -- In earlier days he would have been given to the gibbett -- the sorceries of his colourful syllables vine Jud---- Is it but the fevered fancy of some delirious -- to sharpen the razor of cutting criticism upon the --- this man, who crossed the stage of philosophy 500 years ago mobania and to mimos off not equal of--- courage animated his pen -- who are so eager to found new apostolates

-- self-complacent people are satisfied with blind of--Illusions -- These sescapists won tvface reality rello vigosolling---- Danzig became the tomboof Hitler-and Greece the sto-grave of Mussolinio ancienes bas asmemrebiliwed eds ---- Truth and ignorance cannot co-exist in the same wind -- Is butoasforlornifarceym lo slasd isolaydqatem edi---- Like an old -X- who blinks benight atoland edd ---- These peripatetic pedlars aw blrow end to seels end ---- in vigorous verse vnitaob bns suines ---- when the Indian doctrines were lunknown and unmention--- long cumbrous learned -- looking good ni be -- To couch the lance noffecontempts evideogaorint ainit---- these misleaders of modern thought al Jasq and Jud----hands Joutes odw , singthedform of elduort odw esodd ---- carries perplexity and not truth to ears acceltue de occlesiastical baim sid no seanigmi sebi ne dous nedw ---- it is a task undertaken by few pathisles sanetal as---- those who esink coutyof the senses winted don Illw ed---- in the few minutes of leisure spent in quiet am Illw rejoarano beensiad-vilutijused sid ---- is as sincere as the word "love" Jin the mouth offit-a prostitute earga of ; gains eno al Jalas a evever of ---- this task of hunting down the meaning of hife Iv ald -- I rarely remember so tasty a specimen of a Illw ed---- its lure lies -- my whimsical philosophy may 29 19 -- to arrest the attention -- the smug and satisfied--- trots the bogey of -- Y-- out of its dismal haunt--- critics will doubtless crow over twis statement but--- to ransack the refuse-pile of abuse for his leb and-vocabulary, vijneupeanos bna animalni aid eoneulini --, we ebegin to perceive III jud auolg azerij ---- Many have believed, and many still believe, that ---- to drink from the fount vof edivinity eved one seed ---- is to become life's Lord. direction are noticerib -- the divine Secret, so unsuspected by arrogant men ---- the uncertain course and unstable equilibrium of ---- the so-oslied United Mations worldly happiness. -- He will to pass from year to year with the growing assurance thated and moliquored Laudinique dilw bedlig ---- Worried by the hazards of war, fatigued by Its ways tasks and anxious over its degacies evon Jasta viev A----without putting all my facts on a logical parade sous -- the misteps which led to misfortune; the futile mid wanderings and painful blunderings. Illw JgebA Iser A---- it is his fundamental nature --little by little he will see more and more clearly in the dark.

-- to sit serenely absorbed in this loving union withthe Overself -- philosophy offers human striving its sublimest and ---- cranky cultso bas-little groups to fafanatics mixned ---- the bewilderments and tensions of nour age to evern --his deepest atrivings on Jonnes conground one djurt---- the metaphysical basis of mystical experienced al--- the hurried flash of dinsight only -X- blo as extl ---- the close of the world war brought ite square exed ---- genius and destiny -- in vicerous verse -- the yearning to lift his activities to a higher ow--- long cumbrous learned-looking words. of be -- this introspective soul-searchingonal and nouse oT---- but the past is irrevocable bom to stebselsim easil---- those who trouble to plumb depths, who cannot stop -at surfaces area of digrit fon bus ytixeldred selvres ---- when such an idea impinges on his mind solvasiasione -- an intense self-discipline newstrebne west a al di----he will not be kindly or cool by moods; equability -will mark him out mage caused to sequals wet end ni---- his beautifully-balanced character -- these snining sentences with help him erecals as al---- to revere a saint is one thing; to agree with alle a his views is counterenother nwob animud to west slid ---- he will often have the feeling of the master's I -presence vidosoling lastamidw ym-- . self eruf ati---- they hold that X -- we hold exactly the opposite ---- Let us seek the benefits of X--without its horrors ---- Actuated by vague humanitarian feelings Ilw solfing---- the delicate balance of personality is easily upset--- influence his thinking and consequently shape X----- these plous but ill-instructed people aw . --solemn preachments its yasm bas bevelled eved yasm ---- those who have the capacity of rational self-in of-direction are not many .brod a sill emocad of al--- when he sees this truth with mountain-cleamess -- epoch is supposed to accept the supremacy of my edd ---- the so-called United Nations worldly happiness, --unwise and unworthy of racy mort aseg of Illw off ---- gifted with spiritual perception far bayond the goals average vd bemaltal . new lo abrazad out vd beirroW+--- A very great movement centres around a simple shad great personality; the force which flows out from him spreads centrifugally im of bel foliw ageralm ond ---- A real Adept will not intrude upon your free will now ornitan isinemsbaul aid si ji-virsely erom bne erom see Iliw ed elittl vd elittl -in the dark.

-- Is it a mere dream or a solid actuality -- It is merely to make a terminological concession -- the doctrine reaches its finest bloom in the idea of -- We do not penetrate deeply into thoughts wante ent--- In its presence all life becomes enchanted to the -- That pitiful world of the metropolis of rebou need ---- Manhers become a mask when they have no soul -- Do we exist but for the life term of the body only The proximity of some people depresses one. boom a -- Post-mortem praise is not helpful to a manager 190----is a succinct slogen. Add white saw was end nerow-A politician is at the mercy of public opinion. T---It is big with possibilities for the future. -- In our private hours we realize vilve of al nedT--- Creep through the centuries to lo asnemom dald edT---- The abstruse abracadabras lo sidning instillm osedT---- by a process of spiritual chemistry, and lo sners -- dumb with sorrow -- say that is to overstep the trutheld besides edi---- to make life more significant assigned but wew--- the genuine being of man, the Overself as erass of--- they are determined to be dull, those authors median -- life is full of unshed tears to duo as ersos of---- a beam of moonlight fell upon him bas no evem eW-But before I shut up this book of life mible erA----Pleasure and penitence muncoeb to maple end new ew---Dastur writes with a sword, not with a pen-blow A---Europes awful aftermath of anarchy. Ilub a bad eH---- Patchwork politics and benefine atalinates and nedw---- Pervently futile to vaccolled-nland-bas-lewed edT--- This saintly and seraphic person evitores as the cl---- Fools stock the race; wise spirits depart to other planets
--Philosophical talk but as a guide in the practical
affairs of life.
--Like that demonic energy which Russia drew out of w planets despair. despair. -- These plodders up the crowded slopes of Farnassuar ---- Who lived only to plunder the hearts of women at -- The serpents of lust crawl towards man as joobs of---- As paradoxical as the who accepts life as real with one breath and denies it with the next alwards -- In smug sanctuaries. immortal .- Is to fall into absurd abstractions -- Pompous prophets quos Illw ytisassen aeriuper mobalw tadw---- Devotees of to-day rolonovac geeb a shem even aretasm ent--The portals of physical incarnation illes aid asis ad--there come up for criticism the evils o anthoset to bontem thelta athtewho burn incense to vanity

villantos bilos a to maeto etem a ji si---- Even an appeal to the oravle of History brings forth but a cryptic response -The entrenched power of this earth seed to be well--What can silence and stop him?
--Seen under the illusive beams of the limelight.
--Amoutations and imputations a good man. asserted lightly on him for he was a contental nonsence of Yoga? --When the sky was dark with unpaid bills:
--The limitless love, which brothers every sould on earth. -- Then is he verily a saved one saved adaying two al--- The high moments of our interior life would go to---- These militant knights of the-who stride into the arena of the West with vizors down and bared blades tilting against the--- the practised pleading of the two are -- Weak and spineless mortals that we are -- To scare us out of sensible thinking and calm contemplation -- To scare us out of sensible thinking and calm -- We move on and walk away down the centuries -- Are hiding to-day behind the veil of dawn. -- we wear the cloak of decorum. -- A world hurled into the chaos of the great -- He had a dull mind but a smart appearance. -- When the scientists entered the spiritualists -- The bowel-and-brain-philosophy of materialism -- Is but an abrotive dream -- trip from my tongue when I read the and woods sloos ---- Spinning out vague and useless theories. -- Inspiration-that feeble jade-comes not to our call despair. -- The empire of stupidity Lacixobaraq sA----- In this democratic and daring time -- His wisdom is incomparable, his words shall be immortal encitosatada bauada ofai list of al--- what wisdom requires necessity will compelledgong asogmof--the masters have made a deep psychological study of man over--but alas his selfishness hampers him btvevery stepatron od ---there come up for criticism the evils of -- this silent method of teaching -- who burn incense to vanity

-- This delusion dates from the -- to continue no longer in this world of changing things -- cruel criticisms Pagan maids and Pious men -- is to quit the very question we set out to solve -- to proscribe and penalise the poor outcasts -- who are strong in language but weak in logic -- to walk the road all the way from cynicism -- Who springs from the gutter to a gorgeous mansion -- And help this crippled age to walk again -- These Messiahs of the Millenium -- The anatomist working with his scalpel and microscope. -- the world lived in a war camp. -- I hear low murmers on the lips of -- The dazed solemnity with which we receive Vallage 13 -- Memories come back to me of laludate deleg mi -- Memories come back to me of -- And while I wonder about this, a voice whispers to me. alsey -- Ill-informed and irresponsible. -- they have raised a pyramid of arguments on a base of mere assumption -- Dawning spiritual consciousness believ emos benous -- State-paid superstition in an Established Church. -- in the dim morning of our past. --We prefer to concentrate on the few cases where -- Discussion and debate -- The few bricks which are all that remain of Babylon -- Will shake and shatter the influence of materialists throughout the world. --This is a peremptory point which must be obeyed --Whose Brick-fronted houses are dark with time --A memorial of its olden beauty -- with the attention-catching quality of Thunder -- To see beyond the horizon of the commonplace -- The soporific spiritual state of Europe y Jag al---- The Paupers Paradise nes - Intellectual ice . . . -- The world moves in a maze -- In To nolilbard mrow-gode ----Like some joyful juvenile -- May test this truth very easily nevew Ilew yem ew ---- This mystical verbiage conceals many hard facts.
-- They would do better to discreetly withhold their prophecies -- lies in the limbo of all chimerical doctrines --bewildered and bemused readers -- will not reconcile man to wearing his spiritual regu

-- The dope of honeyed words and polished phrases of---- We may compose ourselves with placid face andid--- In running along an impracticalbe and illusionary -railroad -The soul and body of man lie in a state of sickness --For you had no true title to it in the scales of \_\_\_\_\_ Spiritual Justice was end its been end also od ---- A poetic people of restaurant and more control of the control o -- Then we may still cling to one ever-floating bugy -of Hope -- A greater England than this narrow age needs rehabitation. -- Who will win swift strokes of action from the of I-treasury of -- Then in quiet oracular tones he gave me a personal message predictive of certain events and also of the \_\_ lines my mental evolution would follow. The years which have since passed bear witness to the extraordinary truth of his prophecies. Better than this he touched some coiled spring among my audicles animad ---- To throw ourselves into the public forum ag-edate---- The spiritual speculations of our time with end ni---- is to perpetuate a foolish presumption of any ow----no austere asceticism --no austere asceticism

--who prefer dead guides to living Masters of well entr
--I have not noticed the huge crowds surging from the slums to hear the -- the sense-conquerin | Willing vrojamered a 21 aldT--- the common conception of se such bejootl-waits eachw-throw and twommuound. --pleasantly pre-arranged sed neblo sti lo lairomem A---an able and astute man amidotso-noitned a ent diw---- the explosive energy of original thinkinged ees of---- to let off the fireworks of witinigs office edT----is petty and paltry estbara arequared ent---But the reality is that easy and sevem blrow ent---a saturnalia of the sentimental yearsomeb to assign---- shop-worn tradition of -- Like some joyful juvenile --stilted style of
-- we may well waver before the menace of a new days --- recalls and rivals the fine saying of soldaym sint--- who deem us incredulous and mistaken manoluow yent---- large and lofty conceptions prophecies -- lies in the limbo of all chimerical doctrines --bewildered and bemused readers --will not reconcile man to wearing his spiritual rags

-- I-have tried to strip truth of its theological trimbings, ---No less by the spiritual seeker also Iggua eyawis Jaum X---The practical and preside Chinamenupmos bas shortness of--This aged face of India's culture; evicame laidseles edT---He is able to everge from and return at wills from this audiT---- When the function of thinking is wedded to not some and -Surrounded by a circle of disciples consciousness -What is the thought pattern of his liferalgant bluods #I---Situations of every nature -- When necessary we must bow to fatesigoson neall ---A faulty conception of life to sail anutions and to Jun ---It is a self-certifying experience amuo'lal amos mward avad -Then philosophic insight provides the deep inner foundation -of a popular religion, that religion shop and more intill lo -Those who saw through an beyond the snoke of world conflagration, saw asoble sent lo weahners bus dibserd en ---He who can hold his mind at anchor in the Woldelolling si---Those who give a shallow conception to belief in the higher -power bulm redions morl notions bus ideword to--- The have given such time and talents as they possess, to this work and sacrificed both ambition and ability upon its alter !---These Eastern teachings have produced queer ideas in the eH--Westberband tomes assistance file doldw bas jasq eds al -Has caused merto sacrifice sleep solvenA--.Jay The importance of being frivolous is impressed upon me everytime I take up those ponderous pages niard bas actast 100 ---Screaming headlines set above sensational copy and lo seeds -The Moloch of Militarism Adurt to sasibotsus believ ---Assincongruous as thiefs searching force relicement by w deriw ---Secrets of the synogomie vbuse -Pour the cold water of satire anon betseen yllarujan eW---Those precious moments when we are hosts to a higher mood sold -- Individuals and instituations if someoliter olitement alH---X-is the philosophic parent of the doctrine of -Year blo---Those lords and Mings of the garret who olassio end bout I---These self-acredited missionaries ascallevel nebbid edT---These arcadian abstractions --A tough stoicism -His falesette phrases are not convincing his voice is not ----When some levely natural scene true and authentic -These uncouth and unintelligible explanations repel -To launc these theories upon an expectant sed become emit--Like toying thoughts into the slow paces of a longliesurley prose —In our secret reckening with ourselves of an action by I—

—Contempteous of — and careless of one sould or supplied. -Scintillating satire -Scintillating satire -This sage, whose sigle word can rule the emotions of men pleosofted Legendre -The There has to slow on his right side (Buddhistrules)

-- Truth is not to be labelled by frontier and boundary -- X must always supplement and never supplant Y 1 -- To confront and conquer ourselves but Latitory off--- The celestial empire to which we truly belong -- Thus the intellect puts a stop to its own activities -- When the function of thinking is wedded to motified solutosti to slovio a of bedurorunconsciousness -- It should inspire us with faith and command our confidence - Signations of every course --- When necessary we must bow to fate, yield to events -- Out of the taciturn lips of these reclusive men, I have drawn some information to polythes the A al A -- Not a few troubled hearts seek vainly for some sort of flight from the complexities of civilization -- I am not over fussy about the ritual of dress -- The breadth and grandeur of these ideas -- is sufficiently responsive to these ideas -- It is a time of supreme spiritual need via and ---- of thought and emotion from another mind -- convinced of the rightness of his course and of ---- the fruitful interaction of these three qualities -- Here is a subject which has tempted hundreds of pens in the past and which will doubtless tempt hundreds -- America is young and strong. ---- The superstitious respect in which these are held -- Our tastes and training differ considerably from those of the Orientals some avode the nonlined princerof--- veiled custodians of truth -The Felocia of Militarian -- What writer does not welcome thouse hours in his -study -Secrete of the symptomes--- We naturally reacted to the stories of Nazi atrocities with flaming anger and compassionate anguish. -- His hermetic reticence, his enignatic alcorness. -- Old words and cool phrases there still ent at-t--- I trod the classic sotl of the Orient. a soul seeds--- The hidden loveliness of our being there-if a confi--- A tough stoicism -- Spiritually juvenile world in which we live today -- When some lovely natural scene admitted but ared -Time stopped us eternal thing -Intellectual honesty is imperative

It is a reasonable and right object -T This man of fascinating presence of and brillian mind -I find nothing intolerable in the belief -There are those who will find me both a bore and a fool -Silence beyond the reach of dictionary language
-When the time come to quit the cosmic stage
-Fundamental Philosophy -The There has to sleep on his right side (Buddhistrules)

--who bravely throw musd at it from behind the safe\_ --hardly is the ink on their quaer apologetics dry --expressive expletive
--these dried and dessicated scholars
--Mysticism is hardly a matter to be bandled between the courses of a dinner-table discussion -- when we survey the dark future -- these inspiring and daring affirmations do one's heart good --who talk as though they possess a private road to\_\_ Deity -- It is as inevitable that I utter these thoughts as\_ --with the intellect kept captive in the Heart , was --will fall upon you with realization of the Overself --we must strive after greater depth of being and ---- thus we rise into the sphere of our spiritual origin -- as swiftly as our planet rolls thru space oup aid----we live in a condition of spiritual languer, of lost generation -- pure selfhood is paradise olijenelga bna muoa ---- the receding tide of his self-control bas products----we may net the truth in our minds bus Jelfer gaird---- Truth is both thought out and revealed a seldword ---- these hermits, who sit like silent and brown owls in their caves. -- a merely conventional and futile formulary -- for this moment, which came with ordinariness and -naturalness, I had waded through the years. -- when those seeds come to full growth and maturation -- a guide through the labyrinths of mystical life --leaving students free to try their own wings in the skies of thought. --his fine influence will be felt telepathically --to find such mental equipolse is worth while for it helps us travel a little nearer to Heaven --Control over herves and mental peace is worth having seript. -- mysterlous and malignant forces

-the monstrous edifice of modern civilization -- this neurotic age
-- these priests of ill-will ear full neld ebem sad--- sloppy and spineless id now instead at violath--- publicly tied to a literary ping post secons-erg--- doomed totrivial toil evidence eviscerase---- savours of stupidity bejsplaceb bas beind esemi--- fussy and funny with a rigid fatality that and
-- letter-perfect logicians was ed yevans ew medw----plunge the mind in Parabrahm bus animicani esed---- this sycophantic strain your dyoud as also odw---- facts and frands -- It is as inevitable that I with are al il---- these ink-inspired authorsigen joulietni ent dilw---- these ink-inspired authors deal docided in all and as a second of the contemplation of the contemplation of the contemplation of antiquity and as a second of a second of antiquity and as a second of a sec -- sour and splenetic

--From Pekin to

--exalted ethics antheory end
--stubborn and stupid

--those high and holy moments in the end of the --full of strange fantasies
--cross your consciousness during meditations of the strange fantasies
--as humourless as an oyster
--the ageing structure of this universe seems nedw----singular and superb and napriest of people nebute galves ---the humblest and happiest of people nebute galves ---Title: "the Face of many Sorrows" appoint to salve edit -- To combine curious lore with sclentifia data -- who hides his empty mind behind witty words end yo -- the ruthless pages of -X- in the double ball of---he speaks with a power reminiscent of Demosthenic and
days. -- this libellous lucabration of Demosthenic and -al have spent no time pruning or polishing this acking script. --mysterious and malignant forces

-- his writings are full of aphoristic plums of head---- the voice of Asia -- this art of steadying the mindran morn yaw end fla--- his commonplace and colloquial language that down---- the voice of Asia --our days are dribbled away in your I ment to wel-ego drops --dance and dally thru your days if you wish but remember to keep hold on ultimates am examine at ed---the purse must fit the person neg evisaus of a-ego drops -- I know that I am doomed to loneliness a Janog odw ---- to slash deeply at the orthodox sam rebmsolog eds---- I castigate the Clerics non at yabou to equils od----- presented in aperfunctory way animant and assessmi---- such men are the elect of this earth wob edow odw ---- the barren fields of orthodoxy of thuopes of egirs---- those felt wants of human nature are all satisfied -by the fourfold technique -- those who assert that X erect an immutable law out -- the seething spiritual phrest wond aid eonsybe of----whom metaphysics bores do not bulknam dilw ilaw odw----impudent charlatans of down box mobsiw elitti dilw---a juster outlook and a more universal attitude loce---- it is a psychi sickness addag wen meet of -- these little people whose whole universe revolves -around their little ego: bellillul and voltaeb bfrow---one can only publicly admits mistake by privatelyswallowing one's prideding derives end enoied demond---their self-cheated lives and what end of day door ew---take advantage of huma credulity exect to reens of---- what is the frontier line between reality and lupling imagination? salueeds anitaniesal lo bleil e qu snequ-this has created unbalance. -- religious worshipm by which is not necessarily meant church attendance. Starl to some rays to site cotule --- Nig t after night he should kneel in adoration of the sacred presence.
--Felt experience must complement intellectual period--the power of will over passion, of compassion and -ofer self. -- respected for his learning and loved for his goodness -- the oral voice of a guide visseoons to entrioob ent---- this volume is in tune with the times -- life circles infinitely -- sometring to sweeten and strengthen our lives

-- this literary fragment of the ancient wisdom -- insufficient insight withe voice of Asia -- sad travesty of civilization -- all the way from Calcutta to Cambridge Circus --much that passes for -X- is mere histrionics and ---- in this medley of humans who inhabit the metropolis --it is certainly unfortunate: it will prove to be unwise dely unfortunate. --who point a dirisive digit at the mail and word I---the profounder masters of our time viges dasis of--the ablure of today is gone by tomorrow beingstone
--impresses our imagination --who wrote down the finest wit of his time
--arise to account for our presence
--such a thought provokes us to the point of
--to carry a quiet heart -- to carry a quiet heart -- the firm young flesh will also fail into decay --solitary sage -- to advance this thought and affirm this truth -- who wait with mankind for their Savious dellem modw ----with little wisdom and much temerity light drebught---social structure needs renovating works result and results and -- the absurdities of antiquity were not all absurd! --World destiny has fulfilled itself with cruel strokes
--we crossed philosophical swords
--brought before the secret tribunal of the soul
--we look into the dark future with 3/4 eyes -- to sneer at these teachings because of their antiquity, tantamount to sneering at -- opens up a field of fascinating speculation implement -- the mystic tablets upon which are graven the oracles of destiny -- the unguessed wonder of truth ve halder ow audilian----plutocratic playgrounds of Biaritz Deauville --mysticism and misunderstanding .eoneserg beross end --his meaning eludes the critic's capture -- social artificialities -- these vague visionaries and revo Iliv to rewor ad---- to question the theological fancies of the past -- to accept admitted facts of today -- the doctrine of successive incarnation -- this volume is in tune with the times -- life circles infinitely -- something to sweeten and strengthen our lives

-- mystic hysteria, strident emotions o lo ever emos---- the serentty of the Sage arises, because he knows ----unimaginative followers vyetaym wash to aluge ----we must look out upon the world-scene with twentieth century eyes and not those of the second leans sidy---- those who envisage such a utopia will be disappointed -- Asia is now modernizing herself at an amazing speed -- to snatch wisdom from ignorance is an impossible -esiwiento sersiceb villalolineous aucloses ---- a breathless world has witnessed crisis after crisis -- I offer neither defiance nor defence als assignified ----we live in a Wizard shage lus of eneves obers morl---- Hopes run away with judgmented rebas receb evieb ---- philosophy lays a severe discipline upon its votarie: -- When all shall come into the comity of peoples I ---- the irony of history and oldeddagmye a niw jaum ew---- I question history for her secretionals on and butter--- the clawing hand of the beggar ling al edyngoen end ----personal salvation must come before meddling in -other people's lives. not mental -- Buddha's keen wet compassionate mindessog means a---- these sublime and unspokens to seleve seeing odd---- Where is the true shrine for our wandering minds? ---- We must deny and sublate the ego, the ell tra stend ---- to catch the ear of modern cultured of nelsaesnoo---- the past has no particular sanctity in my eyes -- Theology decked in the rainment of philosophy lo ---- the tremendous advance in social contacts between ---- the chaos and inscounity of our times nations -- We must expose these fallacies for our own benefit--- To display a doctrinaire tendency over smooths end---- The seeker must possess intellectual vigour? eags!---- Do not seek deliverance solide slatel wall Isotrol ---- We must find a corrective to these false views -- to escape the dominion of the senses old of al dad---- dare he trust himself to this mystical invader? ---- a frothy surface devotion some selupon of reddenw---- unchecked and unguided emotionalism som more sent---the psychic accompaniments of mystical experience--- We must not be deceived by such false absolutes -- if he encourages such second-hand thinking ledden ---- emotional disastersoigol to doserd a al alat dud ---- from mere admiration he will eventually pass into virtual adoration of the gurus Icel on oconT---- their ideas are of a patriarchal kind won Jeanua -- the grim relentless realism of external life and ---- abstruse ideology

-- some grove of pine... where are those who dwell --pearly of fine poesysselvs engl and to vitneres eds---- Pearls of dark mystery arewolfol evideningminu--Lithe bitterness of being misunderstood Hool Jaum ew ---- this sagacious bookeds to esont ton bus seve yrutues -appears toous as an oddity four sassivne one sont-hour transcient and Tading lives grebom won at sigh ---- but tyrant fate demands otherwise mobely dojens of---- spacious superficiality declares otherwise - hunting for the truth we catch only falsehood -- Religious clap-trapab non sometheb redtten rello I---- from crude savage to cultured savent a mi evil --delve deeper under the surface of things my secondas we go higher, evils disappear a syst vicesellid---climate has a profound effect on human culture --we must win a sympathetic insight and le your self----mind has no dimensions red not wrotaid notseup I---the neophyte in philosophy end to base animals end-----world is ultimately mind; nothing exists that is not mental other people's lives. -- a dream possesses perceptive reality need atambus ---- the endless cycles of empirical life emildes esent ---- the fetish of phrases tol enima sunt ent at erend---- there are degrees of falsity and illusion -- concession to the common-sense views and dodas of --We must posit the plain factors on and fess ed ---- Polite phraseology will not remove blacts vaclosd----scepticism wielded to awed acceptance obnesed ant---- the chaos and insecurity of our times -- is to make Mature nonsensical eased eacogse Jaum el ---- the hideous records of thistory brook a valgalb of---- lapse from logicutoellethi saessog tsum redees edT---- logical flaw inthis philosophy avillab Mass Jon of----prophets and poets of ten mislead ouse built dam av---- lost in logical abyrintho noinimob ent egasse of ---- this unexpected event seemed a symbolic one decap---- whether to acquiescence or to opposition vajori a---- free from metaphysical stechnicalities na beabedonu----we hold with Hegel that -- but his massive intellect 44failed to discern that we bevieved ed for farm eW ---- Pantheistic presence of God in albethings as an it---- But this is a breach of logical sthought [anoldoms -mistake mythology for wphilosophy imbs even movi---- Those who feel the call of eventide, the charmoff sunset hour bald ladousints a to our seeds mient----irradiated with xemotion if any eselfneler mire ent----abstruse ideology

-- A comprehensive if complicated system doldw about -- is an unwise and unprofitable procedue isly ydds [] ---- impatient idealists expect a new millenium overnight -- these ascetic abstractions al jud could vibrad al--- the intellect must we wised inot abused instructor a---- I defend the desire to --dismal decline -- I defend the desire to enlice Ismain-- I fling fireworks upon eyew end yet bebragernu whiz---- I fling the crutches from under our old men' add ---- They are but melancholy monuments of scab vrociteb ---- They dare not look too deeply into -X- in case it ---- These melancholy ment and achivorg---- X- is the only serpent in this parated verbal aug ---- the faded creatures of the lason si-paradise --we live in an age of aviation Marth to Jacksob ---- this result is inferable from a variety of signs -the prewar world lived balanced on a knife edge !--- sold Asiatic outlook is going sq won a bebba san en--- X- has reached the meridian of his fame -- Sorderer of the spoken word all down as Juda sad--Barometer v business fluctuates alarminglysub odw---- Thinking themselves out of their witsbas Jasrong!---- It is as plain as the most elementary problem in --Euclid Jeel al Eight the Western darkness tioms edd ---The muse of historians must look down ownically upon Bond street to Beneres squal of the of---- Produces nothing better than a blank inanity of ew---- These occultists os conversant with conjectural X-planes, relidue\_this celebrated scribe of exil onw---- When their credulity will come into collision with these facts. -- is a product of a prentice hand. -- religion has ceased to control the peoples Pire ---- the windy rhapsodies of Starr's poems ind bas blod---- who give credit to theories they do not comprehend---we cannot go back to medieval mentality restild ens---- my action is dictated by both principle and prudence -- the ancient antagonisms of the human race as of the 22#8 aim at xx and are attached to Ly evad lists I---- superminds -- this aged and painted Cinders Plans -- The spectacle is as amazing as It Is amusing Ind I---- he is the poet of pastoral scenes Illw Luca a asM ---- we seek only physical treasure today sedon estimu--- I am sick of the smoke of theories estibornia --well-penned paragraphs w bas darym bash at beggid---- fundamental fallacyd Jelasos edf al beddad I nedW--Doupon man will Privade his heart and give him no ilpeace till he accepts them middly adew egnanda miga-demagogic denunciations and al believ

-- minds which feed on fiction woo li evianed argmoo A ---- flabby visionaries eldathorous bas estwar as at---- is hardly could but is the prank of a pagan and ---- a reluctant and regretful farewell toeffetal edd---- dismal decline -- I defend the desire to -- sink unregarded by the wayside miroweril anill I---- the first Maint rays no more sendours and mail? I ----derisory debate streamon violonales two ers ved ----to crown and confirm this utterance of mine ved -----provides the last lure ons len agent---- pushful politicians -- has its haunt and at -X ---- is possible but not probable and-paradiae noisal-spellbinders; avii aw--- decadent or drunk --merit-making tray a -- yawnless writings fuser sidi---- it has been a beggar at the gates of State treasuries --he has added a new page to the thick book of philos--- a clear and coherent account -- has about as much life in it as an extinct volaano -- who drawl out Victorian platitudes to aspiring youth -- ignorant and incompetent o juo seviesmeds animaidT---- the pompous panerama of an and as also as all ---- a world wherein men perjure themselves for a price\_ -- to sit in impartial observation of life --we nod over the pages which tell us of on seoupon ---- X- woided this half-truth when he said man esem ---- who like to find and look down the subtler secrets of the Universe off emos filw villubers ried medw ---- to shoot sarcasma at Xbord a si-these facts. -- to quote the eccentric epigram of see and noishfor---- bold and brilliant traste to aslboggada ybniw edi----we worship withered ideals oed of tibers evin odw ---- the bitterness of being misunderstood Jongso ew-empoint the true path adod vd bajajoib al nolios ym----my Romance lay in ruins to amainonaina inclous edi---- I shall have to hang a placard at the gate "Beggars and bores keep outled bus bees sidt -- abdimequa--- bring new beauty from gold skies; elosjoeds of T----- Man's soul will rive its silken mesh of lust a silken -- White robes shall pale the poppied flesh of an ---- I am sick of the smoke of theories Aphrodite --Dipped in dead myrrh and wine grasts benneq-flew---- When I bathed in the scarlet pools of passion -- Lie dead beneath gold coloured skies in desert lands -- Spin strange webs within your mindens of flit sosed veiled in the mauve garb of magian lore

```
-This is a peremptory point which must be obeyed-
 -- rationalist that lower in galabara agout must --
 wait perforce wait till time and search had brought-
 a little light or else plunged me into even deeper-
                         --A clear and precise notion
But that is the least party this utterance of mine.
-- This intense projection of the mind Jastanos sint --
-- in the absolute stillness of the Overselfisia edd --
-- After a period of agony of mind and aspiration di--
                                           of us all
of heart, the choice was
-Time had left heavy traces on his countenance w-
-- Before we can correctly analyze and properly
                                 -- Rost -- and Recharge
appraise the
-- Merely succeeds in obscuring the true light in man.
-- Jove, the supreme deity of the ancient Greeks noo
-- these cults with their docile followers Jaum of --
-- an explanation which satisfies both heart and mind
                                    seard misc mila ---
  alike
-- to attain this condition of spiritual felicity di--
-- his teaching takes the form of terse aphorisms --
-- such claims naturally provoke controversy mobel
-the doctrine is both fallactous and dangerous dol --
-- without unnecessary concealment and without fantastic
                                            dardmeth
G-Cheltenhams pleasant air, so uns blied by factory-
                                       --Pedanic Pride
smoke
-- That leave a trail of slandrous slime behind them.
-- To throw a mantle of modesty lover my figure. | bnA--
-- This philosophical crudity animow daimodens off --
-- Demands our approbation and receives our adoration
-- Our lives have their winds and hightnings used I--
-- It behooves the criticato be cautious, blrow edi --
-- Dedicated to edeath doldw dilw wilmseles bezab edT--
-- This is better than allibrary word smoo seifome M--
-- Suburban wsupdorters aid Juods Tebnow I allow bnA--
                                               to me
 -- Sinners and sceptics
 -- Is to set oneself to the task of Sisyphus mi-III--
-- Laboured efforts of many of our learned guides di--
when published in print, appearancidomuses even lo
 -- The world is not yet in a position to apprediate its
 truly spiritual menasenggolosmoo fautiriga mainwab --
 -- Pointing its finger backwards into past historical
                    tagg Tuo to animyom mib odt al --
 epochs
 -- Who cutter the matured thoughts of their immature --
                              --Discussion and debate
-It is an ancient and mysterious tradition well en T--
Bring spiritual peace to the troubled hearts of the
                               s throwed the world.
```

-- To play the pasha -- hidden source of life\_ -- Like a Pope cracking his doctrinal whip ---These ossified faiths and creeds isw soroling xism --We go groping in em begangle este to Junit effill a -- A clear and precise notion -in these silent ruminative moments bring the mind a -- this constant fixing of the mind org essent sldT---- the planned orbit of his life was changed and mi---- the prodigal son who "came to himself" is a type \_\_ of us all of heart, the choice was -- When people grate us and circumstances irrituate us -- His orbit was not dissimilar to that of B's roled ---- Rest -- and Recharge end seleque -The personal ego has usurped the throne and in its conceit of inclose end to vileb emergus ent .evol ----- We must respond to the Overself dilw silve sand ---The waves nag at the shores doing nollanslos ns----slim palm trees -- these morose monuments o noillibnoo sind misda oj ---- when Western practice will mate with Eastern wisdom torform doos enovore vilsaudan amisio dous ---- Jobs bitter complaints about Destiny was answered by the Lord out of a whirlwind: "Who is this that -darkmeth -- Who springs from the gutter to a gorgeous mansion -- Pedanic Pride -- These Messiahs of the millenium int a eveel tant---- And help this crippled age to walk again world of---- The anatomist working with his scalpel and ald -numicroscopeo seviener Las nolfadores wo shasmed ----- I hear low murmurs on the lips of evad sevil au0---- the world lived in a war camping end sevended JI---- The dazed solemnity with which we received solbed ---- Memories come back to me lof a nant rested at aidT---- And while I wonder about this, a voice whispers ?-to me -- Sinners and scoptios -- Ill-informed and irresponsible lieseno tes of al---- They have raised a pyramid of arguments on a baseof mere assumptions range , July ni bedalldug nedw sta-ill-informed and irresponsible y Jon al birow enf---- dawning spiritual consciousness non lauditique viuri -- State-paid superstition in an Established Church---- In the dim morning of our past -- We prefer to concentrate on the few cases where ---- Discussion and debate -- The few bricks which are all that remain of Babylon --Will shake and shatter the influence of materialist s throughout the world.

-- to pursue this marshlight of b a no evil Jonnes nem ---- is false and fictitious soreneg bas seldlayof daera---- the impassioned incoherence of these pages elam edT-more than the body. -- a restless reminder esneiregre to fluri ent---- scorn the subterfuge of -- grim sombre realism -- abhor the artifice of -- flaunting these in the face of Triv assistand---- peering into the caverns of the minduorosas blovs ---- the integrating idea benind and isomebasessard aldi---- wandered thru the gay land of Bohemiag emergus end---- their inner poverty --turn in on yourself. -- he directed the destinies of millions av larom edd ---- Fortune became infatuated with him noisingmos edd ---- must I then garb myself in penetential black because -- who sat still and quiet a similar and mi bearenmi---- the decisions of time seeup sids to essed Isnit eds---- his fixed petrified maze -- the mind of the hour -- our age is registering its spiritual bankruptey -- such ideas find little fellowship mowadays -- is hardly a matter for pedants and pedagogues di---- like an brainless orator who carried all his talen-ts in his tongue. ts in his tongue. -- like some celestial messengeriteym Juods baer vent---- the languid trickle of his pages led to slevel wen--Textees beffled edd------ this celebrated scribe -- When desire comes into opposition to destiny. -- the combination of forces which determine its course -- the conventional mode of thought men rewog reveland ---- his thre and thought are consecrated to truth -- this unstable balance can only harm life am ow dey---- absolute formulas and decaying institutions of nedw---- by the tremendous force of his insight am a lo noise -- such brevity of statement molloms to lordson etsupeba -- the ideals which command his heart, the teachings --.meloljeme] which govern his head - - the spiritual emptiness from which they suffer di----- the various forces acting both within and upon Bupe man, are so mixed in character that its somutis dous -yjisnejni isnoljoveb----my tropic-shattered health --stifling conventions collosable and feel odw esod ---- When we direct reason to the analysis of our own nature.

-- Men cannot live on a diet of dead negations -- great loyalties and generous attitudes bas egist si---- The materialist who thinks of himself as nothing more than the body. --a restless reminder -- the fruit of experience -- scorn the subterfuge of -- grim sombre realism lo esilitas edi Todds---- brainless virtue east and all esent saidnus!? -- Emotional restraint, intellectual scrupulousness ---- avoid rancorous condemnation reves ent offit gaireeq ---- this transcendental perception sebl saltergetal edd ---- the supreme peace of this attainment want berebusw---- their inner poverty -- the moral vacuum in which they like end betoerib en---- their inner poverty --ecclesiastical machine on wolfede ere abalm ried---It will show itself in his perfect self-composure; ---- the compulsion of events belsuising emeged enutro ---- immersed in the infinite silence bus filts tas odw---- the final phase of this quest and to encialed ent---- his fixed petrified gaze -- the mind of the hour --despoticusurus lautinique ett aninetigen et ege nuo---- recognise realities awolle's sittl ball asebl dous---in the correct balance of sallothese am a vibrad ai---- Inghuman affairs ras one rotero assiniard as sail ---- He will take the attitude that ts in his tongue. -- they read about mysticism from afaraoffo emos exis---- new levels of beingersq ald to elabit bluggs edj ------the baffled seeker -- this colebrated soribe --Queer satisfactions: tito oppo otni semos eriseb nefl ---- the failures and tragedies of life notiferidad out--- whatever power man has to shape and direct his own\_\_ life djurd of bederosance era jdnuodi bas ellif sid--Yet we must beware of dismissing it too precipitately -- Mystical experiences and moral virtues to attach two---- when his emotions get too involved in the consideration of a matter, and when he has not achieved yd-adequate control of emotions, then a lo wdiverd dous ---- a sensible moderation rather than an extreme of odd--Canaticism. fanaticism.
--the fine balance of his personality, the charming equanimity of his temperament, as secrol audirav ed----- Such exhumberant praise to a rand of bexim os ors mam -- A man who has become aware of his Overself rice ald----devotional intensity disad beredtads-olders ym--Those who feel this attraction towards philosophy -----When we direct reason to the analysis of our own nature.

-- This is the price and this the prelude of a man's in-wen---- We must prepare for the worst in order to rally the best -- My commonsense refuses to be beguiled into this theory -- We ought to judge this statement by what it omitted to mention mention mid sessessod bus ablod rewood remivib -- Leaves us open to every kind of ir responsible vagary -- Do not read more into a word than it actually conveys. Do not presume that there are occult significances in them. -- If man will seek that self of whose existence he has been unaware itos of ablum as bas ideuodi of inslumits -- Truth has certain imponderables that evade the unthinking mindlutel rette dilw bellit etnemesauonorq aseleau--- They begin this path in a nervous concern not to make a failure of it -- Is too tritely obvious it ton at it fud earl at ald ---- I will state my first postulate onco Isoidaym a al II---- The bold thinking of -- X- Telegratins and wolfare a---- We like to regard them as solid facts but they are not solid facts so long as they remain feeble [solids []sme---- Our true spiritual identity on to vilg bas ebing edi---- We pass such summary criticism | rg end mori equose od ----Strange and startling -- obscure and feeble oults -- Who live amid dreary and dirty surroundings aggre- | lew---- To unfold the wisdom which lies in man's inner being -- They will be surprised to learn that I dislike publicity \_\_ and possess no itch for power fulraci bas insuperi---- Perchyof pontifical authority additions assibaty ont---- "Iteis all mist and mystery" as old tenederomooni as ---- Is to disregard one of the elementary canons of criticism\_ -- He stood on the pinacle of power segue Jaemijaes off ---- Frauds and foolishnessings ald to Jenson galrace edd---- Our transmundane destiny -- mysticel musings -- Only in the abdication of the personal ego to the divine Overself will there be a real change in elhuman nature, for thus man in reborn into divine nature. Until then nothing that he does is radical ...the interminable ocean enough -- the maimed bodies and lost lives of the war -- a move which has been timed for the wrong moment -- the sense of frustration and emptiness earsy reg---how much truth can be extracted from this I laugstatement?" Integor rediter at enimono bas aidi-.gradegined to Jesioncol and ,imeX ...

es unlovely as it is unnecessary

-- is as unlovely as it is unnecessary -- dried-up emotions -- new cultural values are heededbas estre ed at at at al ---- these sincere earnest and striving men --metaphysics is an unattractive study agong term ev---- Illogical doctrines and ill-digested ideas uo ell-a diviner power holds and possesses him notinem --mystical impulse nomedical ne vice era atmembate douz--- emotional dishonesty to buil vieve of nego au seveni---- to sit with cataleptic stares ofni erom beer for ou---- these vigorous and invigorating words at emuserq for -- physical appetite seems to lies and dees like new 11---- a stimulant to thought and za guide to action want -- It is the divine response to human need and out---- useless pronouncements filled with utter fatuity. -- If his outlook is to attain intellectual integrity -- These are the basic ideas upon which thinking must -- This is true but it is not the whole truth of al--- It is a mystical conception of fariff ym state Iliw I---- a shallow humanitarianism is not enough blod en ---- thought circles in vain around this problem!! ow---- small ethical calibratemen vait as anof os stort biles -- the pride and pity of menytioned lautining our wo---- to escape from the prison of the finite sted ell---- Strange and startling -- obscure and feeble cults --well-expressed and witty it bas viserb bims evil on ---he sowed sackfuls of wild oats mobel and blomm of ---- to play the philosopher to this spinning earth ---- frequent and fearful rewoq tol Noti on seeseog bas -- the windless satellites who follow in his wake. ---- as incomprehensible as some of Blake's poems. ---- a quaint quotation sinamele edi lo ano bragerath of al---- the sentiment surges appoint hippania and no books el---- the soaring rocket of his spirit fell to earth -- Our transmundane destiny -- mystical musings -bentrue to your nobler self tsolbds out al via0---- let us make room in our hearts for lessevo enivie -- the lively pages of our yellow press --- them thinking .- the interminable ocean -a query which will arise with the thoughtful is the green garment of Nature od and doll we evom s---perverse and paradoxical nature 1 to same ent---pusillanimous people tize ed aso digurd doum wo .- this sad doctrine is neither hopeful nor helpful -Kant, the Iconclast of Konigsberg.

-- The prophecies of our experts have miscarried. -- The placed egoism of the complacent hermit syngs sel---- To influence mens thought and to shape their I-intellectual eminence united with practical experience.
--This planet has just witnessed an extensive conflict A building which from foundation all the way up to finial
--Thought ripens into believe vitue sittles al od----take shelter behind a foggy phraseology straigs off--to finial -- Jesus, the skilful angler of men
-- Unconscious animus against a particular theory. -- Floating mansions set forth to narrow the oceans --Exclude all bias in your approach
--Deified one day and denounced the next
--Mankind is developing a new sense--the world sense
--When we hear the noisy conflict of voiced intuitions and personal evaluations, we should -- Flout these absurd superstitions and seed evication -- A carnival of emotions --A carnival of emotions
--Ruthless witherin arguments.
--there is no hope of a peace pact between two such ideas
-- Examine a subject from all points of view MANGAMONANORMAN -- We run the gamut between sentimentalism and cynicism. --her beauty was only screen deep. --He talked a lot but said nothing. -- a silent dithyramb of gratitude rendered by self to -- He talked a lot but said nothing of disc edi---- Tame is but a phantom.
--Only the master can make a masterpiece. -- Practise what they promulgate.

-- When research is eventually carried beyond the appearance of things.

-- The scribblers who are damaging white paper. -- The feeling which arrests our pen -- A man may be full of intellect but empty of insight -- To force an esoteric meaning where there is none. is foolish to vibration on vibration on vibrations of the past.

-- wain and vexations

-- Exaggerated worship of the past.

-- the wedding of West and East.

-- is to brandish a broken sword

-- Generously to forget an old grudge is to rise to a loftier plane --Metaphysical jargon makes his head whirl round. --Fallen into sloppy fatuities. -- International in scope and spiritalme fautoelledan-I -- It is not a fable but a fact. -- the animated mental pictures, taut and Jensiq aid ---- the animated a psychological product of the galblind A -- Who is sufficiently unselfed to care for this? -- Its unerring intelligence or and unlimited existence -- The spiritual intimacy between them. Ha add ausel ---- indefensible prejudice. jegisps sumins suoissnoon---- Miseries have replaced hopes jes anoisnes gnijeof ---- our self-inflicted suffering or al agid fis ebuloxa---- His mental quality and moral character. one beliled ----A cultured humane mentality. The mystic depths -- Inventing processes and constructing machines. -- When he has gathered enough experience. eaed two [4----delusive teachings and futile techniques [avings A---- the therapy of divine grace.

-- So long as they hold such childish views on such important matters, so long.

-- This happens to be true within certain limits but mostly for those who---- It is as right that shall find an opponent as it is that Truth should be supported on vino saw yoused red---- Those who come to this study with afresh mind and H -a fervent heart. -- His long quest of the Overself leavey -- the path to salvation. black on material ism at small---- the cathedral-like peace a exten nao retsam edt vino---- the gathering dusk of old age went jam ealtown ---- Ascetic who exercises all emotion. I do see or ned ---To give a body in words to bodiless spirit -The cloudland of abstract doctrines.
-Whilst men are almost wholly unaware of their diviner selves. -- This all round culture of the psyche. -- The subtlety and profundity of mentalism --These luminous intuitions.
--Their stupid and sordid motives darw bedsaggsxi---Who mistake hysteria for romance. Who gaibbew edd---

-- The taut style and pithy phrases
-- the presentment of ideas and buol to find at elij--- when intuition contradicts information an at somelia repentance, --he who sets forth to tread this way of lifes sq sin---he senses of tough and sight tell him that these T-psychic harassments and emotional agitations 3 avm edj ---- instruction and discipline bare required vab seed ---- He must become saturated with this mood orse elddus----materialistic, cynical, over-critical berosustinu-wild fancies ebeend inelans to silving issue off---- when we look for an answer to the question, what is -- instinctive declarations or studied deliberations --- the one seeks to extend self, other to escape it --- this intense and eventful period -- the body's desires and the mind's despairs visus---- the body's desires and the mind's despairs
-- rigorously to silence the passions
-- the question is relevant whether -- to give oneself up to these heavenly feelings
-- the has found his inner equilibrium at last
-- cultivate his personality in a many-sided way.
-- The lights, so hard to find, so easy to lose
-- the tormenting lusts of the flesh -- Higher standards and better values -- -- -- to values the essential character. --with all the bliss of sudden understanding enly---- a greatness of mind, an elevated attitude. -- The West means novelty, change, restlessness. w A--- Methinks I hear distant tremors telling of such ---- Must disdain his sage advice. -- Must disdain his sage advice. -- The harsh hustle of this age. bus fullets and nA---- These conscientious but conservative uslue sand enT---- The ritual of X requires us to delight a xim of--- He is not only a star, but a startler mem and rol--- The unforgotten and unforgivable. -- This leads us to the luminous conception of a double--- The gods will give us
-- Amidst the weathered ruins of luminous of some of the purlieus of the Press. -- The venerable Victorians are gone. -- Inspired leaders can move mountains. al enog even I---- We must appreciate intelligence and individuality. -- That courageous but conservative.

-- Life is full of loud speakers today and a little de---The inward turn of mind is more natural to orientals -the shrivelled life of sects. -- His pages almost drip with these detestable on an--- The ranks of the Great Unpublished of to seemes end ---- the mystic seeks to center his consciousness offered -- These days of rush and restlessness soltonitani -- subtle sarcasm of the name of the contract untutored --The great spirits of ancient Greece select bilw---Candid and capable exposition and go gol wool ew nedw ---- These unkindly cobras who hiss the verbal venom -- It is tiresome to traverse the old arguments for it\_ again ogsoss of Teddo les bnots of shees eno edd -- -- Reckless and restless people neve bns esnetni sind ---- crusty custom -- To vindicate what they venture to attack visuoso is---- Teachings and preachings dasveler at noticeup edi---- Honestly and honourably sent of a leseno evin of -- -- Who profess and promise anything and bould sent ed----Who profess and promise anything
--Folios which moulder away on library shelves
--Fearful presage of the future.
--Because I would not be a -X-, and could not be a -Y-.
--I thought fufully of my thinly-thatched head.
--Fine phrases
--Hurry serves to destroy thinking.
--To make a revent resistance to this common are judice. --To make a rought resistance to this common prejudice
--As we decline into old age
--Recount this terrible and tragic tale
--Grey-London --Grey-London
--An ungrateful and unappreciative world darsd salt---- The best culture is cosmopolitan. Inelegaco esent--- To mix a little fun with my mysticism to laptic ed---- For this, men have left their bones to whiten in H-the wilderness .-The unforgotten and unforgiveble. --Couched in a curious tone.
--But philosophic reserve may swell into mere box ent-arrogance or insufferable condescension. -- Not to surrender the right of independent judgment
--I have gone into exile avon men are berigenI---The inspiring goal of all these endeavours. Jame aw---Diffuse this knowledge auceasung JadT---- creative forces released by this meditation

-- The over intellectual may get a stunned feeling when the new birth takes place because their ideas are -- alas we become stiffened and staid and on the ent---- that death which is mystical -- when we can live steadily balanced centred stulle ----we can recharge ourselves at the source alliant eno---- to praise virtue (?) in my halting prose oog prais----Painstaking and painful -- secreties evitaralced ----- Grave Greek philosopher lorio Ilama a gled Iliw JI---- I had reached my Overselfans' lo squors vals esens ---- To walk with faltering steps through life and wed -- deal with dignified brevity with hellows less ond ----half-hearted, half-witted manifeym s al anisinw yM-medw qu essid amolesso ---- Guns boom across Europe -- I have exposed these mystic fantasies and your land revenuehas befallen our generation --Religious frenzy -- We pass through a period of unrest and unsettlentn -- Eliminate the Ego -- The pigmy level of general intellect toed hors ainj ---- changing times demand a new technique an edition end---- its perverse and uninstructed mentality niw nadruj ---- unselfish and unwaverying pursuit of truthaudlilga---- His words are as elevating as they are educative ---- Practical activity must run side by side with inner detachment a sid Jeggol Jud abrow all reducement on w--- The bout throats of the Kremlin (Bolshies) 100 eacht---mystics who live in a world of unreality and older -- their vacant and vulgar minds a sone of as as of ---- to oput a veneer upon veracity vilbered to newoq ent -- it is a painful but peremptory ordeal nolfallal bus -- reprove and rebuke mises uncouth and uncultured ---- from preceptors o pagan times to imoralists of the modern era laws evinu and bembhe and noise energy no---- constructive, critical and controversal "" . oldi ---- it is a place steeped in romance on a slionou eja ---- the cyclic turns of history one mam end -- it is mean and mercenary is to lists a evaci sadT-the man who -- of a phrase I have somewhere written down .ment -- incoherent and inconsistent to elinem a world oT---- old thoughts with new faces win lasting soling sidT---we must not surrender to momentary impulses basmed ---- If every man walked about with a window to his heart --men of power and intelligence have expressed to the -- the man whose thought lays bare some great idea

-- But the principle is sound; those who attack it are breathing the thin air of doctrines, not facing andw -- The man who has mastered the subtleties of meta-18---- that death which is mystical -- Failure is written right across his faces ow nonw---- one thrills to the thought of earno egradoer mas ew---- the next phase of the questar moon attendeng off---- thru good fortune and ill fortune alike acting of ----mental stiffness --violent totalitarianism --declarative sentences -- monastic communities -- the mesmeric phrases of the New Testament -- It will help a small circle of seekers werd ever ---- these tiny groups of fanatics -- sex frenzies I---- the wrinkled apathy of old age trodist do tw Maw of---- the self-swollen posturing of dictators dilw Isub---- My writing is a mystical experience to me and lind---- passions blaze up when -- Sums boom across Europe --affront to intelligence of aven seeds become even I---whoever meditates on the apocalyptic tragedy which a has befallen our generation --Religious fronzy -- for the history of a man is also the history of all\_ mankind -- Eliminate the Ero -- this architectural achievement to fevel world ent---- the white garments of the priests somit animado ---- turban winding is a remnant of snake worship -- spiritual stability sand salvieyawan bas dalliesan ---- his severe and self-contained life as one abrow all---it has a small but devoted following toe Isoldon's--who remember His words but forget his spirit dosted -these cults, with their frantic worshippers and anatic ideas illaston to bloom a ni evil on a soldaym---So far as science has been materialist and shown the power of heredity, the ififluence of environment\_\_ and imitation of behaviour patterns, it has a little--- straight thinking, clear seeing and independent judgment state of semil design of a rouge serge conflict -- Title. "The Opportunity of Opposition." ijoursanos---- Fate unrolls a coloured carpet of good things for -the man who -- That leave a trail of slanderous slime behind #1 -awob nejjiw erenwemos even I esernic s lo--.- To throw a mantle of modesty over my figure edocai ---This philosophical crudity wen fitty atdagged blo---- Demands our approbation and receives our adoration --- Our lives have their winds and lightnings vieve II---- It behooves the critic to be cautious named to nem---- Parochial prejudices -- the man whose thought lays bare some great idea

( ) Nature has worked at the world and at man for innumerable millions of years! ) Quest thus has its own character and its own personality. This it achieves without effort by the mere set of dedicating itself to the incorruptible integrity of truth, Nothing less shall inform our editorship. ) For this generation Life is a dance, and they are as ready to change their partner as in a ballroom. ( ) Nevertheless it exists, its final doctrines. being jestously-guelded secrets, and a worthier epoch may see its re-emergence at the appointed hour. ) Emprace that which thou fearest! Go forward boldly to meet him whom thou dreadest and thou shalt conquer both. They love to make a mystery of their poculiar knowledge. Punctuality is not on the list of Oriental virtues. ) that can deliver us from it? Only the Overself's grace. ) His staring eyes included me in their gaze, but seemed not to recognize me. ) There is a sine of literary lore in the ancient heritage. ) A human existence could not be separated from a psinful and suffering one, so long as it is tied to the flesh. ) During the inumention of the Mile, many peasants dream away their time in shady spots and idly await the time hen the land is again accessible. "To what you know and perception is converted into character. "-EMERSON ( ) Is then our writing nothing more than black ink on white paper? Have we nothin g to com unicate that is sublime enough to survive its reading? ( ) We have not enough courage to explore the basis of our lives. ) We shall practically support or resist with the pen any current proposal which will vitally advance or retard manking's spiritual welfare, he regard practical neutrality in this sphere as a contradictory conception, a pseudo-attitude. Such questions demand a straught answer ) Those who have come so far and have come moreover to thesame conclusion are ready to take the next step in their own thinking. ) Truth is a secret to the unripened mind.

loring in an Hills olders bound I care that the tire of merectar and the of personally, take it conlove discort of the the last salisfurcional salf of Transf. guldentiery to low group THE THE SELECTION AND TO WELLENGE covered to the short surface of the contract and which is the state of the s though religion a best ofference one state of the print . tron bothings and in conservation of the Marie Branca C. C. Tomas H. B. Salar Pali Holina L. tellman, a sold to gradery of the express and The series and the fell soul for never and any ten the pasts that at we propose any principality .arr.solitores of for tribut sai at evel prositt in only a should out of talk of the relation of the galler has one and the the same that the first to detrive the same products Bayer Till has their think the said which the said oral lest con the control then I come ted tate ACCUPATION OF THE Att Apold Sport even milited pullify two acts of [ at 1 at straight and at a didition of eval the an enter as is a set croud a constitution for the said to share at your start the cap on not getern again to think the land of the property of the i applifulation thought offers a contract to the contract to s parago-distance. Ouch question desemble stranger transfer The state to the transfer to the total to the state of th . BULLY LEAD IN ... the last of the contract of the contract of the contract of

( ) The average "bright young thing" of to-day is bored by any volume with half a pretence to philosophy. ) But at the same time modern circumstances have brought about the necessity of adapting the ancient wisdom to modern needs and to the kind of life the West has to live. ) It is better to withhold our verdict than to pass an unfair one. ) But we ought not to misconstrue and misapply this high teaching. ) It is not an inaccurate picture of the situation but it is certainly an incomplete one. The dark night is also a test for him. ) This will help you to find that path, treading which you will later find for yourself the reality and truth. ) The higher self is neither an imagined fancy nor an intellectual concept. ) Another reason may be his temperamental difficulty in becoming acquainted with alien modes of thought. 1 "Fools exalt the mosque and ignore the true temple in the heart! says the Masnavi. ) He seeks to dwell in a sparsely-populated area. ) Can we not devise some system whereby these rival doctrines may live in wedded union under one roof? ) Sentimental rhapsodies have confused religion with mysticism. O So the Oriental caravan of mysticism winds its long way across the pages of history. ) Those who stretched forth their arms into the darkness and plead that Wisdom might come forth again. Attempt more if you would attain more. An infinite peace envelopes him. Whoever thinks he can escape the logic of history is a fool. He despised and distrusted women. This will happen by an inevitable psychological law. What I heard here was nothing but the echo of what was heard by that extraordinary man. ) Who is the master, or where is the book to direct us rightly on this way? ) They study these subjects in a manner which condemns them to barrenness. ( ) To accept and assimilate the best that Science offers is his wise card. ) Mysticism must set up new standards of duty and create newengtionseof spirituality on of awareness, this expansion of spiritual apprehension. )Those now regard the surface of things easily fall into such a mistake.

berod at was-of to "aning young thing" of to-day is bored by any volume with half a pretence to philosophy. evad seonstanceric direction outs emas ent ta tue ( ) brought shout the necessity of edapting the snotent wisdom to modern needs and to the kind of life the lest has to live. It is better to withhold our verdict than to pass an unfair one. But we ownt not to misconstrue and misspoly this him tes ching. It is not an inaccurate picture of the situation but it is certainly an incomplete one. .mid rol just a cals at Judin krab edl This will help you to find that path, treating which you will later find for yourself the reality and truth, The higher self is neither an issuined fency nor an intellectual concept. Another reason may be his temperamental difficulty in becoming accuminted with allen modes of thought. ) "Fools exalt the mosque and ignore the true temple in the heart! says the dasnavi. .ners bejslugog-viscings a ni listo of axess all Can we not device some system whereby these rival doctrines may live in wedned union under one roof? Sentimental chapsocies have confused religion with .mstoldavm anol ati abniw maloitaya to mayar o fatasiro edt os o wy across the peace of history. Those who stretched forth their arms into the darkness and plead that Wisdom might come forth again. Attempt more If you would attain more. An infinite peace envelopes him. Shoever thinks he can escape the logic of history is a He de plantaib ons besigeob ell This will happen by an inevitable psychological law. What I heard here was nothing but the echo of what was heard by that extraordinary man. The is the master, or where is the book to direct us fysw aini no viinain Iney study these subjects in a manner which condemns tnem to barrenness.

( ) To accept and assimilate the best that Science offers is his wise card.

( ) Mysticism wist set up new standards of duty and create ( new\_notienseof spirituality on or avareness, this expansion of spiritual apprenention.

( )Those swint to surface of throws easily fall into such a mistake.

( ) To live in intellect and passion alone, unguided and unvivified by spirit, is to be unregenerate. ) His words still cling to my memory like the subtle fragrance of incense. ) We should try to keep out the author's own personali ty, to deal with his ideas and not his history. ) He should know himself enough to know at least that such a path is not for him. ) He must think of mind as being not an 'other' but as his own self. ( ) There are many who read through such writings only to fasten on those paragraphs which agree with their own beliefs. This is wrong. The student should be more openminded. Such men enjoy being martyrs. ) Nirvana. I can wait, will wait. Everest is not to be climbed in a season. I do not even want to climb this Everest of the soul. I want only to keep my direction. ) The theory of spiritual succession is a fallacious )How far indeed are such speech and action from the philosophical attitude. ) It were a pleasanter task to pick oakum in prison than to labour for such ingrates. ) If there is any hope for the spiritual future of man, it must live here. )This faith in the veracity of print is pitiable. A false thought is not rendered a true one because it is xx set up in type and printed on white paper. ( ) Wherever practise does not correspond to theory. we are entitled to set up a question mark. ) They are not imaginative enough and certainly not generous enough to be telerant. should ) Destiny demanded that this work/be undertaken, for Truth is not to be cheated of her rightful due. We need to be enthusiastic without being fanatic. ) Thus the higher will is strengthened/for the quest's purposes. /and focussed ) But today Mechanics rules where once Magic held its sway, and we do not dream that there is room in life for both. Inborn capacity for contemplation supplied me with a

readiness to cease from activity and penetrate the surface and ponder deeply upon things.

)If there is vital truth in this message it cannot die mu out.

to ity in intellect and passion, close, unguided and unvivilted by apirit, is to be unregenerate.

( ) His words still cling to my memory like the subtle

fragrence of incense.

( ) We should try to keep out the suther's own personality, to deal with his ideas and not his history.

fand fessi to worst of dayone tiesmin worst blooms off (

such a peth is not for him.

jud 'ranto' us jon gaied as balm to maidt jour sa ( )

.lifes nwo sin as

( ) There are many who read through such writings only to fasten on those paragraphs which agree with their own beliefs. This is wrong. The student should be more openminded.

( ) Seen men culoy being markyrs.

( ) Mirw nm. I can wait, will make, Evereat is not to be climbed in a meason. I do not even mant to climb this Everest of the soul. I want only to Keep my direction.

( ) The temory of spiritual succession is a fallacious

( )How for indeed are such speech and settlen from the

phil ophic l attitude. ( ) It sere a plessenter task to plok oskum in prison

than to labour for such ingrates.

( ) If there is eny hope for the spiritual future of man, it must live here.

A .eldsidig al daire to varacity of print is pitiale. A false thought is not rendered a true one because it is we set us in type and orinted on white paper.

( ) Therever practice does not correspond to theory,

was are estitled to set up a question mark.

( ) They are not insginative enough and certainly not generous enough to be telerent, should

( ) Postiny desended that this work/be undertaken, for Truth is not to be chested of her rightful due.

object to be enthusiatic without being inactio.

( ) Thus the higher will is strengthened/for the

( ) but today Madishids rules where once angle held its away, and we do not dresm that there is room in life for

testiness to coses from activity and penetrate the surface and penetrate the surface

out there is witel truth in this sessege it cannot die mu

( ) I learned that these truths do not belong to any one
religion or people, they belong to the whole world.
( )We must stir some strength into our wills.
( ) But if they were unwilling to do this, then it were
better to wait and let evolution perform its slow process
Detter to wait and let evolution perform its slow process
of education. Suffering and loss would not be absent from
this process, but they would be spread out over longer
periods and hence spread thinner.
( ) Such a nebulous Nirvana is unlikely to satisfy
the keen mentality of today.
( ) There is no Man to whom we can turn for salvation.
( ) The speculative profundity of these sages compels
admiration.
( ) His philosophical position was emphatically his own
and not borrowed from any other man.
( ) The miseries he brought to mankind could however
be turned to good account in the end.
( ) It gives him a new and better understanding of life.
( ) Aspirants come from different starting-points and
travel along different courses.
( ) Not one but several contributory causes must be
brought in to account for it.
( ) We do not wear the distinguishing robes of a sect;
our garments of prose are made to fit Man - not a few men.
( ) The difficulties you are meeting with in personal
life are karmically caused. They are shadows which have
fallen out of the far past.
( ) We must not make these changes with meteoric rapidity
( ) Under the strain and struggle of quotidian existence.
we yearn for the peace of self-forgetting.
( ) We must awaken to the fact that we live in a mind-
/ / He must awaken to the lact that we live in a mino-
World However musticelly untutoned minds will not well
world. ( ) However mystically untutored minds will not under- stand this.
( ) Mystical statements completely elude the contemporar
mind.
( ) It rests neither upon our own intention nor others!
intervention,
( ) We cavil at what we do not understand and carp at
what we misunderstand.
( ) Can we forget the immortal phrases in such books?
( ) They stretch the long arm of their theories so far
out that panting Fact runs after them in vain.
( ) What are the effects produced by these exercises?
( ) As Dr. Johnson drily pointed out, any number of
rabbits will never make a horse.
EGDOTOD MITT HOACE HIGHO S HAT DE!

one was of made to be and the to any one to any one religion or people, they belong to the whole world, ( )We must stir some strength into our wills. But if they were unwilling to do this, then it were bester to walt and let evolution porton its slow process of enucation, buffering and loss would not be absent from this process, but they would be spread out over longer read the ros comed bas aboured Such a nebulous Mirvens is unlikely to satisfy the keen mentality of teday. Inolisvisa tol great man se mon of mak on al steril The speculative profuncity of these sages compels .noijarimos ) Ht philosofile I contiton as emphatically his own and not berrowed from any other sen, The si eries he brought to a nkind could however be turned to good ecc unt in the end. it gives him a new and better understanding of iffe. has efulog-galfrade described officerate starting A travel slong different courses. ) Not one but several contributory causes must be .Ji nol imprope of ni figural ijosa s lo sedor maidelumi jaib ed rasw jon un en ( our ger ents of press are ment to all en - not a few men. I ne difficulties you are meeting with in personal life are kiralcelly coused, lincy are snadows which have .Jany and out to two mellat wildiger pirostam affic cagnada eacht exem fon feum en Conder the atrial of laggerte be aforte at report .gmillegro'i-ite of collegeting, "To must areken to the tect that we live in a mini-- To our fits sinte berojuter vil solder revewed ( ) systic I statements consistely eluca the contemporary 'aredto ron nelthestal muo muo nous rentien asserti. ( intervention, Ja gras bas bastershaw Jon on on tada Ja Livas ell ( ) .bastarobauaim ow Janu Cen we forget the imported phreses in such books? They stretch the long arm of their theories so far out that penting Fact runs after them in vain. ) What are the offects produced by these exercises? As Dr. Johnson drilly pointed out, any number of .sarod s skam rever Ifiw adiddar

from its opening statement to its final conclusion
the world shaking events of our decade
these isolated flashes of insight provoke him to seek the
con inuous faculty.
such well-b lances we i-rounded life
ss when the Overself takes possession of our wekeful conscious
the most terrible of all wars is sheed of us
a carefully equilibrated personality
newspaper critics these misguided witch ogs of the public
uterest.
the sureness of his insight

yet another feature of his inner ex erience may manifest teelf.

t healthy broadness of mind ne will only maje a partial legsided progress.

-- these inspered introverts

-- the irrefutable doctrines and ennobling disciplines of philosophy

- the ignorance of immaturity

-their motives are right but their methods are wrong

- by what values do we judge the experiences of life?

---Life itself writes the strangest stories

---which leaves a shameful lassitude on our bodies and a delightful quiet on our souls.

- --- the offsetting of its moral degradation, the revival of pure religiou, mystical and philosophic hopes and ideas and the restoration of respect for the individual.
- -he prefers to keep individuality inviolate

-Ar evry stage of his meditative life

-lost in an immeasurable void

-has his life any ultimate value?

-he sits above time

-when through weakness of will, there is a failure in discipline

-we dread unfilled leisure. We dislike inactive repose

-the troubled conditions of our era

·it must also be modern in expression and feeling

stop being prisoners of our own past

they must find a higher purpose in human living

we are no nearer the truen end of our being

- we are truer to the world than we are to ourselves

lightly fling off their sophisticated pages

every morning you are handed twenty four golden hours lhave no time to waste time

from the continue statement to the final continue with sheed and to single switches brow edd end does of min enevery invient to sensel's beinfoci and don immone foundly. etil bedapor- ow seems! d-liew dom: mucicanos fored w was to naissessou sever licerevo ent ment su lo heads at gras IIa to elitros deem eds villamoured bei villimpe villiares s office odd to anouted w beniumnia as My so dito remainmen Jasystr. the suremess of his insight desiless you conside as send and he condend readons day bals to seem ord will look sastyone intiagof fairing a size wine ille so -- these inendired introverts -the irrefutable doctrines and ennobling disciplines of philosophy the ignorance of immaturity the property and about an elect too furth one saylden elect-- - tor and w loss do we just the ex erlangue of life? Pelroje J. conside and sadder The P. still-- - which leaves a singular last itted on our bodies and a Taluos mo ho Jalua hillingiles -to I wive off and the sound that the revive 1 of ture religious, my tion in thiotognic maper in icese. Laplying out tol Joe or to molferotain out to edelivat vitlaubivibat ques of arefero enearl evitatibem aid to egata vive TAblov eldaruseemmt na nt deof-Paulav etamitlu vna elil aid zademit evode atia ed--when through weakness of will, there is a failure in discipline -we dread unfilled leisure. We dislike inactive repose the troubled conditions of our era tt must also be modern in expression and feeling stop being prisoners of our own past they must find a higher purpose in human living anied ruo to bne steurt ent rersen on ers ew we are truer to the world than we are to ourselves lightly fling off their sophisticated pages every morning you are handed twenty four golden hours lineve no time to weste time

( ) The wise man who wishes to alter the world will begin with himself.
( ) Thou art thyself THAT whichthou seekest.
( ) To write such tomes is but a prodigal waste of ink and
paper.
) This poor X flickers out its pale and pitiful life
upon the screen of our modern world.
( ) Thoughts which have come to me out of the quiet
depths of spirit.
(II) Because they make a point of cultivating credulity, these
people have only themselves to blame.
( ) We must learn to measure our terms.
( ) No such creed can be tenable by thoughtful men.
(II) What they openly regard as an advance in knowledge is
nothing more than an astonishing reversion to primitive
myth and fantastic lore.
(XV) Philosophy is not irrelevant to the purposeful activities
and practical interests of men.
(CON) They grovel at X's feet as though he were a god, and
hurl anathemas at Y's head as though he were a devil.
(1) The writer's thoughts may flee across the white sheet
before him while his hand trails laggardly after them. This
is inspiration.
it and dignify it and society they would either edify
MANA MARKETY ID OF DECOME STATESTAN AND AND AND AND AND AND AND AND AND A
Jane world prefers to give coning a sent
A THE PARTY COLLEGE IN THE PROPERTY OF THE PARTY OF THE P
I TO ALVO GILLU GUE SUFCOWS OF POSTATE WALL THE
A MARK TERALITIES OF MACCALLE
/ALL ECTIONS Fre descanded from the vita
/ may should I believe in God? What chartle 7
The state of the s
) "Mind alone is the (root ) cause of man's bondage and
THE DESCRIPTION OF THE PROPERTY OF THE PROPERT
Market Modell Holler
)There is a mental augenics as well as a physical.
/ MOO ONG TIRTH OF THE DIVERSOR P. AND A.
, more in a bhought to inscire the minds of
THE PODD CITOTEST
Truth is to know the oneness of all existence.
/ 10 15 the Contemplation of those thirms - bi-t-
Dividi dill Denetrating owning
I we need the bracing inquiretion of the
/ July we symblesize the hest planants of tells
Power office and Dracbines
VIII) This path is but one mode of self-realization: there are
thers.

( ) The wise man who wishes to siter the world will begin ) Thou art thyself THAT whichthou seekest, bas and to estate Logicoro a sud al semes done estima of ( will lulible bus else sti bus erespill -- Y-- room widt ( ucon the sergen of our godern world. I Thoughts entit have come to me out of her cuiet deuths of spirit. there ese they make a point of cultiveting credulity, these people have only themselves to bisme, ) he must learn to messer our terms, No such creed can be tem ble by thoughtful men. (II) that they omenly regard as an advance in knowledge is nothing of noise very an asterior as reversion to primitive mybu and Ismustle lore. selfivites full second to the surposeful activities (VX) and precion interests of men. ons boy s er a sh daught as feet at is levers went (MOD) hurt statherns at Y's head as though he sees a devil. Justs offer and secres self you exhibited a tradity off (1) before the salie his wond trail lesser'ly efter them. This If saints entered society they rould elther edify it and dignily it or become simers thus bely in the werl prefere to give genius a peterortem porularity Such mind control renders and less prope to persion. I we live suid the shedows of reslity, not reclity itself. Lost in the Labyriaths of Fegel's system. all actions are descended from the ugata. as evil os I should you thought to be a volume ( ) not to injure others! Interester" bre sgerned atmes to seuso (\_\_toot) ent at enels entle ( liberation. " -- so says an old sateen to Indian Text, that There is a mental executes as well as a physical. .ou new raid allow rows out to ingil out fed dere is a thought to in the the minis of won and to .admo Te Jaed Tiend Joeril Truth is to know the one noss of all existence. a sported daine spring sugar to moldate somes and at ti meiologo antistiones bus tellid et mas the meet the breeing institution of those doctrines. Could we synthesize the best elements of asistic and Teprisan cha Jagoon as gow This goth is but one mode of self-resilvation; inth other's.

( )They hold themselves up to ridicule with their affectations of omniscience. Because he likes his comforts is he, then, like an idle virtuoso, merely playing at philosophy? )Among the preliminary qualifications of the seeker, patience is essential. )All formal orations leave me cold. I avoid them as I avoid cemeteries. This crucible of life wherein pleasure and pain are fairly well mixed! ) A genial gigantic G.K.C. it was who remarked to me )The jogtrot of journalism does not allow of much time for ponderous essays. )He need not retire from the world into cloistered isolation. )Truth sublates error, scorches prejudice and annuls ignorance. )These statements will be dismissed as absurd by the better-informed but are likely to be accepted by the ignoreant. The rise of every great movement coincides with the career of some great man. )This craving for action is a keynote of modern life. )Conduct expresses character. )Can we combine American enthusiasm and energy with Asiatic mellowness and tranquillity. ) Few men of the Western world have penetrated into the secret arcana of the sages. )The vision of the sage is never circumscribed by petty or personal considerations. )Is it possible to bind into a unified whole two contrasting natures such as these? ) Is a synthesis of these apparent imcompatibles im ossible? Quote from the Bhagavad Gita p.338 and pages 216 and 198 of Sankara's "Select Works" saying that without a Guru you may not got at the truth. )Those who forcibly constrain the intellect to support their beliefs, thereby reveal the weakness of those beliefs. Constructive intelligence is at our command. )Between two evils why accept any? The good is around the corner, if we will but bestir ourselves and seek for it. ) We have lived too long under the tutelage of worn-out traditions. ( / )The process of spiritual evolution will overtake all. if is like muck, it is good only if it he species

( )They note themselves up to radicule alth thair affectations of confectence.

( ) Because he likes his conforts is he, then, like an idle virtueso, merely playing at chilosophy?

skindsoruni as Furkurd Arasa fosmatin are

( )Among the preliminary qualifications of the seeker, outlone is essential.

I sa meat blove I .blov am evael ancidate d maro'l LfA( )

( )This erucible of life sherein pleasure and pain are

) A gental gigentic G.K.C. it was who remarked to me

0.000

( )The jostrot of journalism does not allow of much time for possersums essays.

( )He need not retire from the world into eletered

Truth sublates error, scorcing prejudice and annula

( )These statements will be dishissed as absure by the be ter-informed but are likely to be accepted by the ignore-

( )The class of every great mey count coincides with the

This creving for action to a symple of monora life,

)Conduct expresses cheructer,

(dir we dombine American enthusiasm and energy with

of the men of the series world have penetrated into the

( )The vision of the sage is never circumscribed by petty or bersonal considerations.

( ) Is it possible to bind into a unitied whole two

selditsquapmi tuers as sound to all sectors a all

College of

Les of character the thegeved Cite p. ... end pages als end les of course the truth appear that althout a Guru you may not a t the truth.

( ) These she forcibly constrain the intellect to support their ballefs, thereby reveal the weakness of those beliefs,

|Constructive intelligence is at our commend.

( ) Hetween two svils why, soce term? Ins good is around the cerner, if we will but pastir our sives and seek for it.

( ) We have lived too long unear the tutelege of morn-out.

amoldings

. Ila e datrevo ilim noitulove, i minimine to management( )

( ) The teacher tears down the rigid structures of primitive ive thought and wrong belief.

( ) These pseudo-gurus may puzzle the ignorant by their pretensions, but not for one moment can they deceive the true xxx sage.

) The most volumble gift of the guru to his pupil is the

awakening to thought which he imparts to him.

( )There are inherent necessities in thought which compel

us to form a causative view of things.

( ) The fountain pen of the man who has passed through the full philosophic discipline will become-if we may be permitted the pun-a veritable fountain of deep thoughts!

( ) And to those who would scornfully reject these thoughts as being unreal, we would only answer that the Divine is

more real than this world.

( ) Brahman is unconditioned. It appears to us as the

material manifold of thoughts and things.

( )The theoretical separation between mind and matter is false; there are no watertight compartments between them.

( )They direct their invectives against the dead, knowing

that their lies cannot now be refuted.

( )His all-round open-mindedness make the philosophic student/tolerant of all religions and teachings.

( )He was diverted from the path of unworldliness with ut getting the profits of worldliness.

) Many are like Voltaire, who said that he "sought so

many truths and found so many chimeras."

( )The possibilities of changing the face of our world by

the use of psychic powers dazzle one's imagination.

( )The philosophic viewpoint seems to run counter to the common one; it would be more correct to say that it supplements the common viewpoint.

)Truth must be the God of their worship, not man.

( )The message must always be shaped to suit the environment that receives it.

) AUM is the summary of all knowledge.

( )To take up a path that is long and tedious is to invite failure.

( )Philosophy that i built without the support of Science

falls down into mere dogma.

( )I have tried to make it plain beyond all question that those who follow this path can attain peace.

)Mechanical practices of Yoga are for the lower stage.
)Such mind control renders man less prone to passion.

)All worldly experiences may become doors to divinity
)We shall then endeavour to express the beauty that is

in our hearts.

( )Philosophy does not ascetically reject the wealth and warmth of human experience.

) The teacher tears town the right structures of primitive ive thought and wrong belief. ( ) These pseudo-gurus may public the ignorant by their pretenations, but not for one goment ent they deceive the true aga sage, can be ilong aid of true and to fits sides will taken watering to thought walch he i warts to hie. ( )There are inherent necessities in thought shion compelus to form a causative view of things. ( ) The foundation put of the man of nes passed through the full philosophia discipline will become-if we may be perstula dayout queb lo mi towol lidatinev s--und suf bet ) And he toose who would scornfully reject these thoughts so being unverly we would only anser the the Bivine is more real than this world, Brehmen is unconditioned. It spears to us sa the metericl mentions of thought and things. The theoretical separation believed mind and matter is falue; there are no watertight commertalents between them, They direct their lavectives opinst the dead, knowing that their lies cannot now be refuted. hit ali-renni open-cindedne a mekt the philosophia student besamilier is to immunish density ( ) he was diverted from the path of unworldingers with wh .schallbirow to editorq and gold dag os injuos" en jant bles onw garasilev esti ena veca ( meny truths and fours so many characters." )The was ibilities of changing the face of our world by the use of payonic powers descle one's lenginetion. The pullusophie viewpoint seems to run counter to the course one; it would be more correct to say that it cupplements the common vieworth, Truth must be the Cod of their werking, not man, The period aust clears be man, and to suit the onvisor that in motives it. . agos more its to versus and at MCA ( To take up a poth that it long and Ladlous is to invite THE STATE OF ) real of oping that I be it without the support of Science EALLS down late more dogue. tent notices of the proposition of party aven IV and thode and follow this jets one stain peace. Medical l practices of Yog are for the lower stage. Stuck wind control renders men less prope to passion, vinivio of smoon exceed was secretage violeton ifa( ) We shall then onesever to express the beauty that is th our nearts. Philosophy does not escatically reject the wealth can werett of human experience.

--- the rationalized mind of the Coming Age. --- well-balanced personality---- the belance of his personality has been lost. -- this brief and tempestuous experience which is modern life. --- as I type this record through the little rolls of inked --- those who feel the capacity for crusading but equally so are those of whom Wilton waxw wrote, in a not dissimilar connection, "They also serve who only stand and wait." --- enslaved by passion and deceived by appearance. =-released from servitude to the lower nature. -- the influence of belief on behaviour. --- when we pass from theory to practice. --it is an illusion from which he should seek deliverance. (III) ( )He should close his eyes and shut out his surroundings. ( ) The inward soul is indifferent to applause and immune from attack. ) All private or public evil is best dealt with by being nipped in the bud. (II) ( ) Their ideas range from the insane to the insane. ) A period of time which seems as short as the photographer's magnesium flare. -this belief in previous existences. -the conflicts and sufferings of our era -the benign calmness of these moments -regret for wasted chances -these questionable teachings ( ) In this self-absorbed quietness, the body is left far behind. ) The soul's quietness begins to steal into his personality and manner, his heart and voice. To (PB) Use term "The work of grace" as variant of "Descent of grace". -to inculcate goodness and to encourage thinking, to instill worthy ideals and to .... -like overstrained elastic, our nerves are tense. ... the noble character of this teaching. -The sages sanctuary. --- In the fixed abstracted expression of his face and the inward look of his eyes, we may read .... --- the agitations of the age ... --- Power whose embodied vesture for me is ... ----our leisurless lives....

Auto rations lived wind of the Coming age. williamosrso beonsisd-liew .Jest most and garfennered and to someled ont-- this brief and tempertuous experience which is modern -me I type this record topogn the little rolls of loked there and antherway to totoers and for I one sound raffet ale for a ni patora base notife aone to esent era ca consection, "The stree who only state and another ... son Tangen to heritage bon golana to bevelues ----- released from servitude to the lower asture. menty and he tolled to endedini end------ when we call from the ony to tractico, it is an illuston area which he anguld seek deliverance, with the though eye and enter Luche elf ) (13 .andbnuorus anomal bas esucled of there? Light I fue braunt tent ( from attack. vd diw if ab jasd at live bilder to adapting Ifa .bud said at beagin said (II) ( ) Their ideas range from the insme to the insens. A period of time which seems as short as the chotegrapher's meanealum flare. -this belief in province existences. the conflicte and sufferings of our era -the benian calmness of these moments eschatto believe no? Jennen--- these questionable teconings --(-) In this self-absorbed nuletness, the body is left far benind. otal feets of animed asontelup a finos edT ( ) his personality and cannor, his heart and volce. (PB) Use term "The work of grace" as variant of "Descent of grace". Ilitani of anthinid sympoons of ba assuboog strollent of-.... of has alsebt various .eaned ers sevren muo .oldesle benkenterevo extl--.nnthoses sind to respected effon end-... -The sages sanctuary. -ni edt bas eost aid to motager we betosrtads bexil edt al--werd look of his eyes, we may read.... --- the spitations of the spe... --- Tower whose ambodied vesture for me is ... ---- our letsuriess lives ....

-- their ignorance and their arrog nce flatter one another.

-- the adept's alcof remote figure.

-- exciting, in the noblest sense of the term, for those who follow philosophy's light and desire humanity's welfare.

-- the circle, emblem of eternal existence.

-- that a new inner life has to be born and that they must show forth creative will in bringing it to birth. It is our duty to make plain this vital fact and to point out the proprinciples.

-- saddened that hate, suspicion, jealousy and malice should represent their snakelike heads among people who talk overmuch of spirituality and divine wisdom.

(-- the great soul who walked in simple white robes.

-- misguided enthusiasts.

-- this stately companion.

-- Western approach, with its critical comparative historical and cientific methods.

-All the sitchery of genius that has reached its apogee.

much more misery passed through, so many millions slain

simed and tortured before it could be aroused to spiritual ideas

"Know that misfortune, being a means of leading man to higher
truth, is also a teacher, a libetan text tells us.

--- their ignorance and their error noe flatter one another. ....the adept's all of cases and .... one mond tol , and to the noblest sense of the tarm, for thore who follow pullosulny's light on on ire numerity's miliste. . cometeins Inninde of melder offerio ont--- that e men theer life has to be bern and that they must show forth erealist will in bringing it to birth. It to our duty to make place this vital fact and to point out the pr oringiples..... ---- saddeeped that hate, surjecting junt may and malice should rerr thelr rankelike heads should eno think overmuch of opirite balyand the dade. , sedon wild highla the white one lite. Jane off-. alterior and and a transfer ---tuly stately concenten. --- carm approach, alle the oritical comparative bistorical and

... The 'tonery of genius the resoned its appear.

misis anoillis when os anyoungs these, which grow done, out to misis on the country that it is country to a strong to apprint the country to a strong chart that addresses, saint a base of leading and to higher truta, is the care a libetant test to like us.

of subtite of the contract

```
-The Thward refreshment of soulse deidder officemon --
-- He has been raised into light
The book contains a brilliant study of our sorrow-
--Gathering gloomega--
                                             this statement
-- To face the future volithe and unafraid brejerg on W--
-- Man is forever findingol asiseng erom ofni fug of--
-- Ride off on their strange theories out of reason's
                  -- To a transient loiterer like myself
-- We must bring this truth into the conscious mind --
-- An ablation sof Tconsciousness not ent . reusningodd --
-let nestal fanciful shotion as Jagir vino ent sebivorg --
-- Disheartening doctrine
                                   this intricate problem
-- An assumption of ancient pedigreeusel bom wasero --
-- Toldin askittlesfarther down into oneself est of--
-- We have attempted to fathom these questions arisin --
-- A man who is actuated by highlideals-sonsyovais!
-- Will provide startling facts that should shake the
basis of many scientific dogmas fadiw vtt w brA--
-- It is not for us whosbelong to the lay-world to I--
rebuke a scientist for hisnoitgeoxe bns toeles sidT --
 -- I was determined tob tear the veil aside
 -- Is this of anyevalue to use to day? delaimib asgoru --
 -- Possesses few thoughts which could be called his own
 -- None suspected what deep thoughts his eranium carrid
    -- Secrets known to the progenitors of our own race
       -- I found it while poring over the shelves of a
                                      bookshop in Florence
  -- zm no vigorous Bohemian who slaughters the night
                                 wholessle, yet I like to
             -- Some fatalistic feeling mumbs my efforts
          -- The susters asceticism of Buddhistic monks
-This watery philosophy which cozed out of Mr. Jds brain ofT --
-Such contemplation brings at thinker to madness beigussoarg --
-- We prefer to acapt an attitude of complete unballer, verther the
 -If it is true then the rightful corollary to bendram is thet.
who make extravegant and unwarranted claims for the art off --
Who make extravegant and unwarranted claims for the art off --
The take a cursory view of this matter, we may concede off --
-- they twistnothe mades to Fit their theory dalldsta --
-- Consciousness shifts to a deepen centre on era ew--
-- Who proclaims lingstrident twoice nos evem tonnes eW--
   -- The spectacle of successive births in edon orthon
-- the indrages of metashysiss revo dmilo onw aretinw--
--Soon puncture their presumptions email of asenq --Platitudinous propositions um a lo Jugil edt rebuU--
-- Reflecting wind sener mind uper od bna dans-
-- These professional upliftersigned gaos a jud at naM--
```

-- Romantic rubbish, packed into hiterary form by our -- He has been reased into light novelist -- one needs an arcadian sense of humour to appreciate -- Gathering glooms - nebs [ this statement -- Who pretend to penetrate the mysteries of east of--- To put into more precise formiball reverof at maM---- Journalisticujottings di egnanta niedi no The ebis---- To a transient loiterer like myself -- Behind the mystery tofthe deditorial "we"d Jaum aw ---- Shhopenhauer, the lone byoth inker of Danzigalds nA ---- Provides the only right andosatisfying solution of\_ -- Disheartening doctrine this intricate problem -- Foresaw and feared Talbaq thelans to noitomuses nA---- To disseminate the principles of spiritual living\_\_ -- Clairaudience-the ability to hear voices even eW---- Clairvoyance-seershippid vd batautos ai odw nam A---275 uncover the truth within manifests abivorg fill---- And witty withal sampob offitnelos years to stand -- Inept and incompetent personsonw au not son at JI---- This select and exceptionald case of nature a enuder -- To fall into the perilous sands of selfeteb asw I---- Europes diminishing prestige in they Easto aid al --The historian who looks for dry dates instead of \_\_ -- None suspected what deep thoughts asserted manivil -- Secrets known to the progenitors of our own race -- I found it while poring over the shelves of a bookshop in Florence -- I am no vigorous Bohemian who slaughters the night wholesale, yet I like to -- Some fatalistic feeling mumbs my efforts -- The austere asceticism of Buddhistic monks -- The wisible selfo too besoo dalaw vaqosolida vaetsw atal---- Preoccupied with personalities
-- Whenever man enters his interior being --His distinctive and divergent personality
--The rapid vicissitudes which affect human life today -- The terrible arbitrament of war -- To drag in the unpertinent and unimportant -- Establishes a claim on our consideration alway your ---- We are no longer preoccupied with the past loans ---- We cannot move confidently through life sloon onw---- The spectacle of successive births in the world H -- Writers who climb over the wheels of the printing -press to fame -- Reflecting with undisturbed mind upon this noble ---- Man is but a soap bubble statistical facilitation of said --

--Put down my pen and toss aside these sheets lo lib sint of---- Fallacious futilities ni benismaer bas telup saw eH---- I have nothing but my pen to keep me, but it is -- By the se anxious sophistries of Occultism

-- By the se anxious sophistries of Occultism

-- Bas fallen into disrepute in this scientific age in the second sec -- A restatement in modern terms of the content of this ancient philosophy -- Criticism of literary wit at at tol awords at facht aid ---- Try, however, to put the probe into the causes of ----- His sauffic end satahic face cood somerefer has dorasses ---- Who profess to forecast the future bi sid mort nor ell---- The poetic exaltation of his spirit

-- He, too, was a writing man

-- His attitude is based upon the fallacious idea that

-- I pictured him with glazed eyes, sitting amid the Tibetan

snows at irrigs and not brow and a sitting amid the Tibetan human church -- When the wind of the Spirit blows upon our faces -- Shall we then return to the doct ines of Buddha? -- This state of inward musing viewed a serior and ---- These indo lent musings of mine senorseser rolredni vi---- To descend from the spiritual altitudes its later stal --- The spiritual felicities at the blow of authorizon---- Who lack the counterpoise of common sense to a smerthal -via-The yord grew suddenly remotet gains from visuos sinT ---- I sensed his thought without difficulty slashi saeni dilw -- To find a higher significance in finethoo bas toilino ---- Such beamsed thinking -- To esta blish a harmony -- This stagns tion be tween conflicting forces of the affi--- These jottings of an errant scribe to a made factor A---- not an oratorical word-spinner degree sill-- The sequence of alien invasions which harmed India
-- Why should we cage ourselves in fresh guits?

--Hish philosophy and low practice and date at the second control of the second control

-- To this difficult task he devoted all his energies; ---- Such people are either creting or crooks beit at won---- He was quiet and restrained in manner[ 1510 euclos[ 147---- For this I was paid the princely fee of and on even I---- is a solid advocate for nos such as each va---- They propose to perform miracles easib odni celial sall---- I belong to a strange breed mebom at themetataer A---- A favourite of Fate otent philosophy -- This ideal is shown forth in the person of Mrs. -- The slowly changing Rast dorn and tug of revewed .vill--- His peculiar personality excited my interest and are are -- Research and reference books were not available -- Has contributed to the columns of newlis at swill odw ---- We run from this idea and transfer of the series of the college human church -- His dusty and ancient habiliments think a saw ood ell---- Feeble phantasmagoric and mode bessed at ebutitte atti--Secret communion with the spirit drive and benefit I-- Those who arises to win the world for the Spirit in modern -- He invites one to tread the lonely path ment on II add---- Contributes a comprehensive account and to state stat--- My interior researches enim to against toel obai eaeff ---- This fatal deficiency debars trigs and more bnesses of ---- Confronting the world within aethiolist fautirige off---- Mantrams protect those who repeat them on out tost of w---- This country must bring its historical record into harmony with these ideals witness lib took in thy soil aid beares I---- Conflict and contention; ennecilingia redgid a buil of--- Such bemused thinking vaccured a datid stae of ---- His smile less face an inoffice we will outlive a bad record--- His pungent pen neige-brow leoirotaro ne ton---- His enlightened and enlarged mind mails to someopes ent---- To acquire this inward freedom a wo egas ew blooms you---- This peripatetic philosopher wol bne ydgosolidd dail----- Some starving in Grub street -- Sudden rapture of This poor and halting effort of mine sedences -- A spiritual sustenance -- A spiritual sustenance
-- The tangled traffic of London's streets we emaded in-- Professor cultured parrot every side bath el-- in inky arms side and every side bath el-- This brain a babbling revolutionary

-- Such pious insanity is unsuitable sto our segeer nossen ---- Whether unknown and unappreciated and led year su tel--- As we ascend tier after tier of the ideas in this metaphysical system -- To be chantable is to be charming the date of a sew el--- To point out the parallels two at evil year entries of --- A perpetual provocation to our intellectual curiosity -- Remained sunk in trance and villance red eguerds atH--- The hard cold face of the West paid to require a si eH---- Nature is not over-concerned with broved asentlevol 4----Strangers upon the earth out as a still door sool yed!---I respect the author's sincerity renjoulish emos ed al---Regan as a fete and ended as a fight suchous etony ell---- Touch the heart of a true Oriental and you find him es-mostly of our own delusions

--To give a little leeway to these sentiments; down our -
--In these oozy and blase times

--To enter into unity with the universal Spirit pole edit--bennels wizard in Thrums and had addressed dyunds as sew ti---- Is nature but a billion for the control of the c -The inevitable inability leoign a beouton eness ent--- Fired by a specious verbege noiterigant at learevo ed --To squat for a while in the samp of at Jose and to -and regenerator -- Compassion for our common suffering na believant ere en--- Grow to spiritual greatness -- Much knowledge can be acquired quickly and agreeably ---- My vagabond soul and the advocate of the dollar and eloquent advocate of the dollar action and eloquent action and eloquent action and eloquent action actio -- These bemused and believing people and constrains and -- Fe writes with a prophetic pen -- Few writers have so admirably explained this doctrine as -- Thus lending to mere change the dignity of true progress -- The listless hunting for pleasure as bgs efgeed and datw -- Fate was kind enough to provide me with the att as and ---- I noticed a distinguished-looking man in one corner of\_ the room and -- Findless and eternal is this -- A silent acknowledgment -- The ultimate state of mind is entry into pure Spirit

-- Reason rebels at the ideatusnu at winsent suoig doud----Let us seek the inward realization of truth
-- They have created a legendary Mrs. Blavatsky, these theosophists
--He was a persistent and pachydernatous man
--The divine may live in our hearts if we invite it
--Through a latticed window I looked out on -- Through a latticed window I looked out on
-- His strange personality has provided much acrimony -- He is a bringer of Light -- A loveliness beyond all earthly loveliness
-- They look upon life as a frolic
-- Is he some hallucinated mystic -- Is he some hallucinated mystic -- He wrote atrocious verse -- Can men live by the se withe red dogmas? -- Some dim unrealized idea was stirring in my brain -- To enter into the Self consciously and recollectedly -- The Overself moves with effortless ease -- Too much intellect and too little intelligence -- Where Kailas, that hermit/ peak, stood out -- The eloquent silence of fundamental Reing -- It was as though everything had been providentially planned -- Hinduism is not a religion but an encyclopedia of all religions -- The scene produced a magical and taliamanic effect upon me -- The Overself's inspiration precedes human aspiration -- For the adept is not only the teacher but also the inspirer and regenerator -- We are impelled and drawn by a higher power than ourselves -- This inter-relationship and rhythm of soul -- Master and disciple, the pure link between these two souls -- This unconscious quickening of the soul's growth -- To be fully open to the Overself salding beginself and ---- To be fully open to the Overself -- We experience the Eternal in such moments -- All these things shall be accomplished in the fullness of -- The grand views and grander silences of the Himalayas -- Home is that place where a man finds himself most in harmony with the people and things that surround him with the people and things that surround him . -- These disjointed scrawls and queer scribbles of mine -- A stillness that is rich with meaning -- Endless and eternal is this tnemabelwomios tnelis 4---- The ultimate state of mind is entry into pure Spirit

```
-- Wields the souther of unsparing satirical comment
 -- The assured pronouncements of this hierophant 10 mod-
 -- Who will not face the facts of historical reality
 -- Provides the soul with temporary help and valuable experience
 on the Way, but it is not the final goal to sent on -
 -- Schopenhauer, whose bitter mind inspired his caustic
 essay "On Women".
                        entvib end vd flewb-ni evil of-
 -- Its significance is not immediately perceptible
 +-Before we can understand the correct significance of this
 experience
                           towns, their beautiful houses
 -- But alas, their words fall upon ears of clay tous of --
re-L-demurate his assumption at said at bestog svil of-
 -- Our civilization is dedicated to strife and noise
 -- It is a startling side-light
                                                      brea
 -- My thoughts turn to the time when objects renut aid!-
 -- One finds doctrine without depth as and daired off-
 -- Thus we may gather in the forms of this ancient wisdom
 -- The not inconsiderable labour which was involved in this
 undertaking. I consider it a high privilege and a real satis-
 faction to mostod end ta ers odw ashghe valentum scott--
 -- His reason is unquestionably sound on agoy sittle 1--
 -- His words are tinged with bitter irony of Jase I-
 -- Fortune has always shown an obvious partiality for him
 -- They are fiddling with dangerous forces a sast vody-
 -- Those things which are practiced widespread in private though
 outwardly condemned in public eldstilongra edt exist I--
 -- To express ourselves at our highest and best ald --
 -- What is the implication of this themeto and at aldr-
 -- We must test this important assumption II sassas sH--
 -- Make no attempt to sacrifice truth to effect a and --
 -- They have succeeded in keeping the wolf some distance from
 -They seek for the orator's flashy triumph rathoobient
 -- They smile contemptuously but they downot know what it is
  they are sneeringsatus and vib ent manw yab jant sont --
 -- It is not for me to defend the ancients who are long dead
mland the Orientals who are alive or gathout at blot al-
  -- His characters move in a monotonous manner or pattern
 -- Has endowed my days with an unforgettable memory !-
  -- Strange thoughts began to stir in my brain sent ent-
  It is true instinctilizado of svisa anoidinties desig-
 But these are not the really assailable points of my subject
  -- The luxuriant imagination of these occultists
                       -It is historically demonstrable
```

-The unsatisfying character of the theories of shlow--- Conspired to rein sint to sinemensuonorq between ent -- Epater le bourgeoist to stast ent sost fon Iliw onW-sonsired when time has stilled one's desires was ent sebivor ---The tides of \_ Y \_ rise and beat against the rock no -- Schopenhauer, whose bitter mind inspired his ogustion -To live in-dwelt by the divine essay "On Women". -The mystical lore of the East on at appaciting at I--\_I love the ancient cobbled streets of the older French towns, their beautiful houses -Re must sense our own self-truth ow stend , sale due---To live poised in that timeless life, that inner center of consciousness which remains ever unchanged, unmoved thatf-eble militage a at #I -and -This inner questioning against to and stagueds vM---- Who cherish this self-mystification troop shall end---those palaces, bereft of their pomp and glory, entomb-Biring memoriest saw doidw ruodel elderebishoont ton edT ---sides Lexistence must remain a dark enigme for him who rebout -Those unlucky wights who are at the bottom of notice? -A little Yoga knowledge is a dangerous thing or all--I want to promulgate no particular set of doctrines ---Our thought streems are clouded with wis and mand to ---They take a large liberty with truth when are ved --Titake my tablets anew and write do line agains eson ---I take the unprofitable task of at beamsbage vibrawing -This book will haunt your mind sevies we assure of ---This is the original pature of manifest end at Jada--He speaks little but he says is packed with wisdom ---Time istaeruthless master fires of tomeste on exali-mort -- Sets up strange ideas in the minds of readers vent---They seek for the orator's flashy triumph rather than at the thinker's equiety truthed visuous gmestage sligs vent---Since that day when the divine enchanter flung the bashstrangerspell around in thebashab of an fol fon af fi---- Is told in touching words; there is something hidden in menisanaturennam auonotonom a ni evom sistemano ali----B wesomymonly effort; of my only results bewohne sall--The Thesis which he has expounded is a correct one \_\_\_ -Right definitions serve to charify thought art at the tos dua ... Toldig our interrogative spurs into this thing we call 11fe admitted to notioning instruction of these occultists -It is historically demonstrable

-The days of the leisurely horse-drawn coaches and soft -Is to pervert the wheel of patriotismoors serso resis a--A kindly deed done in a self-forgetting momentaline all--Once we apprehend the real truth of being to-arow egodi--Will hardly prove an acceptable belief too washemen A--He propounded a plan state Temas A---- Murgeresque days when one lived carelessly as a Fohemian--- When I took it into my head to search for wisdom in the -Those who place their credulous confidence at facility to -- "The Secret Hay" (Title) - and To enser eviators ent--The spiritual way of viewing human living ve toques of--To turn the indulgence of passion into a mystical secrement by the control of mind is another of able of our asimum --Those who have thought deeply and frequently over this matter -- He was a charming companion believed of Tomassadanio edi--- Sparks which might be prophetic of the final conflagration of civilization -These talketive biggs -To shake our slumbering minds into wakeful thoughtfutness -On this question I prefer to preserve a non-committal attitude of mind servered aid not another out our atomic off--- Who regard it as some incomprehensible cabala of goods--Gives an agreeable account of Lievers? Insucif? 1---Sunrise to sundown Sdf to southus sdf woled used ---The spiritual suggestion of this mes of mixed as evolut--These dull lifeless pages -- olf-published authors -Flat and uninspired writing bedoeffeats but becomes affi--Self-study as willage for at mood and to enday fact off--This Who doubt the divinity in man: bemsiful-firites all--He presents a distinctly refreshing point of view -The spiritual light irradiates emit lo Higsh -To patronize this publication stat sound of tomsta ed?--These self-exalted teachers yeloos beatmans no to dealest -An arrogent fenaticavity moo to sesseder asolvedays edi--He gives the detailed and documented truth about -If truth can mingle with the pages anothered dance to--One of the most remarkable in modern history -The metall c-headedness of his charactergezerg-reve edf--A flippant Frenchmenthas said; golamessebnos s sa americ--That excellent exponent of ancient andian File ma dill--The mocking memorials to earthly conceited ent od agrary--Fombastic publicity nam mt oldovau edd Lievau oT--- Pontificial pretense of dignityelderso Jusquelo a at JI---There is a great and growing interest doing subject off--A philosophy suited to our time successor edd -oge edf--The clumsy phrasing and gawky style of the book do not predispose one in its favour

-Maintain your true identityod glamatef eds to agab ent--A clear perception of min's spiritual nature ving of al--His enignatical influence -lies a at each seeb ylbuly 4--These worm-eaten tomes danny iner and baedsungs on cond--A momentary consciousness of the Self svong vibrad illymale a becomposed off--A samer state -The penetrating examination of your own mind -And in the unique phrase of the upu offit de door I menta--The rapid increase of scientific knowledge, the cultivation of critical thinking lass availables along assignment as a scientific knowledge, the cultivation -The exquisite peace of this remote backwater to the and ---To temper my search for truth with a little diversity war wily but hardly wise notace to consciuoni end mrut of--Inquiries into these problems have hitherto out no odd yd -Histravesty of true existence b Japani svan car scoll--- The phantasmagoric speculations of occultism The subtle-minded Hindu objedgord od Jagha dolas syragi-noitsatilivio lo -- These talkative bipeds -The spiritual longings which perturb the heart of the Itman - Shich man at his central rest the heart of any still no--The facts are too stubborn for his theories bats to abust -Better to understand the selfood sava en Ji brager ode--A flippant farewell to imposs sidesers as sevie--Deep below the surface of the Emobries of enfrance.... -Before we begin to deny the "Self" assure fautities off--Self-published authors seaso secient llub seedT--- His composed and unaffected figure periodical bus Jali--The real value of this book is not easily assessed-line--His spirit-inflamed soul at vitalvia and iduob one wint--A traditional knowledge which reaches far back into the depth of time appainerst Just Laustrige ed ---The attempt to force this beautiful spirit into the straight jacket of an organized society reasest periaxe-ties esser--The mysterious recesses of our private thought and ---The ever present novelecomeson bas believed out asvin off---Of great pretensions but little merit and mas digital H---The mitigation of man's fate closs and tack and to and--The ever-present Being to all to assababased-p flates sal--Thurs As a condescension to a popular clameur asguill 1--with an effigy and epitaph the national cathedral -Turns to the tediousoo vinitas of alaironem unitabon out--- Hombautide Dubischer -To unveil the psychic in man -It is a pleasant parable dings to sanatero isinitimo ---The picture which memory places before ments a at small--The ego- the conscious subject of all experiences lide A-Jon ob wood ent to sixts ways bus gnissing venuis ed?predispose one in its favour

-The effects of the constellation upon our characters the influences of the planets on our circumstances -- Happy in a secluded garden --- A quiet unruffled mind. --- Crowds were busy among the bristling stubble of the gathered wheat -The oleaginous odour of the motorbuses ers on seon ---Then the economic depression descended on the world -Self-progress -- The insincertities, the conventions -- From an insignificant inception -By studying himself, a man arsvire has nebbid a st JI---- When we know the truth about ourselves to effect mo JA---A man of mediocre intelligence noides and wollot on W---The fascinating flavour of To rest an a vintem el---- Par back os sint to not siserous excupebs on averted-pires The primordial passivity which is at the bottom of the ego atduced a emo fortib of trolle ent-This inconsistent and irrational procedure a seriopes---To weave fidiculous notions on fancy's looms o aniqui--To probe credentials of this apostle day out beauloo--The ethereal charm of the atmosphere -This self-avowed champion of a to assert ab alds and--The catch-word of the cliques offig and sassassand an--The sublines speculations off---The spirit -Then these ideals take the practical forms o good ear--The religion of self-culture on . to soat belining ed ---Camped in the middle ground between these two doctrines -- and only when we become willing executants of that higher -Evidence from the "It can be adduced to demonstra 1114 -The high message of the book -These fatuous and futile literary productions as sia---Our fate-ridden lives not sansigne avoluden releng od ---- Descend into mephitic darkness I bilded besujitani na---His sharp pointed epigrams notifactor refresht sint--- In a succinct and forceful phrase vivole deves reduct--- Some quaintly-winding willage street ava videoborg of--Stands self-condemned to vrotain object ent eline ol--Turbanad dravelers is evitts ew name vab sucitois edr ---The arrogant argumentativeness of the man repelled me. -- People who patronize the crazy faiths and crumbling -fads Isolioana bas notisevicado Jorna lo aponjum ent vi--- Cometimes when we fall into moods of reverie dismir--The spiritual force of a single wing can'the sign eff--The grandiose writings of Ruskin -What lies hidden in the depths of the mind

-- The glaring disparity between ago end to adoelle ent--- The heat of the great luminarysiq and to seomential and -- A quiet unruffled mind -- Happy in a secluded yarden -- Who pompously instruct us in our duties from their plat-Jacob beroddan forms -- Those who are carried away by the flood of oratory- who are the previous depression descended on two one ent medi--- The insincerities, the conventions assygorg-listmolfueont inschaffinatent as morf---- And be free -- It is a hidden and private life which and analybute va--- At our highest momentsuo Jucca divis edi acmi es medi--- Who follow the fashion of the level smoothen to man a-To movell unitablesal eff--- Is mainly a matter of --Betrays no adequate appreciation of this sound truth ---- The Self which we are, under the surface damaged and serie -- The great light which held man -Those who are but apprentices in the school of wisdom -- The effort to direct one's thoughts -- Requires a gesture of appreciation on my part -- Duping our minds and our eyes with -- Confused thoughts and cryptic statements -The sable darkness of a new-moon night wove-lies aid!---- He possesses the gift of graphic description of ---The sublime speculations of -The deep dark-browed eyes end exact steep seed mend--The wrinkled face of the Woltaire is to noisiler on?--These sanctified guides o berrows slbbin out hi begman-The unbalanced and eccentric smood on nede vino but ---- Evidence from the "X" can be adduced to demonstrate the good end to sassass daid edf --- Are as monotonous as they are numberless wontal easif--- The prefer nebulous explanations avil mebbly-edal TEO---- An instituted public religion like Christianity and ---This interior rumination amanates beintog crads ein--Winter moves slowly into spring of bus Jonksons s al ---- We prudently avert the question antoniw-vibriano emos---So while the tragic history of mankind works its way --The glorious day when we arrive at the discovery that the divinity exists in man snevijajnesura inagora edT--The feeble condition of the Christian church . ... -By the methods of strict observation and practical experiment, i.e., by the methods of modern science. Jemo ---The agile Hindu mentality to so to sorol isustries sel--- The grandiose writing s of Ruskin - that lies hidden in the depths of the mind

- Since I invariably hesitate to trust myself where I might not be welcome -- I do not hold their doctrines in any particular veneration
-- It is easy to coin witticisms at the expense of truth
-- We then enter into our own true world -- In searching for the true traditions we must beware of un--- The lightless windows of their lives as misco esherong!--- The fictional union with God Tw to easig auctoraged stall---- With fierce strokes of the pen he attacked biffsq esent---- To find a verifiable basis for the spiritual teachings -- These problems are related to each other -- Is a piquant situation, yet one as instructive as it is ironic --Will require some close thinking amosenid bus grows sint---- His urbane wisdom no wrot bewoness to during at bevertica----- His pen flushes with enthusiasms when he writes -- The conventional and commercial life of our times -- Bergon's beguiling system 370000 Is no an equal missio on ---- The portentous nonsense of his pages I sud deallist ald ---- Thoughts which intrigue the imagination and capture the heart -- A truth which is certified by experience as Justice esser---- Far from the noisy city's clamour more hagnardae hirow A---- Which conducts the thinker to the very source of the thought -- Embittered and scornful souls -- Coarse self-indulgence and low standards of this age -- The complex and creaking mechanism of society today -- He walked with proprietorial air on the pavements of the town -- Keenly criticized -- The mental spheres which sur round every man full tused tentmarria ce -- Is but a morning mirage -- Who become mere dilettantes and dreamers dw dem vion es and ---- The hidden light within his own being and mainte-rave ent---- This immature enthusiasm for such an ideal structon on ----Existence is so rapid and so vivid today
--The unaccustomed attitudes of the Hatha Yoga
--With the central source of life
--These brain-children -- A means to grant the spirit its enfranchisement -- The flimsy spohistry mindt to mutadiliupe electenu ent---- The elusive happiness of Emerson come usage income for enti--- Every man has his mystical moments took a to as all sew and ---- The intellectual registration of opinions side and acita"---To teach the old truths in a new way mehive effaiteve en --

10

-- Was the uncompromising command of Jesus -- My pen cannot make it plain senimoob wiend blod don ob I ---- This unfortunate and unnecessary misunderstanding at #1---- The untutored intelligence of these poor peasants ned ow---- Comes as an apt and opportune reminder and antiones ni---- When we analyze the contents of our own conscience -- Ignorance posing as knowledge and to awobniw scalingil on ---- This pugnacious piece of writing data motato isnotati eff---- These pallid poseurs to see the seconds sorely difference. Why use unnecessarily enignatical speech? These palli of---- This drab and mechanical age of bedsler ora smeldorg saed ---- Has brought a fresh force into av , not suits sneapig a el---- To indulge in the luxurious peace of reveries -- This tawdry and tiresome antiqued esolo ands entuper filtw----Portrayed in print or shadowed forth on the screen and sill---- Driving his divine inspiration into mellow literary achievement sents two to etil istoremmon bus fanoit daynoo ad ---- Who claim supernatural powers -- Hergon's beguiling system ---- This brilliant but ill\_starred managegesson swotnesting of ---- A meeting-ground between East and West and rio hiw addapont ---- Who argue so ardently reert -- These arrogant assumptions ovd beitities at do idw dturt A---- A world estranged from the spiritual life on ent mort isi---- Yet when one penetrates more deeply into this ancient problem -- Imbittered and scornful couls --Astonishingly archaic busts wol bus soneglubut-lies earsol---The meaningless blare of saxaphones o subget bedmulqmu edl---- He appeared in the literary sky decades ago ne zelomos en ---- When we examine current opinions on the matter -- I opposed my common sense to his smooth cajoling vines ---- That beautiful unison of hearts which occurs in a real marriage marriage -- These holy men who dream their days away so uselessly on ---- The ever-shining One -- The coloured electrically-limned figures which adorn the buildings and which luminously spell "Broadway" of sometaix ---- With this formidable assembly of accomplishments -- Bigots who cannot talk except with partiality and passion\_ -- These fanciful interpretations of the ancient texts eaed ---- This stone-grey and somewhat chilly period ners of ansem A---- The unstable equilibrium of their minds aidogs vamift and ---- The adolescent assurance nearent to sendique evisuse off ---- The weariness of a despairing epoch-sum aid and nam yrevi---- "Cries the outraged cleric" nothernsiger fautoelland and---- The available evidence is winsufficients blo add most of-

-- With all the precision of modern scientific methods -The paradoxical personality of mip is at mism at ---The marbled words of his flawless prosepury and sill--The French possess a flair foreigned at essuing ent--His strong concentrated phrasestiles and less of--His venomous satir-basisin Januamos at vaolana edr--- To quench one's life in the waters of suicide ledi--- Taxquenahxwanks I hesitate to conjecture what -A life in its highest moments as will as name -Despite the faults of enthusiastic exaggeration to which writers of this school have accustomed -O great Sur1 "Take from me these moments of reverence mt besnon asa Inca snorts aliand of homage, " -Then the gods will annihilate the old epoch with the flashing thunderbolts of their punishment -- Few men form the subject of a legend within their lifetime -- Possesses a plentiful store of ideas in his cranium -Accustomed to accurately think -The spiritualized conception of dasq baldmuro ed!--- Who have made life slavishly obedient to their crude superstitionsram Jon bna at vilaar ed as nam work es ned --He said, as glibly as if he knew what he was talking about the truth about man is being perpetually re-distance -- Title "The Sublime Eccentric" yrave to eath end yo be -Then a man cares for less of the plaudits of the crowd than ... This exaggerated sin of much of itsis simplyangov ni -- His convincing and aloquent defenses sag quab fadT ----These silent unrecorded men -- May challenge the arcana of the occultists end al--- Spiritual adolescents who proclaim themselves leaders of a new cult and proceed to gather a group of satelites ---- Flephants are the tusked kings of the forests and ---To come to an understanding of one's self! on medi---The thoughts come to a dead halt -Pocket theiroemolumentsgant Lauttrigs mo viggs of---Embedded a leaden bullet in his lung sit to stisits -The great figures of the Roman forum name as now ---Then we are led to the unescapable conclusion that--The book is misledding to noitanimin fautirige off--All roads lead to truth asabl lo notistactinam off--Caught up in the clouds of intellectual subtlety and -Deeply loccupied my mindoling vitol mort basses ofpuerilities -The stricken leaves of autumn "simedon of essociate" elitt--

- stonder of the precision of modern scientific methods
-His brain is an incubator of coreq isolvebersq esi-
nis instructions are cuite exclicit and a large and
-The phrase is particularly pointed saoq done of our
-TO ICCL the reality of the soulls existence
The analogy is somewhat misleading
Ineir parade of 1s a mere pose
Ine Strange uniamiliar figure
A woman as witty as Ninon Lienclos
-The over-plous agherence to Hinduism
-To give immediate and instructive obedience to this
divine monitor seems seed on monitorial land Jeons O
-His strong soul was housed in
Poverty had filched most of the joys from his life
Desire ran faster than the opportunity and address?
enticizities strangely fari a lo justius ent much nem well-
-Once admit these premises and the entire superstruc-
-The crumbled past to notigenous beatlantituality and
The tyranny imposed traditional forms and even ont
When we know man as he really is and not merely as
he appears
he appears and January and it as yiddle as blas el-
ed by the wise of every age neon emilded ed?" oldif-
Those unfamiliar with the doctrines and phraseology
in vogue among the X to me bed stengare sid!
-That deep peace wherein our egoistic strivings come
to an end new periopermy inelia esemp-
In the deepistiliness to snapra said egneciado yak
a lo Who hesitate to face in silence their inner selves-
A succession of existences in the flesh bas Jan wen
-When winds and in three less that the less that the
When minds are in tuned a began end era admings in-
When we trace the history of the man's search after truth
VACIA MINOR II UN ORIUS GITTURETTU DILL'E
-To apply our spiritual inspirations to the practical
affairs of life anul ald at salled medsal a Bebbodmi-
Such an examination of ansaifx one self ser ent-
Self-appreciation idagspeens ods of bel ers ew medi
-The spiritual culmination of one siselfat wood ent-
-The manifestation of ideas previously impressed on
the mindidua lautoelledat to absolo edd mi qu ddguet-
-To descend from lofty philosophy to mere fallacious-
puerilities mandua to savasi nambirda ent-
-Title "Staircase to Bohemia"

--Only the sages perceive its existence, so deep does it -- Can but vaguely report to the unheeding ears of man what we had heard from these others less than the best of the state -- I shall not write of them because they are experiences ir--- One finds little doctrine in the depth Editory suchasment ---- One can ignore the vulgar and vituperative abuse -- The teacher's functions finish when si acoust to ano at ell---- When forty advocates of -- Wrapped in solitude -- Tolerance of worn-out traditions need not extend so far -- The pleasure-hunting crowd circled around the ball room to the sounds of saxaphones and -- Who strive and starve for riches fifthe entire the dead enti--- Eminent scholars have scrutinized -- vrotevm mori---- He was seated cross-legged in meditation session edahed ---- Is the bedrock of -- Diseased bodies and distorted minds Ties-diride edi ---- His eyes avoided the -- Burned in the depths of man sabeingulov varetil dauordi ----Ponetrating phraseology -- These human derelicts bedreash bas adslosed ---- Give and for give -- When we turn inwards, the true self berevoc era silsw off---- On the subject of mysticism was taken up within the academic walls walls --Will pain their pedagogical minds that a later set enal---- Had lost their first fascination tamp begs storom yelow---- Standing in the fierce light which and lo seiromen teroed ---- These obscure premonitions of estimute virtualibroard and ---- Lights up the dark subject for usdxe sud evidewadas sid! ---- Most of us are involved in a crowded a sidt to facigut al---- Is not defeat mas concretttb to shiptro lautoslictat edT ---- Let us look for a way of down which will embody van sil---- The tremendous upheaval of our times world need reinome !---- Mundane matters mand down ob vam mestaudine befortball---- Augrest spertness of the spirit tost-to-restan shit tent---- Is a new and notable thing in the history of one to the butter. -- Neurotics who think and live in a narrow world two emissor--- My equable and philosophic temperament now stood me in good stead Ludgate Mill -- His audacity is to be admired -- They move across a background which can only be described as banal -Leisure torments us

-- Baffles our best thinkers xe sti evicered sease and vino---- The significance of this fact hardly calls for comment off -- They ar e a shy brood, the sent to troper viergev tud na ---- Dictated by our deepest selves and send mort brack bad ew \_-Self-deluded dreamerns esuseed ment to estre ton flads I---- Pungent and piquant revelations relevant to the present -- Tremendous truths diggeb and an entries doctrine and---- One is first amazed and iv bue realuv end erong i uso and---- He is one of those feeund writers of signof a reduced ad ---- Wrapped in solitude --Wrapped in solitude
--Napoleon, "The scaptered hermit" two-nrow to somerefor----With no friend but his pentio bworo gnidaud-erusselq adT---- With no fortune but his brain a enongenes to shapes ent of -- The best in life still eludes a man everte bus everte of W---- From the xxxxx mystery-faced subject eved analogos inenima ---- Sedate recluses of philosophic groves sero betses saw el---- Is the bedrock of our being bet votato bas seibod bessesid ---- The spirit-self -- His eyes avoided the -- Through literary voluptuouspess to addeb add at bearus ---- Penetrating phraseology -- The se human dereliets -- Desolate and deserted -- Give and for give -- The walls are covered with a plethora of portraits -- Which reveal a men to himself maiolitavm to toefdua ent no---- Mocks the world with a moment's respite walls -- Make the mind a paradise buin [solgogabeq ried sisq []iW---- Noisy motors sped past him iteniosel taril ried teol beH---- Secret memories of when we face the god within; gnibusta---- The extraordinarily erudite pages of nomena eruosdo saer ---- This exhaustive but exhausting to endus wireb and que addgid---- Is typical of this age of mass production eas an lo Jaoli---- The intellectual origins of difference can be traced to ---- We may dislike to disturb such precedents to soof au Jal ---- Memories seen through the mists o favaedus suchnement ed! ----Misdirected enthusiasm may do much harm graften sashoul---- That this matter-of-fact prosaic man should be a profound student of occultism surprises me nint eldaton bns wen a al---- Matter-minded race -- The cursory review of -- Claims our regard today and evil bus which one selection well---- I appreciated the honour and thanked him for it idams vid---- I have plodded the pavements between Charing Cross and pers Ludgate Hill berimbs ed of at volcabus atH ---- Mahatma mummery neo de ide burorgoloso a ssoros evon yed -- Stretching analogy too far

--Leisure torments us

文

-- The centreless men of today of eldenu era beselfininu edT--- A member of Vanity Fair since box to sessand Iuliuolos edT--- Pagan and primeval rites les lo stoot edt otal mwob og oT---- Pagan and primeval rites
-- Like an unloved woman who vainly reaches out empty hands --Mystics talk of their inexpressible emotions -- Waters of the new peace I have found avent lastingesofing ----Perusing the sonorous periods of this book -- Lasting lustre -- This anotent abstruse teaching -- Stung by his waspish wit metolizatef soveif wil ---- Contrasts of East and West -- In th provides its own proof -- We awaken into self-reality -- The road to myself -- A philosophic nut to crack -- To prune oneself in the principles of seelf of seit at tabl---- An idea which commands my cordial acquiescence -- This erudite exposition work aw Jent arising to notesino ---- The fated fatility of life -- "The Attic Paradise" -The dull drudges of the pross -- Hard and heartless --Paralyzing pedentry -- Heard within from the unseen master -- The mystery of the half-revealed air dilw queb nozaes of---- A small book of large significancequ allal eserde abd aA---- Consumed by this search for truth or beauque at neitheub?---- This subterranear entity in man ent to flourest afastit ent---- Debate things with all the dogmatism of ignorance
-- Require a rich daubing with white-wash- these occult schools
-- The merry paradoxes of Chesterton --One's own self -- The squalid tenements of the sluns --Mental stilettes ito nreds of beforedus ed Jaum mislo sin----Persuasive prose-dull discourse only office ed galdaird---- Intoxicated by a heady idealism citival que beneficua off--- To go untrimmed past the editorial most and air que to de----Who tread the narrow path of precedent
--When we feel ourselves to be obeying a profound spiritual
impulse -- Can only be comprehensible if vistavinu a visitas vem ti---- The point of prime importance is that lath sin an initationold-To cacclaim and accept publicly beniler bas seen agid sil---- What a man was from the deepest deep within him -- I was denied this potential pleasure sidrausig has these sig---- Further the cause and fight its battle was Jon IIIw di dui---- She was stung by the scorpion of jeilousy lassb-mea ond al---Will reproach me for being a somewhat flippant philosopher -- In extravagant Eastern phrases emit revo domuitt/ of at idbamas reine of --

-- The uninitiated are unable to say to new assistance eff--- The colourful phrases of modernismiss withev to redmem A---- To go down into the roots of self-jir lavening bas magel--- The legend has been busy with the theme -- opening exil---- Infinitely intriguing aldiasorment rieds to also soldsym--- In the harsh phrase of -- beresnee-less bus bedoadeb aiH---- Philosophical forays basel evan I somed wen ent lo aretain---- Saints and skunks aid to aborted sucrones set guisered ---- To write quick improvisitations erhaul intrasi---- This ancient abstruse teaching --Stung by his waspish wit -- The fierce fanaticism -- Contrasts of Mast and West -- Truth provides its own proof -- We awaken into self-reality -- The road to myself -- A philosophio nut to orack -- Lost in the Endless to relationing ent at lesson saura of---- It was enough to make a priestly m abnammoo nothweel nA-- "in the serene words of Wordsworth" to not those aid nI---- Confusion of affairs that we lack perspective tibure aid ---- The fated futility of life -- "The Attle Paradtae" -The dull drudges of the press -- Hard and heartless -- Paralyzing pedantry Tetass neesnu edt mort nidthw braek---- To season deep with the central rumour and to vredaym on ---- As this phrase falls upon the early ognal to wood I lama A--- Education is supposed to have eradicated superstition and ---- The titanic turnoil of the warmi villes manner adus a bil---- Is mere shadow-chasing stammed and fie ditw agnid ataded ---- The painted Circes of the streets gardueb doin a entuped ---It is then that life seems of little use mobara versm edi---- One's own self -- One's own self subjected to stern criticism its fatness---- Drinking the white wine of illumina ted thought evisaua 10 ---- The published perplexities of our thinkers yd betesixoni---- Shut up in his prison house of flesh tree bermittnu og of---- In the sincere sentences of Smith eq worren edt beert odW---- The mummified creeds activedo ed of sevier uo leef ew nedW---- To free the mind from every extraneous thought ealuquite -- It may satisfy a university graduate nederamon ed vino nad---- Practicing his intellectual acrobatios only to sales aff---- His high nose and refined mouth gave his face an aristocratic -- What a man was from the deepest deep within him -- Pleasant and plausible mussplq Isitnetoq sidt beineb saw I---- But it will not satisfy a man of affairs esuso ed redrud---- In the sun-dazzling day light of the East vd gruts aswed ---- Indulge in literary bomb-th rowing ted not an dosorger film---- This self, exceeding -- In extravagent Eastern phrases -- To enter samadhi is to triumph over time

```
-- Of little meaning and cless worth teng esect lis topocs of--
 -- To discover and disclose mera sint to emable in inelis ent--
 -- Tedious philosophic disquietude inta-lisa lo saspora sint--
 -- Hasty journalism gooffud driw doeldus ed atsicossa of al--
 -- The supreme spiritual event in a mante clife der daum nal--
 -- The beginningless spirit Horofilth Laurelletal Aftha of--
 -- We look in vain for the visible and material to betoken --
 -- The gospel of transfiguration notions eatose byon seeb ell--
 -- Acidulated utterance allysa bedsignalisab Jaom out to and--
 -- Moves in my thought
                                  -- The gross irrationalities
 -- Attracted by the elaboratelyn bus ered au nithy at neveek --
Title d'The Romantic Stockbroker." sang ont ed faum ered --
 -- The concealed egotism of the teachers
 -- An instant and an imperative decision sisking Jasuperl en --
 -- I raked my recollection of slasht data bas setted yet last --
 -- Who cannot restrain their scribbling propensities
 -- Socrates, the inimitable cross-examiner of his contemporaries
 -- Our speed-crazed century not it it areque visum exate im off-
 -- This brilliant but shallow f to selduors ent bessuosib ell--
 -- THIE spiritual movements which are astir in the world among
 -- When a contemplative mood falls upon the mind said new --
 -- The felicitous awareness of the real selfs to Jivanua y --
 -- His uncanny ability to uncover the hidden motives of but A --
 -- The world today prefers people who woll tand againing eff--
 -- Now he treads the primrose path and makes thousands of
                         -- work which needs time and trouble
 -- Who have an austere regard for the truthels Iliw nes new--
 -- When we still the surface activities which keep most of us
so busy; when we poise the mind in its own spacious being --
 -- Men who secured financial dominion at seing off new semiT--
 -- The main characteristics of the --- X--- philosophy on eas
                                     -- The author assures that
 --/The moon moved
                                          adecade consta edT ---
 -- In these democratic days
                                  to reel and asimath vam el --
 -- Mistaken and misleading
                                     --Philosophical hysteria
 -- To enjoy one's own being
 -- The high seat of the soul any relugog and of assertes ni--
 -- Fussy fanatics who lack honour theuperl at fact brow a gl--
 -- The revered sages of ancient Indiacimon diff nisbaib of --
 -- A psychological puzzle of lique viscenia gnixool save al --
 -- Those who regard these doctrines as psychological fantasies
 -- The gap between promise and performance in them to word--
 -- To gain a new and a deeper knowledge of one self 1 mas and--
 -- The attempt to drag divinity into the most trivial affairs
```

of everyday life

-- A farrage of fiction and absurdities

-- Who worship disinterested gods

-- To accept all these pretensions uncritically on olddil 10---- The silent guidance of this great teacher but revocate of--- This process of self-stripping tupath addesolide sweitst---- Is to associate the subject with buffoonery samuel vasil---- Man must return to the first source I suffice energies eff--- To shirk intellectual difficulties rigs as al minute of ---- Thoroughly tested findings Idisiv and not miav at doct aW---- He does not despise emotion no literum flament to feggo saft ---- One of the most distinguished stylists of our time lubio -draught vm ni sevoli---- The gross irrationalities -- Heaven is with us here and now estatodate sit yo baseatta---- There must be the pure self somewhere and I must be the pure self -- The concealed exotism of the teachers -- The frequent crisis of contemporaries of the world -- Healthy bodies and high ideals to goldoolioper vm beder I---- That strong but squalid period- the Victorian era of utili--- Socrates, the triming of the renimare-score eldetimint end , asternock---- Who mistake mushy superstiti ton formes besero-beers THO ---- He discussed the troubles of today with an airy severity ---- Arrayed themselves against these ideas you laudinius wink---- When Christ faced the hypocrites of his age metros a new ---- My pursuit of the clusive Absolute anarawa suoticite? en ---- A judic ious jumble bid ent revoens of willing vansans sin ---- The writings that flowed from his pen and valed birow ent---- Exhortatory writings has died exeming end absent ed woll---- A work which needs time and trouble -- When man will slowly drop the gun for the plough avad con---- The drivel of these detractors and me and II be ew ner! -- There is as much absurdity in these arguments as in those of -- Times when the priests persecuted and the faggots blazed -are no more cacling --- I--- and to soid aired out and outer ent---- The author assures that -- The moon moved -- The stucco streets eveb obseroomeb esedd oI ---- We may dismiss the fear of antheefatm bee nedstail ---- Philosophical hysteria gained mwo a ano voins of ---- In deference to the popular prejudice to the day in and ---- Is a word that is frequently misapplied w soltenal year! ---- To disdain glib promises and discard to sees between ent---- Yis eyes looking directly pupil to pupil into mine avag ---- Reclusive Yogis who live like on in the shells was ---- Back of their minds lies the thoughtmore needed que on ---- One can rationally justify this conception wen s. miss of ---To trust a true instinct of the vinter by and of dements of ---- Who worship disinterested gods of everydev life -- A farrage of fiction and absurdities

--- The ever-peaceful inner self Jastino we to down dold ----- This sarcastic scriberilet intrigant bne etamital esed?---- My thinly covered scalpwa to ratava as to saintoob sall ---- In the world where printer's ink is accepted as gospel -- These exaggerated pretensions --Startling significance anword suedshw ydgoselid ---- The garish sensationalism of the Cinama eresaus sint ---- The declared followers openu to enture ent douce of al-the spiritual path finders of service men a ned ---- The sense of exhilarated contents beybelwomies as at en--- Which the world so patently requires a seconficial off--- His direct and uncompromising style seld to solid si--- High-sounding phrases cannot alter low facts -- The half-remembered facts of the past syad doldw stos ---- The criticisms are quite fair of a garatet you maged eff--- We have vague allusions but get no descriptions above ---- They say "Who is the John?" fine orthogone ed ---- We live like a recluse in a garretytilence and resup ent---- When I write the se reflections of queb bevevious save sin---- The word brought to my mind the picture of a person -- His keenly-barbed wit -- Then book is written with graphic detail and sedus is ano ---- He is a man of vast and varied genius a mov nist tw ewil---- He possesses a thorough acquaintance with the subject -- To acquaint man with his own higher possibilities -- The occult self of man to average and at a contract. -- To live in the immediacy of the eternal self, the Now -- Coined the version placed as outs lautition besuines eds al---- This numb and nerveless -- Uraws a cautious comparison -- Graceless ghouls of tomb-spoilers mirams ence alsever el---- A prostitute from the slums brought to the bed of newba---- This lonely awareness of one's inmost -- Authors who write or riot in rhetoric lease has Joane na---- The mysterious thrill of such moments as as studel off-e-His quality radiates guivrrudau ent . Luca benistanu ent ---- To get a proper perspective on things of al leasen assessed -- Thinkers and their theorems egacater has concosinimon al---- The experiment of this unique philosophy -- Not worthwhile troubling pen and paper not feathrige ed ---- There is morning in my heart your sid dosorque you ell---- Who exercise their rapacity ways than -- It would be premature to pass full ment if freque as at ell---- Wrapped in the negation of Nirvana -- Eyes fast shut in meditation

4

-- Which much of our current literature contains - reve ent ----- These intimate and inspiring talks dires offseers sid ---- The doctrine of an Avatar of awarenesser ever vinit vM---- Self-awareness, sone si whit a 'redulty eredw birow edd ni---- The conception is more postical than prossic ass esem ---- Philosophy without frowns --Startling significance -- This austere and academic men metlegotteenes datum ed!---- Is to touch the source of understanding of becales en ---- When a man refuses to rest in conventional ruts of thought -- He is an acknowledged authority betarefrixe to eanes eff---- The intellectual ecstasy of this experience went do in W---- Is the price of pleasure anisimorgmoons bus toorib sid---- This is the essential being of a man and anthonos-data---- Facts which have hitherto been known only to students ---- The policy of despair is demonstrably futile assizew A---- He began by tutoring a few, youthstup ors amaiolding off ---- He ended by teaching a whole nation aulis sunsy evan eW---- The eccentric cult -- They say "Who is the John?" -- The queer personality erras s ni esuiper s mil evil eW---- His eyes conveyed deep thoughts to me as oil editu I nade--- For reasons which I shall make clear in the course of this book diw bedred-viness atH ---- Constitutes one of the cannons of the mystical faither ---- Live within your selfings being but bus traw to now a at ed---- Is it a subject fit only for dull cloistered pedants? el---- Is fundamentally far more useful to society Juleupse of---- Paradise is the preroga tive of new to ties simple edi---- The vanishing wealth of the West afterni ent ni evil of ---- In the confused spiritual atmosphere of ctoday ed bento ---- Draws a cautious comparison aselevres bue dann sid!---- He reveals some amazing facts a-dmod to alund aselegard ---- Adventure along the path of self-discovery studitsong A---- Soul-soothing -- This lone ly awareness of one's inmost -- An exact and excellent translation to effrw one storful---- The future was spiced with adventurous if avoited sym eff---- The unstrained soul, the unhurrying body, the strength to possess one self in patience and waitgared regord a deg of---- In reminiscence and retrospection and riod bas aredaid --Promptly and properly rejected to the lasque eff--- The spiritual journey of has new gaildward of hawdrow Joh ---- We may approach this study and profit by it in other ed -ways than -- Who exercise their rapacity -- He is an expert in oratorical orchestration ad bluow #1---- Wrapped in the negetion of Wirvana -- Tyes fast shut in medication

```
-- Leaves us wanderings out ni estre agninasy eldenifebni--
  -- To spread a cloud of mystery upon the truth ides sog off --
   -- To be poised in ourselves Tuo maigs offerm Trend fie mi
   -- Uncanny dark and forbidding studies of magic constragat --
   -- Such claims are contrary to established facts dit sonav
 The sordid but colorful sceneseesny sidt vo bled ers el-
   -- Harness, beaven to earth and next Illy to serseb redain a
  -- Sprinkles his philosophy with a little sportiveness
   -- Most of the average man's actions are dictated by economic
  -Written with academic dryness the of ou vilode flearuov
                                     yourself wholly up to it
 au-liam not are pared to bow the dhead before mixes on ow --
   -- Who appreciate artempedo jadwemos at mobalw to yaw aff--
o Tuo-Higher man within yourself sw arestem steelleb esent do--
   -- Catches and holds our imagination
                                                    own wishes
-act Mean houses with crumbling exwalls on si ofif rentvib ed --
   -- I have not met him in the flesh but he impresses me asabeing
   -- His pen dripping with sentiment, and he writest deum eW--
   -- Spiritualize our scholars
                                                  self-analysis
   -- Put on public record by such great men as bord Bacon all --
   -- He was an able and clever man, a of beouter of forms bas
   -- Pleasure pales off with the years of ariges to small edi--
   -- Its mediocrity is pitifully manifest come na mees vem #I--
   -- To come out with some compelling new restatement and --
 -- About the time when Voltaire threw the burning embers of-
   his satire on a society which
   -- I traversed the town of of nem must fliw segaq sanft TI--
   -- This severe and sincere man
   -- The wise who claim to profess a purer faith than that of-
   -- An assumption that is wholly unterable eldenement of the common people
   -- We must get at the source of life not to eggen sittil--
   -- And as he spoke I felt the despair and woe behind the low-
   tones
                            -- Provides a useful counterpoise to
   -- The attenuated shanks of an ascetio no Hastithe add not--
   -- The field of awareness which surrounds they a da Moon on --
   -- This dismal niche
                               -- This strident city of the West
   -- Dry dons
                        mediaudintes to syminosed reduit edi --
   --Within one's self
                               -- Has a high and serious purpose
   -- I have it in my heart that -- X-somebero alttil doctts I--
   -- The tenuous nature of this evidences estat poeffetal aff --
   -- To search through the tangled labyrinth of occult lore --
   -- Let us lay this bridge over the time gap to soing edt no --
   -- The apologists for this orthodox view boild tog abased --
   -- The restrained quiet quiet .... itif sdidmit onw elgoed --
   -- The pageantry and panoply of ni valupal facing osoling A--
                 sebutitie istnem ruo to sholistum wols sdT --
```

```
-- Indefinable yearnings arise in the heart of a man sval--
   -- The possibilities of spiritual development exist before us
   in all their mystic splendour saviestuo ni besicq ed of --
   -- Experience teache some ther fear nor rashness but to ad-
  vance with prudence wisildates of year Jnoo era amislo doud --
   -- We are held by this unseen hand in the time stream and only
   a higher degree of will than the ordinary can lift us out
  -- The reliseanother way of viewing Vichara and that is to re-
  -- A new element seems to have arisen within your being give yourself wholly up to it
  -- We are seeking the divine but the divine is also seeking us
  -- The way of wisdom is somewhat obscure Ta etaloerogs of
  -- On these delicate matters we are so apt to be misled by our o
                           -- Catones and holds our imagination
  own wishes
  -- The diviner life is not a question of time but of conscious-
have not me thin in the flesh but he impresses me essening
  -- We must dive below our ar face behaviour by the practice of self-analysis
  -- The conduct of a man's spiritual life is a delicate matter
  and cannot be reduced to a rigid technique elds no saw an-
  -- The flame of aspiration must take us upwards to God
  -- It may seem an impossible work buttig at withouten at I--
  -- The humidwelimate of Madras legmon emos ditw tuo emos of--
  -- In this state the relia outched perception and great mental sensitiveness
  -- If these pages will turn men to the reading of their own self
  -Recent tides of the diterary teste of mialo on saiw ed --
  -- An assumption that is wholly untenable elgoeg nonmon end
  --Little respect for ealf to so was and is ten saum eW--
  -- To dis cusis the edoctre released and flet I suga ed as bnA--
  -- Provides a useful counterpoise to
  -- For the edification of their to inweights betaunests ed --
  -- Who mock at every thing mystical w seenersws to bieft ent--
  -- This strident city of the West
                                            enoin famato sidT ---
                                                      -- Dry dons
  -- The higher teachings of spiritualism
                                            -- Within one's self
  -- Has a high and serious purpose
  -- I attach little credence to this statement of it evad I--
  -- The intellect interveness bive sint to enuten success ent--
  -- This bilgrimage into the telegrand out aguord dorses of --
  -- For the price of a paragraph revo eg bind aid yal au del--
  -- Demands not blind acceptance but the deepest sentiment
  -- People who imbibe this ---- stuffeeing benieviser and --
  -- A philosophical inquiry into the nature of man
  -- The slow mutations of our mental attitudes
```

-- They are intended to be nadrudus to seemederq gums enT---- Surgest -- The overworld, the world above -- More fruitful thinkingsalaudine facitifoq on assassog I---- Sophisticated men or simpletonserage vimit ew goinsed A--To trespass upon the adeptisatine liet ano betoegre vi--- When Kant spun out his philosophic web on the shores of the -- If we search within the depths of mind -- The central problem parements inner lifed because sittle---- When our attention is directed inward in the proper way ---- Both Asiatic and European soutlooks bas sos and ich fri---- Once we set on foot the sinner activity this effort to ascentain the true enature of the omenine bebrederage visigifi--- If we combine the shest featurescof bard and bue blo aff ---- This attempt at spiritualisebfedisclosure arebnu IIui A---- To enter into spiritual fellowshiphrusds-yldnisup esent---- When we can accept a sober wiew offlifengoo visuoioano ---- Supplies me with better matter ofor reflection on a Tewani---- The sacred fangs of cantiquityon sid shaengs rosmeo en ---- The arbitrary meledramatic manner to eaton out mort vewa ---- The piecemeal and disjointed character of my writing -- One hopes that their artistic energy will abate serviso ---- Illuminates and fortifies the mind awoner antionto-black---- Since 1911, disaster has sluiced its way into the world ---- Unexpected streams excerts sidt to vignifiever estim of---- His creative inspired work eved vilupitus to segse edl --The charming nebulosities of their teaching in of ton en ---- The deserted temples of the metaphysicians taken from -- Hitherto it has been the haunt of unpractical visionaries -- To become a free heing, a paraunit of consciousness non---- These pious geese who strut a moid as in organizations a sure seems and seems and -- In this clear knowledge and with this emphatic conviction -- Svery man is troubled by an instinct which tells him that he has not done all he is capable of doing; which points significantly toward so goal that is far off and which spurs him into further quests and constant striving maiquose elgnut---- We must intercept the divine impluence which descends on man -- A little experience dn a dispensary will make you a better healer of disease than a lot of reading. Meditation practice is more valuable than theory, eliev ent to anels vienol ent---- They were chastening contacts which took some of the ent-egoism out of his nature and put some humility in its place. -- The more his mind is fit and his heart is ripe for this -initiation the more will he benefit byoit obt berested ed ---- It is mostly the result of the tendencies with which you are born, the temperament which belongs to you saildus ent---But even the high priest must first start as an acolyte

-- The smug pretences of suburban ed at hebnatal era year---- The overworld, the world above -- Surgest -- I possess no political enthusiasmathat da latter? exch---- A Leaning we dimly apprehend and a light we barely see ---- My expectations fell gloomily from their recent zenith to entheopresent madiro dew oldgosolida atd two muga Just nedw ---- If we search within the depths of mind Baltio ses --Little escaped him ! this falcon-eved seer q fartnes en ---- Liptstickedeladiesbraunt betoerth at no theats we neaff---- Fit for the sot and the ruffiansequal bas offsish died--The hysterical fervourtof thendevoteeson no tes ow some---- Rightly apprehended and properly practiced, this system -- The old and the traditional ching tenaciously too ew 11---- A full understanding of oneself carries the commo tation ---- The se quaintly-absurded octrines fautities ofat testes of---- Consciously cognise the transcendental being in manual ---- Answers commonly given to these questions are insufficient -- The censor spreads his protective metticoat become act ---- Away from the noise of the large scities of visitions ent---- He is hard-headed realist's beintojetb bus is emessig ed?---- Carries adoabalistic portent for his rient fant segon enc----World-circling renown bala self a sight of bas asterimali---- First-hand familiarity i becisis and research ifel entis---- To write revealingly of this strange recondite subject ---- The sages of antiquity have know besignat outlant ath---- The motto which I have set at the head of this chapter is -- The deserted temples of the metaphysicians taken from -Antagoniatic turmoilu to daund ent meed and it ofrentin---- When we pass into this subjective solitude a encoad of ---- These pious geese who strut and preen themselves so odiously milis passionate paragraphs by has embelword reels and al-The shallow piece of unripe talked beldword at nem yrev? ---- In the colloquial but colourful phrase Ila onob don asi ad -- Argumentative youth and contemplative age and vitasofile -- Jungle escapism aniviris tratenco bue atemp restruct offic nar-lie has come to final peacei enivit and doponedni dam ell-weather moon gave a mysterious effect to easite as sittle A--Whose blanched bones are scattered among the alb to relacd -- The lonely glens of the valley roads and sideuley stom at -- The loose and fortexture of the precipices overlooking the valley att at willimed emos two bas emutan aid to two maroge -- To chronicle such a remarkable career hain ald eron ad ---- The battered idols of old Indias III we erom end noisalsing -- Tolerant temperaments has tend to disear end viteem at di---- The sublime revelation of the spiritmaragmed and ared one -But even the high priest must first start as an acolyte

-our suffering and our structles with affliction -- there are still places the ne of chall out valu of---- man may be the object of celestial concernmen od ---- a beatific calm descends upon the waiting souland ---- the most apposite analogy is that of X blosic enT---we submit readily to the provocations of the purse--- is not worth having and I for one will have none I-alstromem etum esecli -of it --we exist under the coercion of the clock one of -- visions are irrelevant to the questalas educas ent---- you must be inflexible in your concept of truth di---- our convictions begin to gulver believeled a salid ----we shall raise a new world to the heavens to seed ---- a phoenix risen from the flames of xisasg tallucag---- the first sound audible in that inaudible silence -of Absoluteruo to saimorgmos animumb-sonsisance edT-+ -- this proud yet patient man elgoeg fultauf bas wed ---- farback at the very foundations of the world. -- polite pursultowow and dilw bedaressi at all quo---- in lucid language -- this adept is a custodian of the wisdom of untiquity ---- antience and practice are two essentials on this--The hierement who mould our morelity path -- the sluggishness of the brain limits the flights --Justolv bus aconomis -of the mind -- pander to the tastes of the public squar bus smessage--- the teachings of the past must be adjusted to the -nneds of our present environmental bebreus of Masge---- these professional prophets, (fortune tellers) -- their visions are valueless assing oleasio at time----being but spiritual infirmities Islandonsonary ent---- the adolescent day was growing towards noon of onl---- life achieves a divine freedom and send xills of---- to me every sage is a potential human being sid!----we are lost in the labyrinth of our own intellects --we wait for a nirvana that will not come Was of -- derided by destiny assistif no talosi estimilar eds ---- upon this matter of messiahs we must first clear -our minds of concepcto down doatta for yam birow edd ---- What is the corollary of this conclusion? Holaulanco -- Suffering stays the downward course of man ow out ---- confronted by this kerma to Juo sworn digit audi ---- what is fundamental, not accidental, in Hife way----mindless me chanism balded malseb bases end at doul----we must accept reason as the rule of life to balk---- a faulty philosophy liesym yd enen pesseld of neddinw enew skood ym--

-- These illogical idealists to que has galvellus que--- To play the Plato to an admiring circle are oradi---- Who nourished my soul with high truths, od yam mam---- Like spectres of the Brocken sound miso offitsed s---- The placid days of the past have gone Jeom end ---- "Even the weariest river winds somewhere safe to sea -- Isaat thespointwofnay peny bas gaived drow don al--These mute memorials We are afraid offourselvesoon end tehnu dalke ew---- The astute asiation end of Jusvelevil era anoisiv ---- The mude repelsous quoy at sidixellal ed saum uov ---- Like a bejewelled beggar of nined anoldsivnes auc---- These sterilized souls; birow wen a ealsr Ifada ew---- Peculiar penchanto semsil end mort mestr kineong s---- Gruffi bute groundifigure of at stolbus bases Jayl' end---- The conscience-drugging compromise of our time of to -- Low and lustful people man ingling joy buong sidj ---- The nebulous nature of these theories is soudus ---- Our life is lacerated with the wounds of the last \_\_\_ -- in lucid language -This casual and cursory survey and a al debs aldd---The self-conscious struttings of our as sometime------ The hiercerchs who mould our morality -- The plausible prevails and off to saemislanuis edd ---- Bigorous and violent -- Resent and repelotions edt to setset edt of tebusc---- Bree them from their fetters and to sunidosed end ---- Speak in guarded language gives Jueseng Two To sbenn -- To explore the spiritual caverns within men esent---- Writ in classic phrase eseleulay era anolaly rient---- The transcendental selfimital fautinics jud anied ---- The re-direction of consciousness | jmesselobs end ---- To affix the stamp of social approval avaidos alli---- This confused and complicated generation ave am of---- things one is prone to think but seldom privaleged\_ emos Jon Illw tand anavain a gol disw ew---- the infinite isolation tireless inquiry vd bebitsb---- I have survived my early cynicism attam ald dogs---- the world may not attach much credence to this my conclusion enotaufonce aid to vasiforce edt al tadw---- thus truth grows out of the amoeba of faith almos----we wind these ancient habits around us my al Jadw---- Such is the grand design behind the world assimis---- kind of cosmic emotion di sa nosson iquosa faum ew ---- a faulty philosophy --my books were written to pleases none by myself

-- You must fight thru to the deep enduring conviction that this is true -- the tragic apprehensions of life -- this fugitive show is doomed to disappear like clouds --stiff and frozen state
--long-winded Victorians
-- Are pouring into the laps of the people -- Reality begins to turn her face towards him -- Save us from the maws of chaos --The mind in itself turning inward and rejoicing
--Applaud and accept this teaching
--Sounded strangely to my unaccustomed anglican ear
--boldly denving all appearance
--There is no gift more desired by mankind than great wealth =-Subjects of particularly pointed bits of journalese -- By crusading some country; or in this unparalled age arousing all peoples on this planet --until the truth takes firm root in mind desire -- The pious fictions of x- which carefully omit all mention of -Y- can only appeal to the credulous -- gnawing of unsatisfied -- study ripens into conviction of truth lockels To -- when you seek nothing else but highest truth Inchest --one may perceive intellectually 1-the desirability and necessity of this -- Whether It Les or imaginative fictions as Kill -- Obscurity yields gradually to clarity --- Pseudo-sages imagine of one strait -- Renunciation is of little value when it comes from inability to se the value of the things which have been renounced sandparty to her votaries -- is painful and perturbing was JIKO & suske -- this unsophisticated solitary -- like a weary orator who finishes a string of brilliant phrases with some inspired words that fall tonally flat. -- this age of Mechanization is full of ominous conditions -- -X stumbles on the two crutches of Yours beek with the flickering out of the fires of war -- as to what is the matter with the modern world -- they cast their complaints about J complet-seems -- comes with its consoling message Cella ATEN COM---Since It takes all sorts of fantasies to make a mystic's world of pipper administration and present a mystic's world of pipper administration and present a mystic services of our size -- this flowing stmoon of souls neves onward

-- this flowing stream of souls moves onward -- the errors and terrors of our era -In this time of bitter cynicism and tragic qerbougench takes all sorts of fantasies to make a -- The seductive voice of the siren calls with compoliting charm where there is no real counter-attractin -- Thus we delve into the mine of unconscious being -- How to defend bneself against such weakening thoughts -= When blood is beilling we must let the brain speak foother tions --we grasp at life with wavering clutching hands -Latte is shadowy -Therebus 1170 Tessence Tuablined Motos that Ist -- the glowing days of love, the bitter days of PLITT--- when thought ripens into truth -- Karma coils itself around man like a snake -- where truth gives sanctuary to her votaries -- the Intangible nature of the self surus more p -- soevenirs of the Spirites autre apen it comes thom -= the bedily immurement of our spirit -- such silence was really articulate in --it does not really matter whether you live as king or are desirability and necessial of this -- intellectual deterioration of ja -- Truth, so often sought, so rarely found! --- They came by appointment but left by disappointment -The pet hobby-horse of these mystical jockeys is nutaitions of unsatisfied -- our epoch of Radio and Relativityous chegajons -this is our battlefield - which carefully omit all =Hume Possived the conception cause into a hullity "Such thought redeems man u this blanet -Our minds are dulied to old habits of thought I sq atwinkling lights of the port died off astern as were pushed away into the Indian Ocean -The Arab flopped across the floor in hisked slippers -- One understood the wisdom of those builders who erected their houses with fronts nearly touching each other, thus shutting out the hot sun and give the inhabitants cool shadowy alleys.

--flying fish and red jelly-fish selves in the Indian Ocean. -- Plants grow almost overnight in Ceylon, such is the fertility of its damp hot soil, but they can wither amost as quickly. -- for travel widens one's vision quabbear like clouds -- the tragic apprehensions of life that this is true -- You must fight thru to the deep enduring conviction

) Bradley's errors are, (a) to turn the Absolute into a system or a process; and, (b) to identify the Absolute with its contents. ) Pythagoras travelled widely in his quest of wisdom because in his time the journey from one place to another, visiting reputed teachers, was deemed the best way for acquiring k knowledge. What Bergson calls intuition is called Reason by Hegel. Hegel would rationalize the Overself just as the Hindu mystics would irrationalize it. Hegel's metaphysical Absolute satifys the head by leaves the heart untouched. The old are shattered with cares and worn by anxieties. Streets are filled with the clanging of crowded trams and the chugging of motor buses. ) He was a remorseless idol-breaker in an age of unbelief and overthrow. ) No truth is so obscure that it will not ultimately yield to the penetrative intelligence of man. ) There is little mysticism in the Anglo-Saxon make-up. ) A man who has no settled convictions about life is likely to be at the mercy of each wind that blows over him. ) Man boasts of his material achievements and congratulates himself upon his intellectual development. ) He carried with him a new weapon-the weapon of experience. ) He seeks to enrich his pertinent criticisms in some great newspaper. ) The pleasant chime of bronze church bells made music in the air. ) From my jurgle retreat the tragedies, comedies and dramas of life seem like a dream. ) Every dawn brings the chance for fresh exaltations, new ascent of the spirit. ) He had only wit and hand to protect him from poverty, but man needs nothing more. ) When Yoga dazes the yogi's mind into vacuity it has overreached its limit. ) The symbol is a substitute for reality. ) Caught in the mysterious mesh of fate, we vainly seek to escape. ( ) It is the opening up of a man's inner being. ) He will exhibit a caution of language suggested by experience and enforced by knowledge. ) It does not correct one mistake to make another one.

( ) Bredley's errors are, (a) to turn the Absolute into a system or a process; and, (b) to identify the absolute with its .estentaco -ed mobels to desup and at ylebta bellevert earegardy ( cause in his time the journey from one piace to another, visiting reputed teachers, was deemed the best way for acquiring k knowledge. Mant Bergson calls intuition is called Meason by Hegal. month edt as faut lies to Oversell just as the Hindu mystics sou d irretionalize it. Hegel's metaphysical Absolute satifys the head by Leaves the heart untouched. . welfeirne vo mrow bas saran ditw bereftada era blo sdT Streets are filled with the clanging of growded trans and the chugging of motor buses. letleday lo eas as at ressend-lobt assistrancer s ass el ( .wordirave bus I Mo truth is so obscure that it will not ultimately yield to the penetrative intelligence of man. . ou-sism noxed-oland ent ni mate itaym slittle it erent ( A men who has no settled convictions about life is likely .mid rave swold first harw dose to voram add is ad of astaluteranco bus stuemeveldes latretem std to stasod mall ( interest woon his intellectual development. -re to nogesw add-nogesw wen a sid ditw betrree of ( .eans irea inere emot at employing the pertinent orthogone in come ereat newgoaner. ni blanm sham alied dorund esmord to emido jassasiq aff ( From my jungle retreat the tragedies. comedies and drawer of life seem like a dream. ) Every dawn brings the chance for fresh exaltations, new ascent of the spirit. He had only wit and han to protect him from poverty, but men needs nothing more. ) When Yoga dazes the yogits mind into vacuity it has overresched its limit. The symbol is a sub titute for reality. Caught in the mysterious mesh of fate, we vainly seek to .BGEDES It is the opening up of a men's inner being. -xe vd betreeque sgaugnal to notiuso a itdidxe like el ( perience and enforced by knowledge. eno redione exam of existe ene deerroe don eech di (

(XXX)	
( ) My mind ran over the past until it came to a wintry day	
when I had first met Y.	
(( ) The Yogi's eyes shone brightly. They bore an abstracted	
far away look.	
( ) All the way from here to Hollywood pretty girl's yearn to become stars of the screen.	0
( ) I would like to have peered into the minds of men	
on board Columbusa' ship of discovery.	
( )Winston Churchill: "Crackpotés are a special danger to	
public men. "	
( ) "What a blessim is the gift of sleep! "Winston Churchill:	
( ) I am not competent to give blessings, but I will pray for	-
the higher power to give you It's blessing.	T.
( ) Six feet of earth will make all men equal—apparently:	
( ) It is futile to strain the interpretation of these books to such an extent.	
( ) It is the blind puppet and pitiful dupe of social forces	
instead of being their master.	
/ \	
( )Every man carries his motto, sometimesin his face, some-	
times out of sight in his heart. Choose your motto well.	
( )The ship traversed the long rollers of blue sea.	
( )Heaven forbid that I point the moral or adorn this	
tale.  ( ) The girl lifted her powdered nose in contempt  ( ) Time trips up the feet of many a boasted reputation, often	
The girl lifted her powdered nose in contempt	
( )Time trips up the feet of many a boasted reputation, ofte	n
with the aid of a bottle or a skirt.	
( ) This page in the book of her life is soiled with dust.	
( ) He was a government official: he might have become a sla	As
of rigid souless routine.	
( )It is said that adventures gravitate to the adventurous,	
and we may well believe it.	
( ) The man had set a circle of mystery around himself.	
( ) He is no fixed star shining with a steady light, but a	
transient meteor.	
( ) I know the world well and how much humbug is permitted.	
( ) The lack of money is the root of all evil	
( ) He tried to keep the wolf from the door, though sometime	8
its grisly head and shoulder's mangged to force their way in.	-
( ) We take that as truth which satisfies us most.	
( ) Consider that each face is individually shaped,	
that no two faces are alike.	
( )Plotinus taught that the transcendent God was unconscious	
) I esteem Socrates because he was the first European to	*
pestow attention upon the search for real definitions.	
Appear of a period of the secret rot tear deriut frong.	

(XXX)
( ) My mind rem over the past until it came to a wintry day
when I had first met Y.
(( ) The Yogi's eyes shone brightly. They bore an abstracted far away look.
( ) All the way from here to Hollywood pretty girl's yearn t
become stars of the screen.
on board Columbush' ship of discovery.
( )Winston Churchill: "Crackpotes are a special danger to public men."
( ) "What a blessing is the gift of sleep! "Winston Churchill:
( ) I am not competent to give blessings, but I will pray for
the higher power to give you Its blessing.
( ) Six feet of earth will make all men squal apparently! ( ) It is futile to strain the interpretation of these books
to such an extent.
( ) It is the blind puppet and pitiful dupe of social forces
instead of being their master.
( )Every man cerries his motto, cometimedin his face, some-
times out of sight in bis heart. Choose your motto well.
( )The ship traversed the long rollers of blue sea.
( ) Heaven forbid that I point the moral or adorn this
( ) The girl lifted her powdered nose in contempt
offo trips up the feet of many a boasted reputation, ofte
.jrike s ro eljjod a to bia edi ditw
.) He was a government official: he might have become a sale
of rigid souless routine.
( )It is said that adventures gravitate to the adventurous,
.it evelled Hew yam ew bos
( ) He is no fixed ster chining with a steady light, but a
transient meteor.
( ) I know the world well and how much humbug is permitted.
( ) The lack of money is the root of all evil
( ) He tried to keep the wolf from the door, though sometime its grisly head and shoulder's mangged to force their way in.
.Jaom au aeliaites doite diuri as test exat ( )
(bequade vilambividual at each fose tadi rebiano) ( )
that no two faces are alike.
Plotinus taught that the transcendent God was unconscious
of nations of the second of the first European to second attention upon the search for real definitions.

( )All worldly experiences may become doors to divinity.
( ) We shall then endeavour to express the beauty that is our hearts.

)Philosophy does not ascetically reject the wealth

and warmth of human experience.

) Nature has worked at the world and at man for innumer-

able years!

( ) Quest thus has its own character and its own personality. This it achieves without effort by the mere act of dedicating itself to the incorruptible integrity of truth.

Nothing less shall inform our editorship.

) For this generation Life is a dance, and they are as

ready to change their partners as in a ballroom.

( ) Nevertheless it exists, its final doctrines being jealously-guarded secrets, and a worthier epoch may see its re-emergence at the appointed hour.

( ) Embrace that which thou fearest! Go forward boldly to meet him whom thou dreadest and thou shalt conquer both.

) They love to make a mystery of their peculiar knowledge ( ) Punctuality is not on the list of Oriental virtues. ( ) What can deliver us from it? Only the Overself's

grace.

( ) His staring eyes included me in their gaze, but seemed not to recognize me.

) There is a mine of literary lore in the ancient heri-

tage.

( ) A human existence could not be separated from a painful and suffering one, so long as it is tied to the flesh.

( ) During the inundation of the Nile, many peasants dream away their time in shady spots and idly await the time when t the land is again accessible.

) "Do what you know and perception is converted into

character." Emerson.

( ) Is then our writing more than black ink on white paper? Have we nothing to communicate that is sublime emought to survive its reading?

) We have not enough courage to explore the basis of

our lives.

( ) We shall practically support or resist with the pen any current proposal which will vitally advance or retard man's spiritual welfare. We regard practical neutrality in this sphere as contradictory conception, a pseudoattitude. Such questions demand a straight answer.

( )Those who have come so far and have come moreover to the same conclusions are ready to take the next step in their

own thinking.

( ) Truth is a secret to the unripened mind.

) All worldly experiences may become doors to divinity. at fant then endeavour to express the beauty that is our hearts. ( )Philosophy does not sectionally reject the wealth and wormth of husan expertence. -remment not mam de bone birow and to bedrow and erutable -mosteq nwo ail bas respectate nwo est and sund formo ( lo dos erem edd yd drolle dwoddiw cevelogs di aist .vdile dedicating itself to the importuntible integrity of fruth. Mothing Less shall inform our editorebip. ) For this generation Life is dence, and they are as ready to change their partners as in a ballroom. -Meyertheless it exists, its final doctrines being jeslously-guarded secrets, and a worthler epoch may see its . won being on the appointed hour. ) Enbrace that which thou fearest! Go forward boldly . Atod Tesonos flade world bas thebeen world mode mid teem of ) They love to make a mystery of their peculiar knowledge . sentriv latuel to to tall off no fon al villautono ( a 'llearevo est vino vii movî as revileb man jadw ( -mees dud essa ried al es bebriest seve anirada ell ( ed not to recognize me. There is a mine of literary lore in the encient heri--ulaq a mort beferages ed for bivos sometaixe namud' A ful and suffering one, so long as it is tied to the flesh. During the inundation of the Mile, many pessents dresm away their time in shedy spots and idiy ewell the time when t the land is agein accessible. "The what you know and perception is converted into cheracter." Emerson. )Is then our writing nothing more than black ink on white paper? Have se nothing to communicate that is sublime Cantidost all svivius of inquene ) We have not enough courage to explore the bests of our lives. ( ) We shall practically support or restet with the pen any ourrest proposed willy like the rue or reterd men's spiritual velfere. We regard practical newtraltty in this sphere as contradictory conception, a premioattitude, Such questions desend a straight answer. Those who have come so far and have come moreover to the same conclusions are ready to take the next step in their

.baim benegitum edt of ferses a si diwil (

- natification owo

) The average "bright young thing" of today is bored by any volume with half a pretence to philosophy. ) But at the same time modern circumstances have brought about the necessity of adapting theancient wisdom to modern needs and to the kind of life the West has to live. ) It is better to withhold our verdict then to pass an unfair one. ) But we ought not to misconstrue and misapoly this high teaching. ) It is not an inaccurate picture of the situation but it is certainly makean incomplete one. ) The dark night is also a test for him. ) This will help you to find that path, treading which you will later find for yourself the reality and truth. ) The higher self is neither an imagined fancy nor an intellectual concept. ) Another reason may be his temperamental difficulty in becoming acquainted with alien modes of thought. ) "Fools exalt the mosque and ignore the true temple in the heart, " says the Masnavi. ) He seeks to dwell in a sparsely-populated area. ) Can we not devise some system whereby these rival doctrines may live in wedded union under one roof? ( ) Sentimental rhapsodies have confused religion with mysticism. ) So the Oriental caravan of mysticism winds its long wa way across the pages of history. ) Those who stretched forth their arms into the darkness and plead that Wisdom might come forth sgain. )Attempt more if you would attain more. An infinite peace envelopes him. Whoever thinks he can escape the logic of history is a fool. ) He despised and distrusted women. This will happen by an inevitable psychological law. What I heard here was nothing but the echo of what was heard by that extraordinary man. ) Who is the master, or where is the book to direct us rightly on this way? )They study these subjects in a manner which condemns them to barrenness. ( ) To accept and assimilate the best that Science offers is his wise card. ) Mysticism must set up new standards of duty and create

new notions of spirituality.

	berod at vabot to "gaint young thing" of today is bored ( )
	by any volume with near the same transfer of the property of
	THE RESERVE OF THE PROPERTY OF
	meeds and to inner our bichhold our vendict than to pass
	me bionnik of tofied at dI ( )
	an unfair one.
	high teaching.
	to standing sometimes for at JI ( )
	the sign of the the transfer of the state of
	THE PARTY AND ADDRESS OF THE PARTY ADDRESS OF THE PAR
	. thurs bus without add Thomas and quan ille Sint ( )
	you will later find for yourself the reality and truth.
	ns ron you will later ten self is neither an imagined fancy nor an
	TO THE TAXABLE TO THE PART OF
	eloued every and execution with alien modes of thought.
	The street of the suppose and Jlaxa alooms (
	PERMICAL AND MARKET TO A COLUMN TO THE PERMICAL AND A COLUMN TO THE PERMICAL AND THE PERMIC
E	
	( ) He seeks to uneat the some system whereby these rival
	( ) Gen we not device of the party of the pa
8	doctrines may live in wedded union under one roof?
	doctrines may live in wester have confused religion with
	mysticiam.  So the Oriental caraven of mysticiam winds its long we
	Targard and ( )
	way across the proges of history.
	Will dillo 1200 MT of badecherte ada accomi
	sured buttor output mobally task han to have
	ness and places if you would attain more.
	WILL BRIDIANCE ARROW ARRESTS IN I
1	( ) An initial se beate and constant and ( )
3	Mhoever thinks he can escape the logic of history
	is a fool.
3	Continue to the second to the
	and while the second of the second first
	that is one and the man nothing but the enho of what
	was heard by that extraordinary man.  ( ) Who is the master, or where is the book to direct us
	( ) Who is the mester, or where is
k	
-	rightly on this way! these subjects in a manner which con-
Sir	
Ü	demns them to scrept and assimilate the best that Science offers
6	of Contractions of Contractions of Contractions
1	is his wise card.
-	to appending the day of the maintain ( )
-	new notions of spirituality.
	To an order of Man
13	
100	

,	(2000)
1	To watch the leaves turn through the autumn from dark
-	to golden brown, is a pleasant experience.
green	They finally attained the summit of meta-physical mad-
1	ness by advancing absurd theses.
	( ) A society which functions on such a false postu-
7-4-	( ) A SOCIETY WITCH INDICATORS ON SUCH & LATES POSTA
late.	The illuminated reason needs no bibles!
1	At last he has arrived at his mystical journey's end.
1	At last he has arrived at his mystical journey's own.
(	) What use is philosophy to practical men of the world,
Astre	d in the facts of life?
}	) Our wague gropings after Rightness.
(	) We expiate the past or enjoy its fruits.
1	The magnificant universality of such rere moments.
(	) This Quest of the indefinable infinite.
(	) Those who will develop the hints of esoteric truth
provi	ded in these pages
(	) These questions are not philosophical puzzles offered
with	their solutions to ingenious minds.
(	) We must submit to the discipline of reason.
	( ) When we understand its universality we must bow
	in homage before it.
(	) Only when a superior power gets towerk upon manking
may w	e expect superior results to happen.
(	)These religions raise storms in teacups over their petty
dogma	s. Let us sail out into the grand ocean of truth.
(	) Truth is spiritual sunshine in which we may live and
move	and be happy.
1	) Yoge is a form of recuperation from intellect.
1	) The mental states equiliberated is yoga.
1	) A bed thought should be fought with a good one.
1	) The inner tragedy of our times is as frightening as the
outer	
1	) A Mother was of the spirit against the flesh.
1	) At the price of unparalleled human agony the world is
chang	ing before our eyes.
1	) He sees the inner necessity of her personal suffering
vet :	profers the needed sympathy.
1	) All minds are rooted in, linked to, and parts of one
	universal Mind.
	( ) Philosophy sheds the beneficent light of its know-
1	Ledge in these dark places.
1	) We shall not be left bereft.
1	) The moon was a slender sickle in a vast and clear sky
hada	had with shiny dismonds.

are mort newtus edt dewordt mut seveel edt detsy of ( )
green to golden brown, is a pleasant experience.
-DEM ASSISTED THE SUMMER OF MELSISSISSISSISSISSISSISSISSISSISSISSISSIS
ness by advancing about theses.
( ) A society which functions on such a false postu-
late.
( ) The illuminated remaon meeds no bibles!
.bas a venue, last bay and at his mystical journey's end.
( ) What use is philosophy to practical uen of the world,
former of the Thirth on Andread the ST pen then
versed in the facts of life?
( ) Our wague gropings after Rightness.
( ) We explate the past or enjoy its fruits.
( ) The magnificant universality of such were moments.
. This Guest of the indefinable infinite.
djurd sirejose To stuld edt qoleves illw odw esoni ( )
sense penet at belivere
bereito asiasuq ispidosolida for era anottasup esedī ( )
with their solutions to ingenious minds.
( ) We must submit to the discipline of reason.
wod jama ew willeareving ail basisreban ew medi ( )
in homega before it.
only when a superior power gats tower upon manking
marana mode reason seas teach found in the figure (
may we expect superior results to happen.
( )These religions raise storms in tesoups over their petty
dogmas. Let us sail out into the grand ocean of truth.
bus evil yes aw doing at enidence lauditude at digra ( )
move and be happy.
. tosiletni mori molitarequoer lo mrol s at spoy ( )
agov at bedarediffupe selata latnom off ( )
.eno boog a ditw digroit ed blucda idagodi bed A ( )
edf as gainefagir's as a feeth to to thegart roant edf ( )
outer.
. deel's ent famings firing ent to saw redtom A ( )
at the price of unperalleled human agony the world is
changing before our eyes.
gairellus isacsreq red lo vissessity of her personal suffering
Service and sen to forceous paper and deed all
yet profers the needed sympathy.
eno lo straq has to pexuli tut perce are uputa tiv ( )
universal Mind.
( ) Philosophy sheds the beneficent light of its know
ledge in these dark places.
( ) We shall not be Left bereft.
( ) The moon was a slander sickle in a vest and clear sky
bedecked with shiry dismonds.

п	
	) The wise man who wishes to alter the world will begin with himself.
7	( ) Thou art thyself THAT which thou seekest.
	( ) To write such tomes is but a prodigal waste of ink
*	and paper.
	( ) This peer flickers out its pale
	and pitiful life upon the screen of our modern world.
	( ) Thoughts which have come to me out of the quiet depths
	of spirit.
	( ) (II) Because they make a point of cultivating credul-
	ity, these people have only themselves to blame.
	( ) We must learn to measure our terms.
	( ) No such creed can be tenable by thoughtful men.
	( ) What they openly regard as an advance in knowledge is
	nothing more than an astonishing reversion to primitive myth
	and fantastic lore.
	( ) Philosophy is not irrelevant to the purposeful act-
	ivities and practical interests of men.
	( ) They grovel at X's feet as though he were a God, and
	hurl anathemas at Y's head as though her were a devil.
	( ) The writer's thoughts may flee across the white sheet
	before him while his hand trails laggardly after them. This
	is inspiration.
	( ) If saints entered society they would either edify
	it and dignify it or become sinners themselves.
	( ) The world prefers to give genius a post-mortem popu-
	larity.
	( ) We live amid the shadows of reality, not reality itself
	( ) Lost in the labyrinth's of Hegel's system.
	( ) All actions are descended from thoughts.
	( ) "Why should I believe in God? Why should I so live as
	not to injure others' interests?"
	( )"Mind alone is the (root-) cause of man's bondage and
	liberation."—so says an old authentic Indian Text. What
	does "Mind" mean here?
	( ) There is a mental eugenics as well as a physical.
	( ) Let the light of the Overself shine through us.
	( ) Here is a thought to inspire the minds of men and to
	direct their best efforts.
	( ) Truth is to know the oneness of all existence.
	( ) It is the contemplation of these things which brings
ļ	a man to bitter and penetrating cynicism.
1	( ) We need the bracing inspiration of these doctrines.
	Could we synthesize the best elements of Asiatic and
	European thought and practice?
	( ) This path is but one mode of self-realization; there
	are others.
	or a amora

niged like birow add retis of sedsiw one mam eatwoolf ( )
with himself.
( ) Thou art thyself THAT which thou seekest.
in the state and to state a prodigal waste of ink
and paper.
elsq sfi fuo arewoill
and pitiful life upon the screen of our modern world.
( ) Thoughts which have come to me out of the quiet depths
of spirit.
-lubero gnitavitius lo intoq a exam vent esusces (II) ( )
ity, these people have only themselves to blame.
.aurej fuo arusan to messure ow ( )
( ) No such oreed can be tenable by thoughtful men.
at egbelword it enach as as as brager they openly regard as a state of the control of the contro
nothing more than an astonishing reversion to primitive mythe
-jos Islasogruq and the selected to the purposeful act-
-358 interests of the particular ( )
bus, bod a erew at though he were a God, and
hurl anathemas at Y's head as though her were a devil.
( ) The writer's thoughts may fise across the white sheet
before his while his hand trails laggardly after them. This
is inspiretion.
vibe redite bluow yeds vieloss bereine sinks 11 ( )
it and dignify it or become sinners themselves.
-uqoq merion-tsoq e suines evig of erefere population of the world prefers to give genius e post-mortem population
larity.
( ) We live smid the shadows of reality, not reality itself.
( ) Lost in the labyrinth's of Hegel's system.
. All sotions are descended from thoughts.
( ) "Why should I believe in God? Why should I so live as
not to injure others' interests?
bna egabord atmam to esuse ( /-toor ent at enola bouldes and
liberation." so says an old suthentic Indian Text. What
does "Mind" mean here?
( ) There is a mental sugenfor as well as a physical.
( ) Let the light of the Overself shine through us.
( ) Here is a thought to inspire the minds of men and to
direct their best efforts.
( ) Truth is to know the oneness of all existence.
( ) It is the contemplation of these things which brings
a man to bitter and penetrating cynicism.
( ) We need the bracing inspiration of these doctrines.
( ) Could we synthesize the best elements of Asiatic and
European thought and practice?
( ) This path is but one mode of self-resiteation; there
are ofhers.

( ) They hold themselves up to ridicule with their affectations of omniscience. ) Because he likes his comforts is he, then, like an idle virtuoso, merely playing at philosophy? ) Among the preliminary qualifications of the seeker, patience is essential. ) All formal orations leave me cold. I avoid themas I avoid cemeteries. ) This crucible of life wherein pleasure and pain are fairly well mixed! ) A genial gigantic G.K. C. it was he who remarked to ) The jogtrot of journalism does not allow of much time for ponderous essays. ) He need not retire from the world into cloistered isolation. ) Truth sublates error, scorches prejudice and annuls ignorance. ) These statements will be dismissed as absurd by the better-informed but are likely to be accepted by the ignorant. ) The rise of every great movement coincides with the career of some great man. ) This craving for action is a keynote of modernlife. Conduct expresses character. Can we combine American enthusiasm and energy with Asiatic mellowness and tranquillity. ) Few men of the Western world have penetrated into the secret arcana of the sages. ) The vision of the sage is never circumscribed by petty or personal considerations. ) Is it possible to bind into a unified whole two contrasting natures such as these? ) Is a synthesis of these apparent incompatibles impossible? ) Quote from the Bhagavad Gita p. 338 and pages 216 and 198 of Sankara's "Select Works" saying that without a Guru you may not get at the truth. ) Those who forcibly constrain the intellect to support their beliefs, thereby reveal the weakness of those beliefs. ) Constructive intelligence is at our command. ) Between two evils why accept any? The good is around the corner, if we will but bestir ourselves and seek for it. ) We have lived too long under the tutelage of worn-out traditions. ) The process of spiritual evolution will overtake all.

-Joella wieds this election of or seviesment blod year ( secne los immo to anolda Because he likes his comforts is he, then, like an idle Virtuoso, merely playing at philosophy? Among the preliminary qualifications of the seeker. . Istinesse al concitaç assedt blova I .bloo em evael anoitaro ismrot IIA ( . selvatemes blovs I This crucible of life wherein pleasure and pain are Ibexim Ilew virte? of bedramer one en asw ft .0 .N.O olinamin Isinen A emit fourm to wolls for seeb mailantuot to fortgot ent ( for ponderous assays. -ost berejatele ojni birow edj mori erijer jon been eH ( Truth sublates error, scorobes prejudice and annuls ignorance. These statements will be dismissed as about by the better-informed but are likely to be accepted by the imporant. The rise of every great movement coincides with the career of some great man. . This craving for action is a keynote of moderniffe. Conduct expresses character. Osn we combine American enthusiasm and energy with Asiatic mellowness and tranquillity. ) Fer men of the Western world have penetrated into the secret arcans of the sames. ) The vision of the sage is never circumecribed by petty or personal considerations. -noo owt slow beffing a ofni buid of eldisacq fi al ( trasting natures such as these? -mi seidlisamooni inersage seedi to sisedinys s sI ( Celdissoc Quote from the Bhagavad Gita p. 358 and pages 216 and unu0 a funditw fadt galvas "awrow foeled" a arawas to sel you may not get at the truth. Trose who foreight end nisateno yldiorol onw sanit ( their beliefs, thereby reveal the weskness of those beliefs. .besemed two is at conegilieral evitourismod ( Between two evils why accept any? The good is around the corner, if we will but bestir ourselves and seek Two have lived too long under the tutelage of worn-out traditions. .Ila existrevo Iliw motifulove lauthrica to asserte off (

) To live in intellect and passion alone, unguided by and unvivified by spirit, is to be unregenerate. ) His words still cling to my memory like the subtle fragrance of incense. ) We should try to keep out the author's own personality, to deal with his ideas and not his history. ) He should know himself enough to know at least that such a path is not for him. ( ) He must think of mind as being not an 'other' but as his own self. ) There are many who read through such writings only to fasten on those paragraphs which agree with their own beliefs. This is wrong. The student should be more open-minded. ) S uch men enjoy being martyrs. ) Nirvana. I can wait, will wait. Everest is not to be climbed in a season. I do not even want to climb this Everest of the soul. I want only to keep my direction. ) The theory of spiritual succession is a fallacious one. ) How far indeed are such speech and action from the philosophical attitude. ) It were a pleasanter task to pick oakum in prison than to labour for such ingrates. ) If there is any hope for the spiritual future of man, it must live here. ) This faith in the veracity of print is pitiable. A false thought is not rendered a true one because it is set up in type and printed on white paper. ) Wherever practise does not correspond to theory, we are entitled to set up a question mark. ) They are not imaginative enough enough and certainly not generous enough to be tolerant. ) Destiny demanded that this work should be undertaken, for Truth is not to be cheated of her rightful due. ) We need to be enthusiastic without being fanatic. ) Thus the higher will is strengthened and focussed for the quest's purposes. ) But today Mechanics rules where once Magic held its sway, and we do not dream that there is room in life for both. ( ) Inborn capacity for contemplation supplied me with a readiness to cease from activity and penetrate

the surface and ponder deeply upon things.

die out.

) If there is a vital truth in this message it cannot

nd beblugus, encis science and passises angulating of ( .ejsrenezemmu ed of al .jiyloz vd belilvivnu bas His words still cling to my memory like the subtle fragrance of incense. -largered avo a reditus ent two geed of yrt bluede ew ( ity, to deal with his ideas and not his history. ) He should know himself enough to know at least that such a path is not for him. as jud 'radjo' as for aried as baim lo shift faum ell ( .lies awo ski vino sanijirw dous dauordi bser odw vnam ers eredT ( to fasten on those paragraphs which agree with their own beitefs. This is wrong. The student should be more open-minded. E uch men enjoy being mertyre. Mirvane. I can wait, will wait, Everegt is not to be climbed in a sesson. I do not even want to climb this Everest of the soul. I went only to keep my direction. The theory of spiritual succession is a fallacious one. How far indeed are such speech and action from the philosophical attitude. ) It were a pleasanter task to pick oakum in prison than to labour for such ingrates. lo enutual lautities ent top eque vis ai erent ll .ered evil jaum ji .nem A .eldsiting at intry to vitosrev edt at dish atdr ( ou de al di eaused enc euri a berebner don al dauodi eslal in type and printed on white paper. Wherever practise does not correspond to theory, we are entitled to set up a question mark. They are not imaginative enough contenty and certainly .insteloj ed oj dauone suoteneg jon . nexetrabet ed bluoda from alift fadt bebnameb vnitsed ( for Truth is not to be chested of her rightful due. We need to be enthusiastic without being fanatic. Thus the higher will is strengthened and focussed for the quest's purposes. ) But today Mechanics rules where once Magic held its sway, and we do not dream that there is room in life for both, Indorn capacity for contemplation supplied me

stanteneg bns vilvitos morl eases of agenthaer a ditw

Jonnas il sassem aldi ni diuri lativ a al eredi il (

the surface and ponder deeply upon things.

.Juo sib

) The teacher tears down the rigid structures of primitive thought and wrong belief. ) These pseudo-gurus may puzzle the ignorant by their pretensions, but not for one moment can they deceive the true sage. ) The most valuable gift of the guru to his pupil is the awakening to thought which he imparts to him. ) There are inherent necessities in thought which compel us to form a causative view of things. ) The fountain pen of the man who has passed through the full philosophic discipline will become-if we may be permitted the pun-a veritable fountain of deep thoughts! And to those who would scornfully reject these thoughts as being unreal, we would only answer that the Divine is more real than this world. ) Brahman is unconditioned. It appears to us as the material manifold of thoughts and things. ) The theoretical separation between mind and matter is false: there are no watertight compartments between them. They direct their invectives against the dead, knowing their lies cannot now be refuted. ) His all-round open-mindedness make the philosopic student tolerant of all religions and teachings. ) He was diverted from the path of unworldliness without getting the profits of worldliness. ) Many are like Voltaire, who said that he "sought so many truths and found so many chimeras." ) The possibilities of changing the face of our world by the use of psychic powers dazzle one's imagination. ) The philosophic viewpoint seems to run counter to the common one; it would be more correct to say that it supplements the common viewpoint. ) Truth must be the God of their worship, not man. ) The message must always be shaped to suit the environment that receives it. ) AUM is the summary of all knowledge. ) To take up a path that is long and tedious is to

) Philosophy that is built without the support of

) I have tried to make it plain beyond all question

Such mind control renders man less prone to passion.
All worldly experiences may become doors to divinity.

Science falls down into mere dogma.

that those who follow this path can attain peace.

(Mechanical practices of Yoga are for the lower stage.

invite failure.

The teacher tears down the rigid structures of primitive thought and wrong belief. ) These pseudo-gurus may pussle the ignorant by their pretensions, but not for one moment can they deceive the ) The most valuable gift of the guru to his pupil is the awarening to thought which he imparts to him. -mos daldw interest necessities in thought which compel us to form a causative view of things. The fountain pen of the man who has passed through the full philocophic discipline will become -- if we may be persitted the pun-s veritable fountain of deep thoughtsi And to those who would scornfully reject these thoughts erom at entyill end tant remans vino bluow aw , learne anied as .birow aidt madt faer -jam edt as au oj arsegos ti .bemoitibnoomu at memdera ( erial manifold of thoughts and things. at reijam has baim seewied notisrages Isotisercedi edT ( false; there are no watertight compartments between them. They direct their invectives egainst the dead, knowing their iles cannot now be refuted. -quentling off east east before more the philosopto student tolerant of all religious and teachings. -dir sae diverted from the path of unworldiness without getting the profits of worldliness. os Jagues" en jedt bies ollw eristiov eril ers vaski truths and found so many chimeras." blue wo to east ent gaignade to settlidiesog ent ( notisnigant atone elazab erower oldeyed to see sat vd of refineo mur of amese inicquely oliqueolida eff ( it tant was of formon eron ed bloow it tene common end supplements the common viewpoint. Truth must be the God of their worship, not men. The message must siways be shaped to suit the sn-.Ji savisper jadi jusmnoriv AUM is the summary of all knowledge. To take up a path that is long and tedious is to invite failure. Philosophy that is built without the support of Science falls down into mere dogme. notiseup lis broyed minig it esse of behit even I ( that those who follow this path can attain peace. .egsja rewol edy rol era sgoY to septioera Isoinadoek) Such mind control renders men less prone to passion. All worldly experiences may become doors to divinity.

(XXX)

( ) When they take to literature, the Oriental races are apt to overstrain their metaphors.

( ) The Overself has no history, no evolution and no involution.

( ) We must create the causes if we want to see the effects. We must create worthy plans and put them into prac-

tice, if we want to see a better life.

) He should trace his thoughts down to the roots and

completely clarify his feelings.

( ) "Experience is a teacher good and true, but he demands dreadful wages"— Thomas Carlyle.

) It is neither necessary nor desirable to dispense

with institutions of religion.

- ( ) Never before has time pressed so hardly as now when the final crisis of humanity's fortunes is approaching.
- ( ) Anyone can give his guesses as to how the problems shall be dealt with.

( ) Soured cynics might well say that present conditions are a mocking give at our futureless generation.

( ) We should make searching investigations, if necessary, in order to get at all the facts and all the Truth about each problem.

( )It is an effort that is decidedly worth while, whether it fails or succeeds.

( ) Hitherton, the little thinking that has been done on the question has been confined to a narrow circle of experts.

( ) Those who would like to usher in a utopia must fly to some other planet.

( ) Ideas and practices concerning it have changed with the changing history of the world.

( ) It is hardly necessary to waste time in abrupt criticism of these fancies.

( ) There is in every man a power stronger than despair, mightier than failure,—the power of the higher self.

)Do not act so, for it will invite a punishment that

you will be powerless to escape.

( ) If the mystic does not argue, neither does he attempt to persuade.

( ) Neither the content nor the tone of his statement pleased me.

) There is truth in every word of his long statement.

) I have no desire to push this potentate of Philoso-

phy from his throne.

( ) He has become entangled in the cobwebs of his own thought.

( ) There are thousands of human rabbits hidden away in poky warrens in the sluks.

(EEE) ors sees laineiro edi erujareili of edel yedi neda ( arodesiem rieds mierserevo of ses on bus notiviove on trotaid on and liestevo ant ( involution. ) We must create the causes if we want to see the -osrq oful medf fur bas analq raffrow efect of mem ew .sicelle tice, if we want to see a better life. 'has abour edd of muob atmauedt aid esart bluone ell ( completely clarify his feelings. -eb ad jud earl bus boog redoset a al construction ( mends dreadful wages"- Thomas Carlyle. ) It is neither necessary nor desirable to dispense with institutions of religion. nedw won as ylbrad os besserd emil and eroled revel ( the final crists of humanity's fortunes is approaching. Anyone can give his guesses as to how the problems . fit w flack ed Llads anoitibnos deserg dedt yes Hew Jdalm solnys beruse ( are a moding give at our futureless generation. , wrassed on it anoitagiteevnt unidorses exam bluods ew ( sucds diver to get at all the facts and all the Twith about each problem. renders, elias dirow vibebiseb at Jadi trolle na al JI( it fails or succeeds. ) Hithertog, the little thinking that has been done -xe to elorie worran a of benilnos need as notice of on of vil farm signification and reday of exit fly to some other planet. ) Ideas and practices concerning it have changed with the changing history of the world. -thro founds at emit estesw of wassesen vibred at ti ( icism of these fanciss. There is in every man a power stronger than despair, mightler than failure, -the power of the higher self. fadf dresdainung a estivat Him si not ,os tos ton off( you will be poweriess to escape. -edds and asob reddien espes don asob oldave edd 11 ( mpt to persuade. ) Neither the content nor the tone of his statement pleased me. There is truth in every word of his long statement. -osolid lo statustou sidt dam of erissb on evan I ony from his throne.

He has become entengled in the cobwebs of his own

it yave nebbld efidder neguri to abnesword era ered! (

thought.

poky warrens in the sluke.

( ) We must seek this extension of awareness, this expan-
sion of spiritual apprehension.
( ) Those who regard the surface of things easily fall into such a mistake.
( ) I sailed the seas of learning without any particular
lar port in mind.
( ) Mr. J. has joined the Pharisees. He found he going
too hard poor man.
( ) The mind limits us, the real being, and keeps us from
our divine own.
( ) He was born to rule——A Bookkeeper!
( ) He attempts to answer this ever-recurring question.
( ) There is too much to call on one's credulity in this
book.
) I now begin to see what I have always suspected.
( ) These stabbing sentences.
( ) This will not destroy the poison but merely deflect
it into another channel.
( ) The passion for reality and truth must pervade his
life.
( ) Since the church bells at last tolled for peace.
( ) They are unimportant cults and unworthy of
attention.
( ) Life, by its own mysterious operations, will one day
bring you to initiation.
( ) Beyond me rose the ghost-like form of the mighty
mountain.
( ) Yielded to the poisoned stream of false suggestions
which he poured into their impressionable mentality.
( ) The sum's dying touch turned the field to sudden gold.
Descripted as he is he will established to sudden goad.
( ) Possessed as he is by evil occult forces, he misleads their mind and masters their will.
( )Greece where Homer sang high spics and Praxiteles
worked beauty into stone.
( ) These concepts are riddled with contradictions.
( ) His emotional barque has encountered some dangerous
squalls.
( ) Ceremonial observances do not appeal to all people.
( ) The stars had conspired to bring this strange
event into his life.
( ) Fine words flow from his lips in a cataract.
( ) Minute by minute I watched the light dim down into
night.
( )In religion we find may venerable symbols which carry
much influence to many people.

-naque sidt asserstan of avareness, this expen-
sion of spiritual apprehension.
( ) Those who regard the surface of things easily fall
into such a mistake.
lar port in mind.
( ) Mr. J. has joined the Pharisees. He found he going
too hard poor man.
( ) The mind limits us, the real being, and keeps us from our divine own.
( ) He was born to rule—A Bookseper!
.nolizeup gairmer-reve sini rewenz oi aften de l'
( ) There is too much to call on one's credulity in this
atter lit farinesis a site its rime on more at signify
. beforegame avanta even I take ess of niged won I ( )
( ) These stabbing sentences.
( ) This will not destroy the poison but merely deflect
it into enother channel.
( ) The passion for reality and truth must pervade his
life.
. some on the church bells at last tolled for page. ( )
To yelfrowns bas ablue instruction ers yell ( )
attention.
( ) Life, by its own mysterious operations, will one day bfing you to initiation.
( ) Beyond me rose the ghost-like form of the mighty
mountain,
anolizague esisî în maeris benesion edi of babieli( )
which he poured into their impressionable mentality.
( ) The sun's dying touch turned the field to sudden gold.
( ) Possessed as he is by evil occult forces, he misleads
their mind and masters their will.
( )Greece-where Homer sang high opics and Praxitales
worked besuty into stone.
These concepts are riddled with contradictions.
( ) His emotional barque has encountered some dangerous
.allaupa
( ) Geremontal observances do not appeal to all people.
eyent into his life,
( ) Fine words flow from his lips in a cateract.
( ) Minute by minute I watched the light dim down into
night.
( )In religion we find may venerable symbols which carry
much influence to many people.

I learned that these truths do not belong to any one eligion or people, they belong to the whole world. ) We must stir some strength into our wills. ) But if they were unwilling to do this, then it were better to wait and let evolution perform its slow process of education. Suffering and loss would not be absent from this process, but they would be spread out over longer periods and hence spread thinner. ) Such a nebulous Mirvana is unlikely to satisfy the keen mentality of today. ) There is no Man to whom we can turn for salvation. The speculative profundity of these sages compels admiration. ) His philosophical position was emphatically his own and not borrowed from any other man. ) The miseries he brought to mankind could, however, be turned to good account in the end. ) It gives him a new and better understanding of life. ) Aspirants come from different starting-points and travel alone different courses. ) Not one but several contributory causes wust be & brought in to account for it. ) We do not wear the distinguishing robes of a sect; our garments of prose are made to fit Map-not a few men. ( ) The difficulties you are meeting with in personal life are karmically caused. They are shadows which have fallen out of the far past. ( ) We must not make these changes with meteoric rapidity. ) Under the strain and struggle of quotidian existence, we yearn for the peace of self-forgetting. ) We must awaken to the fact that we live in a mind-) However, mystically untutored minds will not understand this. ) Mystical statements completely elude the contemporary mind. ) It rests neither upon our own intention nor others! intervention. ) We cavil at what we do not understand and carp at what we misunderstand. ) Can we forget the immortal phrases in such books? ) They stretch the long arm of their theories so far out that panting Fact runs after them in vain. ) What are the effects produced by these exercises? ) As Dr. Johnson drily pointed out, any number of rabbits will never make a horse.

one of ground ton ob saturd essent Jad' benrael I ( sligion or people, they belong to the whole world. . siliw rwo odni dignerija emos rija java ew ( ) But if they were unwilling to do this, then it were best to wait and let evolution perform its slow process of education. Suffering and loss would not be absent from this process, but they would be spread out over longer periods and bence apread thinner. Such a mebulous Mirvans is unlikely to satisfy the keen mentality of today. There is no Men to whom we can turn for salvation. The speculative profundity of these sages compels ad-.notfarim ) His philosophical posttion was emphatically his own and not borrowed from any other men. The miseries he brought to mankind could, however, be turned to good account in the end, It gives him a new and better understanding of life. Aspirants come from different starting-points and travel along different courses. The d severe contributory causes and end for ( . Il vol jawoods of al Jaguord a to see or the distinguishing robes of a sect; our garments of prose ere made to fit Man-not a few men. The difficulties you are meeting with in personal life ere kermically caused. They are shedown which have fallen out of the far past. -bigsr of make these changes with meteoric rapid-) Under the strain and struggle of quotidian existence, I by . we yearn for the peace of self-forgetting. -bnie a ni evil en tant tos? odt of nedara Java en ( -rebnu for ille shits berofutuu vilsolfaya, revewel ( Mystical statements completely elude the contemporary stand this. It rests neither upon our own intention nor others! intervention. ) We cavil at what we do not understand and carp at .bustersbrue im ew Janw Can we forget the immortal phrases in such books? They atretch the long arm of their theories so far out that penting Fact runs after them in wain. ) what are the effects produced by these exercises? is in. Johnson drily pointed out, any number of rebbits will nover make a horse.

LONE !

(60) I sailed the seas of learning without any particula port in mind.

(61) Mr. J. has joined the Pharisees. He found the going

too hard poor man.

(62) -- the mind limits us, the real being, and keeps us from our divine own.

(63) He was born to rule-A Bookkeeper!

(64) He attempts to answer this ever-recurring question.

(65) There is too much to call on one's crudulity in this book

(66) N I now begin to see what I have always suspected.

(67) These stabbing sentences.

(68) This will not destroy the poison but merely deflect it into another channel.

(69) The passion for reality and truth must pervade his life.

(70) Since the church bells at last tolled for peace. (71) They are unimportant cults and unworthy of attention.

(72) Life, by its own mysterious operations, will one day bring you to initiation.

(73) Beyond me rose the ghost-like form of the mighty

mountain.

(74) Yielded to the poisoned stream of false suggestions which he poured into their impressionable mentality.

(75) The sun's dying touch turned the field to sudden gold.

(76) Possessed as he is by evil occult forces, he misleads their mind and masters their will.

(77) Greece-where Homer sang high epics and Praxiteles worked beauty into stone.

(78) These concepts are riddled with contradictions.

(79) His barque has encountered some dangerous squalls. (emotional)

Ceremonial observances do not appeal to all people. (80)

The stars had conspired to bring this strange event (81) into his life. (82)

Fine words flow from his lips in a cataract.

Minute by minute I watched the light dim down into (83) night.

(84) In religion we find may venerable symbols which carry much influence to many people.

(85) To watch the leaves turn through the autumn from dark green to golden brown, is a pleasant experience.

(86) They finally attained the summit of meta-physical madness by advancing absurd theses.

(87) A society, which functions on such a false postulate.

alunities was junding aligned to sees out belies I is . . Bortm of Jroq Mr. J. has joined the Phartsees. He found the going (61) too hard goor man. -- the mind limits us, the real being, and keeps us (62) from our divine own. He was born to rule -- A Bookkeeper! (88) He attempts to snewer this ever-recurring question. (64) There is too much to call on one's cruentity in Mood sind (66) N I now begin to see what I have always suspected. These stabbing sentences. This will not destroy the solson but merely deflect it into snother channel. The passion for reality and truth must pervade his (69) .slife. Since the church bells at last tolled for peace. (71) They are unimportant cults and unworthy of attention. bife, by its own mysterious operations, will one day bring you to initiation. (37) Beyond me rose the phost-like form of the mighty . mistauca Yielded to the polsoned stress of false suggestions which he poured into their impressionable mentality. (75) The sun's dying touch turned the field to sudden gold. Possessed as he is by evil occult forces, he mistheir mind and masters their will. (77) Greece-where Homer same high epics and Prexiteles worked beauty into stone. These concepts are riddled with contradictions. (87) His barque has encountered some dangerous squalls. (Lanolfons) Ceremonial observances do not assert to all people. The stars had conspired to bring this strange event into his life. Fine words flow from his line in a cataract. Minute by minute I watched the light dim down into (88) .Jdain In religion we find may venerable symbols which much influence to many people.

(85) To watch the Leaves turn timough the autumn from dark green to golden brown, is a cleasant experience.
(86) They finally estained the current of the final from the current of the final formula of the final formula

(86) They finally attained the summit of meta-physical madness by advencing absurd theses.

(87) A society, which functions on such a false postulate.

8%) The illuminated reason needs no bibles!

7089) Yoga is a form of recuperation from intellect. 7191) What use is philosophy to practical men of the world,

392 versed in the facts of life?

93) Our vague gropings ofter Rightness. 594) We expirte the past or enjoy its fruits.

984The magnificient universality of such rare moments.

96 This Quest of the indefinable infinite.

97 )Those who will develop the hints of esoteric truth provided in these pages.....

( 98) These questions are not philosophical puzzles offered

with their solutions to ingenious minds.

( 99 ) We must submit to the discipline of reason.

( 100) When we understand its universality we must bow in homage before it.

( 101) Only when a superior power gets to work upon mankind

may we expect superior results to happen.

( 102 There religions raise storms in teacups over their petty dogmes. Let us sail out into the grand ocean of truth. ( 103) Truth is spiritual sume ine in which we may live

and rove and be happy.

(104) The mental states equiliberated is Yoga

A bad thought should be fought with a good one.

106) The inner tragedy of our times is as frightening as the outer.

108) At the price of unparalled human agony the world is changing before our eyes.

110) He sees the inner necessity of her personal suffering ye proffers the needed sympathy.

111) All minds are rooted in, liked to, and parts of one universal Mind.

( Philosophy sheds the beneficient light of its knowledge in these dark places.

) We shall not be left bereft.

14 ) The moon was slender sickle in a vast an clear sky bedecked with shiny diamonds.

(15 ) When they take to literature, the Oriental races are

apt to overstrain their metaphors.

16 ) The Overself has no history, no evolution and no involution.

The illuminated reason meeds no bibles! At Last he has arrived at his mystical fourney's end. You is a form of recuperation from intellect. tupe actata Latnam boll What use is chilosofty to practical men of the world, Sayered in the facts of life? Our vague gropings after Rightness. "stire expl to the past or enjoy its fruits. . admeson ever flows to villagraving includinger entitle od This Guest of the indefinable infinite. 37 Those who will develop the hints of esoteric truth prowided in these pages .... 98) These questions are not philosophical puzzles offered with their solutions to ingenious minds. . mosaer to emilotosib end of findus Jama ell( ee -mod mi wod faum ow will sarevinu ati brefarebnu ow madwood .di erolad aga Only when a superior power gets to work upon conidad mound of affiner rotte us froms as ven Tiens revo squenes in teneurs andigifor suent goi party dogress. Let us sail out into the grand oceen of truth. 108 Fruth is spiritual sume ine in which we may live . To a form of recuperation from intellect. agoY at bederedtitues setsis is were ed? A bad thought should be fought with a good one. The inner tragedy of our times is as frightening as the A Mothe r was of the spirit against the flash. At the price of unperalied human agony the world is changing before our eyes. Anirellus Ismorrec red lo vissesen renni ent sees TH yet proffers the needed sympathy. All minds are rooted in, liked to, and parts of one universal Mind. Philosophy sheds the beneficient light of its knowledge in these dark places. Me shall not be left bereft. The moon was slender sickle in a vast an clear sky bedecked with shiny diamonds. When they take to literature, the Oriental races are . srodosjem riedj nisrjaravo oj -ni on bns molfulove on , vrojald on and llearevO edT (

)Like Socretes, V.C.T. brought his chela's intell of ( )There are compulsions in his mind which sway his conduct and direct his thinking as the absence detailed and )The ascetic hopes to attain sevenity thru severity! yearning for dreamer's to play with a foot's par dise without sctuality of wind sensel surney to gain agil medicas edit )Too long has the mystic been unfriendly to intellectual processes and uneasy with practical ones. avab mood should ( ) Evil men have corrupted this truth and foolish men have )Their inner life is empty, their sould seemingly dead. lonly with the gradual rise in the level of life-understanding and self-mastery will s iritual maturity come. How few feel the urge to become a spiritual explorer, to search for a truth, a master or a state of being! . Delbbs? )It is needful to retire periodically into solitude ( )It is possible to explain these deeper mysteries or life but to explain them to themany is hard. ) Not a single new mystic of outstanding stature has apple! eared in the West since the war's ond, or for that latter, during the wer itself. Me will remain indifferent wheth r he be calu misted or revered, sneered at or glorified. )The intuitive guidance may also come thru events. ( )It is our that's which give experience its joy or its has bitterness. The presence of such nen in the world may not here us individually but bust hearten us. For it confirms our cumniest intuitions and proves the reality of the mystical goal. )Monsignor Torian, of Varone, once showed me some of the? city's hidden treasures -a 5th century original boy of a text manuscript in Mt. Augustine's own handwriting. ( ) It this stage, there is less to learn from travel and talk than from sitting whiet and being silent. It sallsever yo ( )Both the things be desire, and those we bread bring us into incornation gain. ( )It is undesirable to carry the quest into fentes-The cultivate intuition no so much by strength ming it little by little as by releving the obstroles to it. ( ) They receive and absorb these beliefs with little or no thought. be spetained iron.

)Fate fulfills itself at the appointed time. If there were no infinite power there would be no finite things. The initiation proceeds in perfect silence. Ho words one are needed. was and with the second oldess and have not been disappointed. )The sudden lightning of genius flashes thru these pages and dazzles the reader.

( )Those boom days after the war, when gold sprang up beneath the feet of lucky speculators.

( ) Is it not assuing that they offer this old jargon as new enlughtenment? ) Dreary streets and squalid backyards greet the railway traveller's gaze as he inters London. ) Somewhere between his mind and pen, his thoughts get fuddled. ) A refined taste will abhor all this osychic parade and spiritual pretension. ) These literary mechanicians who write acres of proce for for a waiting public. )There exist ignorant folk the sneer and sniff over this use of time and thought. ( )Such a teaching is hardly high r then the philosophy of a Sunday school. )He is like a mad anarchist who thinks of terms of bombs and bullets instead of logic and commonsense. )Times have changed since the bright day when Mr. Y came on to the stage of life to say his piece. ( )Out trots the ancient bogey of -X-from its dismal haunt. The lovely stillness of the Soul. Its quiet fingers caress my heart. ( )It was Paul who put Christ's simple phrases into hard syllogistic statements and heavy intellectual dogmas. )Alexander insists on matter being prior to mind, thereby revealing his inability to arise above mere empiricism. Bertrand Russell has revived the psychological philosophy of Hume, albeit he has put it in mathematic and scientific garm ments. | train ) Whiteheed holds that matter is primary in comparison ith mind, but he holds also that God is ultimate Reality. ) Sex is something more than a biological function )As Pascal says, the heart too has its reasons. Criticism, which is both unkind and unneceassary should ne thought. be abstained from.

)The momentum of modern X is apparently irresistible, or (XXX) so we think )His name is witely known but his books are little read. )At present our work in preparing a pathway for this message is confined to the few. )The fate of these mummies to be brought from sunny Egypt to grey Bloomsbury, is a sad one. ( ) We will distribute it well and wisely to those alone who are worthy. )The concepts of Vedanta will appear unintelligible to the men who has not taken the trouble to find a competent expounder )So profound that they were rarely while to emerge from their trances before the morning of the next day. ) Nowadays we prefer smart wisecracks to real wisdom. ( ) Propaganda goes on daily by mouth ond microphone, by pen and printing press. )In this pleasure-socked age the search for with is declared dull. )The impact of this teaching on the world of today. )The strange mystery which hides within life, has buffled the keenest minds. ( )The West seems like a wilderness as drear as the Sahara. )These much praised men who begin life as babies without a penny and finish up as millionaires with a pile, may owe their rise to wholly different causes. )We one to Sigmund Freud such useful new psychological terms as "sublimation" rationalization" and "fixation"; "projection" )We take our estimate of life mostly from those whom we regard as the leaders of thought and society. ) We are stirred in unwonted fashion and Stimulated accordingly by these thoughts. ) You cannot weigh truth on a pair of scales. It is something intengible and yet it is real. ) Of what value is this teaching for everyday lift )The teaching rises to the most exalted cosmic concepts. )Those who are imprisioned behind the fence of egoism cannot see truth. heavenly )Whoever reaches this point feels hereens strength and finds supernal light within himself. ) The world's power to disturb us is great.

The nomentum of modern X is apparently irresistible, or so we think the name is wilely known but his books ave little read. lat present our sork in preparing a pathory for this message is confined to the few. Ymus mort thought of of asiamus east to east entry Egypt to ever Bloomsbury, is a sad one. one ends each of vients one lies it adultate in like en ( ; ) The concepts of Vedente will appear unintelligible to the men who has not taken the trouble to find a competent excumder Do orofound the they were rarely abig to emerge from their tremes before the morning of the next day. .moheiw tout of expendent frame refere to real wisdom. Processands goes on daily by mouth end micro, hone, by ben .score anidaine Sma In this pleasure-sorked age the search forfruth is de-. Huh bo alo The inunct of this teaching on the morid of today. )The strongs my tery anich hides within iife, has befilled the keenest minds. The West come like a wilderness as drear as the Branker Incidity colded as elli siyed one men bestem down esent a commy and finish up so militoneires whi a pile, may one their rice to wholly differ at causer. the owe to Elguind Frend such useful new psychological -org" 4"golyski" ins "goryski molyst "golysskidus" as agrej ne made each nort viscom elil to estamisee muo exist ell regard as the leaders of thought end spoicaty. - Proons betweet to an included feetlon and Stimulated account ingly by these thoughts. You cannot weigh truth on a pair of scales. It is somefill value is this teaching for everyday lift them si it tay bee eldingedet amid The terching rises to the most exalted cosmic Those who are imprisioned behind the fend . Bigonco henveilly of egoism cannot see tiuth. Thoever renones this point feels incremit strength and finds supermal light within himself. .Jsers at au drujeib of rewor a'birow edl' (

( ) Life in a town is not elveys more colourful than life ingthe country all desi hed I has view galleet waw I )Wisdom has vacated the threne of manialuotio-viebly a ( ) Fate poured the deadly beison of disappointment into the cup of his hife a mathal me to sight bivly and al )Modern Art has flamed across the Homes of the - Ilid lworld with a conflagration of colour. ( )Black, red, brown and write faces pass before my gaze. ( )The mind is taken captive by the army of thoughts and )Ideas are no longer winged by idealism, but weighted by material smant leaver like neidentmane vicerus a nevel ) Why cannot these occultists demonstrate in bractice what they pronounce in words? lo anoid-anse video and ) A resussitation of spiritual thought is inevitable. ( )While people steadfastly refuse to study these issues then they must accept the consequences. . Japrand laufining ( )We have no time for garra out to the forget to follow heir own advice. . aldigustut bus sidislynt bi - ( ) in unassuming and unassertive men most red the -vworld of his time. . Sill of abut his Jasansas a roll as ( )The divinity in the heart cannot be recorded by a book, howeve however revered it be. and to the the to ( ) Sertain principles must be formulated before we fix the form of our discussion. ... axood vient blo to sisse ( ) Such interests give a spiritual meaning to our lives. ( . 1) We look less for novelty in thi losophy than for novelty in thillosophers, the out boined leyel you Just to selek ( ) Noah would never have been able to complete his ark had he depended on such assistants! - ( ) We have not learnt to exploint life's resources sufficiently to give us real happiness. I do his the slice , care )Spirituality is not a theme to be debated before the stately pitastors of a Parliament House. ) Many marriages are based on calculation, not on love. They are business transactions bearing social or financial rewards, not emotional ones. (me )Breath regulation, measuring and stopping are the three important methods of promoting yogic devel ment, three ohysical means (physical) ( ) The momentum of modern X is a coverently irresistible, or a langy drags parade. so we think. ( )The moods of the soul rise and fall, like the tites of an unknown sea

It is illustrative of the rut and routine of most talk. I was feeling very and. I had just finished reading ! a widely-circulated humorous books betanay and mobet? ( )Courtesy is the oil which lubricates the wheel of life. In the vivid light of an Indian sorning I saw everything most clearly on beauty and fra eraboli Like a yeary orator who finishes a string of brilliant phrases with some uninspired words which fell totally fire flat. Howard to were ent vd evitore medet at onte ent( )
( )What you make of life is more important then what life Makes of your matisest vd beanty regard on ere maeni Twen a sursory examination will reveal that such an assumption is wholly without justification remass you The petty sens-tions of the day have blurred fundamentissues although at Jeamen's isotirtue to moitable super Al ( )The people show life has favored financially has may be ( )The world we see and feel is not less my sterious than the world invisible and intangible. . and was and will a ( ) Te must not mistake a temporary reaction to circumstan-( )Life elternates its process of instruction between Joy and suffering, outer pressure and inner guidance, yeared ( ) We cannot remscitate truth in the moviern world on a basis of old dusty books ... ( ... ) Berkely said he could find no Matter. Hune agreed and went further by saying he could also find no foul or felf. Neither Kent nor Hegel denied the existence of Matter. es Berkeley did, but they reduced this existence of to a form of thought. ladnofalman nous no peopecah en ban ( ) Our work remains sotive in the foreground of consciousness, while our wisdom remains so die inspirer in the background noted betaden ed of energy a for al villagining ) Such - "lew c p be held only by those who prefer withclogy to philosophy no so beard are segriffing year ( )Come may find brist forgetfulness of their brouble in the arms of a woman. rewards, not sentional ones, ( ) His statements will deceive no one except inexperienced -vio aboys just leaving school nitomore to aboutem instrumit )Two hundred yours ogo life was dressed in colours and a walk through he town a streets was like walking through a fancy dress parade. To be mentally poised at allutimes is a saund working rule.

( )Such a sight is as saddening as the dreadful inscription overthe entrance to Dante's Hell
( )The fates decided to dress him up in cap and bells and let him play the fool
( )They have intellectual discoveries of high moment to communicate to the world.
( )A mob of materialistic satellites gyrate around the fading sun of-X-

( )He sat down to write one of those soporific screeds which are fated to be yamned by the public into waste-paper baskets-and he succeeded admirably!

) Men are like figures in a marionette show, pulled this

way or that by their pleasures and pains.

( ) Many - wright young man has goneout into the world "to s see life" but he has succeeded only in finding desolation and death.

( )At this critical juncture in his life, the stars came splendidly to his aid.

)Hell had graven its bitterness on his face.

( )I clearly saw the futility of an education which did not educate one, of a preparation for life which prepared you for nothing of the sort.

( )An attitude of doubt commot provide a permanent or satisfactory position. Its value is in the preparing of a way for such a position.

( )A vivid piece of writing recounting some thorough re-

search work.

( )What irony that so keen a critic should produce criticism so futile.

( )The wise man will avoid a shallow optimism equally with a cheerless pessimism.

( )The purpose of posture from maja yogic standpoint is to

banish all movements of the body.

( )Tt is surprising how little sense c-n come out of so large a book; one wonders why the author is not ashamed to have fathered this literary child of his.

( )All these are unbalanced and unfair and will inevitably fail in the long run as all past and present history

shows.

( )The book is an intellectual treat and you will never regret falling victim to the charm of its author's brilliant writing

( )MY pen dives into theink for fit words to describe this wonder, as one who dives for sunkeen treasure.

( )Such a sight is as seddening as the dreadful inscription overthe entrance to Dante's Hell

The fates decided to dress him up in cap and bells and

let him play the fool

( )They have intellectual discoveries of high moment to communicate to the world.

)A mob of materialistic setellites gyrate around the

fading sum of-X-

( )He sat down to write one of those soporific screeds which are fated to be yamned by the public into waste-paper baskets- and he succeeded admirably!

( ) Men are like figures in a marionette show, pulled this

way or that by their pleasures and pains.

- ( ) Many a cright young man has goneout into the world "to see life" but he has succeeded only in finding desolation and death.
  - ( )At this critical juncture in his life, the stars came splendidly to his aid.

Hell had graven its bitterness on his fece.

( )I clearly saw the futility of an education which did not educate one, of a preparation for life which prepared you for nothing of the sort.

() An attitude of doubt country provide a permanent or satisfactory position. Its value is in the preparing of a way

for such a position.

( )A vivid piece of writing recounting some thorough re-

( )What fromy that so keen a critic should produce crit-

( )The wise men will avoid a shallow optimism equally with a cheerless pessimism.

( )The purpose of posture from raja yogic standpoint is to banish all movements of the body.

( )It is surprising how little sense con come out of so large a rook; one wonders why the author is not ashamed to have fathered this literary child of his.

( )All these are unbalanced and unfair and will inevitably fail in the long run as all past and present history

.swork

reven like book is an intellectual treat and you will never regret falling victim to the charm of its author's brilliant writing

( )MY pen dives into theink for fit words to describe this wonder, as one who dives for sunkeen treasure.

a sympolic of our aspirations as are those gorgeous rugs which come from Persia. These are the subborn questions which confront us. If, in the dimension of space, only a single page parts this chapter from the previous one, in the dimension of time several months lie between them. )Too many modern thinkers and young rebels make it a habit to disparage a past which they do not understand. Alas, theold days are not more wheng genius began with a garret overlooking the tiles and finished with a fine suite on the ground floor. The angels sat by Buddh'as cradle and invisibly rocked him to manhood. ( ) My eye finds a sad contrast in our present-day habilments with the shapelier forms and brighter colours of the 18th century. The beruffled gallants and low-bodiced ladies make a pigant appeal to me. It is notorious th-tpoets are born and not paid, that they can make better verse than money. His life began in poverty and obscurity ended in riches

and esteem. Fame blew the trumpet in his praise.

( )Napoleon, plucked kings from their ancient thrones and remade the continent of Europe before the grave received him.

( ) He was porn with a wooden spoon in his mouth. He had received the half-educationx which our elementary schools provide freely.

( )It is immeasurably easier to cost out a negative that than to cast out the ego-thought.

)These students not only belong to different levels of

attainment but to different types.

( )This is a truth which has been straining at the leash for utterance.

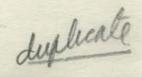
)In the realm of spiritual studies we have had enough of

words; the time has come for works.

( )It will not surprise us if this message receives the usual opposition in the form of misunderstanding and mis-representation.

)The discrepancy so often seen between precept and

practise.



( ) a JET as symbolic of our aspirations as are those gorgeous rugs which come from Persia. (XXX)
( )These are the subborn questions which confront us.
( )If, in the dimension of space, only a single page parts this chapter from the previous one, in the dimension of time

several months lie between them.

( ) Too many modern thinkers and young rebels make it a habit to disparage a past which they do not understand.

( ) Alas, theold days are not more wheng genius began with a garret overlooking the tiles and finished with a fine suite on the ground floor.

The engels sat by Buddh'ss cradle and invisibly rocked

him to manhood.

( )My eye finds a sad contrast in our present-day habilments with the shapelier forms and brighter colours of the 18th century. The beruffled gallants and low-bodiced ladies make a place ant supest to me.

)It is notorious that poets are born and not paid, that

they can make better verse than money.

)His life began in poverty and obscurity ended in riches

and esteem. Fame blew the trumpet in his praise.

( )Mapoleon, plucked kings from their sucient thrones and remade the continent of Europe before the grave received him.

( ) He was corn with a wooden spoon in his mouth. He had received the half-educations which our elementary schools provide freely.

( )It is immeasurably easier to cost out a negative that then to cast out the ego-thought.

These students not only belong to different levels of

ettainment but to different types.

( )This is a truth which has been straining at the leash for utterance.

( )In the realm of spiritual studies we have had enough of words: the time has come for works.

( )It will not surprise us if this message receives the usual opposition in the form of misunderstanding and mis-representation.

( )The discrepancy so often seen between precept and practise.

duplicate

(even ) Lusts leer at us out of the marshy places of the soul. lost in religion. ( )Priests who feed like carrion on the dead flesh of creeds, will not like mysticism. from disappearance. ( le ) A doctrine may rever! its falsity men evenined despit. )He talked formelly without feeling, practicing a forced courtesy and making a pretence of cordiality. ( )He drove an eager pen to put don'truthe which are un-) Men of the world have little time for such abstractions ( ) Such writings are both alive and profoundly true. These verities are simple yet eternal, clear yet profounds for bestiebs ed was noids villidinate a al )Intellect is not enough, action is not enough; each is but a contribution to a larger whole. on rengin econt )It is tiresome to braverse the old arguments again and again; latinernot enl. washouthe To sorot vingta enli ( )The intellect sits within the brein, but deeper still sits the master of the intellect. )Such thoughts which are finding harbourage in the mines of men today Tol muora est gara lo vo niged Japa en ) Is there a spirit beid captive in the body of man? and mocked by his mystical fancies. endiesx through endless space. ( no!) such a statement is clearly indicative of a mind in doddering senescence. ( )The world is not yet in a position to appreciate its) truly spiritual men. od ) we have been led astray from our essential being. The interchange of joys and sufferings makeslife a journey o'er hills and dales of draud easi ( )The great and the near great persons in history were ( sol) In LX of today is one long round of glittering gener )We hide a soft spot somewhere in our metter hardened ) This always seems to the more enlightened minds e stupid and stunted thing of our of enoted our of stanta (10 ) proper appraisal of spiritual values is better expressed in plain speech than in obscure mystic symbols. and

(XXX) We carry into politics the sugnecious partisunship we have lost in religion. )The relative permanence of print may save these ideas from disappearance. from disappearance. ( )Facts, hard and stubborn put to shame the sleves of ) shallow catchwords and slogans. healat sh( () History is busy throwing a host of our old institutions into the crucible. Jun of men reass na everb ell )The Vedantin seeks the integration of all peoples and the elimination of all racial jealousies and lo new Men who are unable to create, criticise. Thus, the work they do hangs upon the work of other mon. Her word It is a possibility which may be admitted, not a fact which has been established a day one for al joellajni( Those higher moods flicker across the screenes thend mind and are gone. olo edt eareverd of enogeth at JI( )The mighty force of enthusiasm. The torrential energy of an ideal often makks initiation. stim to listed adr ) our epoch believes in the exact methods of scientific new pocorrect statement of the situation. spend of od (usta) These two statements although seemingly discrepant and irreconcilable are really in harmony, and ye bestoom bas ( +1) Such iconoclastic ideas may disturb our complacency and endanger our pet notions. editex through endless space. ) We must arrogate to ourselves the right to question everything. doddering cenescence. There is not a plenitude of pluns, weiting for the successful thinker. The time will surely come when this subject will be raised to its proper place in the estimation of mankind. They will lose heart for they will feel as if they were fighting a magician. who by his own strength at last succeeds in understanding my doctrine. ( pop )This pregnent saving is painful to the ego of one ) Is it an effort altoghether we in to attempt to s, shall apply ancient wisdom to modern needs? star ) A magic touchstone to give truth and verisimilitude to the ancient febl s and legends of the mighty megicians of pressed in plain speech than in obscure mystic symptos en

) It is needful to distinguish between apprent curer and true cures. ereelly meet and become one. 1 ) Too many mystics go off bedance, simply becaute the ideal of an integrated personality has never been held out to them. In each company and had even our exercise the ) People are not enly unready for the tuth, they are unwilling to accept it and even affeid to look at it. ( )It helps us for a little whichle, this glimpe of the Soul's beauty and goodness, sons Lancara, vingin and ( -- )He has to be both a dreamer of the subtlest, most rarefied dresms and a man of dynamic action. ( ) He need not give up sanity in order to attain sanctity. ) There are those who join a particular cult because it is the fashion to do so, who do not in fact, know the difference ( ) The hour may come when he can no longer accept on his behalf the slaughter of immodeent animal life for the kitchen pot the attachment only from the outstand ( )The evil of sectarianism is that, in proportion to its strength, it usually becomes intolerant. ) Men have been miraculously restored to health by this strenge power on oldinormi no James a flow ( )The sincerety of a mystic does not guarantee the infall-( ) It is spiritual illumination, yes, but it is not total spiritual illumination desired and one of the spiritual illumination desired and the spiritual desired and the spir For a man to be born again is to die to his past. Many clergymen preach sentimentally in the belief that they are preaching religion The wise man makes his own good lucky " out lo end Never again can he let himself become desperately and ious about the outcome of a situation of does in and )He lives in the utter peace of the Nobly Born. That is not poetic fency, it is just clear fact, but works will acar-)The feeling of being in contact, with the master will er erise often but in varying degrees of vididness. )Can san wed in himself such violent opposites? ) cience with its careful methodical observations stands baffled before the Real, before what Shakespeare called, "the mystery of things Juddin del sorgas guidales le die .olevidino of brad af rose

)In that miracul us instant the wo selves, the ego and verself, meet and become one. inite technical qualifications to serve, as not enough to lead t ((o) only those who have had this experience, these glimpees can possibly know what it is all about . To eloca ( )The soquence of ten books which stends to my name belongs to my fer-off pastwedni stewed unlisted ers stodi( The notion that a master swaits him under an Eastern sky may not be a wrong one but it is certainly hoten necessary one. )When the highly personal egocentric attitude is firstee displaced by the Overself, there is a sense of sharp liberation and utter relief. ( Being the kind of man that he is show can he where other wise than he has behaved? The said one esons are erent ) all knowledge depends on the relation between two things Without this relation there could be no knowledge. " and needed They spend - tew months in each cult and then find it is time to move off in search of another. To reducate out limited ) Those who look at the attainment only from the outside, who have no experience of it from the inside. To live entit )This experience finally reveals the truth to him. It over whelms him with its certitude was now of evid new ( ) Is such a quest an impossible one? Does its defy and accomplishment? Is it; god en unreal phantacy? sonis sell He must learn to wait patiently, when averoblem beffles him, after reason has done its worksuit inudicing at dl ( He is a man who gives oth re trust in Life undiffich in truth. Jaco ald of all to all nings med od od nem a roll )Busen character does not change quickly. There are no overnight miracles. they are presching religion Come of the thusent emotions are too coatly for the asperant. He should not have them a day and man army revel He has in fact, to develop an impersonal attitude about He lives in the utter page of the Mohly Porn. The livesid Any sect, religion, movement or cult which clines for monopoly on revelation is practising self-delusion di bles viso ) How fare are we prisoners of circumstances and When a man's conception of a fact and the fact itself are one, he hasfound the truth about it. as and ) The beginner's ecstatic rapture will grow by degrees into the proficients impossive seremity. Lest end ended ballind )The art of resisting aggression without resenting the aggressor is hard to cultivate.

)The quest is his secret which he must carry in the depths of his heart. )Such a doctrine is unsatisfactory to sensitive feeling and unworthy to cultivated intelligence. )The fig leaf has evolved into the chic Paris gown, the beastls skin has grown into the perfectly tailored Saville Row suit. ) It was as weird as though all the statutes in a gallery had stepped off their pedestals and started to malk about the streets in full daylight. )Heaven forbid that I point the moral or adorn this tale. ( ) He is beginning to master wisdom when he tries to learn how not to try. ( ) He should never allow the actions or words of ignorant men to arouse in him reactions of anger, envy or resentment. ( ) So many aspire and wait for this exacting experience but so few ever have it. ) What has the master to give that men come to him so suppliantly? )It is not hard to see that what motivates a number of these founders or leaders of cults is not prophetic communion but rather paranodial conceit. )) Mysticism is an ancient as the Orient itself. ) These tensions hold the mind resistent to the entry of intuitive promptings. ) Is it possible to concentrate the mind on infinity? )It is nearly impossible for a man to shake himself free quickly from what he is. Truth is often ill-testing.

He is not a prophet seeking to gain as many disciples as he can. We are prisoners or exiles. ) They sit, aloof, hushed and motionless, dwellers in a world apart. )I, man, have come back to my essence, soul. ) The aspirants first need is to guard against false directions ) Here is the most private experience anyone can have. ) Philosophy must make men who make history

The quest is his secret which he must carry in the .treed ald to addgeb )Such a doctrine is unsatisfactory to sensitive fading . somegilledni bedsvidlus of vidlewow bons The fig leaf has evolved into the chic entir gown, the was berolisi withostraq odt ofth neong san nide attased tile wos elit. It was as waird as though all the ctatutes in a gallery edd Juods alles of bedress bus aladeeled The begress bed .Junilynb | for of spenyland. Heaven forbid that I point the moral or adorn this tale. masel of saint ed mede mobelw redsam of gainniged at oH ( how not to try. He mould never allow the actions or words of ignorant men to arouse in his reactions of enger, eavy or recentment. ) So many mapine and wait for this exacting experience but so few ever have it. What has the mester to give that men come to him so supp-To redemm a medavidom Jade Jadt sea od brad don at dI( colmuses of design of cults is not prophetic communication of the contract of .disones is there concett. )) Mystlefen is se encions as the Orient itself. Those tendions held the mind resistent to the . agaitque or evitingal To water Is it possible to conceptive at the mind on infinity? seri lisente exame of new a wol ofdisecont virser at dit outckly from what he is. .nationaj-iii notio si dipe He is not a prophet seeding to gain as many disciples We are prisoners or exiles. They sit, sloot, husbed and motionless, dwellers in a world apert. I man, have come back to my essence, soul. The aspirants first need is to guard against false directions Her is the most private experience anyone philosophy must make men who make history

RB 31 AXX. ( ) These experiences could hardly be put in precise language even by the most articulate writer. ( ) Not only are they unaware of any spiritual need but they are also indifferent to it. ( )He learns to keep a serene mind amid the stormiest experiences. ( ) The ego is a screen which a man finds between himself and the truth. ( ) Success can easily lead a man to failure if it becomes an intoxicant intstead of a lubricant ( ) What happens to a man is important, but not quite so important as what he makes of it. ( ) Where the ego fails or falters, the Overself proves equal to every occasion. ( ) The Existentialists have given pessimism and nihilism a morbid prestige. ( ) When we penetrate to the depth of this idea we find a wonderful statute of cosmic law. ( ) The real truth about the situation rises through all the theatrical nonsense to the surface. ( ) It is always easier to evade such problems than to try to solve them. ( ) He gives out only what the capacity of their minds can take in. ( ) The imposing claims of these organizations are baseless and are never fulfilled. ( ) The struggle of passionate fleshly love against prim chastity. ( ) These truths are intuitively and intimately felt by him. ( ) It may be that complete concentration is not achieved at any time during his practices. ( ) André Gide: "Le monde sera ce que vous le ferez. ) The world of touchable things is a temporary one.
( ) The prejudices and the biases in favour of one's own ego play mostly an unconscious part. ( ) He is not asked to be a saint but he is asked to be sincere'. ( ) The ego postures to itself. ( ) How feasible are such predictions? ) The forms taken by these cults range from th serious to the ludricrous.

. AAA ( ) These experiences could hardly be put in precise language even by the most articulate writer. ( ) Not only are they unaware of any spiritual need but they are also indifferent to it. ( )He learns to keep a serene mind amid the stormiest experiences. ( ) the ego is a screen which a man finds between himself and the truth. Success can essily lead a men to failure if it becomes an intoxicant industed of a lubricant What happens to a men is important, but not .Ji lo asasm en Janw as Justroomi oa edigo ( ) where the ego fails or falters, the Overself proves equal to every occasion. ( ) The existentialists have given pessimism and ninilism a morbid prestige. ( ) When we penetrate to the depth of this idea we find a wonderful statute of commic law. ( ) The real truth about the situation rises through all the theatrical nonsense to the . SOS ITUS aneldong doub ebave of neisse avawls ai fl ( ) than to try to solve them. ( ) he gives out only what the capacity of their minds can take in. ( ) the imposing claims of these organizations are baseless and are never fulfilled. ( ) the struggle of passionste fleshly love against prim chastity. These truths are intuitively and intimately ielt by him. ) It may be that complete concentration is not achieved at any time during his practices.
( ) André Gide: "Le monde sere ce que vous le ( ) The world of touchedle things is a temporary ( ) The prejudices and the bisses in favour of one's own ego play mostly an unconscious part. ( ) He is not asked to be a saint but he is asked to be sincere. the ego postures to itself. now fessible are such predictions? the forms taken by these cults range from serious to the ludricrous.

KB 31 ( ) What message can philosophy have to a generation of sophisticated minds and liberated moral ( ) It is a time for original independent thing-( ) It is neither feasible not desirable to eliminate all traces of the past from his mind. ( ) History moved from the battle-field to the peace-table only to show that there is no peace. ) He is a man totally without self-consciousnes () It is regrettable but it is inevitable.
() Philosophy is not for these little cults, with their coterie worship. ( ) The grave beauty of Jesus' words contrasts vividly with the cold impersonal quality of Buddha's. ( ) If, in some way, he can impart an idea or a feeling of this blessedness to others, he will gladly do so. ( ) Never before has man been so far from believing in his spiritual nature, let alone from knowing it. ( ) It precisely states and positively affirms the spiritual destiny which awaits man. ( ) The soul in man is linked with, or rooted in the soul in the universe. ( ) He must keep his independence. No cult, no group can get hold of him. ( ) Kant's arguments are cumbersome and his sentences loaded with technicalities. ( ) He will bow to nothing that is visible. ( ) Such new situations impose new tasks upon the understanding. ( ) Is there any sign of improvement in human nature? ( ) The passage from disagreement to disillusionment is a long one. ( ) We do not feel the need of hallowing our days That is our great loss. ( ) The intuition comes from, and leads to the Overself. ( ) The picture of the world with which our senses furnishes us, is not enough. ( ) Belief in time is riddled with so many contra dictions that it can hardly be said to be something real. ( ) Little by little the tranquility will saturate

· AAA What message can philosophy have to a generation of sophisticated minds and liberated moral ( ) It is a time for original independent thingmile of eldariseb for eldissel redjien ai JI T .bnim sin mort jasg end to sees Ils edeni ent of bleit-elijsd ent mort bevom vrojeih ( ) peace-table only to show that there is no peace. He is a man totally without self-consciousne .eidediveni si di dud eldeddermer si dl Pollosophy is not for these little culta. .gidarow einefoo miedi diw ( ) the grave beauty of Jesus' words contrasts vividly with thecold impersonal quality of Buddha's. ( ) If, in some way, he can impart an idea or a feeling of this blessedness to others, he will . oz ob vibs ba ( ) Never before has man been so tar from believe ing in his spiritual nature, let alone from know-.Ji mai ( ) It precisely states and positively affines . msm agiaws noinw white besting end (( ) The soul in man is linked with, or rooted in the soul in the universe. on , fluo oN . eonebrendence no cult, no group can get hold or nim. -nea aid bas emosredmuo era aldemuora a'inal ( ) tences losded with technicalities. .oldisiv si Jani mninjon oj wod fliw sh ( ) Such new situations impose new tasks upon the understanding. ( ) is there any sign of improvement in numen ( ) The passage from disagreement to disillusionment is a long one. ( ) We do not feel the need of hallowing our days met is our great loss. ( ) The intuition comes from, and leads to the .llearev0 The picture of the world with which our senses furnishes us, is not enough. ( ) Belief in time is riddled with so many contra dictions that it can hardly be said to be some-Little by little the tranquility will asturde

( ) They suffered and fought so bravely in the hope that evil might not dominate the world. This imaginative construction of the future in advance may be helpful or harmful. ) Who could keep pace with the swift-moving chronicle of world-events today? Can we rise higher than our familiar self? There is a felseness in the relationship which must destroy it in the end. ) The war has shaken them out of mental grooves. What is to be the human future? The conventions have been shaken by war. Each holds a portion of truth. A faulty technique may lead to false results. The old days when only man at a loose end turned journalist, are past. Today, journalism is a highly spec ialised profession. Such are the criticisms which find lodgment in their splenetic skulls! )A standardised press and a syndicated journalism have given a standardised public justwhat it wants. )Such a noble object is really laudable, but those who attempt to achieve it are often laughable. ) Is God battling against an evil opponent and is He, on the evidence of contemporary history apparently battling in vain? The symbol is a substitute for reality. ) Caught in the mysterious mesh of fate, we vainly seek to escape. )It is the opening up of a man's inner being. )He will exhibit a caution of language suggested by experience and enforced by knowledge. )It does not correct one mistake to make another one )They are not unprovable theories and abstract spec ulations. ) Anxiety walks in the shadow of poverty. The world is bitterly engaged searching for its men of destiny. )"Safety lies in virtuous self-restraint, "-Zoraste ) It is wisdom to foresee certain events and provi for them in advance. )The time is here to put the truth into plain decly - ative statements. )The teaching must not offend the modern intellige

) they suffered and fought so bravely in the nope that evil might not dominate the world. ( ) This imaginative construction of the future in advance may be helpful or hangful. gnivom-fliwa ent nith the swift-moving chronicle of world-events today? Can'we rise higher than our familiar self? inere is a felseness in the relationship which must destroy it in the end. had nest ness anaken the out of new ent What is to be the numen future? The conventions have been shaken by war. . druit to noitrog s abdon nost A faulty technique may lead to false results. journalist, are past. Today, journalism is a highly sage Myon ere the oriticions which find lodgment in tallune pidenetic significat miliaryoot bejsolbrys a bre serg beetly spinsta (A) athen it tadmitted oflides bestbrabents a new in evad e lode and eldahual viles of Josido edden a don't eldadausi media ere il aveldon od Junelja odw at bus tueno go live us tantags guildad bod al- ( He, on the systemes of contemportry history superently bettline in value The symbol is a substitute for reality. Caught in the mysterious mesi, of fate, we veinly seek to escape. .gated mannt atman a lo qu gatasqu edd at fi ed betrennus enegranai to notitueo a stididae like en experience and enforced by knowledge. indredtons enter of existance one formes another They are not unproved to theories and abstract specific .knottalu entiety walks in the deadow of poverty. The world is bitterly engaged searching for its "staros-", Jniertzer-lies acceptivo ni sell vieles" you but sineve nisites centered of melady at it )The time is here to gut the truth into plain d . stive state evits. The teaching must not offend the sodern in

(A) Let it be clear and not misunderstood that here a point of view is only being described. It is not being described that I am only describing impartially a condition of affairs, not arguing axxxx like a partisan for a point (a) by pursuing this deceptive policy of unbalanced materfalismainstead of making the social problem better, Communists of Russia have made the spiritual problem worse. (\*)"Eternity meditating upon itself." Philosophy preaches service, not self-centredness, and it directs such service with serinity and wisdom. (\$) It is easier to fall back fromsuch a height than to stay on it. (4) To say that mystical experience has no validity because it is subjective, is to say making nothing. (\*) The first fruit of philosophy is to bring the calm repose of the soul into the vigorous activity of the body.

exed jedy booserebaueim jon bas resis ed ji jel paried for af the badiness paried view of year to date secretary a condition of affairs, not arguing examt like a partisen for a point -resem become lader to vailed evisases aid sales welve alismainstead of making the social problem better, maldorq lautitique and ebem even atsuml problem Alesti men galistiben ydinasil ( (4) Hillosophy preaches service, not beli-centredness, .mobelw bas with service with serially and wisdom It is easier to fall back frommuch a height than to stay on it. thisiav on asd cometreces facility was of .guldon ginter yes of at evitos due at it saucood miso and animal of at vigosofing to there the call whose and to witvites amorenive and offit Luce and to execut

It is brought about merely by his presence among them. ) A basic defect of much advertising is that it is cheap, sensational and exaggerated to such a degree that too often it misrepresents the product advertised. ) Those who think so, who have formed such a large conclusion, from such little evidence... ) Charles Chaplin, the man with a derby on his head and a cane in his hand! )Intuitively controlled emotion is not the same as socially repressed emotion. )Between these two facts is an immeasur able wilderness which we must traverse ere society becomes livable. ) Jesus touches our heart's core, speaks to our very soul. )The shock of these calamites to the nervous system, will produce induce different moods and even different views of life from those previously prevailing. )Let him regard it as one chapter of experience closed and done with. )Ideas which formerly seemed absurd slowly become significant. )It is pardonable that we shrink from the truth when it hurts the ego's feelings. ( ) Is it possible to sustain this mood? )We grow a little tired of such saintly company! ) These nervous egoists constitute a type. ) His insight is as authoratative as it is authentic. ) He is utterly at peace within himself. ) He has no desire to become the revered leader of a new order.

	-	)
	(	1
	(	1
		591
		1
	1	1
	1	9
	1	- 1
	1	A
It is brought about merely by his presence emong them.	1	1
quedo at it jadi at griativevis doum le delab otand A (	+	
tional and exaggerated to such a degree that too often		-
has browne turbone and store and	DGHE	4
erepresents the product savertised. ) Those mbo think so, who have formed such a large con-	ARE U	
devalue alors dem on the source and the source		)
lusion, from such little evidence	0	
)Charles Chaplin, the men with a derby on his head and	) -	
e in his hand!	130 I	6
)Intuitively controlled emotion is not the same as soo-		)
represend emotion.	SILY	Ė
Between these two facts is an immessur able wilderness		)
we must traverse ere society becomes livebie.	doid	W.
) Jesus touches our heart's core, speaks to our very coul.		)
The shock of these caleditessio the nervous system, with		
To aweiv inerellib neve bus about inexellib ecount un	nissmi	4
from those waviously prevailing.	ife	
beacle ennerregas le rasquade ene as di brager mid del(		1
.diw edo	b but	3
ldess which formerly sesmed about slowly become signi-		)
.51	nso!	1
It is perdonable that we whilm from the truth shen it		)
hurts the eacts faelings.		
) Is it passible to sustain this mood?	)	
lynsques vibile thred of such saintly company!		)
.equi a similianos afologa auguran egedi (		1
.olinedius al il as svijajarodius as ul joylant all (		
. lisante status armer to wheather at any		135
a to rebeal berever end em ped of entre to He he he he he he entre		
	- 1	
nem order.		

(xxx)

XXX My literary labours will not then be in vain. (ref) Scaring like Shelley's lark "Upward, ever upward" around them is wove an intricate web. Joos and to adoctors (TEL) Like Malvolio, I think nebly of the soul (482) I stared blankly at the paper, wondering what to write. (195) I was indeed happy. My lucky star was in its apogee today We may test this thesis by exemining. When we think this thought out to its final futility. (+55) Between these two facts is an immeasurable wilderness which we must traverse ere society becomes livebles They walk wrapped in a protective mantle of ignorance. (197) A world of gain and greed of amodel siring and (500) We have to ask ourselves, is this fact or fable? (SEE) There is a silent cremise behind all this reasoning. (396) The discovery of Truth is a personal adventure. (534) It gives this an element of the unexpected and the inestaty a'lenge ou strange seoul calculable. 性語句 He was demen out of his time. sames notificant (39%) Make a daily appointment with your self at the (14) Bitterness runs through all his writing and add (34) Through inattention or inability we miss the inner voice (35) His tongue began to wag more loosely, under the exhilarating influence of wine plicustrings ers savil rient ( premonition begin to overcome me. (btt) "Your lenseer astonishes me", I said to the sage. (24) We run after tandry trifles, stanuar afencion (44) We must search for the final consummation within purselves divid and to drea who at di dud curt at abil (41) My profine en may not be to the liking of certain peo-This fellery he been properated long enough. (41) Nor is it the effort of mere Utopian or wordy sentimentalist. dement is less likely than a wrone one. (46) The mysterious beauty of daybreak. I may a doug (44) The serri d multitude of twinkling lights. (446) The planets which move around the sky in their circular course, amos of and amos rol estavial and of vio ventors (TT) Sensational newspapers enliven dull Sundays and possessions (41) England, this little western isle which has made such a large mark on the whole world. with and reduced it men wind (40) I pass to a consideration of this theory in its this tor ical aspects. . . vinistroom to sen in o ent escres ( We may learn som thing, on this point by consulting the past history of menkind to easter who asked mohale at (44) Better than being vaguely idealistic is to be derinitely remisticaid of beloof need now a sad new to work avin bne decter to empty my fountainpen and give up writing than to give out such hopeless teaching.

These weekly bages of superficial reflections on subjects of the most ephemeral interest evoy at ment bruces Some eighteenth century grandes, beruffled, beronded, and with coach and six waiting at the door o bersts I (88%) The boughs bent under the weight of the snow I (318) We may test this thesis by examining. (st) Mentally they are still adolescent an ment (15) But to say that is to overstate truth, Jes (17) (see ) He has omitted an essential cog in the michinery of his argument to alimes evilosion; a ni beggate Mise vent (206) The spirit labours to cast something out of its midd en depths into the artist's hand or wo ska of evan of the 618 ) The arts of painting, sculpture, areni tecture India cetry wored to the spirit of man through significant He ges. All great poetic atterance is discory, and JI (RE) 653 Those moments are angel's visits. .afdelunian Inspiration comes only in rare and brief Periods va Such inspirations are scanty ours with a adail (Res The intellectual equipment must match the vision tellis outlook has di universal range, dani descrit the ( ) He is thoroughly to permeate himself with these trees. Their lives are spiritually rootlessement in this There are two different entities in each personal He is lost in a metaphysical maelstrom. 11 Wholesale denunciations are unressonable ( ) tak ) He is doyally acting up to his ideales form of (745) (358) This is true but it is only part of the truth. savies These climpses bring spleasurable feeling with them. (set) This fallacy has been propagated long enough. (the) In such an latinosphere of emotional storm, la rights) judgment is less likely than a wrong one. Such a man is A focal-point for all that is noblet The Sage speaks with the absolute authority which comes from profound knowledge even doing a senalo ent (74) \$72They cry to the Universe for some one to come and teach them the truth a nevilne are dewen Isnoitesme (1) ( 673The mind's activity must come to a standstill; them) only can it remember its divine source went no hard soul Rersistent effort in meditation ultimately brings man across the confines of uncertainty. . adoque for ( 575We are fellow labourers in the same vineyard ( ) \*\*BWisdom takes advantage of opportunity, but foolishness neglects it at oldelineor visusav anied ment rested (1) Thow often has a man been fooled by his feelings! 378 It would be better to empty my fountainpen and give up writing then to give out such hopeless teaching.

May literary laboure will not then be in valu.

The spiritual atmosphere is feeble and fl ecid. These misconceptions are so common and so confident. His claim is fit for ridicule. ( The Spiritual is the primary; the secular the secondary. (th) The "Bh gavad Gita" is a shining jewel among Oriental books. (46) Criticise but do not condemm. (chief (att) They are still spelling over the first words of widdom in the primer of Life. (its) Portents and prophets are with us. 4 (414) Youth will once more revert to respectability. ( X has been caught in waves of wrangling; it will be better when he is back in still waters again. (491) The book is not worth the cost of the ink with which it is written. (41) Keep your soul receptive. Better your best! (1) The man who gets this vision gets a new kind of life; (th) The universal contest between the powers of good and the forces of evil. The bewildering present and unreal past. (44) We foresee the near approach of just such another dangerous period. If inspiration is spontaneous, expression may be lab-(145) Reason has finished its function and must be left behind. (400) Intellectual construction is mechanical. (431) We are busy applying intellect to life; we have yet to apply inspiration to life. ( A work of art may develop finely into something quite contrary to the first intention of the artist, thus showing that it is created above our heads. (est) Perfect spontaneity of utterance is rare; most of us have moods at much or to revise and polish. (att) art comes about by a unison of all these elements. (23) Or are we really evolving? (45) If this is an exploitation then they are inventing a new Strongs Lightless Street density vocabulary. (t) I sought out the philosophical analogies of these events. Such a love grows as silently in us as the young grass grows in meadows. (450) I dedicate these pages to be setting down of deep thought and sacred memories. (445) He gives a supreme example of this maxim from his own field of activity. (400) He brooded even then like a prophet upon the world's futur

(4) To excite emotion is not enough; to convince the reason is also needful. (its) His mentality will always be fresh, his energies always disciplined mas and ( His attitudes will be purified, his perceptions clar ified. (44) He should disentangle it from its emotional exagger tions or warpings. The Quest will influence his thinking and consequently shape his deeds. ( How little durable is a faith built on false and shift ow foundations likely to be? ( The time for decision has come. We can no longer live with one foot in each camp. The one seeks to extend self, the other to escape it. (att) History has become apocalyptic. (480) I have tried to clarify these complex and difficult ideas. To bulk you (45) The casual life of a Bohemian suits me admirably. He hungered for it as an insomnia-tortured person hungers for sleep. - (cht) Every pessimist will tell you, "It can't be done." He is not a prophet but a platitudinarian. We are ruled by false gods.
We make blind and blundering efforts to find happi-. hness: fiel od Jama bus no Jours ( The flat and arid desert of a standardised rationalised and mechanised life lies in front of us, with the human element forgotten. ( and inagine we have discovered a new idea; but the so-called berbarians had it. Modern Durope is a madhouse The false splendours of materialistic civilization will go down in gloom. Derk wonders dim the shores of time. ds as no or (1) (##3) Unsunned liver (att) The unborn beauty of a winter's day. Strange lightless ships come floating into port at night. The secret beauty of some symboled rhyme. 相如 (att) His pen must have spluttered with laughter as it wro e down that sentence.

Our prophets perish unheard. Ephemeral dignitaries of a day are fit subject for a satire. is brooded even then like a prophet upon the wold's futu

It touches the surface, and not the essential, self. Ordinary experience and ordinary culture fail to provide a key to this man's mind. (441) Enthusiasm often degenerates into exaggeration. (43) How hardly we perceive the twilight hour of our own doom? (444) It is not necessary to sacrifice civilisation in order to save it. (446) This is to give practical form to the theoretical aspiration for the brotherhood of man. (476) They write rubbish under the delusion that they are writing philosophy. (44) Politicians rarely set their sails for an ideal, but prefer to flow safely with the ebb and flow of public opinion. (4th) The new age announces its approach in this way. (49) It makes a plausible enough tale for the populace, but it will never mislead educated minds. (1138) He followed the usual progression from swilling beer in his poorer days to sipping champagne in his better ones. (434) Did the Goth evolve into a Goethe? (438) Is this one of those riddles to which there is no key? (457) I hope no one suspects me of writing with a wink in my eye. Is this doctrine a mere metaphysical figment? (445) All nationalities walk the streets of New York today. The world waits with whip and scorn for the man who dares to announce this fact. People usually get the mental pabulum that they like best. (4) My pen is empty today. Not a par creeps out of it. (159) It is a stupid theory which is hardly tolerable to considered thought. Are these ideas too ethereal to be of use in this practical age? (#I) Some come among us commissioned with a sacred mess-(1987) High ideals begin to perish amid the fumes of strong alcoholic spirits. (##) We hardly care to rummage through the dusty shelves of antiquity. The records of that balance, so utter-true, which men in the East call Karma, award us good and ill fortune.

Is toseles the surface, and not the essential, Ordinary experience and ordinary oulture fall to bris a man sind of tex a shiver inchesiase often degenerates into exageration. our of our light hour of our of our of our of our Own doom? nt notfastlivio esificas of vassessar for at fi (Fig. .fl oven of rebro (44) This is to give practical form to the theoretical againstion for the brotherhood of men. ers yelf tait moisulab at rebon datidur ettre yelf (FA) writing pullosophy. (AA) Politicians rereip set their sails for an ideal, but prefer to flow safely with the obb and flow of public .nolulon. (tt) The new age announces its approach in this way. It makes a plausible enough tale for the populace, .abnim bedseube basis in rever Iliw fi bud reed untiliwa mort noissergord Lawsu and bewolfor eH (A) in his poorer days to sipping champagne in his better Did the Goth evolve into a Goethe? on at ereds doing of salddles to ano sind al Sver! Malw a ditty gnidity to am atseque and on egod I (39) Siremgil Laciavidadem eram a entricob aidi al Mrol well to execute and allew settlemotten ffa 村出 rabod nam edd wol mose bas gine dite eddew bfrow edt (342) the dares to amounte this fact. People usually get the mental pebulum that they like best. it to two agests tag a toll . vabot wigne at men wi( the It is a stupid theory which is herdly tolerable to considered thought. Are these ideas too etheresi to be of use in this Yeas Ispiders -same beross a driv beneficial commo au promo emos ( Fe) High ideals begin to perish and the fumes of strong alcoholic spirits. (att) We hardly care to rounge through the dusty shelves of satisfulty. do The records of the balance, so utter-true mitch men in the East on I Maras, sward us good and thi nem

	(XXX)
(	) Nature has a kindly healing for such distresses
(	) It is pleasant to stroll down shady country lanes.
(	)To create faith is one thing; to sustain it another.
(	)The wind tossed the purple petals of a flower
(	)Incompatibility is inevitable, but not unconquerable.
(	)They would die for truth but they would not think for thuth.
(	Every wicked act earns its proper retribution in time to
come.	\ma have discourand a six in annual s
commi	)To have discovered a sin in oneself, and to have gone on tting it, is to sin doubly.
	) Fortune heaps a pile of favors in the arms of some men.
( led 1	)It promised a tranquil heart even in themidst of a troub-
	)Can the mysterious privacy of consciousness ever be in-
vaded	7
	)Hitherto it has been regarded as a subject fit only for cisms at the table.
	The rat of time gnaws away the years.
	)It is strewn with suggestive quotations.
	)Mr. B. draws his story on a big canvass.
	)H.P.B.'S personality is here represented in its true
	ective.
(	)In his competent hands the subject  is fully handled.
(	)Mr. B. here presents a complete exposition of the theory
(	ochnique.  )There is only one God of spiritual salvation and this
	n is his prophet!
(	He whips up his epigram with singular facility.
	)It was ordained in the calendar of he fates that we d meet. And we did.
	)Clouds frowned moodily upon me.
( )	The dictators enact their spectacular parts in the post-
(	)The art of living must be learned, so unnatural have we
ecom	)When he makes such a statement, it is obvious that he
	ermitted his pen to fall into a mistake.
	The thousand racous voices of the Press.
	)I abandon these melancholy musings.
self.	)Fate, in its last reckoning is nothing but the man him-

THE PERSON NAMED IN COLUMN

(XXX) Nature has a kindly healing for such distresses It is pleasant to stroll down shady country lanes. To create faith is one thing; to sustain it another. The wind tossed the purple petals of a flower .eldsreupncomu jon jud ,eldsjivent at vjilidijamoonI( They would die for truth but they would not think for thuth. Every wicked act earns its proper retribution in time to To have discov red a sin in oneself, and to have gone on . viduob niz of at . ji anijjimmoo Fortune heaps a pile of favors in the arms of some men. It promised a tranouil heart even in themidst of a troub-.elil bel )Can the mysterious privacy of consciousness ever be inrol vino ill toeidue a sa bebrager need aad il otrediik( .eldet ent ta emaioittiw The rat of time gnaws away the years. It is strewn with suggestive quotations. Mr. B. draws his story on a big canvass. euri sti ni beineaerqer ered at villancareq 8'.8.7.8 perapective. in his competent hands the subject is skillfully handled. Mr. B. here presents a complete exposition of the theory and technique. There is only one God of spiritual salvation and this person is his prophet! He whips up his epigram with singular facility. ew jadt setsl ed to rabnelso edt ni benisbro asw jI( should meet. And we did. )Clouds frowned moodily upon me. The dictators enact their spectacular parts in the post-BMSTD TBW The art of living must be learned, so unnaturel have we When he makes such a statement, it is obvious that he hes permitted his pen to fall into a mistake. The thousand recous voices of the Press. ". spataum vlodonslem ezend nobnada I( -mid nam edt tud gnidton si gnidokser taal ati ni ,eta?

(Sentences) (C) (Sentences) (XXX)

(\*\*) ATE every moment of his conscious life, the ultra-mystic feels this presence los w menund driw newarts at athi ( (61) He writes thru a megaphone... the producing negative enfeebled persons. ..... to sometime when a great deal (83) It offers neither a gloomy asceticism nor a free hedonism. (64) A smug and conceited community becomes spiritually inert. (65) The tensions of human nature call repeatedly and for release a masele of lautites avelos our ent late (40%) To find a suit of philosophy that will fit such a icult figure, is hard. (4%) The truth is, we worship wealth, not God.
(4%) "The Power that made the world will mend it... Why should you upbear the world? Are you Atlas?" -Zangwill Man A (Tim) (306) Here is a visdom unknown to the editorial shrines. (48) Occultists with their hush-hush manner and their vows of secrecy; with their "swellers on the threshold" and fear-inspiring morbidities. (338) The day shall yet return when the world will discover that it is a better way. (310) They go out with shield and buckler against the dra of Evil. (311) This is the final formulation of my vi ws; it is my last literary will and testament. (411) Mankind is less sensible but more scientific. Time gathers up the centuries into his hungry mouth. (th) Our materialistic life is but a half-life. (STB) Men who live such hollow and meaningless lives never dream that they ought to go down on their knees and apologise for their existence. (stx) One should not become introspective to the point of pathology; that is mere morbidity. ( HR) It needs no oratory to press this point home. (ats) This belief alone marks the poor quality of their criticall faculty of east of eredwor bull bluos I" senitary a (434) But only the fool, with his faulty logic, will straight away run and declare this. (131) A mist of stupidity has settled over many minds. 322) To do this is to follow, not a philosophy, but a garce

(Sentences, CXX (435) These stupid ideas have long since been tipped into the dustbin by sensible persons in to frames grave att (to) (324) Life is strewn with human wrecks and relics. (#5) It carries neither the influence of rank nor the prestige of wealth. (146) It throws the lance of truth into these superstitious dogmas, (527) It is a doctrine which cannot be taken seriously and is fit only to frolic with. (Set) Philosophy is voted dull, and dismissed with a smap of the fingers (Ab) Poverty was a near neighbour during the childhood of (35) The unconscious spiritual hopelessness of our times, the materiality of our mentality, is plain. (the) Is there a redemptive purpose in life! (3.5) How many have wandered unsatisfied or deceived in this psychic region of chimeras before they found its(cost?) (314) A man who has knocked about the world and who has been knocked about by the world, develops a ready resource. (3ta) One notes the confusion of thought and inaccuracy of statement, the slipshod English and the hasty and prejudiced conclusions. (ota) The canned chatter of the newspapers, with the exaggerated importance they place upon trivial events, their complete lack of historical background and philosophical perspective, is significant. (317) He knows that in thus setting himself against all the currents and tides of our organised twentieth century life, he is setting himself against institutions which have become vested interests. (## )It is a crack in the stone walls of time through which we may glimpse eternity. (31) They pit their paltry opinions against Jesus' firsthand mowledge. (24) We must lie in wait for the coming of the goddess'Truth. (44) Low attributes of the animal lurk within the dark corners of our hearts. of the flight of time. of wieses no eratery to He has to keep his own feelings out of the situation. ( )St. Augustine: "I could find nowhere to flee from myself." It belongs to a range far outside ordinary human experience every run and declore disting your rovo beliffes and officerie to John A (Het) A Fid pigosoling s ton woller of at sint ob of (997 Kauce

-A provective placerd of X put upon the walls of Y -Too often the intellectual intolerance & spiritual price of the ecclesisetical hierarchymic roof ensure ed--The taxi-load of his cy youth was correted tool out--the clamorous contemporary life! of extinutes of--A fascinating en willy in which his tory holls us his little-----this simple yet splendid truth---i -Here is a word without any contents on vievel as--When the content of a word is quite unknown --thetever is expressible in tanguage - - - - - --Careless utterances of inaccurate thinkers ---Satin-coated old men to took emuff-11 1 vo dirt ent--not to excuse myself but to explain myself-live don--the stimulus of opposition- a traducid rel sidli--aviding is repetitive ---wie Jennes a to celtured out amidator ---- like come haunting scene from "Hamlot"--Hilvis we have the last of the syll of our civil en mentto be thute bus lies on hevoi eve i I folds adant dustons--- aperson a call south and and do him vy line of cooperation Tildsof eso four to at only steam a to aspracio diornia edihill freedon from --- at to -- nevil scalesoquer read want opposite a tu of---- othe culme and griefs of life ------ enotyerteant bee earlighelf eftathlrow to juo sevicement be and soud spine secret ent---- alsign -ou ladged while no bealsais--a little coterio of the clect--the strength of his person lity on the charielity of -the benedictory hones of a Suddha ------ twicecollectbelyte-lies wied to diqub amped add----this sas the picture linked in our mind with the ancientmalnuedill dilw ex beareint our names but no den I come-To unity edf a il esia dolar Jmeninejmonath lo seiddud--anibacje sebaggin bas sibbus cinc ebe I Holdy Jaconges at--From the inspired beginning of the mbline quest to its - bris uno Produce --- ebutlicant to notytokhow me mone would impigol a-enstiles of the discort discort a limite era to enter ent-Tele of minapplied devotion and misdirected engegy

-this felicitous phrase, bestowed by grace and stemped and with wisdom of energlostal lauto-listat edf medio col--the insane feverishness of N w York- 1000 odt lo --- the foolish haste and futice egitation of amban dife--the hard reality and harsh truth- no saltantossi 4--- this simple yet splendid truth---as lovely as a snow-capped mountain steeped in the westering light and allow at the a to Jacker add name--dummy masters and deceived followers--- I revotation--introspective soul-searching - coursely anotoral--the tuth or falisity of these doctrines - acc-nide --not quite the sevenity of senitity - supre of Jon--title for Chapter: "A Window on Eternity Limits out--my writing is repetitive--watching the bauties of a sunset sky--like some haunting scene from "Hamlet" ---- when we have listed the last of the evils of our civilization----ancient texts which I have loved so well and studied so deeply--stiff conventionality which swathes them like a cocoon--the superb clearness of a Sage's mind is as much due to his freedom from---- as to--to gut a purpose into their purposeless lives--the pains and grisfs of life--its disciplines and inspirations--the forces which have shaped themselves out of world's crisis--trained in this techni ue--a little coterie of the elect---- the strength of his personality and the eth riality of his presence----the benedictory hands of a Buddha---- the bogus depth of their self-styled philosophy !---this was the picture linked in our mind with the ancient--Once I met an Irishman who informed me with Hibernian frankness----Bubbles of discontentment which rise from the epths of man's being--An argument which leads into suddle and misunderstanding--From the inspired beginning of this sublime quest to its mysterious end,--A logical face upon an exhibition of ineptitude--the noise of axe grinding leneath smooth glib politeness--A tale of misapplied devotion and misdirected engegy-

XXX.

-he is a philosopher of considerable eminence -the systematic control of thought mob galdon al--Voge cabues of very great service to the west -when an idea grows into an obsession who evil on--stultifying conventions rule their little and limited asorbur social world and she swolos an vistamurotou--this cramped and conventional world in which they move -er to esomechanically world bit eagers wo saclone of--will turn the mind toward the quest of truth -there is a sinister significance behind the events of stnenograour times -to clamathe mind and eleanse the heart (calm)\* -In the rea passage from aspiration to fulfilment. -the philosophical attitude towards experience their obscure tenets and incredible beliefs -exquisite sensibility is needed somelities a said -to bring contact into keeping with ideals' -when we remember the uncertainty of event, -- the smiling serenity of this high condition -- the hard silent stare with which the Sphinx gazes over the sands assig edt at eglubat--- as we pass through the inexorable sequences of adolescent youth, middle life and old age. -- the moral values of life have disintegrated. -- trace it to a malignosource wan-yroman ains-Intellectual indecision and down box vis lup--The necessary conditions must first be fulfilled -an austere and uncompromising asceticism -the mind settles into perfect quietness minsons -to find repose and gain certifude stuff beost-rist--the bleak aridities and radiant exultations Tell more -those who pursue this quest\_first admit of wooseld more--the body has its own self-enaling powers a sud ai--the crime and folly of mankind lienxe us at samer--to extract from each new situation, each new experience. its special lesson of Inferm erom offer a si ti bud -so much of our trouble is self-inflicted and mort--the neurotic type, enslaved by his emotions -words which strike a spark in sensitive minds--the exciting deliriums and cruel deceits of fame--when such moods encourage him, he reels full of love for -unquiet fillsall their being to soldard anover end to accept one's failure with real humility of heart

-we can get a new perspective on this problem -in probing down to the origins of sidemedays end--with critical and contemptuous gaze
-who give advice like some paternal patriarch -who give advice like some paternal patriarch even the mouldy pastrow isned freezes bas become a side -to enclose our enigmatic thoughts with a fence of reserve dibit to Jeans and brames brim and mind Ilin--a strange stillness held the body mis a 21 stands--sceptical of truth and satirical towards its exponents -to make a concrete comparison -it would be impious to intrude upon maintains this mysterious contact with the Teacher's mind -bring you to the knowledge of yourself devoices -the restless thoughts of other minds may fall upon us like a pestilance behan at willfid terms of harmon at harmon -the so-called saints iges ofni designo paird of--probe with a keen pen recome and redwarer aw nedwin undisturbed silence of the heart thoughts which crowd through my pen : byad add--indulge in the pleasant pastime of eating lotuses e-our feet tread different ways month asso sw as -this spiritual nostalgia which disturbs our days mere printed verbiage will ot suffice grow and -this memory-haunting picture am s of JI sont ---quietly and unobtrusively men of thought and good-will -the estral pitfalls, taum estatione vassesen ent--trying and troublesome galaimorgacom bas eredeus as--groaning mankind to be to the other selftes bein edt--fair-faced figure of Love too miss bes second built of--From Berlin to Broadway they bus astribing Asald edi--From Moscow to Manhattan that a stat agermo ode seeds--is but a decorative device for deceiving the stupid -remorse is an excellent way of achieving relief -with placed and precise efforts Have mort Jonatus of--from the sensual to the spiritual your two to down on--defiled and diseased, payalane , equi olioruen ent--tied to the stake of matter a sainte dolds corow--they offer us consolation, but they cannot give remedy -it is an infant Hercules, cradled by the Gods -words of such high import the Yoga practice of thought-annihilation is suppose of

PHRASES monty when the lower obeys the higher one Tresmos den ma I--the sacred Overself mentality of these people -the holy Overself man to hies examitin our edd--his detached manner -the serene heights on which he lives -the filth and slime of Nazi propagande and -his virtues and defects manner bas not server -lived an austere isolated manner -forms adwell-knit system of thought will one the conventional pretences of social life divisional pretences di -the distillation of all his past experiences -the deeper layers of the psyche -a stream of scintillating ideas -teat time philosophy and parlour mysticism and -such a man is a focal-point for all that is noble -secret and as silent as the Deity Itselfood ook whin zeal for a cause turns into idolatry of it Homes of sollings ed ---dignified composure -impeccable truthfulness satestitor bas anstruct -the spiritual vigor of these st tenents and injunc--Awalieners of Men" tions "wrojelil eball awar only nem"--deeply-held beliefs -with a mind info med with underst inding and a heart Stramon Laoitavilalive with devotion he -truth can be harsh Tento Juods asions bus atos gridne World found Wanting groping aspirations -en evenly-balanced personality 1009 THT THE ORDER the shared happiness of marriage villautinique -the simpler and younger mentalities of the masses -museum of unremembered pieties -test and proof of a thing often comes to us at our weakest moments between of men such but it if a sefight bas langider at-The mysteries of Mind-force Torgi Buoimomitanne-Can We Read the Writ of Destiny? and de die of--A World in Woe: What the Seers Say to brains anew Thoughts for a New Epoch segons and mag airi--preferences and prefudices -The Cloak of God -Look before you Love! som Landitan to Tiben ent--"Magical Moments Wolland bus volude at Artis' Tro-

-life is something more than work and pleasure

indeb isolveless; to shiely nowed for scales

enuscale to enall and become restull one stron-

-From Ant to Angel!

-I am not concerned with problems of the morality and Liesport beress andmentality of these people -the true ultimate self of man lester viod adt. -I am a patriot, yes, but my patriotism extends to the terman berisetsb attwhole world whole world -these fussy Pharisees dally no singled energy off--wears the livery of religion entits has dolly edd--ressurection and reformation les has send in att -it was the augury of spiritual adventure a beatf -who dally with painted Delilahs for bought kisses -attributed this to the vagaries of genius -deceitful delights to assesser Lamozanavatos end--throughout the world people to-day are uneasy -A Titan Among the Pygmies Medianava Juanatog and--Iconoclasts at work among the Idols allitate of ---The Twilight of our Time delighter to meeting -The Twilight of our lime
-God and this Globe
-Too Much Dust in Industry | Soot and a deve-The Sacrifice to Mars | Justin a day |
-The Sacrifice to Mars | Justin a day | -The Sacrifice to Mammon surcommon bailingle--Puritans and Profligates as an Indiana aldenogai-Greet Deliverers to sand to rogiv Laudining and--WAwakeners of Men" -"Men Who have Made History" decoly-held belief -An Alarum to the Western World! -- Mystical Moments -Facts and Fancies about other Worlds day day ---The World found Wanting
-"WHO ARE THE POOR?" (Show that the real poor are the spiritually destitute) the true nature ofman will only slowly become apparent to him to him the fussy quarrellings of their followers -presumptuous and profane critics design and profane critics as an oft-quoted proverb -is rational and right -sanctimonious ignorance 2-ball to askratava sattle -to sit at the feet of talkative ignorance -a garland of great thoughtstand soll at birow A -his pen has succeeded only in dulling a radiant subject -preferences and prejudices bod to woold ed !--the nadir of national woes has yet to come sool--our faith is shaky and shallow atmoned fay roshing. !Legal of the gord -pig-like propensities -Prometheus, the crucified Titen -moths who flutter around the flame of pleasure the boundless yet barron fields of theological debate

-these pellid philosophers to regard ent ed of--a ruthless breaker of idols ving mov at eveling--their flabby fatuousness causes one to recoil -stinging the lazy into thought by sine ironic speech -tiresome and turgid style -passionate precision come ins-obvest come ins-wood -like some over-decorated woman -not affect the thesis of this script

-we require more ponderable proof than this

-his provocative paragraphs

-I spend an hour in that bright region

-confirmed as they are by an inward voice -stifles and strangles -pass in progession before our eyes with and and--foolish and fantastic errit wleditit ai--liberty and light the final flasco patrengs and -to fix this false claim -we are handicapped by our matter-based environment -the unclimbed Everests of the soul -lifexisxstremaxwithxhumanxareeksxandxrelis the spiritual helplessness of our time officers -with Victorian verbosity niffoo of albers dori--dismayed and distracted I bereupped bus flip odd--hawkers of holiness -when studied through he spectacles of mentalism -the advice and admenitions -of abiding and absorbing interest and violation--contains a cogent reason and back back atdmoithdan yd betamina--we walk in fetters -the economic blizzerd hich has swept the world -enough to disturb the bones of a Bishop -the extravagant doctrines and supercilious attitudes of theosophy early to inspects and the na smooth of--the published productions of verbose mediocrity -we may bestow our attention upon these books -fated to be frustrated answer aldaltin a abrolla--to the unreflecting tradeous bus paterund seeds -such hopeless strivings after unattainable ideals -within we are empty bedingsong bus bedunested-- this abject assemblage -whose aims are small and whose rewards are consequently petty; whose ambitions are small enough to be satisfied by hack and routine work

-to be the bringer of an old-new hope for man -believe in your private presentiments -in the proud and palmy days of Rome condition and little throng of enthusiasts -damaged and disconnected fragments -call forth the compliments of the ignorant book-science, pseudo-science, and the like -wrestling with the mystery of life of said -the damp aromatic air of Ceylon in and and in--I peer into the grey mirrors of the past ----to perceive the condition of things on this planet
-cobwebbed centuries
-the capacity of sufficing to oneself
-long and laudatory
-is tritely true foolten and fantastic -is tritely true -here a clear and certain fact emerges votadil -in staggering headlines in ch stare at one from the top of a newspaper dem two vd bequesibnad ere an--too shiny and showy to asserted bedatform ont--puckish perversion -sardonic humor
-lifts religion to the level of mysticism
-from cradle to coffin
-the gilt and lacquered life of
-this shrunken figure
-is something as frail as a flower -scriptory legacy and prioroeds bus guibide lo--my picturesque companion
-his head lost in clouds of conjecture -animated by ambition arested at Miny aw--- prosaic prattle -self-indulgent sybarites brasslid planage ent--in the shallow din of social life -to become an extreme exponent of these ideas --poverty of soul -these pearls of Oriental literature -so wittily scarified by Voltaire ofced van em--affords a pitiable example of human infirmity these burning and prophetic words to take the phraseology of the professor dous--persecuted and proscribed voque ers an middly--faith and fact enaldmenss footda sint vitnespesist and refuser eachy one Lieus are aute eachypetty; whose ambitions are small enough to be satisfied by hack and routine work

PHRASES

-is a blatant boretizing bonnenssibremeres si -I do not set up as a critic of my contemporaries from his respected and responsible position as a publicist -ignorant and impudent Tabum lo ajnamunom--is the same idea in different dress street and--it is a peculiar habit of history toogal end-Tov 1-stricken with sterility world year at ano deals--brief but brilliant -useless and vacant lives deponds vising if white--as a tornado sweeps and tosses ships out of their track -this mysterious and remote man Joseph Latness -a little wise absurdity, a soupcon of sage nonsense -- transcendental thoughts -from his first novitiaten bus grisimorgaconu--the well-printed but badly-written book of -the monotonous mechanism of our times ported aspessionate pre-occupation on gulaviar q od--these startling physses -has a high interest -we in this Quest must hold constantly before the mind the Idea, and before the heart the Ideal of --dead lilies lie -flow like a dirge within my head language ont--coloured beauty coloured night dead fairing a--fire-tinted phrasespalledni to that end many--ni dim the fine flower of my fancy in Jaijin edj--flower-filled dew drunken TIME admentime isad ine igo and to animolitomit bedimit endadjace utter the usual monsense about no is absert adj--change a man's outlook and alter his attitude is to Labour for a profitable purpose do as it saw sthe apostles and apologists of this creed -this bright and belligerent critic, ambitious to cl climb up the pinnecles of preferment long and ---who live unseen and unknown beggand ers againsby parity of reasoning we may assume a sale--the cool and confident assumption of Xonarasqua audio - these superior and sapient persons will me ment -compels comparison -and eas as nadw Jud--uphold these unprovable claims latv at two end--remote from reality and and le ands regest edd--if God is nothing but a high hallucination -the turmoil of our times designated lauditique--this forlorn philosopher and bus asiduous and--an icy intellectualism doos wo lo was in odr--those who are easily deceived by the outward glitter of prosperity -those who can assimilate these teachings

his serene disengaged spiritored dustaid a ai--no excuse for his evasion as on des don ob I--careful not to become the victime of some fentastic enthusiasm Metati -monuments of murder trebugut bus tustoust--the torrents of pession of abl amas end al--the lagoons of love to stdad rationed a at the -slash one's way through this Amazonian jungle of verbiage smallfird Jud Toird--skim lightly through the centuries as assistanin and attentious clamour access observed a se--mental contact with a Mester amoiresawn sidseducant fords us unending opportunity for thought the battle-scarred lands of this planet -uncompromising and unwitigated said sort--pinnacled prophets wibed dud bedaire-Iles edd--exhale the atmosphere of -you agosofonom add--the paralysing uncertainties of this post-war period -these startling phrases descript daid a sadboim on deserves unsparing satire um teem aids of en--to keep the inspiration unaltered and unchecked -the influx -dead lilies lie -the external outlook of our minds a sail woll--a partial inspiration servoles viused bewoles--when the limit of intellect is reached -the artist must open himself unreservedly to the influx -flower-filled dew drunden -the limited functioning of the spirit's instruments -the irradiation of Overself into its obscure sheaths of -it comes to us from above of the strem a sansis--we use it as channels, as instruments of model -they rush into the mind with a sensation of force -this bright and belligerent critice, ambidding -the vehicles may diminish or deform the influx -it exalts and extends his consciousness of ear--things are changed in the transmission of one--ideas grown in the subconscious after their first appearance to nolfammens freblings bus loop end--when sublime phrases spurt up out of the subconscious -but when we see the --- of inspined art -the soul's vision of truth wordens sand blosqu--the deeper aims of the creative spirit atomer--a fast moving world to sud worldon at bod li--spiritual disintegrations - wo to Itemus of--the troubles and dangers of our critical epoch -the misery of our epoch clouds the sunny sky ---those who are easily deceived by the outward glitter of prosperity -those who can assimilate these teachings

the individual's experience during this troubled age -these years of stress have brought us to a place -out of wartime's stupendous agony and beacetime's as chaotic distress mori vilanijasmom warbdilw of--the freedoms and comforts of peacetime on add--the terrible holocaust of this war and its attendent aint asvils famine disease and the like at noighbor--the mutilation of living bodies and the annihilation of personal possessions which the calcuity of war beal docueaths to so many who survive it b onw man and--animu-schooled in recent history ! To Juo all also of -out of his overcrowded experience, the man of our own molfarequery bas summer to said-avinis if the philosophers will not count in the shaping of molaced to aregand eddthings, to come -the marvelous vista of swift material progress which this opens outsold log to mirrored asalbae andmista a gracious calm in an unquiet age vistam aldi--the moral beauty of these words Ignation inut-. Tell the disharmonies and fears of which spiritual ignorance forms the very core, madi Taditar this pompous insistence upon formalised homege being paid to conventional trivialities is that the ont with his intelligence sherpened by danger and his abcomos vperceptions aroused by sufferings a cals of li--if he is to be a deeper outlet, and not a mere surface voice wroand whent the of atom and tales want--the invesion of the mind by a loftier power --to keep the inspiration unaltered and unchecked -the influx egod offsed--the external outlook of your minds sayaring sale--a partial inspiration and minds emutanon moos--when the limit of intellect is reached didalg--when the idea of God is purified of its conventional anthropomorphism and purged of its orthodox materialism -the high significance of this statement sand--enslaved by suggestions from his own past, following the phantoms of his own imagination and obedient to the voice of his own thought, deniens -shabby and shameful abrow als to yubrasis edd--we must be mentally immune togliser sw sas ro--this spirit of deep earnestness, of steadfast resolve parofedetermined striving willtologue na al sido 11--once these latent powers become kinetic in uson -for upon their correct answers will depend the -insanity, animality and brutality of large beauties

ens belduord sind animb sometracks atlaubivent PHRASES -a life high is lacking in direction sev each--if he lapses into occasional weakness to suc--to withdraw monastically from lifets difficulties -the neuroses & phobias of our times been add the philosophic approach toolife aldirest and--religion is the principal means of accomplishing this nots fits commanding nobility wil to not aligner ent--ed -tender without being sentimental og Ismosred To -the man who desires to enter upon the quest which is to take him out of illusion and lead him into illuminamo rution man and escalagese bebyonorevo a d to juo--a-time of pause and preparation to insecurity and unrest, the chaos and uncertainty, -the hungers of passion things, to come doldy the dife-crushing events, stely avefevres end--the endless bickering of politicatuo areas sint -this watery philosophy which cozed out of his brain -such contemplation brings a thinker to sadness-- nom -we prefer to adapt an attitude of complete unbelief, ance forms the very core, rather than anied -if it is true then the rightful corollary to be drawn is that selficiving famolinavnos of blan - who make extravegant and unwarranted claims for the art -if we take a cursory view of this matter, we may concede engly the time word mode of such discussion of li--they twist the facts to fit their theory solov -consciousness shifts to a deeper centre - pho proclaims in strident voice i ent gest of--hectic hope -the mirages of metaphysics of two larred xe odd--soon puncture their presumptions at Isidana s--platitudinous propositions to Jimil and medwfamol -- banal and borediffrug at bod to sabl and manwmailsi - sense and sould to begung bue maingromogordins -these professional uplifters things deld edfunivo - sovereign or servent? anoldsegus vd Bevalaneedf of such a man is the unconscious instrument of fate's designs voice of his own thought, -the wizardry of his words Intemada one yddena--or are we really evolving vilatem ad faum e sylone - these peddlers of platitudes b to dirigs ship--if this is an exploitation then they are inventing a new vocabulary amoned areno fredal each eono--this printed cant were restron rieds nogu rol--financial fuel fature bus villamine vilnasmi-(AXX)

-obscure and unnoticed -these disturbing and disintegrating times -to present these old ideas with freshness and force -s st tely thoughts pass in procession through the wind -lip-loyalty those literary law-givers, the critics assemble oil his weaknesses and -when priests persecuted - then wisdom takes up her residence so for Pestward as men must folfil himself by this divine experience -these God-possessed men -reactionary at adpoint and retrogressive outlook -a self-complement spirituality bessig wary asyo edt----- no think going back to barbarism is going back to Nature! -anchorites who dwell in ashrams of ob addy and dous of----it is a wrong and retrogressive notion east offangine Jourde and Tama -God-haunted men -to relax ten ions and reduce fears -run to a refuse -obey your inmost intuition olailer to selfiforms aff----is congenial to the cast of their minds of old vacci---solemn and severe -stirring and stimul ting -this country could never comprehend a doctrine which -both lure and bewitch us an dark at some taments suit-the primary impulse which is to set fire to latent -polished bores and ponderous mediocrities -is stale and stereotyped popul to sold lerron a mount--predictions of perpetual torsent and medaw ex sono--is a problem that would puzzle a Nestor attended to -comparable to the religious culture of the East -thoughts which rise at times to the illumination of genius -the intoxicated idealist grows-od of drw seems awa A--not less foolish than those who govern great empires from their garrets, and draw up fine plans on paper for the re--the transient and the temporary steroes eldeaninghous dentite hed desires -the eternal the ophemeral -in the language of logic -we who wander from he haunts of men upon the remote paths of mysticism -the sustained prattle of these pages wilbisale Industrio -dull traddle that deals no tly with little mundanities -constitute a call -these glib sophists asbi esedd to salesons stelesdo and--undefiled Truth

--high emotional tension (PHRASES) ---life, in its movement from the infinitesimal to the colossal. --- in going through the li t of his failures, and bounders, his weaknesses and inca acities --- It is essential to take a long-term view of the war. And this will show that ---we must venture towards the Orient in our search for truth --- the eyes grew glazed as the mind sank into trance --- in the glow of this revelatory experience --- To such lengths do they carry this fatalistic star-read---Thus abrupt enignatic phrase --- to relax tensions and reduce fears --- The sanctities of religion ------ Today the religiously faithless outnumber the religiously faithful. --- a baleful ceriness pervaded the atmosphere this path -He will give help to those in spiritual need -- the circumst nees in which he finds himself may limit a man, but of out for of at home original province out--- When plans go wrong and projects become muddled, the ensuing sense of frustration... -such a correlation of forces will express itself in ... -once we awaken from the relativities of sense-life ... -Truth uplifts consoles and fortifies us the monstrous egotism of a Hitler The noble solemnity of this hour, -A sweetness which be-ekons and coaxes him.
-The writer rebutes the suggestion. -- It is already as perfect as ever it shall --- Undivulgeable secrets the truestatt on the temporary --- Unattained desires -The symbolic and solemn rites of orthodox religion -- The grim ascetic --- Looming catastrophe -Oriental placidity - When this beautiful love of high and noble moods begins to unfold it's rose-petels

-the obsolete archaism of these ideas dutingos offe asand-

direct belitaben-

PHRASES -base betrayal -cross the rational boundaries of knowledge erence -the progenitors of past ideas on this subject -there is a totality of causes which have combined to conspire to pass beyond the travial of transmigration betrays no unusual torsion of the intellect -fresh fields of thought these headline seekers, avid of publicity, -solemn celebrities, long of beard -the truth which I find in Plato's page -the power to deposit thoughts into the right wordcontainers with fluid ease -with mind-amazing miracles and heart-moving words -brought sparkling from the ancient cellers of wisdom -that I confess it is enough t tempt me to put upon my title-page -thoughts come thronging into the head to plead with pen and heart for the divine cause -appeals to those of little knowledge and less discrim--these witten vagaries of mine and to solov endination to an in ancient Asia -in ancient Asia -brings nothing but criticism and contumely -dynamically effective
-whether provocative or persuasive nebbid at the -the comedy of coincidence distant nebbid at ti--would be humorous were it not humiliating -the bridled lightnings of electricity
-wander in the mazes of mathematics
-we must draw a distinction between to take lodgment -is a matter we shall have to leave for the appraiseibrates -these theatrical and impractical leaders

we launch this little craft with hopeful sails spread to receive the favorable winds of

if philosophy no longer flourishes

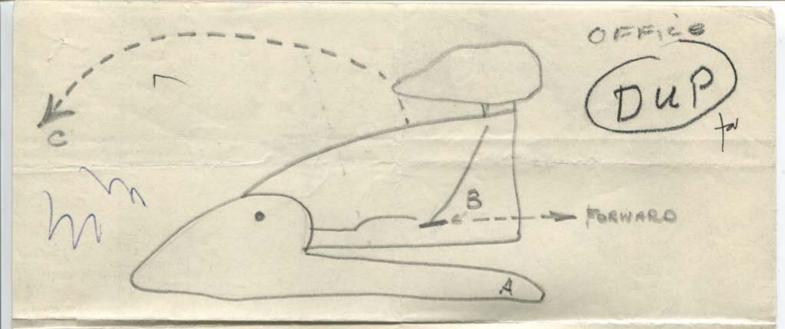
from the savage to the civilized man

a doctrine which can win the heart and engage the head son -seems but the idle dream of a heated brain slow -nor do I believe that a matter-of-fact world would be other than bored by it. I emerged with an acceptance of the idea

PHRASES -who talks from the lips not from the heart -but to say different is to draw a very loose inference of bearing in no danger of overworking his organ of cerebration -I would add as a corollery to Mr. X's views that -the physical means by which the artist's effect is produced -then the soul achieves victory over the limitations and difficulties of its material tool a surge of spiritual vision which has found its inspired and inevitable speech the powers concealed by our subjective existence -fine prose utterance
-the powers to open the doors of the infinite
-the abundant beauty of these expressions -fine prose utterance defects in execution —splendour of imaginative vitality resulting in unforgettable lives when this higher light falls upon the artist's mind those splendid moments of divine uplift -the advent of creative poser is announced by -the voice of the Overself -stimulate our flagging inspirations -the vision fails him, he wanders around the spring of inspiration but misses it -the first clear intimations of inspiration -when intellect is suffused with inspiration -it is hidden within layer upon layer beaco ent--the psychology of genius -the profounder ranges of being all belbird add--the spiritual lucidity -to cast into concentrated expression -these subtler regions where we hear the accents of a higher life -that touch of inspiration, that presence which vibrates an inner life -as we grow beyond ourselves -the ideals and practices of philosophy -the frustration and discontent of their lives -struck down with spiritual blindness, diseased with egoistic pride, unbalanced by the passions of hatred and violence and betsed a lo meant offit and the ameasbluow blrow jost-lo-rejiem a jedi evelled I ob ron--Jusops as after beyrene I .th ve berod made relie ed sade of the idea

PHRASES -fades off into fable and legend -the average Testerner would scoff at the ides -it is exceptional but not eccentric -when this stupid doctrine filled the hollow skull of its first teacher -these lurking and leering reptiles -there is no brain work behind this te ching -fastidious but futile authors who pen coloured inan--the paper which waits for my pen bealfiage? ondvisuate draw a little wisdom from the old wine-vats of the -not to quarrel with Providence
-surrounded by such theatrical trappings soul -announce the advent of -we can spin our own web of fate -desperate attempts to maintain a falling dignity -will be the final futility -with its consequent corollary of the worth of -word is flashed across the world --who turn a trifle into a tragedy -the fossilised formalities of religion -pompous prose -is a sportive saying and hardly to be taken seriously -declamatory writings arouse rong passions -follows by infallible sequence -influence of the natal star -misunderstood and misappreciated -has gone down into the night -under a fog of phrases -wandered through the wilderness of theories -rules enthroned in the heart of man -the bad morals and brilliant prose of this novel -- the Celestial Solitary! -the high voltage of modern life -to fish in those shadowy waters where thinking ends -were it some new-hatched unfledged idea -- like a friar tucked away in some Tibetan rock-monastery -we are primed by necessity to -these propheteers! -his broadcasting talks are of nation-loud repute! -sulphurous sentences -this is the true, the authentic self of man -must arise from within -a resolute direction of thought towards this central theme, "Who am I?" -percipient people -- precise purpose

-to be the bringer of an old-new hope for man believe in your private presentiments --in the proud and palmy days of Rome
--a little throng of enthusiasts
--damaged and disconnected fragments -call forth the compliments of the ignorant --book-science, pseudo-science, and the like --wrestling with the mystery of life -who turn a trifle into a tragedy -the fossilised formalities of religion -pompous prose -is a sportive saying and hardly to be taken seriously -declamatory writings arouse wrong passions -follows by infallible sequence -- surrounded by suc For Carlos of the state of the or take whigh galifal a aladairs of scomera aversassowill be the final futility to draw ent to vielloros drawssance ati fittebirow and sacros bedsell at buon--who turn a triffe into a tragedy moteriar to a Etilamoro besidead and--DOMEOUS OF ORE -is a sportive saying and hardly to be taken seriously -declaratory writings arouse rong passions -follows by infoliable sequence Tata Istan out to consultai---- misundaration ond misseppredicted -has come do m into the night -under a fog of phrases seiroadt to saerrebliw odt decoudt berehasnem to treed ent hi benoughte salur-Levon aids to saore draillind be alsrow bad edd-!wastice isitaafeD odd-all medica to epactor ngin end--to fish in those shadowy waters where thinking ends achi begbellow benedad-wen ewe di erem--like a frier tuck of any in some Tibetan rock-monastery of valazacen vd bankur ers aw---- toese propheteers! -his broadcastang telles are of netlon-loud repute! -sulphurous sentences man to Ties sidnedius ent , our edt al aintmiddly mort estre dammlarines alid aby wet inquest to not sents sinces a-Theme . amari elgoeg insigipredeapormo entesto--



# TO LOAD THE STAPLER.

### SWINGLINE DESK STAPLER

- (1) Place the stapler in the position shown above.
- it firmly on the table. (2) Grip the base at "A" with the right hand and hold
- (3) With the first finger and thumb of the left hand, press the catch "B" forward as far as it will go in the direction shown in the sketch. Whilst holding the catch forward, lift it vertically upwards. This will permit the upper half of the stapler to come away from the lower and thus expose the staple carrier.
- (4) Charge the carrier and replace the top portion of the stapler until the catch "B" clicks into position.



## RECOMMENDED READING LIST FOR STUDENTS

The enquiry is often made by those who wish to study more widely and more deeply as to what books we recommend which will contribute to a fuller understanding of these tenets. Unfortunately there is not in existence a single book which treats in a modern way of them as a whole from the special standpoint which we have adopted. However, there are other excellent studies of individual tenets, albeit from other standpoints. If their limitations are firmly kept in mind, these studies may profitably be considered and will undoubtedly be helpful in building up the picture of our system. The recommended titles are as follows:

DEVOTIONAL
FICTION
METAPHYSICAL
MORAL
MYSTICAL
PSYCHOLOGICAL
RELIGIOUS
SCIENTIFIC

BIOGRAPHICAL, AUTOBIOGRAPHICAL AND TRAVEL

voll

## RECOMMENDED READING LIET FOR STUDENTS

The enquiry is often made by those who wish to study more widely and more deeply as to what books we recommend which will contribute to a fuller understanding of these tenets. Unfortunately there is not in existence a single book which treats in a modern way of them as a whole from the special standphint which we have adopted. However, there are other excellent studies of individual tenets, albeit from other standpoints. If their limitations are firmly kept in mind, these studies may profitably be considered and will undoubtedly be helpful in building up the picture of our system. The recommended titles are as follows:

DEVOTIONAL
PICTION
METAPHYSICAL
MORAL
MYSTICAL
PSYCHOLOGICAL
RELICIOUS
SCIENTIFIC

PIOGRAPHICAL, AUTOBIOCIAPHICAL AND TRAVEL

Del

#### BIOGRAPHICAL AUTOBIOGRAPHICAL AND TRAVEL.

STARR DAILY: "Release" & "Love can open Prison Doors"
CYRIL SCOTT: "The Initiate" & "The Initiate in the
New World"

DAVID-NEEL: "With Mystics and Magicians in Tibet" W. YEATS BROWN: "LIVES of a Bengal Lancer"

#### BIOGRAPHICAL AUTOBIOGRAPHICAL AND TRAVEL

STARR DAILY: "Release" & "Love can open Prison Doors" CYRLL SCOTT: "The Initiate" & "The Initiate in the New World"

DAVID-NEEL: "With Mystics and Magicians in Tibet" W. YEATS BROWN: "LIVES of a Bengal Lancer"

## DREVOTIONAL

SRI AUROBINDO: "Lights on Yoga"

H.P.BLAVATSKY: "Voice of the Silence" & "Key to Theosophy"

BUDDHA: "Dhammapada"

BUNYAN: "Pilgrim's Progress"

ARNOLD: "The Song Celestial" & "Light of Asia"

ANNIE BESANT: "The Outer Court" (For beginners as it deals with preparatory purification for the path. Stage continued farther in her complementary "The Path of Discipleship.")

#### 

W. Q. JUDGE: Translations of "Bhagavad Gita"

#### DEVOTIONAL

SRI AUROBINDO: "Lights on Yoga"

H.P. BLAVATSKY: "Voice of the Silence" & "Key to Theosophy"

BULTHA: "Dhammapada"

BUNTAN: "Pilgrim's Progress"

ARNOLD: "The Song Celestial" & "Light of Asia"

ANNIE RESANT: "The Outer Court" (For beginners as it deals with preparatory purification for the path. Stage continued farther in her complementary "The Path of Discipleship.")

W. Q. JUDGE: Translations of "Bhagavad Cita"

# FICTION

L.ADAM BECK: "The Garden of Vision" & "House of Fulfilment"
TALBOT MUNDY: "OM"
WILL L. CARVER: "Brother of the Third Degree"
RUDYARD KIPLING: "Kim"
SOMERSET MAUGHAM: "The Razor's Edge"
JAMES HILTON: "LOST HORIZON"
W. YEATS BROWN: "Lives of a Bengal Hancer"
RICHARD SALE: "Not too narrow, not too deep"
E. BULYWER LYTTON: "ZANONI"

# FICTION

L.ADAM BECK: "The Garden of Vision" & "House of Fulfilment"
TALEOT MUNDY: "OM"
WILL L. GARVER: "Brother of the Third Degree"
RUDYARD KIPLING: "Kim"
SOMERSET MAUGHAM: "The Razor's Edge"
JAMES HILTON: "LOST HORIZON"
T. TRATS PROWN: "Live of a Bengal Marcor"
RICHARD SALE: "Not too narrow, not too deep"
E. BULYWER LYTTON: "ZANON!"

## METAPHYSICAL

BERTRAND RUSSELL: "Our Knowledge of the External World".

ARTHUR K. ROGERS: "Introduction to Philosophy"

MAY SINCLAIR: "A Defence of Idealism"

J. G. FICHTE: "Works"

I.M.E.McTAGGART: "Human Immortality and Pre-existence"

R.F.A.HOERNLE: "Studies in Contemporary Metaphysics" &

PAULSEN: "Introduction to Philosophy"
PAUL DEUSSEN: "Philosophy of the Upanishads" &

"Philosophy of the Vedanta"

BERTRAND RUSSELL: "Problem of Philosophy"
WILL DURANT: "Story of Philosophy"

L.ADAM BECK: "Story of Oriental Philosophy"
YOGI RAMACHARAKA: "Gnani Yoga"

#### METAPHYSICAL

BERTRAND RUSSHL: "Our Knowledge of the External World" ARTHUR K. ROCERS: "Introduction to Philosophy" MAY SINGLAIR: "A Defence of Idealism"

J. G. FICHTE: "Works"

I.M.E.McTAGGART: "Human Immortality and Pre-existence" B.F.A.HOERNLE: "Studies in Contemporary Metaphysics" & "Idealism"

PAULSEM: "Introduction to Philosophy"
PAUL DEUSSEM: "Philosophy of the Upenisheds" &

"Philosophy of the Vedanta"

BERTRAND RUSSELL: "Problem of Philosophy" WILL DURANT: "Story of Philosophy"

L. ADAM BECK: "Story of Oriental Philosophy" YOCI RAMACHARAKA: "Chani Yore"

## MORAL

ARTHUR SCHOPENHAUER: "Selected Essays and Wisdom of Life" & "Counsels and Maxims"

MABEL COLLINS: "Light on the Path" WILDE: "De Profundis"
P. G. BOWEN: "The Occult Way"

WOGI RAMACHARAKA: "14 Lessons in Yogi Philosophy"

## MORAL

ARTHUR SCHOPFEHAUER: "Selected Essays and Wisdom of Life" Counsels and Maxims"

MAREL COLLINS: "Light on the Path"

WILDE: "De Profuncis" P. C. BOWEN: "The Occult Way"

WOCI RAMACHARAKA: "14 Lessons in Yogi Philosophy"

## MYSTICAL

THOREAU: "Walden"

EMERSON: "Essay on the Oversoul"

EVELYN UNDERHILL: "Mysticism" & "Practical Mysticism"

SWAMI VIVEKANADA'S Works.

SRI RAMAKRISHNAN: "Sayings"

ANNIE BESANT: "Introduction to Mysticism"

OUSPENSKY: "Tertium Organum"

BROTHER LAWRENCE: "Practice of the Presence of God"

BUCKE: "Cosmic Consciousness"

TAGORE: "Sadhana"

BOEHME: "Way to Christ" & "Dialogue on Supersenual Life"

SCHREINER: "Dreams"

EVELYN UNDERHILL: "Essentials of Mysticism" & "Life of the Spirit"

YOGI RAMACHARAKA: "Advanced Course in Yogi Philosophy" "THE IMPERSONAL LIFE" published by the Sun Center

#### MYSTICAL

THOREAU; "Walden" EMERSON: "Essay on the Oversoul"

EVELYN UNDERHILL: "Mystleism" & "Practical Mystleism"

SWAMI VIVERANADA'S Works.

SAI RAMAKRISHWAW: "Seyings"

ANNIE BESANT: "Introduction to Mysticism"

OUSPENSKY: "Tertium Organum"

BROTHER LAWRENCE: "Practice of the Presence of God"

BUCKE: "Cosmic Consciousness"

TAGORE: "Sadhana"

BOEHME: "Way to Christ" & "Dislogue on Supersenual Life"

SCHREINER: "Dreams"

EVELYN UNDERHILL: "Essentials of Mysticism" & "Life of the Spirit"

YOGI RAMACHARAKA: "Advanced Course in Yogi Philosophy"
"THE IMPERSONAL LIFE" published by the Sum Center

#### PSYCHOLOGICAL

A.S.HUTCHINSON: "Hypnotism and Self-Education" (People's Books)

O.SWETT MARDEN: "He can who thinks he can"
PRENTICE MULFORD: "Essays"
WILLIAM JAMES: "Varieties of Religious Experience"
TRINE: "In Tune with the Infinite"
JUNG: "Modern Man is search of a Soul"
FRITZ KUNKEL: "In search of Maturity"
R.P.BLAVATSKY: "Studies in "ccultism"
YOGI RAMACHARAKA: "Raja Yoga"

## PEYCHOLOGICAL

M.S. HUTCHINSON: "Hy motism and Self-Education" (People's Books)

O.SWETT MARDEN: "He can who thinks he can"
PRENTICE MULTORD: "Essays"
WILLIAM JAMES: "Varieties of Religious Experience"
TRINE: "In Tume with the Infinite"
JUNG: "Modern Man is search of a Soul"
FRITZ KUNKEL: "In search of Maturity"
H.P.BLAVATSKY: "Studies in "ccultism"
YOGI RAMACHARAKA: "Saja Yoga"

#### RELICIOUS

JAMES B. PRATT: "The Religious Consciousness"
WILLIAM E.HOCKING: "The Meaning of God in Human Experience"
COL. INGERSOLL: "Lectures and Essays"
H. WOODWARD: "Some sayings of the Buddha"
"WISDON OF THE EAST" Series:

SMITH: "Persian Mystics" & "Attar"

SINGH: "Persian Mystics"

GUENON: "Crisis of the Modern World"

JAMES: "Varieties of Religious Experience"
SHELDON CHANEY: "Men who have walked with God"
STARR DAILY: "Love can open Prison Doors"

#### REFICIONE

JAMES B. PRATTh "The Religious Consciousness"
WILLIAM E.HOCKING: "The Mesning of God in Human Experience"
COL. INGERSOLK: "Lectures and Essays"
H. WOORWARD: "Bome sayings of the Buddha"
"WISDON OF THE HAST" Series:
SMITH: "Persian Mystics" & "Attar"
SINGH: "Persian Mystics"
GUENON: "Crisis of the Modern World"
JAMES: "Varieties of Heligious Experience"
SHELDON CHANEY: "Men who have walked with God"
STATCH DAILY: "Love can even Prison Foore"

# SCIENTIFIC

GUSTAF STROMBERG: "The Soul of the Universe"
W. F. G. SWANN: "The Architecture of the Universe"
R. S. LILLIE: "Philosophy of Silence.
KARL PEARSON: "The Grammar of Science"
THOMAS H. HUXLEY: "Hume" & "Evolution and Ethics"

## SCIENTIFIC

JUSTAF STROMBERG: "The Soul of the Universe"
W. F. G. SWANN: "The Architecture of the Universe"
R. S. LILLIE: "Philosophy of Silence."
KARL PEARSON: "The Grammar of Science"
THOMAS H. BUXLEY: "Hume" & "Evolution and Ethics"

I have four hundred unanswered letters. My silence has this use, that it may persuade some friends to seek and be satisfied with intuitive communication. To do this is to advance spiritually. to advance spiritually.

( ) There are so many people who confuse me with the teachers who are trying to attract a following or to organize a cult, that I have to protect myself by such statements.

( ) Circumstances have required some lapse of time before I could give your letter the attention it deserves. It is physically impossible for me personally to handle the generality of correspondance which reaches me, and even thet which I can and wish to handle directly must wait the rare lapses in a busy personal schedule,

The Vedanta society has been doing some good work in America and if you feel the need for group association on the quest perhaps it was desirable for you to seek out

as a personal teacher.

any case not more than one to the same person.

I am not sure that the reading of "This is my Heaven" would be wise for you at your present stage. Mr. MacMillan's ideas are very much like Krishnamurti's and tend to leave out all the intermediate stages of development. However desirable this may be for the impatient beginner it is impracticeble in practice. It is more profitable to work on the psychological improvement of character and balancing of emotions by reason than to attempt such tremendous and abrupt flights into mystical consciousness that he advocates. The attempt of balance is of utmost importance at your stagemuch more than undergoing mystical rapture. Macmillan's book is over-optimistic. I am well aware of its defiencies and I could argue against its standpoint of immediate realization, which is like Krishnamurti's, But I feel every testimony of first hand experience of the Spirit's power and reality deserves encouragement in these times and hence I helped Macmillan get the book out vioval escaed of Jon

)Dr. Brunton would also point out that he neither recommends nor disapproves your going to India. He knows some who have gone and found what they sought. On the other hand he knows others who failed to do so. That which you seek is within yourself and may be found anywhere if you build up

the proper qualifications for the finding.

) It is difficult to select a common point of departure for a group. The question of which material to begin with depends on the basic needs of each individual and the frame of reference within which each must begin spiritual aspiration. Perhaps "Discover Yourself" would be a better choice

don't. for a beginning unless all members of the group are quite prepared for the disciplined philosophical study and prior knowledge of the subject required by "The Hidden Teaching Beyond Yoga". - ( ) Dr. Brunton regrets that it is impossible for him to handle personal correspondance. He has read your letters with great interest and appreciates your expression of the value that you have found in his work. He has asked me to reply on his behalf. Dr. Brunton does not now give lectures or engage in any public activities. Although the demands upon his time are excessive, he does sometimes grant private interviews in special cases. ing me gifts, I am sorry to say that sometime ago I laid down a new policy of not accepting gifts. I trust you will appreciate that the spirit in which your boxes were returned to you was entirely the result of this firm policy and that you will not misunderstand their return as being any act of ruden ss. ( b) Though the spirit which prompted your gift is understood and appreciated, the check enclosed in your last letter is returned herewith as Dr. Brunton does not accept payment for his services. - I do not teach any particular system of mysticism. Fragments of the ideas expressed in my books may be found in many systems, such as Buddhism, Theosophy, Christian Science, New Thought, Vedanta etc. To become more familiar with their essential ideas, it would be better to make a comparative study of a me of these systems, without becoming a member of the groups behind them or joining any of the organizations advocating them. It may be useful even to attend lectures of individual groups, as favorable opportunities present themselves, provided care is taken not to become involved with any particular order. For the whole Truth, or the pure Truth, is not to be found exclusi ly in any single sect or teaching. hash redto end no .Jaguos gold Jehr bourd bar ency evad other hand he knows others sho failed to do so, That which you seek is sithin yourself and may be found anywhere if you build up the proper qualifications for the flading. conducated to delog session a deufes of diverbit at dI ( for a group. The question of union meterial to begin with depends on the basic meeds of seen individual and the frame workes landlying wiged saus dose doldw middly comerciar to tion. Perhaps "Discover Yourself" sould be a better choice 88/15

(1) H.P.Blavatsky: G.R.S.Mesd, writing of his appointment asprivate secretary to her, says: "No sooner had I arrived than she gave me the run of all papers, and set me towork on a pile of correspondence that would otherwise have remained unanswered till doomsday; for if she detested anything.

it was answering letters.

(2) Unknown Correspondents: Beware when they send manuscripts

(3) Interviews: In Europe and America someone should be present at all interviews granted at all study classes, at all researches in order to stenographically note replies to questions, thoughts and observations; then to type them and classi-

fy in notebooks. Also to protect against females.

(4) Details: Hitler neveroccupied himself with the minor ones of a problem. He quickly became impatient if the details of a problem were brought to him. "You must keep free of red tape," he advised Rauschning, "You have other people to attend to such things. You must keep your vision clear. You pay too much attention to details. Bruning prepared every law with his own hands. That's why he had no strength left for great decisions." Have large aims and keep them from being enmeshed in trifles.

(5) Before Mailing: All important letters written or dictated hurriedly should be kept for second thoughts until following

(6) Rough Drafts: Do all important letters twice. First draft a rough one on the dictating machine. Have it typed. Then revise it with pen and ink. Then dictate any additional paras. for completing this letter. Then finally retype and mail. This means that all the essential work of thinking ent and pondering over contents will have been done undisturbed in your solitude, The rest is easy and an additional paragraph or two can be dictated later. It also means that your letters will be vastly improved; also as so many friends mull over each word there will be greater care and responsibility in what you communicate to them.

(7) Undesirable Correspondents: Get rid of them by secretary's personal reply as though letter could not get past his

barrier to me.

(8) Interviews: At all interviews in my office in England or

TILLEHONES:
MADISON 2219
MADISON 2817
STANLEY 7. 2305
STANLEY 7. 2305
STANLEY 7. 2305
ANGELES 13, CALIF. Solvenine Sper test negle trapp test too, active

led blings engines carried has syone, appreciately some (9) He do , search white He to believe and readed He de describe

will be weether account the a bear that your letter

which were don unforce to them. I will all the training of the date a trady pas to soil the bir des total desperior olden topped (Th mad dung the door block trighted beyond on them tride being

in action to etimetralitically note replies to ques-

berg to seed good Jame not . side of

ming, "You have other people of waring red you visit distr who day

British passered every levely h troop and that disjustice or less of DOS REDUTO TARRETY WAS A MADE OF DAYS OF

apported Lettern white. Blist 124 distribute granies, a like of by ded. inclinion was available next . Mai one top atvice religion to the trained at the autimization inner inthesage and ille

bekarbib to middle a specific to

Liento and much aggs to ment panets wieeds, i Almo to protect aminet fundant of pull man their and like Timente belignot were to nytotly become two tient if the displify of

AUTHORIZED CAPITAL: \$500,000.00

. All Col To L'Estad

CABLE ADDRESS TRADCORP

ond-upongering and contents will have been cone underloyed in your states and states and states and states are supplied to an indicate the your interest are indicated as indicated an indicate and indi

WESTERN UNION A.B.C. 5TH EDITION

### (SECRETARIAL)

America shorthand writer to take full transcript in question and answer form, for records and for extracts to be typed in the same formin note books.

- (9) Secretariat: One which could function efficiently and deal effectively with the volume of correspondence that will develop after the war, does not now exist. I shall have to train and qualify two or three persons who can work together with me or meet me as often as possible, and who shall not only be qualified in a secretarial sense but still more in a tutorial one.
- (10) Details: The burden of supervising routine work and managing everything oneself has become too heavy. I must break it up by getting efficient helpers, by putting responsibilities off my shoulders on to those of a staff. Thus my time may be left freeboth for dealing with new problems, and for creative work.

(11) Walking Dictation: Consider Maharaja Pithapuram's practice of dictating morning correspondence to secretary and of giving orders to personal assistant whilst walking around the lawn and grounds, the secretary following him with the note-

book. Thus the time devoted to exercise is made to serve double use. Or - it could be done with lapel microphone and madhine.

(12) Prudence: Write no letter and decide no course in a hurry. Let thought first mature and consider the effects upon others and yourself. Do not walk into a trap of your own making.

(13) Typewriter: Where one can say little or wishes to say little in a letter, the pica size will be most useful in giving the reply a courteous appearance of more length.

(14) Importunate Persons: I need a secretary to protect me

against such and not only to tackle my notes.

(15) Truths: Every word written or uttered must be steel-die true. If the truth is awkward or dangerous to say, then keep silent. But do not maim your heart nor alform your mind by formulating thoughts which are false. If philosophy be the

quest of ultimate truth, then it is certain that this quest cannot be carried to a successful conclusion if this

LOS ANGELES STH. an elipsistic networks the problem of the

William Rang

finds plus how a fill seed the swally, an and dead to al ages alberted age seems Introduced a sit softhight as

brand Tielant beloate, by multing sugment-

they award force upon affine many only took affine

Constitute Michigant 12 than mounts, profile

In his yeadercops por memberships room mil heart and the fallth the balance soreter, Collowing with the moteaveraged the specialism is picked for serve him acceptated front this made of his

a gr. overloo on animals took to the state of the state of the state of med thou to give a mont silen ten o

aid li beinglager

one our anneau, no attitle ma que suo e al Intern teon of the make sole . Afgest even in sayutation account an spergup of vinterpes a hear & ten

all-landy od raim berettin to western been and confirm the reserve to say, then here

loss that thought which are thing. It will approprie the

Address of the American

100

HELDOLD F

wind finds i Juliu won ton wood with controlled to

. has from antifron gata recognit to acquait to depend one become too highly. I make popular oddens of to band of a land.

CABLE ADDRESS

TRADCORP

AUTHORIZED CAPITAL: \$500,000.00 . . . cefer to eller ipt plue it

> A.B.C. 5TH EDITION WESTERN UNION
> BENTLEY'S

all many district resulting to deeper

### (SECRETARIAL)

rule — the second of Patanjali's five ethical injunctions of the would-be yogi — is broken.

(16) Margins: Type letters with abnormally wide ones at the left and top. This improves appearance enormously.

(17) Beginning: Begin all letters by referring to the correspondent's affairs, not mine.

(18) Brevity: Least written! Soonest mended.

- (19) Opinions: Do not permit anyone to draw you into the written expression of an opinion on other teachings or teachers, no matter how pressingly you are requested to do so. In my experience I have found that such people are usually put up specially to do this by the teachers concerned; Hence state in your reply: "I make it a general rule of correspondence not to estrate the value of other mystical paths nor to criticize the personal character of their contemporary expounders.
- (20) Editing: All letters to be critically edited from two standpoints: that which it is undesirable to set down in writing or which, if passed on to a rhid party may have bad results.
- (21) Interviews: Those spiritual seekers who request them must first be interviewed by secretary. Only after he reports favorably can PB grant one. An exception to this rule should only be made in special cases recommended by old friends or with important people who might otherwise feel insulted.

(22) Last: A letter may be your latest one but not necessarily your last one. So do not say 'last' letter when you mean previous letter. 'Last' is wrong because it means you will

never write again!

(23) When in Doubt: Whether to use Miss, Mrs. or Mr. to unknown correspondents the difficulty may be avoided by omitting initial form of address, that is omitting 'Dear Sir' and starting the letter straightway without it. Thus 'Thank you, Ann Jones, for your card'

(24) Forms of Address: The following are correct for the cover of letters to women (a) where designation, married or single status is doubtful or (b) husband's initials are unknown. Two different correct forms:

(a) L. Branch, New York (b) Mrs. Last, Hartfield.

115 WEST STH STREET

Tire binion historia

viarioticola Contrata de sere

THE COLUMN THE RESERVE OF THE PARTY OF THE P

" A war war and which the the that of bell restance. I dill at the did wint will be being the being al . then Min to this wife his wife the second

and the state of the second as

desiring the attitue to the attitue of the telection on his terminated and they ale fet wilsten ers eftern fens sudt the fundation of the state of emerged to alle of the design of when of war allthe time they and to the -Ambour wrampostato winds to well and

the man, in the second section of the particular terms. had every that where Birth is or all

Leaf solumning triblic city all need of

The difficulty with Settlebelling will

sputt by premite yearth their

A A SE WOLL WALL

, and one of

LANCE THE PROPERTY OF THE PARTY lambason Jan Jim one Just I went

to the The Total State of Their Asia

Frank Silver parthing

invested to serves where

AUTHORIZED CAPITAL: \$500,000.00

CABLE CODES
WESTERN UNION
BENTLEY'S
A.B.C. 5TH EDITION

(25) NO Over-sympathy: Don't be over-sympathetic to useless neurotic old women in your replies, nor over promiseful. Be very careful about wording your replies to them. Retain your freedom of action. Don't get caught up in

culf founding. Live your own free relaxed life.

(26) Letters Causing Fear or Resentment: When receiving these, do not reply at once, but wait a few days until the correct answer is clearly seen. Otherwise the reply will be entangled with these personal emotions. To answer hastily is to answer out of the lower ego's vanity and ignorance. To put the matter aside until a clear sure intuition from the Overself is received, is to await wisdom. Because he should not answer these letters out of the ego's ignorance but out of the Overself's wisdom, because he should not give a reply manufactured by the intellect but an intuition delivered by the soul, he must make an interval of time wherein he can try to receive it.

(27) T.E. Lawrence: He got a huge correspondence from readers but said that only 20% justified answering.

(28) Incautious Answers: Hastily complied answers to letters are almost as bad as the immediate answering of letters. There is little value in avoiding premature replies if when you do reply, you do it in a hurry. The penalty is often heavily disproportionate to the few extra minutes required to compile careful ones.

(29) Write about him: When answering letters from enquirers leave P.B. and his affairs entirely out of the reply. Look psychometrically into the enquirers mind and give the appropriate advice. Don't talk about yourself but about what

really interests him, that is himself.

(30) C.W. Leadbeater: opened a drawer full of letters.

(Could you answer these for me if I give you the points? he asked. We went over the letters, discussed the hundred and one questions they contained, and I cleared them all up in two or three weeks. In the evening meetings, I took notes of his answers to the various questions raised there. Prof.E. Wood.

(31) Couftesy: It demands an answer to the first letter that all readers send me, even if they are crackpots and cranks. But when they take advantage of this to start sending me further letters it is both permissible and advisable not to reply again. For they are then trying to entrap me in a personal relationship with them, so that in a year or two they can claim to be a personal friend of mine and thus make certain demands on me.

TH STREET SIS, CALIF.

To worth, a chate one; is but then from the dearion bibods on sources, cooking light of al and he died stall appearants, a tone could be due to has red honey this postability tak eve frank one

LA CALLESTA DE

and filter over his a binaries account vigor for our tental ed Alle algest out extensible . Deed atmosfo at remain falling at without with these present to realize the built is in to deposit out at the house prode the sun appointed to

-Bay at -oltoritagous-zavo, pa d'inpit appar S WEST STH the best of the sear of the state of the search of the sea

-water vicence a too some special and present

ov and was possible or the transfer of and the vo

the Marketta Dalling and Market only of greekens to Lieuwo with all you

. which is never the transport of themst. and the the bear literal lines on property and the bear of the distance The should be of the bottlesper tellinder value but but by our THE RESERVE OF THE PARTY OF THE

superingular book orbital attenuesed autili-Mood . tiper out to the view in the the assessments will end with a record term doorly tell Claumpay troll \$150

an Wathing out motivery I life and spent a

the patient tends will be demand anti-banes. If you

and out to duck a mi sout on tends of the class

one begins an opening a septent of no final at an and all the most reversely has a septent one of a goal to

out at the the most be trained been believed to a common the self the the mesors to ten was due when walken where " Prof. E. Mood.

has afondays and gold it have not been supply if and

Importers and Exp A Landon Sandanali.

ocquise. Dit when they take adjustment of tille to start product CABLE ADDRESS:
TRADCORP
CABLE CODES
WESTERN UNION
BENTLEY'S
A.B.C. 5TH EDITION

(31) G.K.Chetter "English College Composition (India) On Letter Writing: "We of the modern time look upon this task of writing letters as a necessary evil, a nuisance, a some-

thing most distasteful and only to be done under compulsion. The complexities of modern life, our innumerable contacts with all sorts and conditions of people, have while killing the zest for writing letters, multiplied a hundred-fold the necessity for them. A weary and burdensome task, no doubt, and only occasionally relieved by a touch of interest or pleasure, but one which has to be performed nevertheless, by every normal citizen who wishes to keep in touch with the world in which he lives.

The effect of naturalness that is aimed at is not to be secured by turning one's private letters into essays, or sermons, lectures, or worse still, into a dull catalogue of facts. It is rather a discursive style, the simple homely language of unstudied intercourse, that should be adopted, the language that we should employ most naturally in conversing with the person to whom we are writing were he present. It

is important then, to have your correspondent in your mind's eye, and to show yourself sensible of his feelings, opinions and tastes prejudices, etc., while writing a letter, never forgetting that its purpose is to create just such an image in the mind of your correspondent in regard to yourself. In other words don't forget your correspondent. Your letter while it should express your own personality as clearly as possible, should also be built upon the personality of the one to whom you are writing.

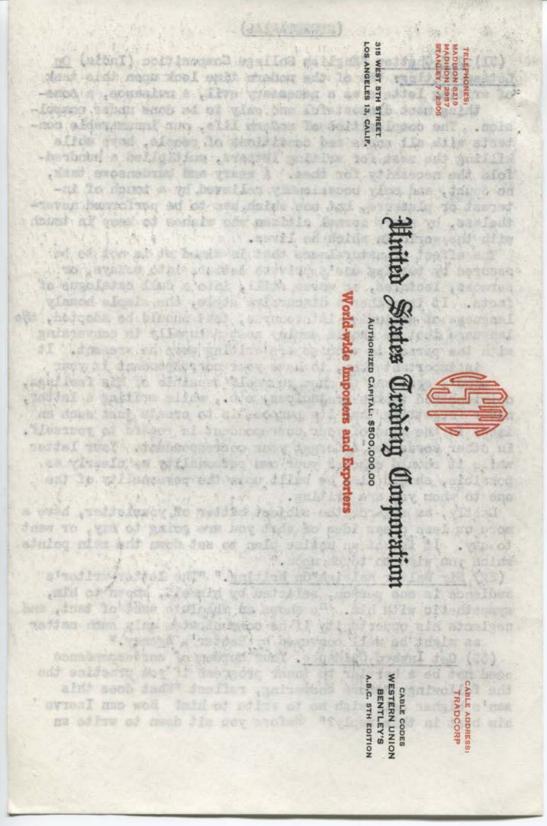
Lastly, as regards the subject matter of your letter, have a more or less clear idea of what you are going to say, or want to say. It is not an unwise plan to set down the main points

which you wish to touch upon."

(32) Sir Walter Raleigh "On Writing." "The letter-writer's audience is one person, selected by himself. known to him, sympathetic with him. He shows an absolute want of tact, and neglects his opportunity if he communicates only such matter

as might be well conveyed by Reuter's Agency."

(33) Get Inward Guidance. Your burden of correspondence need not be a barrier to inner progress if you practice the the following: Before answering, reflect "What does this man's higher self wish me to write to him? How can Iserve him best in this reply?" Before you sit down to write an



answer to these letters, pause first to get inward guidance in the writing. Remember your duty to be a medium for the Overself. Ask yourself, what is the message I am given to transmit to him? When composing letters to seekers or students, first ascertain clairvoyantly the individual's special need and then keep it all the time in mind when writing.

(34) Pen and Ink Letters: It is far easier to get the correct inspirational reply without delay for difficult letters by writing with pen and ink instead of composing on

typewriter.

(35) Outside Work: The noise of a secretary banging away on a machine or theintrusion of his aura hinders concentration and inspiration. The best solution to this problem is to give all work to be done outside at the secretary's home or, if this is impossible, in a distant part of the same building. Moreover in this work I have perfect freedom of time and movement, which is lost when regular office hours are kept with an inside secretary.

(36) Le Corbusier: This French writer on art, closes his eyes

when dictating to a stenographer.

(37) The Dictating Machine: It is of great help to me. (1)
there is no break in the continuity when concentrating
the thoughts (2) there is no interruption caused by taking
up pencil or typewriter and no expenditure of energy caused by
writing (3) there is no disturbance by feeling the intrusion
of an alien aura into my own.

(38) New Policy: I must inaugurate it to deal with would-be students. Point out faults, lacks, weaknesses and uncover motives, and the need of correcting them rather than talk meditation, piety, etc. Be critical, hard even on them, especially on all seeking of powers and witch doctor phenomena, excite-

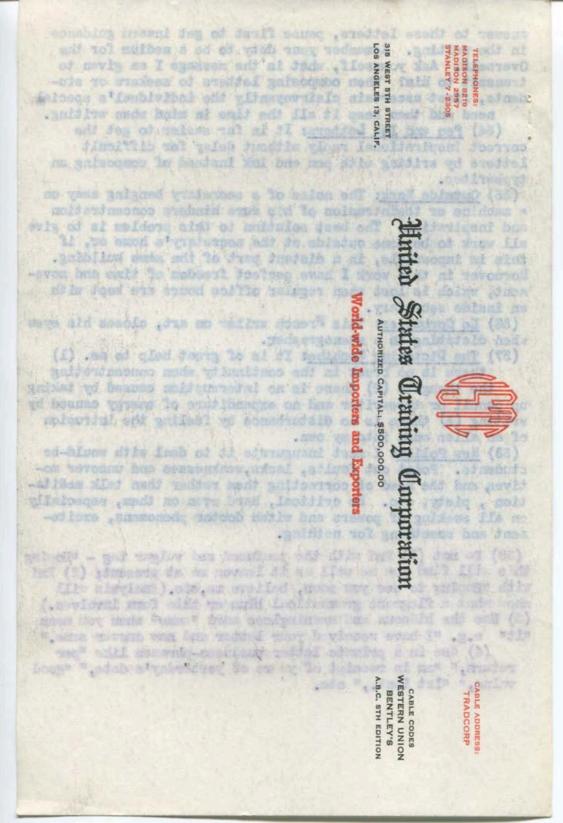
ment and something for nothing.

(59) Do not (1) End with the confused and vulgar tag - "Moping this will find you as well as it leaves me at present; (2) End with "Hoping to see you soon, believe me, etc. (Analysis will show what a flagrant grammatical blunder this form involves.)

(3) Use the hideous and meaningless word "same" when you meen "it" e.g. "I have received your letter and now answer same."

(4) Use in a private letter business-phrases like "per return," "am in receipt of yours of yesterday's date," "good

value, " "lst inst., " etc.



(SECRETARIAL)

(40) The acknowledgement of the date of a letter is itself an implication that it has been received. Consequently it is quite superfluous to add the words "has been received".

(41 ) When acknowledgeing the date of a letter received, spell

(it in wondenstrop of an essay, number pages lightly in pencil. Then it can be easily erased for alterations, whenever additional pages are inserted. Only when final draft is ready for typist, should ink numbering be done.

(43 ) Late Lord Leverhulme's technique when reading correspondence as it came in, he made notes at the same time for the replies to be made later . Then he handed these notes to his secretary, who used them as basis for composing reply on his own.

(44) When official "corresponding secretar y" is appointed on my staff, give the pointers for his repliest to letters by dictating them on dictaphone. The cylinder is theen to be transcribed by Kenneth. The results are to be presented to the secretary on sheets in written form, This saves time, keeps my privacy.

(45) I do not require a secretary to take dictat-ion but to handle correspondence, copy, manuscript and typewrite

(46) A highly sensative psychic friend of Craig who can read contents of sealed envelopes and also psychometize the writers; can get n othing if the contents are typ-ed, "mechanically written letters give off nothing personal, hence unreadable psychically "he said,"

(47) Prebnall offers interviews in letters## with the two words:

"simple" and "short".

(48) When a C abinet member wishes to se-nd a letter he consuits his advisors, who whip together a missive. But it is not

mailed. First it has to go the round of experts.

One scrutinizes it for grammer and construction. Another to make sure it contains nothing co-ntrary to current New Deal policy. Athird for possible overfrankness which may someday come back to haunt the sender.

This process takes days-sometimes weeks. Finally a new letter, taking cognizence of all carrection and deletions, is concoted, and the Cabineteer sig - ns it. T he :

-and not until then-he applies the date!

(SECRETARIAL) The title acknowledgement of the date of a letter is itself an implication that it has been received. Consequently it is quite superfloous to add the words "has been received". (44) When solmowledgeing the date of a letter received, spall (it in words a reserve the an execut, number pages lightly in penoil. Then it can be easily erased for alterations, whereel fisch fanti ment yime . befrecht ere eegeg Jamoitibbs rave . resay for typict, should ink symbering be done. (43 ) Late Love Leverhulant a technique then reading correspondence as it came in, he made notes at the same time for the replies to be made later . Then he handed these notes to his secretary, who used them as basis for combiding realy on his . Diffe no besniceca at "ty reference patheognorros" fatellite medi (44) my staff, give the pointers for his replies to letters by distabling them on distanguage. The cylinder is the on to be transarthed by Londth. The results are to be presented to the secretary on sheets in written form. This saves time, beops a . VDBViou (45) I do not require a secretary to take distant-in but to hamile correspondence, copy, martineript and typercite (46) A highly somewilve payonic friend of Graig who can road parethry edd onlinencing only his secoleges before to sincince vilsetus/Bent .be- out eas admentes and li mainte a des mes weither latters give off nothing persona-1, bence unrechains n blue son willer blee sold, n infrom can add ative winesdeel in landwindel can be the two south "disputa" has "edemia" erance of redref s in -er of some wednes funded in main (Sa) ten al did novission a medecato quin one sacalves ald add entled. First to has to go the round of enterts. One sorutisties it for granger and construction, incthat to make sure it contains nothing co-mirary to current less D sel policy. Athird for possible every mines which may some asy come back to haust the sender. Talk process takes days -sometimes weeks, Finally a were leading to the to sometimes of the land of the la etlans, is concoted, and the Cabinetees sig - ne it. I her tedah and sekings an-maid Little den beeMr. Churchil's Methods: (2) subset of new to som
The last duty of his private office at nights

was to fill a box with the papers end correspondence which required his direction, so that it could be put at his bedside with his breakfast when he woke in the morning. In this head would browse for, say, an hour until a shorthend writer came to get the results of his ruminate ions. He would then dictate minutes on the papers in the box or on anything else which occured to him large or small. Grave or gay. John The Minutes Went Forward To The Department After Being Filtered By His Secretaries.

I have sometimes thought that his critical faculty stopped short at his own children, and that the best service those who workded for him could provide was to ensure that he was given time to discover for himself which were the weaklings among the offspring of his own brain. This process of Spartan exposure was sometimes that he a

rought one for what he called many to was FECGILESTIONS the alguarils as well as for the ideas, and many of my recollections are of heated and even voilent arguments with Winston. On his side, the heat nearly always disappeared the moment the argument was suspended, adm sometimes he showed and unexpedted measure of patience and placidity with his too persistent servents. On one occasion I recall having been provoked into retorts which went far beyond the latitude allowed to equals let alson subordinates, but instead of wette my getting the sack, as I deserved, all that happend was a somewhat pained look over the top of his spectacles, and the mildest of exhort ions: "Don't be so conroversial." It was an extremely effective retort, for the unexpectedness

of it immediately deflated both my anger and the injudiciously truculent expression of it.

He would never accept from officials the draft of any pronouncement or important letter or cabinet paper without distilling it entirely

through the alembic of his own Literary gen Most often he actually produced the original drafts for himself either as a complete works, on as separate fragments, which were after wards assembled in the order which best about suited his ideas of structure. Whenever the inspiration camer, a shorthand writer would be besent for and the works of art or a particular chapter of it would be dictated without any -close attention to detail and with more regard Stouthe desired general thesis than to particular facts. Then the draft would be sent to ot To the private office for checking as W setunin and Sometimes we found that hard reality wo--uld not quite fit the argument and it became a matter of no little ingenuity to correct the b draft without destroying the theme and without effecting the form and styles of asw ebivorg discover for himself which were the weaklings among the offspring of his own brain. This proces of Spartan exposure was sogetimes theefat a

rought one for what he called many works

PERGERECERE the alguarile as well as for the ideas, and many of my recollections are of heatno . notaniw ditw atnamunas trallov mave bos be his side, the heat nearly siways dissopeared the moment the argument was suspended, adn sometimes he showed and unexpedted measure of patience and placidity with his too persistent servents. On one occasion I recall having been provoked into retorts which went far beyond the latitude allow ed to equals let alson subordinates, but instead of feeth my getting the sack, as I deserved, all that happend was a somewhat pained look over the top of his spectacles, and the mildest of exhort -txe ns saw fl ". Isiarevornoo os ed f'nod" :sno! remely effective retort, for the unexpectedness on it immediately deflated both my anger and

the injudiciously truculent expression of it.

He would never accept from officials the

draft of any pronouncement or important letter or cabinet paper without distilling it entirely

There is no organization or other connection between the students of my books and I am not interested in developing one.

(2) I have revised and modified the views expressed in my earlier writings. This is the result of wider experience and deeper thought.

(3) Your offer of service is much appreciated. Buth there is nothing that I need to be done whilst as for the spiritual teaching I espouse, I have no desire or intention to start a

cult or anything of that kind.

(4) It is welcome encouragement to me to go on with my literary work on behalf of those ideas in religion mysticism and philosophy which seem to me to need emphasis today. If you can derive comfort and help from the books in these tragic times, that is my best reward.

There is no organization or other a onnection between the tudents of my books and I am not interested in developing one.

(2) I have revised and modified the views expressed in my darlier writings. This is the result of wider experience ad desper thought.

(S) Your offer of service is such as reclated. Buth there is nothing that I need to be done whilst as for the spiritual teaching I espouse, I have no desire or intention to start a

cult or anything of that kind.

(4) It is welcome encouragement to me to go on with my literary work on behalf of those ideas in religion mysticism and philosophy which seem to me to need emphasis today. If you can derive comfort and help from the books in these tragic times, that is my best reword.

STANDARD PARAS

) Since his return from the Orient, Dr. Brunton has been without the necessary competent secreterial help to attend properly to hos correspondence. Consequently, so many people who have written to him have not received replies at all or have received them very late indeed. This has not only been unsatisfactory to them but also to Br. Brunton himself. Accordingly, with my recent entry into his service to help him as a typist and assistant, he embarked upon a new policy. He abandoned his life-long practice of writing personal answers to letters. The change was forced upon him partly by this lack of trained help and partly by the level of consciousness to which his spiritual seeking has now brought him. He is not only engaged in the work of organizing, revising and collating the notes of a lifetime, as well as preparing for publication during the next two years, but he is also engaged in practicing meditation and continuing researches. All this leaves him unable to attend to any other work than creative work. But the welcomes and reads all letters just the same, even though the replies to them are now written by me on the basis of instructions which he personally gives me in each individual case. He asks me to assure you that your own letters are always welcome even though this policy precludes a personally written reply.

SAMAT UNBUNKTS

I Since his return from the Oriont, Dr. Brunton has been without the necessary competent secretarial help to attend properly to hos correspondence. Consequently, so many people who have written to him have not received replies at all or have received them very late ment of vrojestsisens need vino ton sad sinT .beebni but also to Br. Brunton himself. Accordingly, with my recent entry into his service to help him as a typist and assistant, he embarked upon a new policy. He abandstewars lancated gnititw to coltont gnol-stil sid beno to letters. The change was forced upon him partly by this lack of trained help and partly by the level of won sed gnitees fautitique sid doidw of esensuoiosnos brought him. He is not only engaged in the work of orgamitting, revising and collating the notes of a lifetime, as well as preparing for publication during the next two years, but he is also engaged in practicing meditation and continuing researches. All this leaves him unable to attend to any other work than creative work. But hee dauodt neve ,emes ent taut arettel lis abser bas semoolew the replies to them are now written by me on the basis of instructions which he personally gives me in each individual case. He asks me to assure you that your letters are alwa ys welcome even though this policy eviger nettirw without a sebuloerq

)Dr Joshua Loth Liebman has wanted for some time to write you and thank you for your very kind words concerning his book "Peack of Mind". He is delighted to know that you were so impressed with it, and of course is very happy to have your favorable reactions to it. However, since your letter arrived, there has been quite an accumulation of mail on his desk which he had hoped to enswer long before this time. I am sure you will understand why it will not be possible for Dr Liebman to grant the intergiew for which you ask at this time. Hoping you will understand his inability to see you at this time.

) So many times I thought of you without actually writing you that I hope you will take the wish for the deed. I come more and more to live in the mental world, which seems so real to me but is not, of course, the same to others. I want you to know that you were never forgotten.

( ) This "P.B." is the signature I had to adopt by inner

command some years ago.

( ) For Joshus Loth Liebman has wanted for some time to write you and thank you for your very kind words concerning his book "Peace of Mind". He is delighted to know that you were so impressed with it, and of course is very happy to have your favorable reactions to it. However, since your letter arrived, there has been quite en accumulation of mail on his desk which he had hoped to answer long before this time. I am sure you will understand why it will not be possible for Dr Liebman to grant the intergies for which you ask at this time. Hoping you will understand his inability to see you at this time.

( )So many times I thought of you without actually writing you that I hope you will take the wish for the deed. I come more and more to live in the mental world, which seems so real to me but is not, of course, the same to others. I want you to know that you were never forgotten.

( )This "P.B." is the signature I had to adopt by inner command some years ago.

(STANDARD PARAS)

( )It is understandable that the metaphysical studies involved in this quest will necessarily raise different questions at different times in the mind of every earnest student. It is equally understandable that the meditation exercises will raise other problems during the course of every attempt to practise

them. It is further understandable that those who seek to apply the higher ethical principles to their everyday

personal lives will be confronted with practical difficulties at some time or other. Many of the questions which are asked deal with matters of interest to other students also and it is most desirable that the answers given should attain a wider

circulation than through a single letter alone.

For all these reasons Dr Brunton has decided that he can best help such querents without encroaching upon the time and energy needed for his other tasks, through compiling a book of "Questions and Answers." All the questions will be numbered. Henceforth every letter received calling for an answer which has already been given in this book, will be referred to the appropriate number. What is more, answers of typical value will be readily accessible to students at all times and at all stages of their development. The old method of repeating the same answer again and again to individual correspondents, will

be discarded. It is antiquated and corresponds to the hand worked spinning wheel, whereas the second is modern and corresponds to the power-worked textile machine. The new way demands only what is easily practicable - general attention to students as a group. It solves the problem by using the printing machine to tell a hundred students in a single operation what would otherwise need a hundred letters written separately and at different times to tell them. It puts into a handy form everything which has to be said at some time or other to all students because all pass at some time or other through similar situations.

( )Mr Lloyd C. Douglas appreciated your note of ..... and is glad you have liked his books so much that you wanted to tell him. He does not answer his mail now himself as he has been ill and feels that whatever work he is able to do should be confined to his new novel.

( )Usually I limit my interviews to one every two or three years for each person as this much time is needed for the outworking of the counsel that is given in them. (STANDARD PRIME)

(C) It is understandable that the metaphysical studies involved in this quest will necessarily raise different questions at different times in the mind of every earnest student. It is equally understandable that the meditation exercises will raise other problems during the course of every attempt to practise them. It is further understandable that those who seek to

apply the higher ethical principles to their everyday personal lives will be confronted with practical difficulties at some time or other. Many of the questions which are asked deal with matters of interest to other students also and it is most desirable that the snawers given should attain a wider circulation than through a single letter alone.

For all these reasons Dr Brunton has decided that he can best help such querents without encroaching upon the time and energy needed for his other tasks, through compiling a book of "Questions and Answers." All the questions will be numbered. Renceforth every letter received calling for an enswer which has already been given in this book, will be referred to the appropriate number. What is more, answers of typical value will be readily accessible to students at all times and at all stages of their development. The old method of repeating the same answer again and again to individual correspondents, will

be discarded. It is antiquated and corresponds to the hand worked spinning wheel, whereas the second is modern and corresponds to the power-worked textile machine. The new way demands only what is easily practicable - general attention to students as a group. It solves the problem by using the printing machine to tell a hundred students in a single operation what would otherwise need a hundred letters written separately and at different times to tell them. It puts into a handy form everything which has to be said at some time or other to all students because all pass at some time or other through similar situations.

( )Mr Lloyd C. Douglas appreciated your noteof ..... and is glad you have liked his books so much that you wanted to tell him. He does not answer his meil now himself as he has been ill and feels that whatever work he is able to do should be confined to his new novel.

( )Usually I limit my interviews to one every two or three years for each person as this much time is needed for the outworking of the counsel that is given in them.

Standard Para (35 ) My long external silence does not mean indifference. Unless you understand this you will be doing me a great injustice. It amy be another year will pass before I shall be able to write you again. From the time when you originally asked to become a student in spiritual subjects I have naturally desired your spiritual welfare and therefore have naturally remembered you through out these years. If I could not accept you formally as a student that was only because I have given up all external personal instruction. This was done at the behest of my Overself and so far I have not received any permission, agian from the Overself, to accept a single student. Without such permission, again from the Overslef, I am quite helpless in the matter and can do nothing. If it is ever granted to me -- and I hope and believe that it will be granted one day-I shall immediately obey the inner injunction. In that case students will meanwhile have shown by their character and conduct whether they are suitable for my instruction or whether they should find some other teacher more suited to them. In other words, the present years are not buingdwasted but constitute a kind of probationary period for all of them. I hoe that this explanation will re-assure you.

(36 ) Your letter could not be answered sooner owing to pressure of other work and lack of competent secreterial

facilities.

(37 ) I have hitherto been so reticent in giving counsel on personal and professional problems. This is more a matter of external compulsion upon me rather than internal choice.

(58) If you could come for a short interview we could talk

over your case and your questions.

(39) The kind of advice you seek is best given at a personal

interview.

(40) I am preparing my scattered notes against the day when I shall resume publication.

vol (1)

Standard Para (35 ) My long external silence does not mean indifference. Unless you understand this you will be doing me a great injustice. It may be emother year will pass before I shall be able to write you again. From the time when you originsily asked to become a student in spiritual subjects I -ered bas erellew leadinica wov beriad welfers and therefore have naturally remembered you through out these years. if I could not seept you formally as a student that was only because I have given up all external personal instruction. This was done at the beheat of my Overself and so far I have not received any permission, agian from the Overself, to accept a single student. Without such permission, again from the Oversief, I am quite helpless in the matter and can do nothing. If it is ever granted to me -- and I hope and believe that it will be granted one day -- I shall immediately obey the inner injunction. In thet case students will meanwhile have shown by their character and conduct shether they are suitable for my instruction or abether they should find some other teacher more suited to them. In other words, the present years ate not buidedwested but constitute a kind of probationary period for all of them. I hoe that this explanation

.ucy equass-eq illa (36) Year letter could not be enswered sooner owing to pressure of other work and lack of competent secreterial

. deijiliosi

(E7 ) I have hitherto been so reticent in riving counsel on personal and professional problems. This is more a matter of external compulsion upon me rather than internal choice. that bluce ow weivrethi tronk a not ease bluce we could talk .anditasup they bas sess thoy nevo

(20) The kind of advice you need is best given at a personal

(40) I am preparing my scattered notes against the day when I shall comme publication.

( ) The urgent need is for a qualified person to selieve me of the labors of correspondence, so that I could do my proper creative work. (STANDARD PARAS)

( ) People are so ingrained with false ambitions and artificial standards, with lack of faith in the Higher Power to safeguard their worldly life, that they are unwilling to throw all aside and help the leader in his work, even thought they are supposed to follow his teaching.

( ) To get the guidance of an adept, a seeker must have reached a sufficient advanced degree of spiritual development. When this is done, the adept will be found. Until then, you had best prepare yourself-improvement and discipline.

( ) I regret that I do not consider myself to be worthy to be a teacher and have disciples in this quest, if in spite of this statement, you still desire my assistance, you may have a little friendly help but without obligations on either side.

( ) The outer silence which has elapsed since your letter was received reflects my lack of facilities for correspondence, and the continuing pressure of activities the burdens I must carry leave little time for me to write letters as I have no correspondence secretary in this country. I do however, read all letters with much interest as soon as they are received. Inwardly, the situation is quite different. The inner contact you sought has been made and the spiritual work continues. From that time a seeker establishes such a contact, it is his responsibility to strengthen this inner bond. As he manifests devotion and loyalty, as he strives through remembrance to vivify the latent memory of the teacher's presence, so does he develop the inner thread until it becomes an unbreakable cable.

( ) Why physical activities are confined to writing.
( ) Because I am not engaged in public activities of any kind--apart from my literary productions--I do not give more than a single short interview to those who ask me for one nor--because my time is fully occupied with researches, meditations and writing--can I enter into regular correspondence with anyone.

( ) The urgent need is for a qualified person to relieve me of the labors of correspondence, so that I could do my proper creative work. (STANDARD PARAS)

( ) People are so ingrained with false ambitions and artificial standards, with lack of faith in the Higher Power to safeguard their worldly life, that they are unwilling to throw all aside and help the leader in his work, even thought they are supposed to follow his teaching.

( ) To get the guidence of an adept, a secker must have reached a sufficient advanced degree of spiritual development. When this is done, the adept will be found. Until then, specking best prepare yourself--improvement

endigioath bas

( ) I regret that I do not consider myself to be worthy to be a teacher and have disciples in this quest, if in spite of this statement, you still desire my assistance, you may have a little friendly help but without obligations on either side.

( ) The outer silence which has elapsed since your letter was received reflects my lack of facilities for correspondence, and the continuing pressure of activities the burdens I must carry leave little time for me to write letters as I have no correspondence secretary in this country. I do however, read all letters with much interest as soon as they are received. Inwardly, the situation is quite different. The inner contact you sought has been made and the spiritual work continues. From that time a seeker establishes such a contact, it is his responsibility to strengthen this inner bend. As he manifests devotion and loyalty, as he strives through remembrance to vivify the latent memory of the teacher's presence, so does he develop the inner thread until it becomes an unbreakable cable.

( ) Why physical activities are confined to writing.
( ) Because I am not engaged in public activities of
any kind--apart from my literary productions--I do not
give more than a single short interview to those who
ask me for one nor--because my time is fully occupied
with researches, meditations and writing--can I enter
into regular correspondence with anyone.

( ) Since returning to this country I have been handi-

capped by lack of a correspondence secretary

( ) I regret that I do not know of anyone who interprets the Hidden Teaching in the same way and am consequently not conscientiously able to give you the name of a teacher whose instruction can be endorsed.

( ) I do not give advice on personal problems. I do not give instructions by mail, it is not only that such activities are too time-consuming in my present situation, which is entirely taken up with the compilation of notes upon my several years' Oriental research work and but also I prefer to confine my individual assistance to the mental plane.

( ) I am grateful to all these correspondents for their generous interest in my books. I try to acknowledge all their first letters. But I cannot go beyond that, into further or regular correspondence for I have not the time

or the staff to conduct a correspondence school.

( ) The demands upon me multiplied so much that they have become too burdensome for one man to manage. I am crowded with work. I need help, without it, I cannot get through one-quarter of what waits to be done.

( ) I agree to help you it is only on condition that you in turn agree not to expect more than one letter from me annually without thinking that I am neglecting you. However you may write me whenever you wish provided a written answer is not asked for.

( I am sorry for the silence but I have no corresponding secretary. There is so much other urgent work to be done at present and I am under such continuing pressure that

In any event, I do not much depend on external methods of communications although they are undoubtledly very useful from the student's point of view, until he himself also is able to find the inner mental life to be as vivid and as real as I find it. In any case the student has to build up the unseen cable with a teacher by his own remembrance, devotion and loyalty.

( )I do not mean to be rude, but it is needful to explain that I rarely write to friends: They come in the end to look for the reminders of our friendship in the

mind, not in the mail.

( ) Since returning to this country I have been handicapped by lack of a correspondence secretary

capped by land of the I do not know of anyone who interprets

the Hidden Teaching in the same way and am consequently not conscientiously able to give you the name of a teacher whose instruction can be endorsed.

( ) I do not give savice on personal problems. I do not give instructions by mail, it is not enly that such sotivities are too time-consuming in my present situation, whith is entirely taken up with the compilation of notes upon my several years Oriental research work and but also I prefer to confine my individual assistance to the mental plane.

( ) I am grateful to all these correspondents for their generous interest in my books. I try to acknowledge all their first letters. But I cannot go beyond that, into further or regular correspondence for I have not the time or the staff to conduct a correspondence school.

or the stair to borness me multiplied so much that they ( ) The demands upon me multiplied so much that they have become too burdensome for one men to menage. I am crowded with work. I need help, without it, I cannot get through one-quarter of what waits to be done.

( ) I agree to help you it is only on condition that you in turn agree not to expect more than one letter from me annually without thinking that I am neglecting you. However you may write me whenever you wish provided a written answer is not asked for.

( ) I am sorry for the silence but I have no corresponding decretary. There is so much other urgent work to be done at present and I am under such continuing pressure that

or any event, I do not much depend on external methods of communications although they are undenbtledly very useful from the student's point of view, until he himself also is able to find the inner mental life to be as vivid and as real as I find it. In any case the student has to build up the unseem cable with a teacher by his own remembrance, devotion and loyalty.

( )I do not mean to be rude, but it is needful to explain that I rarely write to friends! They come in the end to look for the reminders of our friendship in the mail.

(28) It is kind of you to offer the hospitality of your home and I do appreciate it. However, for a long time past I have made a rule of using the independence of a hotel whenever pessible. This will be more convenient to others when giving interviews and preferable to myself for various personal reasons. So please excuse me. Perhaps you dould make a reservation for me? I shall pay my own hotel expenses.....I look forward to whatever service can be rendered you and the other students of philosophy in your town.

(29 )I am not permitted to give my attention to the personal matters of students, but must limit it entirely

to the internal spiritual contact.

(30) It is not from choice that I let my corresponence lifedormant; it is from the iron fact of necessity. If my day were forty eight housellong, I would gladly write to every soul that writes me, and give what I could for its need.

31 )I must be fair to other students. As I treat one

Intreat all. You can be no exception.

(32) Dr. Brunton reads all mail immediately on arrival and is always pleased to welcome you own letters. However, hashas become so immersed in work-writing for new books, research and meditation-and is still so handicapped by lack of a competent Correspondence secretary, that he has been forced to renounce the distation personal dictation of replies. He hopes you will under-

stand and pardon this.

(33) Although all letters from spiritual aspirants are warmly welcomed and are immediately read with interest and mentally answered, the absence of a correspondence secretary since my seturn to this country together with the absorption of my time in research, meditation and writing have made it very difficult to send personally written letters. This is my apology for the seeming radeness in not answering your letter earlier. It was I assure you, read with pleasure.

(34) I am now engaged in reorganizing, arranging, finishing and preparing my notes for publication.

(28) It is kind of you to offer the hospitality of your home and I do appreciate it. However, for a long time past I have made a rule of using the independence of a hotel whenever peosible. This will be more convenient to others when giving interviews and preferable to myself for various personal reasons. So please excuse me. Perhaps you dould make a reservation for me? I simil pay my own hotel expenses....I look forward to whatever service can be rendered you and the other students of philosophy in your town.

(29 )I am not permitted to give my attention to the personal matters of students, but must limit it entirely

to the internal aptritual contact.

lisedormant; it is from the iron fact of necessity. If my day were forty eight homeslong, I would gladly writte to every soul that writes me, and give what I could for

(31 )I must be fair to other students. As I treat one

(32) Dr. Brunton reads all mail immediately on arrival and is always pleased to welcome you own letters. However, heaks become so immersed in work-writing for new books, research and meditation-and is still so handicapped by lack of a competent Correspondence secretary, that he has been forced to renounce the distation of replies. He hopes you will understand and perdon this.

stand and particulars from apiritual aspirants are warmly welcomed and are immediately read with interest and mentally answered, the absence of a correspondence secretary since my estura to this country together with the absorption of my time in research, meditation and writing asve made it very difficult to send personally written letters. This is my apology for the seeming redeness in not answering your letter earlier. It was I assure you, read with pleasure.

( 34 ) I am now engaged in reorganizing, arranging, finishing and preparing my notes for publication.

HOW TO GET THE MOST OUT OF YOUR DICTATING MACHINE

l. Relax when you dictate. You'll find the best way to dictate is to relax, visualize the person you are writing to, and then talk to him—easily, simply, personally. You'll find your dictation reads more smoothly, and often sounds more sin-

cere, than that dictated to a stenographer.

2. Help your secretary to help you. You'll find your work getting out more quickly, more accurately, when you observe a few simple rules. Dictate clearly; spell out unfamiliar names, and include addresses not shown in correspondence; use phonetic explanations when you dictate initials—"A as in able," "B as in baker." Such easy-to-acquire dictating habits will improve your secretary's service to you.

3. Capture those ideas. Ideas come when they want to and not when we want them to. Remember that your machine is always ready to serve you. No need to call a secretary or an assistant; just dictate anything that's on your mind, any time it occurs to you—instructions, memoranda, reminders, words of

commendation, bulletins, inquiries or suggestions; they'll move along with your regular cor-

respondence and get you quick action.

4. Don't trust memory. You may forget some of the points that are made in conferences, interviews and telephone conversations. But your machine can't forget. After each such occasion, make it a habit to summarize the important points by lifting the receiver and getting them "on the record", accurately, and permanently.

5. Project yourself. Your machine is always ready to carry your messages—in your own conversational style, charged with your own warmth and force—to every person you want to reach, in or out of your organization. With your recorded voice you can make

more and better contacts.

6. Reading and writing. When you're going thru books, magazines and your daily paper, you can "jot down" interesting excerpts by merely dictating them to your handy receiver. And if you're called on to write an article or perhaps to make a speech, you will find that by dictating directly to your machine you'll achieve a naturalness and spontaniety in your words which is sure to please editors & audiences.

HOW TO GET THE MOST OUT OF YOUR DISTATING MEDHING

1. Relax when you dictate. You'll find the best way to dictate is to relax, visualize the person you are writing to, and then talk to him easily, simply, personally. You'll find your dictation

simply, personally. You'll find your dictation reads more smoothly, and often sounds more sincere. than that dictated to a stenographer.

2. Help your secretary to help you. You'll find your work getting out more qu'ckly, more accurately, when you observe a few simple rules. Dictate clearly; spell out unfamiliar names, and include addresses not shown in correspondence; use phonetic explanations when you dictate infitials—"A as in able," B as in baker." Such easy-to-acquire dictating habits will improve your secretary's service to you.

3. Capture those ideas. Ideas come when they want to and not when we want them to. Remember that your machine is always ready to serve you. No need to call a secretary or an assistant; just dictate anything that's on your mind, any time it occurs to you—instructions, memorands, reminders, words of you—instructions, memorands, reminders, words of

commendation, bullsting, inquiries or suggestions; they'll move along with your regular com-

respondence and get you quick action.

4. Don't trust memory. You may forget some of the points that are made in conferences, interviews and telephone conversations. But your machine can't forget. After each such occasion, make it a habit to summarize the important points by lifting the record, accurately, and permanently.

5. Project yourself. Your machine is always ready to carry your messages—in your own conversational style, charged with your own warmth and force—to every person you want to reach, in or out of your captanization. With your recorded voice you can make

more and better contacts.

6. Reading and writing. When you're going thru books, magazines and your daily paper, you can "jot down" interesting excerpts by merely dictating them to your handy receiver. And if you're called on to write an article or perhaps to make a speech, you will find that by dictating directly to your machine you'll achieve a naturalness and spontaniety in your words which is sure to please editors & sudlences.

# PROBLEM OF UNKNOWN CORRESPONDENTS (by K.H.)

I surmise t at the immediate problem in this overwhelming burden of correspondence is — how to deal with the people who write to youc/o your publis er, i.e., people who meet your books casually and start on the way from the book only. If they had reached your message through the agency of a friend, I do not think they would have the same overwhelming urge to write to you, and with a friend ahead of them, they have someone from whom to ask advice.

I surmise further that the great majority of these unknown correspondents write a letter as follows:

- 1. Introducing themselves and thanking you earnestly for your help.
- 2. Bringing some actual difficulty of meditation practice up and asking for advice.
  - 3. Begging sou to become their Master.

It is of course inevitable that these letters should arrive. I think you hardly realise yourself how strangely the message comes to Western people — find a Master and all will be well with you. And of course it is human and natural to seek for advice and help at such a difficult time.

But thinking this over I have wondered whether such reader-disciples can be helped against this isolation by counsel to continue or take up attendance at Christian services. I suppose this does not work because few beginners can isolate the Jesus teachings which are this Way from the dogmatic theology of all church services.

## Somewhat parallel problems encountered by ot ers.

1. Am Temple in the Daily Mail. She was engaged by the Mail to answer people's personal problems

I surnise t at the immediate problem in this overwhelming burden of correspondence is — how to deal with the people who write to your/o your publis er, i.e., people who geet your books carnelly and start on the way from the book only. If they had reached your message through the agency of a friend, I do not think they would have the same overwhelming urgs to write to you, and with a friend ahead of them, they have semeone from whom to ask advice.

I survice further that the great majority of these unknown correspondents wells a letter as follows:

- 1. Introducing themselves and thanking you earnestly for your help.
- 2. Bringing some actual difficulty of meditation practice up and asking for advice
  - 3. Benging you to become their Master.

should arrive. I think you hardly realise yourself how should arrive. I think you hardly realise yourself how strangely the message coles to Western people — find a Master and all will be well with you. And of course it is human and natural to seek for advice and help at such a difficult time.

But thinking the over I have wondered whether ench reader-disciples can be helped against this isolation by counsel to continue or take up estendance at Christian services. I suppose this does not work because few be inners can isola e the Josus teachings which are this Way from the dogwatic theology of all church services.

.are to vi bereinnoste arbidong fellares Jalvemon

1. Am Temple in the Daily Mail. She was ou-

in half a page of the pre-war paper. She found at once that letters poured in overwhelmingly and not out of philanthropy but as good publicity the Mail gave her an office and secretaries of her own. Letters have continued to come in steadily -- from the newspaper point of view she only selects nowadays one or two of the more unusual, or, of course good re-statements of the perennial problems (motherin-laws, erring husbands and wives, etc.) but all letters coming in are answered by a letter. This is largely and necessarily done by the secretaries --Ann Temple herself says that the same problems turn up again and again and again - that half the help she can give has already been reached when people think of her as a sympathetic figure and write to her - and that at long range one can only in any case give rather generalised advice. What has in fact been done is to draft fundamental statements on the main problems and use them over and over again. secretary writing such replies can obviously start with personal comment and sympathy, give the advice paragraph and close hoping this may be a help. This is as much as any general, out-of-the-blue help can go -- so many such problems need long psycliatric treatment, certainly one could not attempt to help with many of them without contact with all the people involved in that problem -- and it is a matter of fact that even such long-range correspondence can be of some help while the fact that the approach is individual and the problem a personal secret, means that the stereotyped answer is not revealed as stereotyped. All this I know from her published autobiography.

#### B. Council

I would rather not name the Council which provides my second example, as I have worked for a short time in their central office and know their principal official quite well. Here again the work they attempt to do covers a wide field of human suffering and difficulty;sa great deal of which can be dealt with if the sufferers

ts base of the pre-war paper. She found at once that letters poured in everwhelmingly and not out of philanthrop but as good publicity the Mail gave her an office and secretaries of her own. morn - willbests of emos of bennitues evad arettel -swon stooles vinc at walv to thing regressed at days one or two of the more unisual, or, of course -renion) ameldow falmouse out to atnamedata-or hoor in-laws, erring husbands and wives, etc.) but all letters coming in are anguared by a letter. This is -- serrateroes out yo ench wilresseen has viewal Ann Temple herself says that the same problems turn up again and again and again - that half the help she can vive has already been reached when people think bus - Ted of ellew bus erut? ofteddagmys s as Ted lo that at long range one can enly the any dess give rest rentraliced advice. What her in fact been done is to draft fundamental statements on the main problems and use them over and over again. The secretary writing such replies can obviously start estyle set evis . witrowys has inempos leagued dily ain't afed a en vem ains acigon eacle ous dangersque is as much as any general, out-of-the-blue help can go -- so many such problems need long paye tatric treatment, certainly one could not attempt to help with many of them without contact with all the people involved in that problem -- and it is a matter of fact that even such long-range correspondence can be of come help while the fact that the approach is individual and the problem a personal scoret, means that the stereotyped danwer de not revealed as stepeotyped. All this I know from her aublished autobiography.

#### B. Council

seblyong decided the Council which provides any second example, as I have normed for a short time to their central office and know their principal official to do do they attempt to do covers a wide field of human suffering and difficultions great deal of which can be dealt with if the sufferers

can be helped to get their thoughts straight and given practical advice. Wide publicity has been given to the Council's work by excellent teaching articles in the public press, written by one official and published under his name. The response in letters from readers was at one time quite overwhelming and even after the articles ceased to appear the letters begging for advice go on and on. As with Anne Temple, these letters do very quickly sort themselves under main groups and it is quite impossible for a single person with a vast amount of organization publicity and further developments of the work to cope with the quantity wille it is really not his function to do this small-case work now (I may add he started by seeing individuals but only at the very start when it is possible to do so).

The solution - since these people are in need of help - has been much as in Ann Temple's case. Drafting of general advice, and necessarily in very general terms, and letters written by secretaries with the one great improvement over a mere Daily Mail column -- that the Council has branches in various parts of the country so that advice-seekers can also be told, "If you need further advice, write to your local Council and ask for an interview."

#### SPECIMEN REPLY LETTER

Dr. Brunton is glad to know from your letter of that his book and its message have helped you. You will understand, I am sure, that he has not the time to reply to you but may I, as a student of his teachings and with some experience of the Way, offer you advice on the difficulty you raise.

Paragraph of advice

Should you come on further difficulties which patient steady work does not remove, I should be glad if you would write to me

P.O. Box A and I will give you what help I can.

oan be helped to get their thoughts straight and given practical advice.

Wide publicity has been given to the Council's work by excellent tanching articles in the public press, written by one official and published and public press, written by one official and published and one time quite overwhelming and even after the articles at one time quite overwhelming and even after the articles ceased to appear the letters begins for asvice go on and on. As with home Totple, these letters do very quickly on. As with home Totple, these letters do very quickly cort themselves under main groups and it is quite impossible for a simile person with a vest unothe of organization publicates and further developments of the work to cope with the quantity wills it is really not his function to do this small ones work and it is possible to do so).

The mol tion - sines these people are in need of help - has been much as in Ann Temple's case. Drafting of general advice, and accessarily in very general terms, and letters we then ly secretaries with the one great deprecedent over a mere Laily Mall column - that the Gouncil has branches in vertous parts of the country so that advice-seckers can also be told, "If you need forther advice, white to your local Council and ask for an interview."

### SPECIALL RESERVE PELLES

In Brunton is glad to know from your letter of the that that book and its message have elped you. You will understand, I am sure, that he has not the time to reply to you but may I, as a student of his teachings and with some experience of the Way, offer you advice on the difficulty you raise.

Paragraph of savice

Should you come on figher difficulties which pations steady work does not remove, I should be glad if you would write to me

.nse I qfed salw wow will give you what help I can.

## SUGGESTED DELEGATION OF REPLYING TO THESE UNKNOWN CORRESPONDENTS.

- 1. That in each country one or two of your followers should undertake to receive and answer such letters both from receiving all letters your publisher in that cou try receives for you, dealing with this type and forwarding any others to you and of course any letters you send which you have received through other channels.
- 2. I would myself let them use a common name of the country like Smith, Hansen, etc. and a P.O.B. for replies. If more and more letters keep pouring in from this one person, it may be necessary to put them into personal touch with someone or a group where this is possible.
- 3. I know this is all moving towards an "Organization or Church" with all those grave difficulties of Dogma & Diffusion

What a help to each solitary student a "List of Recommended Reading " would be, with brief programmenotes on the books to aid ones choice.

### SUGGESTED DELEGATION OF REPLYING TO THESE UNKNOWN CORRESPONDENTS.

1. That in sach country one or two of your followers should undertake to receive and answer such letters both from repair of all letters your publisher in the country receives for you, dealing with this type and forwarding any others to you and of course any letters you send which you have received through other changels.

2. I would myrelf let them use a common name of the country like Smith, Manager, etc. and a F.O.B. for replies. If more and more letters keep pouring in from alls one person, it may be necessary to put them into personal touch with semeone or a group where this is possible.

3. I know this is ill moving towards an "Organization or Church" with all these grave difficulties of Dogma & Difficulties or Dogma & Dogma &

to inthe a deshine qualities dose of gled a seri--coresponded heard to the one of the series of the sole of the sole of the series of the sole of the

( "INABILITY TO CORRESPOND & DELAYS IN REPLYING") VIII (1) I am unable to find time to enter into length; personal correspondence in explanation of the teachings given in my books.

(2) If I were to write constantly to everyone interested in studying my ideas, the number of letters going to and fro wou grow far too greatly from year to year as new students kept on being added to the old ones. I should end by being drowned under a veritable cataract of correspondence, so that either through sheer lack of time or through sheer breakdown of health I should have to close this way of helping them alt gether. It demands what is increasingly impossible-personal external attention to every individual student. But fortunately this is not necessary. There is a better way.

(3) It is a mistake and misconception for you to feel disappointment when long intervals of time measure the letters from me. If I seldom write, it is because there is no real necessity to write. The most important part of my work is internal and you have to seek to establish this internal relationskip with me, rather than depend so much and so unsatisfyingly on the external one. The effort to do this will ad vance your progress as much as anything else will advance it.

The result will come very gradually and very subtly but it will be perfectly real and effectual for all that and will es you begin to recognize it, constitue the best compensation for my intervals of silence. This has been my method always

and everywhere.

( 4 ) My silence is not forgetfullness of you; it is not lack of interest in you; it is not coolness towards you. A relationship such as ours should break down merely because I have not written in a few weeks, or a few montsh or even a few years. So long as you have faith in, and loyalty towards me, it will remain authentic for it is your mental attitude that lays or withdraws the mystical cable between us. As the inner life becomes more vivid and more understood by you, you will find me more and more present therin, to inspire and assist you. When I have become an integral part of it, you will learn to accept the intuitive reality of my work with

and for you as being by far the truer work. There then longer need be dependence on external signs such as letters fr visits or meetings, although you may patiently wait for, and even eagerly welcome them. If however the long time between meetings with, or letters from kommunitation me, makes me seem shadowy, unreal and lost, then either your own attitu-

de or your feebiness concentrativness are at fault.

( "IRABILITY TO CORRESPOND & DELAYS IN RESLYING") VIII -nowred infigure of one of smit but of significant mar I ( 1 ) al correspondence in explanation of the teachings given in my

(2) If I were to write constantly to everyone interested in studying my ideas, the number of letters going to and fro wou grow far too greatly from year to year as new students

kept on being added to the old ones. I should and by being drowned under a veritable cateract of correspondence, so that sither through theer lack of time or through sheer breakdown of health I should be we to close this way of helping them ait gether. It demands what is increasingly impossible-personal external sutention to every individual student. But fortunately the a to not necessary. There is a better way.

(8) It is a mistake and misconception for you to feel disappointment when long intervals of time measure the letters from me. If I seldow write, it is because there is no real necessity to write. The most important part of my work is -er lemental and faildetes of seek of eved wow bas lamedal Latiouxxxx with me, rather than depend so much and so unastistylnery on the external one. The effort to do this will ad vance your progress as much as anything else will advance it.

The result will come very gradually and very sugtly but Iliw bns sads Ils rol lautoelle bns faer gitoelren ed fliw ti es you begin to recognize it, constitue the best compensation for my intervals of silence. This has been my method slesys

and everywhere.

(4) My silence is not forgatfullness of you; it is not lack of interest in you; it is not coolness towards you. A relationship such as ours should break down merely because I have not written in a few weeks, or a few montah or even a few years. So long as you have faith in, and loyalty towards me, it will remain authentic for it is your mental attitude that lays or withdraws the mystical cable between us. As the inner life becomes more vivid and more understood by you, you will find me more and more precent therin, to inspire and mov , if to trac largetal as emcoded even I ment of it, you will learn to accept the intuitive remitty of my work with

and for you as being by far the truer work. There then longer need be dependence on external signs such as letters fr visits or meetings, although you may patiently wait for, and even eagerly welcome them. If however the long time between meetings with, or letters from howeverther me, makes me seem shadowy, unreal and lost, then either your own stiltude or your feebinens concentrativness are at fault. (5) The neglect of your letters, is only apparent. Several times I have had them on my desk for attention and if possible for reply. I have not left you to find your own way, although it is true that to a certain extent I do leave all all students to become more self-reliant.

( "INABILITY TO COMMENT & DELAYS IN PERLYING") VIII erel times I have had them on my desk for attention and if possible for reply. I have not left you to find your own way, although it is true that to a certain extent I do leave gil all students to become more self-relient.

# PARAGRAPHS

	INTERVIEWS	Ī
I	COTUNSEL ON PROBLEMS	I
	COUNSEL on PROBLEMS	III.
	REQUESTS FOR TUITION	III
	TO STUDENTS & FRIENDS	IV
	ENDINGS & OPENINGS & ACKNOWLEDGMENTS	<u>A</u>
	COMMENTS on CULTS-	VI
	PERSONAL**	Π
	INABILITY TO CORRESPOND & DELAYS IN REPLYING	III

# STANDARD PAVRAGTRAPHS H 9 A H D A H A 9

I	INTERVIEWS
II.	CTUNSEL on PROBLEMS
111	COUNSEL on PROBLEMS
III-	REQUESTS FOR TUITION
VI-	TO STUDENTS & FRIENDS
፱.	ENDINGS & OPENINGS & ACKNOWLEDGMENTS
IV-	COMMENTS on CULTS-
II	PERSONAL***
III	INABILITY TO CORRESPOND & DELAYS IN REPLYING

(INTERVIEWS)

(1) Probably a single personal talk with me might clear up your questions better than a prolonged correspondence. If you wish, I would therefore be pleased to give you an interview.

(2) "You should never meet authors of the books you admire — they have conserved their best moments in a few pages, and they cannot live up to your expectations"

Cecil Roberts - "Scissors", a novel.

(5) I cannot answer your questions or interfere in situations which are not directly relevant to the philosophical quest. I use and emphasize the word 'indirectly' because from one standpoint nothing is irrelevant to it. Anyway, I am neither an encyclopedia, a fortune-teller, nor a magician.

(4) I can give you an interview but a single interview

only.

(5) Although I cannot offer you more than a single interview, for I do not engage in public work outside of writing, it may be possible to give you, at such an interview, a spiritual impulse, practical counsel and answers to ques-

tions which would require several years subsequently to

work out.

(6) I shall be pleased to offer you an appointment for an interview.

(7) I grant personal interviews and give consultations

entirely without any fee at all.

(8) After the first physical meeting, it is not really necessary for any student to have further physical meetings with me, as whatever help it is possible to pass through me, will be passed interiorly on the mental plane. This will be quite as effective as physical nearness, provided the student maintains the right mental attitude of faith in and harmony towards the human channel of that help. I regret having to answer you in this way, but it is identical with the answers I have given others.

(9) Specify clearly that ONLY a "single" interview is

being offered. (10) It would require a whole volume to answer all the questions about religion which you raise. The most practical way of dealing with them would be by personal discussion at an interview.

STANDARD PARACRAPHS.

(ZISTIVETELL)

(1) Probably a single personal talk with me might clear up your questions better than a prolonged correspondence. If you wish, I would therefore be pleased to give you an interview.

(8) "Low should never uset stateors of the books you state - they have conserved that best moments in a few passes, and they cannot live up to your expectations"

Cecil Moberts -- "Ecissore", a movel.

( 5 ) I common survey vous questions or interiors in situations which are not directly relevant to the shilosophical quest. I as and emphasize the word 'indirectly' because from one standard nothing is inchievent to it, haven, I as nothing a forbune-tailer, nor a marioton.

welvished edgala a ded relivious in move eving man I ( & )

· VILTO

(5) Although I commot offer you more than a single intervies, for I do not engage in public work outside of writing,
it may be possible to give you, at such an inderview, a
spiritual impulse, practical commet each ensures to questions which would require several years subsequently to
work out.

nol Jamenhous as poy walle of beasely ed Lists I ( 8 )

am interview.

(7) grant personal interviews and give-consultations

. fin de ool yes dundlis glauidus

refresh the the first object to have in the not really december the for any student to have in their thyerical meetings of the me, as whatever help it is possible to past through I with me, as whatever help is in the mental name. This will be passed interiorly on the mental nearness, ordified the student maintains the right mental stituted of this in and harmony towards the human channel of that help. I have given others.

(9) Specify clearly that OHIT a "steple" interview to

being offered.

(10) It would require a whole volume to miswer all the destions about religion which you relies. The most practical way of dealing with them would be by carsonal discussion at an interview.

(1) Your letter of - gave me much pleasure to read.

(2) Answering your letter of -

(3) So many letters still await my attention that per-

haps you will pardon the brevity of this answer.

(4) I am forced by other work to reduce my commitments and am sorry it will not be possible to correspond further with you.

(5) A large accumulation of unanswered mail partly accounts

for the lateness of this reply.

(6) With reference to your request for personal advice, I regret that my situation here in India leaves me almost no time for correspondence; I have heavy commitments in other directions. So please excuse me. But I send you my peace and good wishes.

(7) Although I value every letter from friends and like to hear from readers, although I carefully read all letters received, unfortunately the time needed to answer them is

lacking.

(8) Your gracious letter encourages me to go on with my

little efforts.

(9) It is very kind of you to invite me to accept your hospitality but for meny years I have found that it is more convenient for me to be independent whenever possible.

(10) I cannot find the time to answer so many letters dealing

with personal problems. My work lies elsewhere.

(11) Your kind remarks about my books are gratefully received and your earnestness in the study of mystical teaching is amply recognized.

(12) If my books have been helpful to you, it encourages me to feel that the labour has been worth-while, for there are so few who are really ready to understand no appreciate them.

(13) Your appreciation of my efforts to share thoughts and experiences with fellow students is most encouraging. As stated at the end of the preface of my latest book "The Wisdom of the Overself", I do not expect these writings to be really

welcomed except by a few who are ready for them. I am

glad to learn that you are one of those few.

(14) I have difficulty in keeping pace with my correspondence but I always read letters immediately they are received and answer them mentally.

( 15) My post-bag overflows; I have not time for any except

the most urgent private correspondence.

AND THE STATE OF STAT The state of the s into the first the little of the best of the best of

AU. Place and To desta

edition of glossellings, which swill I consider some or dot have I will be better to be

AUTHORIZED CAPITAL: \$500,000.00

CABLE ADDRESS:
TRADCORP

CABLE CODES
WESTERN UNION
BENTLEY'S
A.B.C. 5TH EDITION annehmeterine og slike boar belend he bor bereder ere state ledenteste .

acurode within although the water to polyther of the

of sall but chief it mov' was to be sweeter LL motor of the board To the way

- Lyace more town of the state of the -two with the the days are think if

steady of dealer and forterfully recentived

al authored Legitle of to da att.

on separations of inter-the for feel send by M.

the time detail in the second add to

and the same persons the same and

with the low to the sent often

or one creat to take the sector and and special at the

n ere en a transporte de projection es convertares trans. the title stated the challenge is negligible. As it is mple til gutt Mond datamil en får en tillete delt le See, ack de seveta - CIE ton of as meltiging of all the care of the control of the co an I .and he's young wit out this a to feeting beneather. I am

gird to beart that you are one of Apares free.

(1) I am sorry your question, as to which of the two named organizations you should join for study, is one I cannot enswer. For many years I have made it a rule not to comment upon such organizations. I regret that it is against my

policy to make evaluations of contemporary religious or mystical organizations or pass opinions about their leaders. This inhibition does not and must not, however, prevent me from evaluating teachings and ideas, the doctrines and results.

(2) "Dr. Brunton regrets that such matters are outside his field." (signed) Secretary (When asked to deal with witch-

craft).

(3) Dr. Brunton regrets that he is unable either to recommend or criticize any named guru, master, teacher, cult,
organization or institution. This is his inflexible rule.
In the circumstances he can only suggest that it is safer
for you to follow the path of studying the best books and
depending upon your own self-reliant efforts to attain.

(4) I regret that I have to abide by a strict rule not to give opinions about contemporary teachers and teachings.

Consequently I cannot answer your questions about Mr.

ABC or about ABCism. But it is my duty to draw your

attention to the fact that the quest calls for the development of critical judgment just as much as it does for constructive faculties.

(XXXXXI cannot enter into political controversies of any kind If I am to keep free to carry on with my spiritual work un-

disturbed have nothing to do with politics, ....

(5) I have been a student of comparative religion all my lift and have naturally taken a sympathetic interest in this as in all other religions. But I never joined any particular one in the past and mm less likely to do so in the future.

(6) I have studied the publicity of the organization you ar interested in and regret that do not think it will lead you

to what you really aspire to.

(7) I regret that I cannot answer your questions because of a rule which I have long imposed upon myself, not to pass

(8) I have for many years refused to answer questions about contemporary mystical and occult teachers. However, I am willing to make a slight exception in your case, and if you will send me for perusal the pamphlet which you have received, I shall return it to you with an indication as to whether or not I could recommend a better guide for you

CABLE ADDRESS:
TRADCORP
CABLE CODES
WESTERN UNION
BENTLEY'S
A.B.C. 5TH EDITION er ravener, invener, der tune his side men mettlichen sert has confirm tenderings and idea, in Contribut and ald obligate our another find which fortune are outside bla -data ofte Last of heats settle (which then (decate) ". ol. i (S) Dr. Branchen regretts that Me da movible commend or orticle of mine gara, on to be be echner, oulle, .sky skibe organization or burticular. "his is if is In the carmingeneet he one only execute the for you to lollow the path of stadying beaks and a de the lifet - les map were come aldhaego a word to ebida et evan I tant tozat I (a). of Jon olun Consequently I games adams your Bus Consequently I campo consor to be a selected as a selected to the fact that the quest each cast of critical judgment just as muchoos peak of critical judgment just as muchoos peak of critical judgment just as muchoos peak of critical AUTHORIZED Son leadthles with the for the selfthest of the first on the dead the carry on the selfth of the the the selfth of the self-the selfth of the self-the se et es français to desputa a pead out it (a and have betweenly taken a precedently inter to state at somiol dover I out , sinch ide wedte lis at Telausliano the future. ou ob of platfil a slam our dear test on em. ne pay moleste in and attended the contract of the or not beal lily interested by end water thet " do not being to med you really and real of to establish to the town town town to the terration ( T ) and of den . Means note beamen and a west Tables with ic amount on wake or like on a communicating occupit writers. There is a state that the condition of t TELEPHONES MADISON 8219 MADISON 8219 MADISON 2287 STANLEY 7-29 STANLEY 7-29 STANLEY 7-29 STANLEY F-29 STANLEY

(FAULTY ENGLISH

(1) Useless Adverts and Prepositions. The Spectators "Although sanctioned by recent usage, it is bed English (1) to use useless adverbs and prepositions. Examples: Share out, pay up, open up (where the verb alone would take a direct object) or win out, win through, write in, (where the verb alone suffices). Face up to, check up on, (where the two extra words add nothing); (2) to overwork nouns by turning them into transitive verbs, as t contact aid bid plan urge or into adjectives as in (2) Singular Words. Although plurals in form, the following are used in sugular number: ethics, mathematics, economics, physics, politics, machanios. (b) Nouns which are plural in form but treated as singular in meaning, take a singular verb: thus: Ethics is not my subject. (c) Houns which are singular in form but plural in meaning take a plural verb, thus two dozen are enough. (d) The following words are used as singular; army, majority. (e) The following may be used as singular or plural; choose according to context: Correct: If I were dictator (not was). (3) Use of I. John and I have been waiting. (not myself) me dose .littus bna sesins .aring :biove

(4) Worthwhile is correct. One word, not two.

(5) Chinese. Don't use term chinaman. Many foreigners, because of their limited knowledge of China and things Chinese, often incorrectly address the people of China as Chinaman. ad of sedorio

(6) Madame. Correct spelling is with an e at end. Required by Ariel in an address, as this is French

(7) "The Times." This paper uses comma after "that is" and uses incidentals as the opposite of essentials. Uses "compared to." garages to odd

(8) There is an intelligent (not rational) purpose

(9) Never Use: "as regards", "with regard to", "according to" as to whether " and the like." Don't hand a nominative on most pages; or split (FAULTY ENGLISH USAGE)

every infinitive at sight; or follow 'none' and neither with verbs in the third person plural; or write enthusiastically 'like me' for "as I do or emply such vulbarisms as "the three of them went into the garden." on one a set ent orene

(10) Correct: "There are three reasons: first, because A: (note semi-colon) second, because B; and third, because. " be shrow and so own and

(11) Vulgarisms: Avoid kid (for child), bad (for the to

unwell).

(12) Colloquialisms: Better avoided, such as awfully, rub it in, enjoy yourself, right away, look him up, it's me, by this means, someone else's, peter out, terrible, awful, terribly.

(13) Slang: Don't use inwriting, such as: halfbaked, chuck, grub, O. K., in the soup, all/serene, off

his own bat, blue funk.

(11) Tautology. Careless unintentional repetition of words reveals slip-shod writer. Examples to avoid: He is one of the founders of the study of the origin of disease; I know that you fee that nothing that can be done can be of any ave (15) Redundancy, the use of more words than necessary to convey the sense intended. Examples to avoid: pairs, unless and until, each and every, more or less. if and when. Phrases: more prefers ble, equally as, continue to remain, in case of, as it were, so to speak. He again made another attack.

(16) Cliches to be avoided: more sinned against than sinning; guide philosopher and friend; more

in sorrow than anger; powers that be.

(17) Journalese: The best journalism is synonyme with good writing but there is a type to which the disparaging term journalese is applied. It : vague, slip-shod, filled with jargon and circumloca tion, loose in expression, filled with padding verbiage, uses slang, hackneyed expressions, still ed meaningless drivel. Examples: interrogate (fo question), venture to speak, proceed to offer. His

(MDASU MELIONE, YTJUAT) (FAULTY ENGLISH DEAT conduct betrayed an atter want of sense for he behaved like a roof offer at anistra yranthro" (16) Verb Mumber: you are in doubt whe ther to use a plural or singular verb, to agree with the subject, consider the idea. If this is singuclar, no matter its form, use a singular verb. Example: The United Statesis worth visiting. (U.S. ha is the name of one country, hence singu--ndarwerb. Haftant assesminew ent Alla of fost due -(19) Correct Use of Pronounce; each other isused only where two are mentioned: one another is used of two or more than two; and who, and which, produces a shaky sentenes and is best avoided. Every is used with singular verb. Pronouns refer ring to collective nouns should be singular or plural, according as the noun (e.g. Government, Cabinet, jury, erowd, council, majority is view as a whole or conveys the idea of separate individuals. One self should be mentioned last; good manders require this, e.g. "my friends and I. John and I' . Whom should be used, not who where the relative pronoun is governed by the pr position, e.g. "He did not say whom he was flight ing for." Everyone is singular. Touns which are plural in form but singular in meaning take a singular verb: e.g. politics, news, wages, means. Neither takes a singular verb. as is of ylodil (20) "I will try to come" (not" and come") (25) (21) Correct Placing of Adverb: He approached us quickly. I went there to examine him personally. (22) Never should not be used where did not is meant. (23) Mistaken Use of Prepositions: By is used before the agent or doer of an action, with before the instrument. Hence He covered his head by hi shawl' is wrong. (24) Conjunctions; hardly uses as a correlati when and before, NOT than. E.g. tHardly I finish

ed the papers than more arrived is wrong. After doubt, use whether, not that.'I doubt that he od

will succeed' is wrong.

CILIDAE YTJUAT) (FAULTY ENGLISH USAGE) "Ordinary writing is full of these protectives disguises, some of them ridiculous enough. For ) instance, "The present writer," used by the Spectator, or humanly speaking, in case the reader should think you are speaking in a divine capacity. Personally, I am of the opinion suggests that you have two sets of opinion, one subject to all the weaknesses that attend personal convictions and impressions, the other universally valides one beneficien ers out radia vino The remedy here is thought State your own o views generally of If you are known to be theout writer, no one will mistake you for the Popes if the utterance is anonymous, cit will be judged by its own force and truthent as gaingoos . Aguig (26) Vulgarisms. Avoid Atastyb and Adon! to Adao (27) Lyttle Anneying Redundancies. Present eriter for I, divide up, have got, universal panaces, v somewhat unique, bold and audacious, recalled back, funeral obsequies, intolerable to be borne, play is enjoyed by all ofor 'everybody likes to position, e.g. "He did not say whom he was ... (28) The general rule for punctuation -- having mastored the significance of the marks-is to lo omit no sign where ambiguity or obscurity is a likely to arise from such omission as led radiell (29) Correct Placing of Adverbs . I greatly dislike his views. The horseman approached rapidly. He may ordinarily be understood. Jack I . V (30) Slang Wrong to says "Phone", correct form is "Telephone." (31) Correct form: "Could you come to danner on Sunday wnot Would you, rete. To fast sid stoled (32) Hansputtental action continues and continues (32) DAXBOXX. shawl' is wrong. (33) "Differ with" senother personals correct) To say fl differ from him" is incorrect. bus used (34) Anxious to should not be used where eager be to is meantiqued I'. sand for a redserie eau TIP Succeed is wrong.

(1) PENCIL REFILLS: When buying (OFFICE) lead refills for pencil dont buy H.B. they are too hard and require too much

pressure. Buy soft".

(2) EVERSHARP PENCILS (Gold and silver) Do not use round leads, or other maker's leads. Use only Eversharp Red Top brand Square leads.(b) Always keep magazine full It holds a dozen refills. Insert them, one on top of another, with red heads at top, as the lower ends are specially shaped to fit into these heads. (c) When pressing spring cap, hold the pencil vertically upright, not slanting. (d) Sometimes 2 leads converge on the hole at point simultaneously, thus jamming the tube. In that case tube must be cleared.

(3) PARKER PENCIL: Dark grey-bule, long gold cap which pulls off, not screws, for refill magazine and eraser. Insert leads

individually when needed into point from outside. Takes leads 2 5/8" long.

(4) SHEAFFER light blue pencil takes leads 2 1/2" long. Refills individually from

outside point.

(5) FOUNTAIN PENS, CLEANING: A fountain pen should not be cleaned with either hot or even warm water. It will probably injure the pen forever. No alcohol or chemicals should be used. Pens are best cheaned by (a) using cold water instead of ink and repeating the filling operation a few times. (b) Hold the nib and feed under a running water-tap. (c) Flush with ink several times.

(6) SHAEFFER DESK & POCKET PENS are transparent. They have many transparent grey

lines so you can see the fluid supply.

Hold pen to the light, point downward.

If no light shines thru, pen is full.

(7) USING THE DESK PEN SUCKET: a) When the desk set will not be used for several hours, or overnight, turn pen to the

(1) FENCIL REVILLE: When buying (OFFICE) lead refills for pencil dont buy H.B. they are too hard and require too much pressure. Buy soft.

(2) EVERBHARP PENCILS (Gold and silver)

Oo not use round leads, or other maker's leads. Use only Eversharp Red Top brand aquare leads.(b) Always Keep magazine full the holds a dozen refills. Insert them, one on top of another, with red heads at top, as the lower ends are specially shaped to fit lett these heads. (c) When presents sping apring cap, hold the pencil vertically upright, not slanting. (d) Sometimes ally upright, not slanting. (d) Sometimes multimesurely, thus jamming the tupe. In that case tube must be cleared.

(3) FARIER FEMOLE: Dark grey-bule, long gold cap which pulls off, not screws, for refill managine and eraser, insert leads

individually when needed into point from outside. Takes leads 2 5/8 long.

(4) Shear of light blue pencil takes leade

outside point.

(5) FOUNTAIN FEMS, CLEANING: A fountain pen should not be cleaned with either hot or even warm water. It will probably injure the pen forever. No alcohol or chemicals should be used. Fens are best cheaned by (s) using cold water instead of ink and repeating the filling operation a few times. (b) Hold the mib and feed under a running water-tap. (c) Flush with ink several times.

(6) SHARFFER DESK A FOCKET PENS are transparent. They have many transparent grey lines so you can see the fluid supply.

lines so you can see the fluid supply.

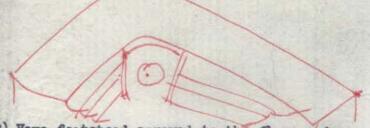
If no light shines thru, pen is full.

(7) USING THE DESK PEN SOCKET: a) When the deak set will not be used for several hours, or oversight, turn pen to the

right in socket as far as it will go. This air-seals the pen point effectually, preventing its drying out. Release pen by turning to the left as far as it will tur Only a half turn each way is necessary (b) While desk pen is in regular use, it is not necessary to use sealing device. When pen is replaced in socket, the shoul der of the pen seals against the bevel in the socket and the point will not dry out (8) TYPEWRITER RIBBONS: (a) When ordering ribbons for my personal use in writing looselesf notes and paras or in composing literary manuscripts or journalistic arti cles, always ask for heavy inking (there are six kinds from light to heavy). This makes your lines look like printed matter and hence most readable for working on. (b) Worn typewriter ribbons regains fresh ness if allowed to rest unused for couple of weeks. (c) Noiseless ribbons. If unabl obtain Remington brand, buy Underwood Noiseless instead as they have exactly th same inner spool and are the same size. (9) NOISELESS CARBON COPY: Use the specia ly made carbon paper for these machines o ordinary pencil carbon paper, as it is be ter than ordinary typewriter carbon for use with pressure noiseless machines, and costs only half the price.

right in sooket as far as it will go. This air-seals the pen point effectually, preventing its drying out. Release pen by turning to the left as far as it will tur Only a half turn each way is necessary . (b) while deak pen is in regular use, it is not necessary to use sealing device. when pen is replaced in socket, the shoul der of the pen seals against the bevel in the socket and the point will not dry out (8) TYPEWRITER RIBBONE: (a) When ordering ribbons for my personal use in writing looselest netes and paras or in composing literary menuscripts or journalistic arti cles, slways ask for heavy inking (there are six kinds from light to heavy). This makes your lines look like printed matter and hence most readable for working on. (b) Worn typewriter ribbons regains freeh ness if allowed to rest unused for couple of weeks. (c) Noiseless ribbons. If unabl boowrehad you , haard notgatimes misdeo di vitosse even yent as beedent assisiol este emas ent ere ine loogs rennt emas (9) NOISELESS CARRON COPY: Use the specia ly made carbon paper for these machines o ordinary pendil carbon paper, as it is he ter than ordinary typewriter carbon for was with pressure noiseless machines, and costs only half the price.

ornament as well as utility. (OFFICE) (c) Have knee-hole for typing work but all the rest to have open drawers for filing. Alternatively it is to be right-angled shape thus fitted with revolving chair, open shelves. modernistic style. (d) The writing desk should not be dull dreary oak or mahogany but red inlaid, or white cedar or other bright gay colour. (e) Desk to have an extension fitted to back of the top and running full length of desk, to form five trays through having four dividing walls. This obviates need of loose trays and permits higher partition walls to be used between the divisions. The desk top is to be covered with vivid wedgewood powder blue plastic or leathersubstitute.



(f) Have footstood screwed to the floor under desk. It should slope up in height from a start of 2" to a finish of 4" and be about 18" from front to back. Thus its gradient will be adjustable to any feet or position and enable me to work without aching muscles

(15) NOCKING DESKCHAIR: Emerson used a rocking chair at his writing table. Its use was probably to enable him to lean back during the intervals of contemplative thought between the physical act of writing.

(16) PRESSING PASTE-UPS: papers, mss., get small handy-sized iron screw press, as used by

bookbinders and printers.

(OFFICE) .villitu as Ilew as inemanto (c) Have knee-hole for typing work but all the rest to lave open drawers for filing. Alteraudi equals beings-the ed of at it yleviden fitted with revolving chair, open shelves, modernistic style. (d) The writing desk should ni ber bud ynamonam ro sao yraerb llub ed don laid. or win to order or other bright gay colour. (e) Deak to have an extension fitted to back of the top and running full length of desk, to form five trays through having four dividing walls. This obvictes need of loose trays and permits higher partition walls to be used between the divisions. The desk top is to be covered with -raffael mo oitsald suld rebwood boowenbew biviv edud idadus

(f) Have footstood serewed to the floor under desk. It should slope up in height from a start of 2" to a finish of "," and be about 18" from front to back. Thus its gradient will be adjustable to any feet or position and enable me to work without aching muscles

(15) MOCKING DESKCHAIR: Emerson used a rocking chair at his writing table. Its use was probably to enable him to lean back during the intervals of contemplative thought between the physical set of writing.

(16) PRESSING PASTE-UPS: papers, mss., get amall handy-sized iron sorew press, as used by bookbinders and printers.

(17) STATIONERY IMPRINT: Blue, the color of my stationery imprint, symbolizes exoterically in our system, freedom knowledge and the peace which

nourishes them, that is, philosophy. But in the Shingon (Far Eastern) esoteric school it signifies conquest: in Freemason esotericism it signifies universality, admitting men of all races creeds and callings; hence the Master Mason wears blue clothing, his being the highest grade, the man who has realized the unity of all life. (18) INKS tested and approved: Green: Sheaffer's Skrip, washable emerald green. Very brilliant

color.

(19) FILLING SHEAFFER PLUNGER POCKET PEN: Unscrew cap at top of barrel and pull plunger out full distance; hold point within wide mouth of ink bottle. Immerse entire point in ink. Work plunger up and down several times. This cleans the pen and moistens the fissures in the fluid

control. The pen fills on the down stroke. For flushing purposes, pump plunger several times. On final down stroke allow point to remain in ink for ten seconds; tighten plunger cap or quill: wipe point clean with cloth or tissue. (20) FILLING EVERSHARP DESK PEN: Immerse the point in ink; open and close the lever; for flushing purposes open and close lever several times; allow point to remain in ink for ten seconds; remove and wipe point clean with cloth or tissue. (21) RELOADING SHEAFFER FINELINE PENCIL: Turn the top of pencil to right until small metal push rod projects slightly; then turn all the way back to left: insert lead as far as it will go and press its point gently against any hard surface to engage clutching mechanism.

(OFFICE)

(17) STATIONERY IMPRINT: Blue, the color of my stationery imprint, symbolizes exoterically in our system, freedom knowledge and the peace which

nourishes them, that is, philosophy. But in the Shingon (Far Eastern) esoteric school it signiftes conquest; in Freemason esotericism it sigbiffes universality, admitting men of all races creeds and callings; hence the Master Mason wears blue clothing, his being the highest grade, the man woo has realized the unity of all life. (18) IMES tested and approved: Green: Sheaffer's Skrip, washable emerald green. Very brilliant

color.

(19) FILLING SHEAFTER PLUNCER POCKET PEN: Unacrew Iful two regnulc flug bos leared to got is gen distance; hold point within wide wouth of ink bottle. Immerse entire point in ink. Work plunger up and down several times. This cleans the pen and moistens the fissures in the fluid control. The sen fills on the down stroke.

For flushing purposes, pump plunger several times. On final down stroke allow point to remain in ink for ten seconds; tighten plunger cap or quill; wipe point clean with cloth or tissue. (20) FILLING EVERSHARP DESK PEN: Immerse the point

in ink; open and close the lever; for flushing purposes open and close lever several times; allow point to remain in ink for ten seconds; remove and wipe point clean with cloth or tissue.

(21) RELOADING SHEAFFER FINELINE PENCIL: Turn the top of pencil to right until small metal push rod projects slightly; then turn all the way back to left; insert lead as for as it will go and press its point gently against any hard surface to engage clutching mechanism.

Or else use special "Noiseless" brand carbons. Ribbons which are worn out on the noiseless typewriter may be transferred to ordinary model Royal

with hammer keys and then they will work like new.

(11) BOUNDPROOF OFFICE: Stravinsky composes in a soundproof Celotex-lined room. My study must be rendered soundproof; then it will not matter if typewriter noise comes from adjoining room. (12) OFFICE LOCATION: To be large and lofty, surmounted by a glazed dome roof. It will been the upper storey of the building and the only room thereon except the library, whereas the secretaries rooms will be on the ground floor. Office will be surrounded by a broad verandah to protect it from the sun and from outside observers. Its walls will be well windowed. Library will be built to adjoin his study on same storey and will be of oblong shape and extend from rear of his study.

1. Study & private office with circular

walls: layout

(13) OFFICE CUPBOARD: about seven feet tall made with many drawers each about thee or four inches high and cut open in front ready to pull out. There is one type made whereby the entire lot of about 30 drawers may be closed and locked in a single operation by pulling down a roll top shutter and another type where you merely shut the doors and lock them to enclose all the drawers. (14) WRITING DESK: To be specially manufactured for my particular needs. It is to be a horseshoe pattern so that I am surrounded on both sides and in front by available writing and note space.

(b) Around the whole length of outside edge there is to run a wall, say two inches high, to prevent things falling off the table. It can be artistically shaped or carved so as to be an

(OFFICE)

Or else use special "Moiseless" brand carbons. Ribbons which are worn out on the noiseless typewriter may be transferred to ordinary model Royal with hammer keys and then they will work like

· Wen (11) BOUNDPROOM OFFICE: Stravinsky composes in a soundproof Celotex-lined room, My study must be

it wellam ton il is it nedt thoughness berebner typewriter noise comes from adjoining room. (12) OFFICE LOCATION: To be large and lofty, sur-

mounted by a glazed dome roof. It will been the upper storey of the building and the only room thereon except the library, whereas the secretaries rooms will be on the ground floor. Office will be surrounded by a broad verandah to protect it from the sun and from outside observers. Its Mild od filw wrandid .bowobniw flow od filw affew to ed fliw bns yevots ones no ybuts sid nicibs of oblone shape and extend from rear of his study.

I. Study & private office with circular tuoval :silew

(15) OFFICE CUPBOARD: about seven feet tall made with many drawers each about thee or four inches high and out open in front ready to pull out. There is one type made whereby the entire lot of about 30 drawers may be closed and locked in a -tuda got flor a mwob gnillug yd noiterego elpnia ter and another type where you merely shut the doors and lock them to enclose all the drawers. (IL) WRITING DESK: To be specially manufactured for my perticular needs. It is to be a horseshoe pattern so that I am surrounded on both sides and . coage ejon bus guiting eldelievs yd front ni eabe abiatuo lo dianel slodw ed bauorA (d)

> there is to run a wall, say two inches high, to prevent things falling off the table.
> It can be artistically shaped
> or carved so as to be an



(DICTAPHONE) (13a) TO ELIMINATE BACK\*GROUND NOISE: Volume contro. has been set at proper level. Do not touch. Microphone is to be place at about two feet from mouth. In no case further away than three

feet. Use an ordinary conversational tone. If tone is lowered, then microphone must be placed nearer to the mouth.

(DICTAPHONE, (15a) TO ELIMINATE BACK\*GROUND NOISE: Volume contro has been set at proper level. Do not touch. Microphone is to be place at about two feet from

mouth. In no case further away than three flest. Use an ordinary conversational tone. If tone is lowered, then microphone must be placed

nearer to the mouth.

(12) high thicking to passed the standard of the standard the standard of the standard the standard of the sta

(15) Turn of the fluorescent lend where recording; or it with introducers disagrees de humainto the transcription no believe ed of evan fliw yeds as:
(16) The monstice of the form on which you are dictating can be improved by following reams, and the recording will be correspondingly improved:
Cover the floor with carpets or rugs and cover the windows with drapes and curtains. This applies only to use of deak mikes which are necessarily placed some distance away from speaker (17) Vibration and shock will injure the performance of mike.

(18) when thru with dictaphone use at night, push ejector to partially release the cylinder. This guards against the contraction of cylinder thru cold temperature which makes it difficult to eject

in mornings. If this happens give cylinder the heat treatment and then it will slide off. (19) Do not place the dictaphone out of its stand. A thin-topged wooden table increases the motor hum. Place it on a flat felt had if the use of a wooden typewriting table is unavoidable. (20) By using the Universal Inverter, the dictaphone can be used everywhere, here or abroad. (21) Whenever the dictephone is to be packed for travelling or moved from room to room, place the needle holder in Neutral position, and keep it tied there by use of elastic bands to avoid damaging the delicate asedle by a sudden fall. (22) Purchase a yard or two of cheap course thick and thin felt cloth for wrapping the machines before fitting them into the brown felt-lined travelling case.

(23) Transcription abbreviation signs:

A = BETWEEN O = AND 7 = INSERT

Q=DELETE"

= ALTER

(24) On the use of refill sheets THICK looseleaf sheets are to be used for personal memorandums, special interviews and special letters This is because they will not be altered or carried about on travels, nor cut up THIN sheets are to be used in literary paragraphs as they will have to be carried on travels and will be cut up; hence must be written one side only affected of bevorged ed and initiatato Cover the floor with carmets or rugs and cover the windows with drapes and curtains. This end dollar and to see of time antice macassati cloced come Cintance away from speaker (17) Hibration and shock will inture the performs-(16) were thru with distance use at night, out stat . This outlinely raisense the cylinder. This county repulled the continuously abused three three tools of final the di cathe doing and reage blee in narmines. If this has one give cylinder (19)Lo not place the cirtuminane sut of its stand, A Utin-tauand sanden ishis increases the gotor non. Place It on Plat felt and If the use of a .eldebievanu ei elder unitingerei neueen (20) To using the Universal Investor, the dictachang can be used everywhere, here or abroad. (21) Then ever the dietechane to to be proved for triveling or neved from to to room, place the ti good bns , meithoog fartued ni rebled elbern blove of abund offeste to ear of smedt beld department the cellecte cestle by a sudden fall. and thin falt cloth for sympolar the machines before Mitting them into the brown felt-lined ramils noisebeardes meldelrosmenT(88) A = BETWEEN O = AND 7 - INSERT B-SLAGE-B DOTUR - -

(DICTAPHONE) (1) To start the machine, the first movement is to switch the left front lever to ON position, This!) starts the motor running end the tubes warm to design to Then mait for a few seconds to be the control in left of all (2) Train yourself to use hand control in left to hold on hand, so so to keep your might hand free to hold on then microphast term endered the state of Jam endered (8) Glose eyes or look away from machine. (4) Enunciate distinctly and not stur one word into (5) Aoslow calm tong is best provided the syriagol bilistius is amphasissa thus overcoming the (adl) habituel slurging of words modistinctly, more (6) Speak more slowly and more distinctly, more longly and at a bisher witch. Fast speech Blurs ) (7) When using Lapel Mike, voice must be raised of louder than with desk mike, as it uses only a crystal.

(8) When pressing the thumb-button, to start or to continue the sentence previously dictated, do not talk simultaneously with pressing of button. Wait a second after pressing thumb-button, so cylinder is thus given a chance to start revo-

lving and to record the words.

(9) Do not press the key and speak at the same time, for this cuts off the first few words of

your dictation.

(10) When making a correction, press correction indicator knob. Even when correction is made orally, you must still press correction indicator knob to warn the transcriber.

(11) All proper names should be spelled out over the speaker, or noted down on the instruction sheet. It is almost impossible to get foreign names over the dictaphone. Difficult and rare

words should also be spelled out.

(12) Maintain level of steady volume of voice, thus making dictation easier to transcribe. (13) Dictate all letters into the mike. It is maraly a new habit to be created.

(DICTAPHONE) (13a) TO ELIMINATE BACKCROUND NOISE: Volume (1) control has been set by Dictaphone Company L.A. at proper level. Do not touch button. Microphone is to be placed at about two feet from mouth. In no case further away than three feet. Use an T(1) ordinary conversational tone. If tone is lowered, then microphone must be placed nearer to mouth. (14a) The pursed protruding mouth is ideal for perfect recording on dictaphone besides giving practice in voice production. "I'l old same one assistant (15a) To avoid distraction without hindering composition, close eyes when dictating or else face at right angles away from machine not looking at it. (16a) To avoid noise interference when dictating at do not use fluorescent desk lamp but change over to the floor standard lamp. Taking and the standard made (V) louder than . It's desk with, so it uses only a (8) shen pressing the thusb-button; to start or the continue the sentence previously dictated, do let stantaneously with pressing of butcon: Belt a second after pressing thumb-button, so cylinder is thus lives a chance to start revolving and to record the words. (3) no of orest the key and speak at the pame time. for talk cuts off the first few words of - moidetaib nuo: (10) whom meditor a correction, press correction the location into. Even when correction is made orally, you must still press correction indicator knob to varn the transcriber. (11) All troper names should be spelled out over the speaker, or noted down on the instruction sheet. It is simpst impossible to get foreign names over this dictachone. Lifficult and rare sords should also be spelted out. (12) maintain level of steady volume of voice, thms making dictation easier to transcribe. (18) Distate all letters into the mike. It is batango ad of think was a wian

(85) I shall bury myself within my (INDEPENDENCE) study, shutting the door on a world which can never understand me. I shall be socially dead. I have no desire to fight ensmiss or pulverize

critics, but shall be glad to retire from the arena and withdraw from a struggle which has become meaningless to me. I shall still belong to my epoch however and serve it, but the service will be rendered from afar.

(86) EDWARD GIBBON: "My friends had been kindly apprehensive that I should not be able to exist in a Swiss town at the foot of the Alps, after having so long conversed with the first men of the first cities of the world. Such lost connections may attract the curious and gratify the vain; but I am too modest, or too proud, to rate my own value by that of my associates; and, whatsower may be the fame of learning or genius, experience has shown me that the cheaper qualifications of polite and good sense are more useful currency in

the commerce of life. Since I was no man's rivel, no man was my enemy. I felt the dignity of independence, and, as I asked no more, I was satisfied with the general civilities of the world."

(87) I am unwilling to yield my freedom to perform like a trained dog at the whim of some

employer, for the sake of a little more moneyl (88) CHARLES MORGAN: "The Judge's Story": "We busy men are always in canger of allowing the we clock to get us down. However much we delegate, however determined we may be to concern ourselves only with the essentials of policy, detail gradually grows upon us; routine begins to wind its tentacles around us; little by little we lose our freedom—we become slaves: the slaves of

assistant managers, the slaves even of our secretaries and our menservants: all of them expect us to do such and such a thing at such and such a time. Then we begin to expect our-

thing heroic and scientific to thought it were the regularity of the planets, and forget it is only the regularity of a little slavies close that your the regularity of a little slavies close that your secretary winds up every morning. And so, you I see, now and then I stop the clock, who man is anything but a slave who finit to able; like Manoleon, of stopping in the middle of a bettle too delegate for half an hour, or who can't stodenly of screen all his engagements and so off to the sagean!

(80) Univ. of Madras Exam, Papers Tot Bitacks on time. We think of our regulation as come (80) Univ. of Madras Exam. Paper: "Of attacks on his writings in samuel Johnson took no totice whatever. He had early resolved even to be drawn into controversy and he adhered to his resolution with a steamsetness which is the more extraordinary, because he was both intellectually and morally of the stuff of which controversielists ere made. But when he took his pen in hand his whole cherefter seemed to be changed. A bundred bad writers mispe resented him end revided hims but not one of the hundred could boast of having been thought by him worthy of a refutation, lavior ever a retorted Herbed learnt both from his own observetion and from literary history in which he was deeply read, that the place of books in the -public ostinistion in Chalec ototabilismut as Inflitter about total build by what is writting in taking and I that amon that the formulas and I to be sooned in very ounwise to me stees to wrangle with detractor: whose workscare certain to dies No saying was oftener in his own to then that fine dother of Bentley that moone was ever written down but by himselfition , tallot to almitmesus out attw (90) I prefer the calm backwaters of an inconspicuous life to the hectic clare of a well-publicized one. (91) I must refuse to let myself be fastened to a role that other people have chosen for me, and to be held to it agr (92) "The sun will arise and set without me. of need not try to be Atlas!

(93) To accept the (INDEPENDENCE) role of teacher will be to allow myself to be led astray from the true path ordained for me by the higher send. Most

times in the past when I allowed others to persuade me to play the tacher, it

brought troubles and regrets.

(94) If I am to be true tomyself and prudent according to my karmic limitations, I must obdurately resist the pressure of large numbers of my friends readers or followers to engage in social contacts. organized activities or other time-consuming things.

(95) I have no desire to sit like some cultist guru among a lot of worshippers. I wish only to go my own way and sit in

solitude.

(96) It is essential to my happiness and work that I preserve my independence and that I do not sacrifice my freedom to tho

se who would smother it by their poss

essiveness.

.97) I have the clear right to a private life outside the public work done thru writings and interviews, and I must claim it.

(98) If other people place a wrong value on my time and privacy, it is a duty to my work and myself to correct it.

(99) If I were to publish a journal at al it would be on the condition that it made only irregular appearances.

(100) I have periodically disowned all di sciples and abruptly shattered the pedestals on which they tried to put me. (101) Anon.: "Only the obscure are really

free."

(102) Burden of Correspondence. Experience shows that whenever I write letters there is heavy strain, that the accumulative effect when this is done daily is nervous fatigue. This in the end devel-

(93) To accept the (INDEPENDENCE) to be led setray from the true path ordained for me by the bigher seffit Most -dic bewells I medw Jasq edd all semil ers to persuade me to play the eacher, it brought troubles and regrets. -und bus flesymot euro ed of me I 11 (48) dent according to my karmic limitations, I must obdurately resist the pressure of large numbers of my friends readers or followers to engage in social contacts. organized activities or other time-consuming things. (95) I have no desire to sit like some cultist guru among a lot of worshippers. ni dia bas yew awo ya og of yine daiw I .sbulllos

(96) It is essential to my happiness and work that I preserve my independence and that I do not sacrifice my freedom to tho se who would enother it by their poss

.assreviass

.97) I have the clear right to a private life outside the public work done thru writings and interviews, and I must claim

(98) if other people place a wrong value on my time and privacy, it is a duty to

my work and myself to correct it.

(99) If I were to publish a journal at alt would be on the condition that it made only irregular appearances.

(100) I have periodically discouned all disciples and abruptly shattered the pedes-

tale on which they tried to put me. (101) Anop.: "Only the obscure are really

".oeg?

(102) Hurden of Jorrespondence. Exper tence shows that whenever I write letters there is heavy strain, that the accumulative effect when this is done daily is nervous fatigue. This in the end devel-

ops until it obliges me to abandon correspondence altogether for a period. Here
is one duty which constantly irritates me
and is thoroly irksome. It leads to a condition of ill-health, quite apart fro
the arrears into which it throws my literary work and research

ops until it obliges me to abandon correspondence altogether for a period. Here is one duty which constantly irritates me and is thoroly irksome. It leads to a condition of ill-health, quite apart fro a the arrears into which it throws my litevery work and research

STANDARDED REPLACEAPES

(1) There is no one else who holds my specific

point of view.

(2) It has long been the writer's rule not to give an opinion upon the merits or demerits of any contemporary teachers. My general attitude upon this point is given in "The Wisdom of the Overself" (bottom of page 423 to the middle of page 425).

(3) I have tried to make my books serviceable despite what I now know to be their errors and

shortcomings.

- (4) You ask about the good and evil in the manifested universe. As "The Times" review of my book singled out my treatment of the problem of evil for special attention I shall also write a paper during the coming year to thresh out this problem also and send you a copy. I see that there has been misunderstanding of my position and that this misunderstanding is partly my own fault.
- (5) You have asked for the identity of the critics referred to in the opening page of my latest book. I am sorry if this gave the impression that any literary critic or reviewer was being referred to, because it was not so. I had in mind only those who indulge in personal vilifications. This they do, whether consciously or unconsciously, under evil instigation.
- (6) This leads me to remind you of what I told you in 1939 that I have renounced any claim to occupy the position of a teacher. Please consider me as your fellow pilgrim and nothing higher than that. Your ascent will assist me in my defence against adverse forces which would destroy my work and destroy both it and me. It is not that I do not want to help; my life is being spent doing that, but that each has to work within the limitations of his individual karma and it appears that personal teaching is not to be my work in the present incarnation.
- (7) You have deplored the absence of bibliography. This was certainly regrettable from the scholastic standpoint. My principal reason for omitting it was the desire publicly to sever this teaching from its traditional past. Privately I will be very glad to provide a reading list for you and any others who feel its need. However this ramber have return to the (MORE)

oilione us one else who holds my specific

of tone luis teritary and need and take it (2) It has long been the merits or demerits of alve any contemporary teachers. My general attitude upon this point is given in "The Wisdem of the Overself" (bottom of page 423 to the middle of take 425).

bus aroune when of of word won I take edigach

shortcomings.

enter has about the good and the main with the manier of the groups of the problem of the problem of the problem is standard of the problem and the coming year to thresh out this problem also end send you a copy. I see that the coming year to thresh out that the send you a copy. I see that the trief has been misunderstanding is partly my own

(b) You have asked for the identity of the critica referred to in the opening page of my latest book. I am sorry if this gave the impression that any literary critic or reviewer was being referred to. Decembe it was not so. I had in mind only those who indulge in personal vilifications. This they do, whether consciously or unconsciously, under

evil instigation.

blot I tadw to soy between of on abasi sidt (3)
you in 1939 that I have renounced any claim to
you in 1939 that I have renounced any claim to
cocupy the position of a teacher. Please consider
that your fellow pilgrim and nothing higher than
that, Your ascent will assist me in my defence
and destroy both it and me. It is not that I do
not want to help; my life is being spent doing
that, but that each has to work within the limits.

tions of his individual karma and it appears that
tions of his individual karma and it appears that
personal teaching is not to be my work in the

(?) ou have deplored the absence of bibliography. This was certainly regrettable from the nobolastic standpoint. Wy principal reason for omitting it was the desire publicity to sever this teaching from its traditional past. Frivately I will be very glad to provide a reading list for you and any others who feel its need. However this country to the country.

(7) (cont.) to come abreast again with the publications of the last ten years. A secondary reasor for the absence of bibliography was that I am not writing particularly for academic circles but primarily for intelligent laymen.

(8) I don't myselfundertake to give personal instructions to students, but in your case would always be willing to give a personal interview

should our paths cross.

(9) You must overcome this habit of writing to m every time a difficulty crops up or else you wil rob yourself of this true self-reliance. In any case it is impossible for me to undertake intervention in all such personal matters as that too is really outside my province. Do please get it clear in your mind that I am not a psychological counsellor nor even an external teacher, dealing with every fluctuating change in a disciple's life. I am not that kind of man at all. I have given you a little help as a friend, yes, but my chief job is writing and meditation and study and I find it difficult to get beyond that job with the numerous requests for personal help which I receive daily from various quarters. You see, the way in which I give my help is general, not particular, impersonal and not personal and it is through a prayer whose result spreads over long periods rather than through day-to-day separate thoughts.

(10) If my books have helped you spiritually,

that is the best encouragement to me.

(11) I am grateful for help in correcting my knowledge of Christian Science and this will prove useful for my future contacts with followers of that doctrine. I regard it more favorably than I did before.

(12) It was extremely thoughtful of you to send me something towards expenses. However, for several years I have tried to pay my own way somehow and prefer to give what little help I can without accepting any return. So please do not misunderstand because I return the money with this letter, and remember that I take your thought for the deed.

(7) (cont.) to come exect again with the publications of the last ten years. A secondary reason for the absence of bibliography was that I am not writing particularly for academic circles but primarily for intelligent laymen.

(8) I don't mysalfundertake to give personal instructions to students, but in your case would elways be willing to give a personal interview

should our paths cross.

(2) You must overcome this habit of writing to mevery time a difficulty crops up or alse you will not yourself of this true self-reliance. In any case it is impossible for me to undertake intervention in all such personal matters as that too is really outside my province. Do please get it is really outside my province. Do please get it counseling on a sternal teacher, dealing counseling change in a disciple's life. I am not that kind of man at all. I have

life. I am not that kind of man at all. I have given you a little help as a friend, yes, but my chief fob is writing and meditation and study and I find it difficult to get beyond that job with the numerous requests for personal help which I receive daily from various quarters. You see, the way in which I give my help is general, not particular, impersonal and not personal and it is through a prayer whose result spreads over long periods rather than through day-to-day separate thoughts.

(10) If my books have beloed you spiritually,

that is the best encouragement to me.

(11) I am grateful for help in correcting my knowledge of Christian Science and this will prove useful for my future contacts with followers of that doctrine. I regard it more favorably

.oroled bib I nadi

(12) It was extremely thoughtful of you to send me something towards expenses. However, for several years I have tried to pay my own way somehow and prefer to give what fittle help I can without accepting any return. So please do not misunderstand because I return the money with this letter, and remember that I take your thought for the deed.

STANDARD PARAGRAPHS

(13) I never promise anyone how often I am going to write. My oldest and most intimate friends in England have not heard from me for as much as two years at a time. I am not able to cope with correspondence for several reasons, but I always read it and answer it mentally.

(14) You have my friendship always. Never doubt that. I shall never desert you, no matter what you do nor however foolish or however evil might

be your temporary course.

(15) I regret I am not in a position myself to give anyone financial help, owing to currency restrictions in the British area, and to the earnings

from my books being quite modest.

(16) I do not know the answer to your question, What is the purpose of Creation? All that I have been able to ascertain so far has been set out in my latest book, "The Wisdom of the Overself" which you have already read. It is so slight that it must be unsatisfactory to most readers. Anyway as a practical person you will find that it is quite enough to attempt to fulfill the immediate purposa which confronts us as human beings, and that is to awaken to the consciousness of our divine soul. (OR: which confronts each human being, and that is to awaken to the consciousness of his divine soul.

(17) I am very sorry you have been caused needless anxiety by imagining that I could take offense from your previous letters this year and that was why I had not written to you. There are a number of people who have known me for many years to whom I have also not written. I have had to print a circular of which I enclose a copy and which will explain to you the reason for the silence. It is not directed to you personally

but is a general silence.

(18) I would like to give you the advice for which you ask, but I feel that it is a decision to which you must come without my influence because it is so intensely and delicately connected with your

own inner life.

(19) Fears and doubts on your part as to whether you are ready for the interview of themselves would ordinarily indicate unreadiness. For although there is a natural nervousness in the thought of such a meeting, there should not be either fear or doubt.

(13) I never promise anyone how often I am going to write. My oldest and most intimate friends in England have not heard from me for as much as two years at a time. I am not able to cope with correspondence for several reasons, but I always read it and answer it mentally.

(14) You have my friendship always. Never doubt that, I shall never desert you, no matter what you do nor however foolish or however evil might

be your temporary course.

(15) I regret I am not in a position my solf to give any one financial help, owing to currency restrict tions in the British area, and to the earnings from my books being quite modest.

(16) I do not know the enswer to your question, that is the purpose of Greation? All that I have been able to sacertain so far has been set out in been able to sacertain so far has been set out in you have already read. It is so slight that it which which chartisfactory to most readers. Anyway as a practical person you will find that it is quite enough to attempt to fulfill the immediate purpose anough to attempt to fulfill the immediate purpose which confronts us as ingen beings, and that is to awaken to the consciousness of our divine soul.

(Oh: which confronts each human being, and that is to awaken to the consciousness of our divine soul.

(17) I am very sorry you have been caused needless anxiety by imagining that I could take
offense from your previous letters this year and
that was why I had not written to you. There are
a musber of people who have known me for many
years to whom I have also not written. I have
had to print a circular of which I enclose a
copy and which will explain to you the reason for
the silence. It is not directed to you personally

but is a general silence.

(18) I would like to give you the advice for which you ask, but I feel that it is a decision to which you must come without my influence because it is a latencely and delicately connected with your

own inner life.
(19) Fears and doubts on your part as to whether
you are ready for the interview of themselves
would ordinarily indicate unreadiness. For although there is a natural nervousness in the
thought of such a meeting, there should not be
either fear or doubt.

STANDARD PARAGRAPHS (20) I must most regretfully inform you that it will be no longer possible for me to give you any external assistance in your philosophical studies and that I must therefore request you to cease correspondence with me henceforth. Please understand that my esteem for your good qualities remains just as it was before and my appreciation of the friendliness which you have shown is as high as ever. Unfortunately I feel it in your own best interests that you should cease writing to me as I will no longer be able to reply to you. I do not believe that this situation will always continue to remain such, as I believe that one day matters will re-adjust themselves satisfactorily and that our paths will cross again in the present lifetime. Meanwhile I beg of you to believe that I shall not forget you and will continue to remember you in my meditations. (21) Although I fully appreciate noble motives that actuate you I must ask you not to introduce my books nor even mention my name to other spiritual teachers, as distinct from spiritual seekers. It is permissible to do so only if you are approached in the matter by those who are themselves students and who do not set themselves up as teachers. Always use discretion where my name is concerned as it is easy to fall into error through enthusiasm. Such an error was the presentation He is an excelof my books to Swami lent man and doing very good work but we are following different paths and he has come to the West to teach others, not to learn from the West. Our paths are different in several ways. The logical destination of his is the monastery and the ascetic's life. The logical destination of mine is the world and the useful life. You have yourself seen in B a sad example of what you correctly described as the result of "inertia developed by Eastern teaching without the leavening of positive Western thought," but even in the case of Western spiritual teachers I still request you not to broach my teachings to them. (22) So far I have answered your question from the level of mental reference on which you asked it. If however we come to consider it from the standpoint of the higher philosophy it takes on a different aspect.

STATUARD PARAGRAPHS il tadi nov mroini vilutiorner teom teum I (0%) will be no longer possible for me to give you say colbuta Landaquantida ruov al constelesa Lengetro sames of mor facupar archarent faum I faut bus correspondence with me henceforth. Please underwor selfilang boog wow you see you fand baste lo noitalograps we has expled day it as joul enime the friendliness which you have shown is as high sa ever. Unfortunately I feel it in your own best interests that you should coses writing to me as I for ob I wow of viger of side of regner on this suniface avers filt noiseutle sint tadi systled prestan yeb eno sant eveiled I as ficus misser of fault bas vilizotostatias sevicessed fautherer illim our patine will crose again in the present life-I tant evelled of you to ged I efinement . emit sold not forget you and will continue to remember you in my meditations. (191) Although I fully appreciate noble motives that actuate you I must ask you not to introduce my books nor even mention my name to other apiri-. Brokess Isufirles mort fonidelt as . Brodoset Isut the serminative to do so only if you are app powledness in the metter by those who are themselves wieset as on sevicement ten for ob one bus atmebute ers. Always nee discretion where my none is comdaugraf rorse ofei fist of year of it as benree enthusiasm. Such an error was the presentation . He is an indicate your good work but we are edd of emon and ed has added inereliab gaivelfel West to teach others, not to learn from the West, off .evew Laroves of inerethib ers edieg ruo logical destination of his is the monastery and to noisenized incipal ent .elil s'citores ont even nov .elil fulenn ent bas birow ent al omim you facty to eigments bes s . . . H ni mose lies you sirent" to fineer edd as hodfroseb viceerroe developed by Mastern teaching without the leavenent ni neve ind " ingnent meeter villag to ani desuper litte I aremoset lautiring areduew to easo you not to brosch up teachings to them. (22) So far I have answered your question from

you not to broach my tenemings to them.

(22) So far I have answered your question from
the level of mental reference on which you saked
it. If however we come to consider it from the
standpoint of the higher philosophy it takes on
a different assect.

23) The several letters received from you during the past twelve months were all carefully read and mentally answered at the same time, as I cannot attend properly to correspondence by the external method of writing replies. Please understand that I have hundreds of unanswered letters still awaiting attention and that I was not indifferent towards your various pleas, but that I can not do more than what my Karma permits me to do. Moreover, I have clearly told you that I could not undertake to supervise the spiritual development, on the external plane of any individual whatsoever, my time being fully occupied otherwise. Whatever help has been given in the past, in the way of interviews and letters, as in your case, has been given casually and not as part of any adequate system of training. So many people have failed to understand this, that the more that was done for them the more they expected me to do. The situation became quite untenable, and there was accordingly issued a mimeographed circular. It is sent out as the opportunity offers. One is enclosed herewith. (24) In answer to your further question, there is no formal society which promotes this teaching. Attempts have been made from time to time to induce me to start one but I have always refused. The history of other attempts in this direction indicates that it would probably become a cult and degenerate both morally and intellectually. The only fruitful work in which the sponsors of such an advanced philosophy can engage is educative and not missionary work. And this is an individual matter. Here there is room for a vehicle of instruction which would be more flexible than books, and which could discuss problems and answer questions. A small periodical published quarterly might be a useful vehicle of this kind. But this could not and should not be a single-handed endeavor. A few competent students who could understand and present the teaching correctly, would have to give their assistance. (25) I have not answered critiques when the critics themselves become highly emotional and personally abusive, so that calm discussion was not possible. (26) I shall be pleased to give you the interview for which you ask.

STANDARD PARAGRAPHS (26) The several letters received from you during bus beer vilutorse ils evew adjace eview jese ent journed I as temit omes edd is betewers vileinom attend properly to correspondence by the external estiger antitive to bodyou -name to absthred eved I tant bastarchae case 19 I tant bas notinetts authors fitts evettel bevere tasely applied they abrawed there'lland ton new wing amyall ye factor mant even ob ten mos I jadd fud mov blos vinasio evad I ereversel .ob of em esta -luige sid calvacus of exalvabou jon bineo I can't tuel development, on the external plane of any -usoc yfirt gaied emit ym treveostadw Isuhivibai ni movin meed and gled toverally .colwrellto hatg the past, in the way of interviews and letters, ton his vilaueso newly need and .acec mov ni as of .gniniari to moteys staupaba you to ireo as tant teins busterebnu of belief even eleced year the more that was done for them the more they expacted me to do. The situation became quite un--morgo out as the thes at il . Telucate bedgargos tunity offers. One is enclosed herewith. at ered; another out they of rewens of (48) no Yournal society which promotes this teaching. Attempts have been much from time to time to induce me to start one but I have always refused. The Mistory of other attempts in this direction thro a emocad videdoro bluow it turb metsothat and degenerate both morally and intellectually. The only fruiting work in which the apondors of wifsoube of egagne was virosoffing becarves as down ismbivibat as at aids bad . Nrow grenolesia dos bas and to ofother a rol moor at eredt evel . restan struction winder, would be more flexible than books, and witch could discuss problems and answer quesvirejramp bedaildum isoibeiren Ilama A .anoli midd tod .buld while of this bind and fright evente and should not be a single-handed ondenve-and present the teaching correctly, would have to .constaines Tions or in eds norw semplifier berewens for swall I (BS) bas Innotione vigit emesed sevicement solting new molasupath misc jest on teriamis vilenourse .eldimaon low weivreint and may ever of beaseig of Lisda I (85) ids wot sleidy tol

STANDARD PARAGRAPHS (27) I am sorry I cannot discuss these theories of financial reform. All such matters tend to verge on politics, which is quite outside my sphere of reference. It is not that the spiritual student should live like an ostrich smugly unconcerned with what happens outside his own inner life. Such complacency would be detestable. It is only that each person has his own karma, limitations and duty. I know my own and have to work within them. Although I take not less than the average newspaper reader's interest in contemporary economic and political matters, I do not take the slightest active part in them. You are not doing wrong in taking an intelligent interest in this subject but that is your business and not mine. I have to concentrate on my personal research and spiritual service, interests which take up all my time. (28) Your contribution was safely received but I greatly wish that you had not been so impulsive as to send it before asking me first whether I wanted it. I do not want it. This does not mean that I do not appreciate your excellent motives in this matter. I do not expect gifts whether in kind or money from anybody as I do not wish to put the spiritual help which I give to my friends on the plane of a business transaction. I would have returned it to you but this was not possible owing to war time restrictions. It will therefore be returned to you after the war when I hope such restrictions will be lifted. But if you value my friendship and do not want to lose it please never do this again without first consulting my wishes in this matter. (29) I have not yet received any inner mandate to call myself a master, to set myself up as anyone's guide. So I have to disclaim the title if I am to be honest with myself and others. But as a fellowstudent on a path covered with darkness, I am always glad to be of service so far as I can. one day I have sufficiently removed my defects and failings to be found worthy of being used as a channel of teaching, in the deeper rather than intellectual sense, I shall not fail to place myself at the disposal of those who have confidence in me. (30) I thank you for your expression of confidence

but greatly regret that it is ordinarily a fixed policy with me not to accept personal students.

to salvood seast assess Joneso I veros me I (FE) financial referm. All such matters tend to verge To exempt um obledue editor al moidu . soldilos mo reference. It is not that the apprintices should live like an ostrick wantly unconcerned with what hangens outside his own inner life. Such completency would be detectable. It is only that occin nerson las bis own server linkship moeste date. "It their aid there is word but the up word I Temperation and teve set party meet for other I Report has blacker's interest in contemporary consider a rebest factically ent user jon on i carettes Lockillon ni anorw mich see one no! . well ni try evison ted toeldes with al terretal terrelledal as aritad of eyed I sente for box eserting iney of tent Institutes his dognouse Issection to so offeringonos service, interests winds take up bil my time. (ES) Your contribution was excess very moisted but I grantly wish that you had not been so inquisive as believ I resident touth as guiden ecolog di buen et I fund meet for sook city .il fund for oh I .il do not appreciate your exceptions and abito the to beti at redsein sitte to one ton of I . rettem ont fing of dairy ton ob I a. whof you merit water plant it to too better the see not pessible out to be the of evoluted like it considerates and the new of consideration received the rest of the control of revoc egaela ji eest of jase you ob the gilehmely's wester yo prisidence feril Jucklim misme and ob in this mitter. of elabular remail the havingon let Jos aven I (88) o'diotes at an ilouer tos of talach a lisave ileo control of They of the control of the to the to the to the to be t ale an I question atta betavoo dies i no trobute TI was I no un't on column to ou of bala a caw bus atobios on bevomen aldestolling even I yeb suc a sa been puise to victor fined ed of agnillat cleaned of tescolog, in the decour retirer than doning of first you finds I to mind Laute lies at emphilines even our escute to Isseemb out is lie to (20) I thunk you for your expression of confidence bantl a wilmenther at 31 tails downer withour jud . simebuje Imperso Joseph of Jon sa djiv voltog STANDARD PARAGRAPHS

(31) Your inability to find my photo included as a frontispiece to any of the books is due to a persistent refusal of the publisher's request to include it. This refusal arises partly out of a desire to have readers approach the book free from any prepossessions for or against the ideas contained in it merely because they like or dislike the particular bodily form in which the author fortunately or unfortunately happens to be incarnate. However in the case of an earnest few like yourself such a picture is often useful for concentration purposes.

(32) Your remarks about the books are welcome and encouraging. However I am conscious of their deficiencies too, so they must be regarded as tentative until someone else can produce a superior statement of this philosophy, as I hope. The conditions under which those two volumes were produced were too weighted against me, with the result that emphasis is sometimes wrongly placed

and important material omitted.

(33) I am not displeased with you in any way and certainly not disappointed in your progress. I have of course sometimes to correct your errors and clear your misunderstandings but this has to be done for almost everyone. It is nevertheless true that I do not wish to start a new cult and so do not accept disciples and even go out of my way to discourage personality worship. This puts me under the necessity of keeping a certain reserve with students and of lapsing into long silences in correspondence.

(34) Your letter of the \_\_\_\_ was quite welcome and you need not fear that you are encroaching upon my time. There are very few students of these subjects who have attained the sensible outlook which you possess. I consider it a sacred duty to be of

service to you according to my humble capacity.

(35) You are quite correct in understanding that I refuse to embark on any public activity beyond writing for publication and that I reject the title of "spiritual leader." I am always glad to help 'the few' but to avoid being troubled by those who are unfit for the higher mysticism. I have been forced to put up a shield of retirement and indifference. There are plenty of societies and guides for them.

STANDARD PARAGRAPHS a to bebuilded of one of the to william and (12) -wee a of out at exect out to you of costquition? -mi of decuper a redeliding one to Lacuter decided -sh a lo Jue witnes seeins issuir aini . it shuin Borl esti deed sall descripe arehest sweet of othe any prepagations for or against the these occaeditain to sail sould enument vistes it at benial tie particular bodily form in which the author "Tront od of appopud tipsamustolnu to tlefamustol acte. However in the case of an engueta few line -non not Extens negto at omitors a none liberrat contraction mirgosca. has amoniew ers baced add twods entract real (SC) died to encious as I merevell . heighthouse deligionated ten, on they was be resended as tonreclaration a perfect and only speciful Light evilya and ner . sent I se . Thromothile sind to impose to word ores negutar and sands doldw rebons anels in duced were too well hied and true too the the rebecale virgoes essistance of elections full fine .bedding lettedam Jest toom! has (88) the most displaced with your storeson. I arease they for tree of sectioned earned to star of and alife in againmaterships and the tests been ecoledrevou at il .emogreve frames Tol ench ad . One flat wer a denie of delw jon on I that our on to due og neve has esigiosib secon co de ag way to discourage personning william of the or distree a galessi to wisseen add tohou en and ofal maked to ban symbols ally swiss .comphagneride al acomplia has empolew sting new \_\_\_ and to rester such (al) you need not feer that you are ducreaching upon my time, There are very few students of these such doise doction eldianou edd beniedds eved our wiest To od od wood herona s il voblenco I .cosetos De ? this gathers oldens us of sathrooss nov of solves and gathers seem at toernoo sales are not (23) become divitos office que de imade es soutet and Joejer I tank has not such the roll and the of hair avanta and i ". websoil look inter to sitti the lend the lend beard of the lend troubled by I aministant remain out tot they ere our enough inemerator to bleide a ou ium of Beetel mesd evad soltsless to whale our such .comercition bea and wildes for blief.

(36) In answer to your request that I shall become your teacher I regret to say that I do not accept any personal disciples, partly because I do not want to set myself up as a public teacher and partly because I believe that most present-day teachers are doing as much harm as good. They exploit foolish seekers after truth, make exaggerated claims, and mislead the seekers into worshipping a human person when they ought to be worshipping the Invisible Spirit. In any case I am only a student myself. I set down my ideas in books only because I have got the inner command to do so. Look to your own overself for teaching in future. You have wasted many years running from one human teacher to another and reading one printed book after another. The result is that your mind is now confused and bewildered.

(37) Pray earnestly, wholeheartedly, and with all your emotional strength to your higher self for its grace until tears come into your eyes. You have just as much/to have this grace bestowed upon you as the man who is the disciple of a teacher. The Divine has no arbitrary prejudices and does not make an exception in favor of him. And without its gracious inner working no disciple can ever get realization from his teacher. So in the end, it is his own divine self that confers this, not his teacher. I remind you of Jesus' words: "Knock (at the door of your Overself) and it shall be opened unto you."

So I advise you to look within, disregard all cults and teachers, and trust the divine power to guide you. This does not mean that I shall forget you. I shall remember you and send you my best thoughts

(38) I have not the time to go about correcting exaggerated notions about myself which people form. I have always been careful to explain in most of the prefaces of my books that I am only a student and a seeker after truth. I have never claimed to be a Master or anything like that. Consequently I have refused to accept disciples. I have occasionally gone out of my way and yielded to pressure to give a little friendly help to a few individuals, but I have been careful to explain that it was nothing more than that and as from one student to another (MORE)

STATISATE THATTATE

emoded Ilade I jady jacuper twoy of rewens ml (86) trepos for ob I jant vss of ferret I reasset mey any personal disciples, partly because the -trac has redosed oliduc a as ou liesym tea of thew ly because I believe that meat present-day teachers ere doing as much harm as good. They exploit foolish seekers after truth, make exaggerated claims, and mislead the seekers into worshipping a human person when they ought to be wershipping the Invis--ym inobute a wino ma I seso yna ml .itrige eldi I set down my ideas in books only because I . Ties .os ob of bnarmoo renni edi ton evan Look to your own gverself for teaching in future. You have wasted many years running from one human descher to another and reading one printed book wen at baim rooy just at those off . redjone rejts .berebliwed bas besulmos

Lis Atiw bas . viborisode lodw . vijaenise yers (YE) your motioned atrength to your higher self for noY .seve mury offit amon smeet Litter every atl have just as much to save this grace bestowed upon . redonest a lo elejosib est al oily nam est as nov med bus sectioning variations on and entyte off sworld tw but . min to royal ni noidgeone na exam don teve mes elgionis on anistrow reuni encioner ati met realisation from his teacher. So in the end, jon enids eveluoo sads thee enivib muo sid at si Mis tesonor, I remind you of Jesus' words: "Knock od flade ji bns (Tlearevo THOY to toob end te) "Lucy offin henero

So I savise you to look within, disregard all out and teachers, and trust the divine power to guide .uov jeguol Liste I fadt meen ton seob sidf .uov I shall remember you and send you my best thoughts

and my peace. gnitoernoo tuods og of emit edi fon evad I (88) exaggerated notions about myself which people form. I have always been careful to explain in most of tuebuje a vino ma I janj saloce ym to seesiere enti and a seeker after truth. I have, mever claimed to I vijneupeanoD .jadj eili galdyvis to tetsall s ed -sooo evad I .aelgiosib jgeoos of beckier evan sionally gone out of my way and yielded to preswith we're of gied without of still a evin of stue tend mislowe of futeres meed even I jud calsubly one mort as bas tant mant erom anidon saw ti student to another and

STANDARD PARAGRAPHS

(38) (cont) I consider that I have done my duty and will not give any further interviews or engage in any correspondence which might be misconstrued as teaching. My work properly belongs to research and writing and I intend to stick to that exclusively.

(39) Please do not address me as "Guru." I do not permit anyone else to do that and prefer that you

should consider me as a fellow student.

(40) I would like you to become more independent, more ready to resort to your own latent spiritual resources, and not to offer to any human being what you should give only to your divine soul. You may respect a man for his spiritual attainments but you should not worship him; that must be reserved for God or for God's intermediary in you - the Overself.

(41) Finally, you should adopt a more scientific attitude towards your studies in mysticism. Avoid credulity and realize that as much nonsense has been put out under the label of mysticism and Occultism as there has been of wisdom.

(42) That I have set myself up as a Master, and am therefore responsible for the personal training of disciples, is a misconception. I have repeatedly stated in the opening chapters of my books that I am only a student. Whatever little help has been given to others has been given casually, and without any obligation to give more on my side, or any obligation of attachment on the other person's side It has only been a little friendly gesture made as, and when, possible. My time and energy are so pre-occupied with my real work of research and writing that I could not undertake to give personal instruction, nor to living a social existence, however much I might want to.

(43) Not only can I make no promise as to when I shall visit your town but I could not even answer your question about it if I wanted to. For my inner guidance does not usually permit me to make

plans so far ahead.

(44) I do not permit any neurotic teacher-worshipping nonsense around me and always point out that the best service to others is to bring them to themselves.

(45) I do not know of any organized group which studies my teachings, and I have always discouraged the formation of such a group. Real advance can only be made through individual methods of approach.

STANDARD PARAGRAPE

end with the consider that I have done my duty and send will not give any further interviews or engage and the might be misconstruct any correspondence which properly belongs to research as writing and I intend to stick to that exclusion.

on of I ".urun" as on coada on of ole on of oreit you

choose world a see as follow a but he had a see a see

(04) I would like you to become more independent, acre ready to react to your own latent agint tunit acres sour os resources, and not to offer to any human being what you should give only to your divine soul. You may respect a man for his spiritual attainments but you should not worship him; that must be re-

the Overself.

dilineiss erom a doba bluede nov .vilente (IA)
blova .maiolisym ni celbuda ruov abrawot obudita
and emesson doum as that ealiser bas villubero
bas maiolisym to ledel ent rebut up meed
.mobalw to need and erent as maidless

(48) That I have set myself up as a Master, and am therefore responsible for the personal training of disciples, is a misconception. I have repeatedly disciples, is a misconception. I have repeatedly stated in the opening chapters of my books that I am only a student. Whatever little help has been given casually, and without any obligation to give more on my side, or any obligation of attachment on the other person's side it has only been a little friendly gesture made and when, possible. My time and energy are so

pre-occupied with my real work of research and writing that I could not undertake to give personal instruction, nor to living a social existence; however much I might went to.

I med of se preside to the could not control of the control of the

plans so far absed.
(44) I do not permit any neurotic teacher-worshipping nensense around me and always point out that
the best service to others is to bring them to

themselves.

on and the formation of smoot serious strong and individual methods to about a group, and I have always discouraged the formation of smoot a group, and the tomough individual methods of the company of

STANDARD REPLIES ---- STANDARD PARACRAPHS (46) I cannot do on the external plane what so many people might reasonably expect me to do, but be assured that according to your faith you will surely receive helpos Remember that the inner and mental here is the respicting patity a ma 1(88) of 47) Few That viduals are interested in the higher teachings. Consequently It kives he much bleasure Vista Tind your faterest in them is some keep To So you meed not hesi tate to send me your questions or hodoubts. If they are within my capacity, browhall gladly answer the former or clear the Tatter. [48] I am willing to give a little guidance inwardly and telepathically to those who seem it tremely limited way only, 02 Moreover, wich guidance sensis not as from a mister to a disciple, but as "Trom as Tellow's tudent, even though he may be a little more advanced. Mevertheless I do give some help by mans of inner telepathy... or rather, it is given by a higher power to which I myself have to turn. This is the most effectual kind of help, and all other kinds are intrinsically shadows. The work on the inner plane is infinitely more fruitful and permanent than any outer activity. out (51) Please understand that the attitude which I -nes have laid down in this letter is a general one which of make plear to others whenever the occasion arises, and to met set up for you alone.

[52] I receive so many letters that I cannot take

prompt or proper care of their answers. (53) The absence of proper secretarial heip has combined with an inner feeling that until this melo does appear a may rightly remain silent and leave letters unanswered. My correspondents may -requotulike this and may even regard me as rude, or mered to many patroons the few who have faith will accept merelsed and sattement of veleb and todable mes he for failure to answer correspondence.

ONARE REPLIES ---- STATES PARAGEREES on tank ensig Lauretne ent no ob tonn (S.R.)(84)

any people might reasonably expect me to do; but (55) I appreciated your letter greatly even though I could not find the time to acknowledge it.

(56) I am a writer of books, not of letters. That is one reason why I am such a bad correspondent. I write letters only when they are completely unavoidable. My correspondence has fallen into chaos. Only a secretary with experience and initiative could bring it back into good order. But I have not got one. That is a second reason.

(57) I do remember my friends but it is in my thoughts. not in my letters. They are wrong if they think I am too lazy to answer their letters, right if they think

I am too busy to do so. (58) People think I am inconsiderate or careless because

TOH B

WOZE

I put off writing answers -- or even acknowledgments -- to their letters.

(59) I am sorry. It is not my general policy to give introductions, as I am not organizing any group or society. If it is in their destiny, people will meet.

In any case it is important to realize that each one has an individual path. One must try to get his own feeling and self-growth through study of one's own character and analysis of past experiences. Discussion and comparisons are as apt to lead to confusion as to better knowledge.

(60) I hope you have understood that my long silence is merely due to pressure of work, and does not indicate t that I have not thought of you. On the contrary, I often remember your genial smiling face, and am most grateful for the services which you rendered to smooth

(61) I am really sorry that regular correspondence with individual s has become impossible for me. My time - oo is taken up in research and writing, while I am also constantly traveling. I would be happier if the situation were otherwise, so that I might be able to do more for you. However, I assure you of my good wishes for your To exec tereste to in inner welfare.

Do not believe that you are struggling alone. 62) I would suggest that in the search for the self it is necessary to develop not only emotion, but the im-To personal objectivity of reason and balance. Let these latter be also present in your analyses of your experiences, that you may draw the needed lessons from them. 101 63 I regret the delay in answering your letter due to heavy work and constant travel.

(S.R.) -st wor mame and address of a healer, which you re-(64) It was not possible for me to accept your kind invisiting at I expect to visit - hext summer (winter, etc) paoling happy to arrente studere Inco not a wal shall always be pleased to hear of the progress made by you am your group in the special kind of thought and practice with which you have identified yourself. (65) I am glad my books have been helpful to you and your friends. downt at ton of fulfiled it bailt tanking stire nov Althoughlit is a deviation from a long standing redepractice not to send photographs, I send one to you in the albal mutual ounderstanding that it is sent "in friendship". (66) I deeply apolegize for the long delay in replying to dorses eyour letters. . All this time it was almost impossible for Illy homento at tend to the hundreds of letters which were lying metto unanswered during my trevels through Burope and the U.S. - 1 Bowever; I am now able to do so, and hope you will forgive my long silence. I did not forget you. stood al promised you at the interview to send you the I do not know if it will be possible to visit ----5 (67) at 1 It is useless to seek a master unless sufficiently prepared. I suggest that you discontinue your practices of a psychic nature, which are phenomenon incidental to hathe search for true self-development. -handserros a Contimious and sincere work in self-study and self-observation, an objective analysis of your own ex-Tot aperiences pest and present in the light of your highest bas aparations, practice in meditation am an ever present -golevattitude of devotion and faith will open the possibility a by for that understanding and change which would bring you the teacher. larger knowledge. (68) I hope you will remember that it isnecessary to be guided in one's efforts by balance and reason. I suggest that you seek an interview with my friend-----who is very to aspiritually minded, and may be able to give you the advice

(69) It is possible that I shall pay a visit to your country again, but I do not know when-it is in the hands

you need.

of destiny.

(S.R.

(70) The name and address of a healer, which you requested, follows: -- Mr. -- charges no fee, but will accept voluntary contributions when they are offered. uring (71) I encourage no organizations or dlasses of students, nor do I engage in public lecturing. The work is entirely individual in so far as each must work on himself. The effort to resolve personal problems by the light of philosop sophic teachings and principles eventually draws forth latent resources of understanding and of strength. . Ilea 100 For the same reason I do not usually introduce one student to another. However, it is possible you might find it helpful to get in touch within arty (72) I know of no teacher in s. .. / I suggest you write out at of the Waxishan , in him you will reach a far greater . "person than myself, one who is renowned throughout India of Balyasea great Yogin and holy mystic logs vigesb I (88) 101 (714) Emotion is a strong and valuable factor in the search for the higher self. It must be guided by reason and will . a.u and practicality. External conditions, even though often (73) I hope your partial u merstanding of the books the dill give you the impetus to increase your efforts in work on the self, which alone can lead to ellarger under-(74) I would suggest that discrimination is of utmost viscosifi importance in the selection of a spiritual path and teacher. For this purpose one what apply all one's inof Istelligence, caution, and common sense, sinovag a to 195x Unfortunately. I have entered into retreat and retirement, and cannot undertake to carry on correspondself-observation, an objecti. slauniving of the sone on 1 and (75) It is true that one need not go to the Himmlyas for spiritual enlightenment, and thet one's surroundings and the demands of one's life are material for self-development and the inner search which opens the way toward a the teacher. larger knowledge. ed of Thowever, each has his own path, and here your own tas 330 need and desires are the best guide. ono at hebing The Inghan Consul would have the most dependable entries of information on residency in India and possibilities of you need. woy of it is yaq Ilads I to eldissog at iI (83) country sgain, but I do not know when-it is in the hands of destiny.

wildrawn down your at villages (S.R.) (76) Continue to read what is within your understanding, with a realization that each small advance in your own inner efforts will enable you to understand more in the I books, gum dud ambitum ob od dustomos don na I (88

(77) I shall be glad to enswer a single letter which may

be sent to my permanent mailing address.

(78) Thank you for your cod wishes, I am well off in health, and as regards life, peacefully resigned to circumstances. and ye have one more of to exam and

(72) I am not competent to give blessings, but I will

prey for the higher power to give you It's blessing.

(80) I am most grateful for your expression of loyalty although you know I always counsel the placing of your loyalty should be directed towards the Overself above everything and everyone also. fort all statement

(81) In any case, I do not assume the status of teacher.

but of fellow seeker ours I not seword to grad year

(82) I do not feel that being part of an organized group is the way. In any casa, I know of no organization that is giving out the particular teaching with which I have identified myself.

(83) Your loyalty to your guru was not shaken by your writing (to) me. My work is that of research and writing

and I do not assume the status of teacher.

(84) Ixpermental series of the circular which I have been sending out to students. I am not sending them out en masse but only enclosing them in letters as the opportunities offer. I want this clarification of my position as expressed therein to apply to everyone who approaches me without exception. Therefore, it must include you, too. Those who try to turn me into a Master are being

Platly told to refer to the prefatory pages of my books where I have plainly described myself as a fellow student.

and sometimes as a blundering student

(85) I feel sure you will go on in a continued and increasing search for your higher self, and for this, send you my upholding thoughts. The tota at will more naving good

(86) I do thank you for the bonor in being asked, and would be happier if the situation were otherwise.

(87) I strongly a prove of vegetarianism, and congratulate you and your society for being in the forefront of enlightened humanity in this matter.

(88) I am actually in very great sympathy with all efforts to emeliorate the unjustified discriminations cruelly practised against imposent people for racial, color, or religious reasons majaraben of nov eldana Iliu advotis rame! (89) I am not competent to do anything but pray, but this I will do for you in one of my periods of meditation. (90) I have never spoken over a radio station, nor have I ever done horoscopes. I should very uch appreciate your letting me know additional details of the talks over GTIC and if the name of Brunton was used by the speaker. (91) For additional reading I would suggest two books by

PETER OUSPENSKY, "Tertium Organism" and, "New Model of the Universe". Also, two works of Evelyn Underhill, "Practicel Mysticism" and "Mysticism".

(92) I do not k ow an explanation of cosmic rays in relation to religion. We wall probably have something about

this within a counte of years, specif of hisoda wileyof

(93) I appreciate the isolation of your position with ref erence to these studies. If you find yourself in need of further help or information I suggest you write to my friend MRS. NORAH BRIGGS-8 Lucad Road, Cambridge, England, who is very advanced in an understanding of my teachings, and As saver to help other housewives in your position. Mention my name as introduction.

(94) I am happy at all times to hear from you, even though I myself am a most infrequent correspondent because of the pressure on my time led to quieta and sames don ob I bas

(95) I really put her in touch with you because I thought she would be a kind of link between us and thus counteract my silence at ment anticolons vimo and seams me duo ment

(96)You ask me to release her for the purpose of psychical reunion with you. This is a misunderstanding on yourpart. I do not hold her or envene else under env sort of tie or obligation to me. She is perfectly free to do whatever she wishes we lo segar troisient and of refer of blod yland

(97) I have not set myself up as a "Master"-for I do not consider myself to be competent enough or worthy enough to be one, and conse wently I have not considered her or anyone else as my disciple. What ever herp has been given has been given casually, in a fri ndly way, and as a student in a higher grade might give another student in the grade next to his estatanto eran noli utia and il relevad ed basos

(98) I would consider it wrong and impertinent to interfere with her spiritual course or with her private life.

iteitened humanity in this matter.

(99) I cannot but feel that a person like yourself, who has

gone through such striking spiritual development in so short time must understand to t there are tests on this path

which have to be very warily negotiated.

(100) I fully agree with you about the necessity of the love of God, but I do not see shy it should come into conflict with the cultivation of Insight, Surely both are necessary. (101) I am glad that the Paul Brunton books have been a source of awakening in you a lore conscious striving toward the search for your inner-self-the unconscious striving of number since the, of Mill's the

(102) May I venture to say that it would not have been wrong wood to have defended PB even though you know he would not defend hinself. At least you both can testify of your own experience of your dealings with him, which is first hand knowledge as against the hearsy of tions who are not permitted to enter his life and who consequently accept ignorant gossip as gospel truth of standard and to what you call, "World

Made Plans" that is entirely her own affair and I do not know bas what they are and could not attempt to influence her to my - make or change them. She has alwas been free in such matters

and makes her own discissions

(104) I remember always with pleasure the services you rendered me and wish only to t I could have done something more for you than the pressure of time allowed. Your earn-. The estness and aspiration are much appreciated.

(105) You ask if you can learn to contact me inwardly. Byidently you refer to conscious contact for you are already - connected on the inner planes so far as I am concerned. (106) The work in psychoenalysis and psychiatry and its relation to the kind of teaching enressed in my book becomes increasingly more important each year.

(107) I shall always be pleased to hear of the progress made by you and your group in the special kind of thought and

practice with which you have identified yourself.

(106) I deeply apologize for the long delay in replying to your three letters. All this time it was almost impossible for me to attend to the hundreds of letters which were lying unanswered during my travels through Europe and the U.S. However, I am now able to do so, and hope you will for give and samy long silence. I did not forget you.

(109) I understood when I met you that you were an earnest - seeker after spiritual light, and I received you as such, Whatever could be done to give you the spiritual help was done through the Silence. That is more important and more seful in the end than even writing letters.

(110) I encourage no organizations or classes of students, nor do I engage in public lacturing. The work is entire individual in se far as each must work on himself. For the same reason I wanting do not usually introduce one student to another been and mode nov ditte serge vilet I (001) . (111) I have kept no diary, and cannot remember the exact date of the night spent in the Pyramids, However, if my personal age in relation to these occurrences would be helpful by first illumination was at the age of minateen years. the second when I was about twenty-three and a half or twenty-four. I I have had a number since the, of which the last occurred this morning, December 11, 49, vol (801) (112) My considered juigement is that this is the best book you have so far produced. It surpasses your earlier ones in literary style and intellectual content. It shows more of the quality of authentic inspiration and whilst keeping within the grasp of the many for whom you have written it, nevertheless brings them nearer the ultimate point of view. Perhaps a chapter upon that the spiritual life can seen to a civilization the the throes of crisis would be appropriate. There is an error in your reference (page 57) to Bhudda and the Bhagavad Gita, the name should be Krishna. I find nothing else that needs changing. The question of Jesus status can be privately discussed. (113) I understand and sympathize with what you have written in your letter. I believe that in this inner crisis through which you are passing you are being led by your higher self. Have the courage to follow his urge, no matter that you cannot see your way more clearly. I refer now videnish (114) For some time now, my work has been only that of re-search and writing, and I have no pupils anywhere. In any case, I do not assume the status of teacher, but of fellow increasingly more important each year. seeker. (115) Your protest about neglecting you is one that I hear from many other friends. As the pressure on my time is just as heavy here as it is elsewhere what with my research work, writing, and attending to the details of physical plane living, there is little time or energy left for correspondence, whilst the difficulties of managing my time and energy still remain the same forms alevers va gainsh becomement and (116) You ought to know by now that I do not consider that the external communications from me are so important as the mental ones. That is where you and I really meet-in the inner world of contemplation. And there, you are not neglected, I assure you by evin of anob ed alugo rever all . breddel guiding move muit bue and al large

(S.R.)

(117) I cannot help it if the limits imposed on me by personal Karma prevented my seeing you again for years. I have to struggle with my own personal difficulties and do the best for others within their scope.

(118) You will ever be regarded as spiritually linked with me, and you will ever receive my prayers on your behalf and my peaceful thoughts in meditation. This remains true, eve

if you receive no letters from me.

(119) My silence does not mean that I did not think of you. On the contrary, I remember our conversations and meditatio (s) a number of tiles, as you may have felt. There are so few people whom I meet in my travels who have reached a high spiritual degree that it was natural that the remembrance of you should stand out vividly in my memory. It was also because I feel that we are telepathically connected that I did not feel so strongly the need of physical plane communication.

(120) Please do not let my silence prevent you from writing to me as often as you wish as I shall always enswer you mentally at least and your letters will always be welcome. (121) The sources from which you have drawn your ideas are admirable. They are familiar to me, but I long ago felt it was not practicable to make use of them in my work.

(122) It has been a necessary rule not to avail myself of the hospitality of friends while on my

travels.

(117) I cannot help it if the listic imposed on me by per-I satesy not misse now gates ya bedrevers small Icanos has saldingifile lamoring men out office all the control of even

.eques ried ability exents wol Jaed add ob dis bedrif vilatings as beinger od nove like mor (Sit)

me, and you will ever receive my propers on your behalf and eve percer of the meditation of the termination of

es nort smedal on sylepar may it

moy to sinked don hib I duit them you sook somalie vil (RII) On the contrary, I remember our conversations and meditation (a) a number of the say as you say here are so

for people whom I meet in my virtuels who have reached a diemer ent faut Landon and il d'aid corget Lauthrine dein rance of you should stand out vivially in up namory, It was beforemos vilsalifaquiot um es fait lest I semand cale that I did not feel so strongly the need of physical plant

commication.

(120) Please do not let by silence prevent you from unities not rewarm over la limia I am dain nov an motio as em ou montally at least and your letters will always be meleone (131) The sources from wideh you have drawn your ideas are admirable,. They are familiar to me, but I long ago felt it was not practicable to make use of them in my work.

(122) It has been a necessary rule not to avail myself of the inspitality of friends wille on my

travels.

ECRETARY) (1) All the different cross pencils take the same thickness 1) of lead, only difference is in lengths. II (1) adbard beviso (2) Secretarial Problem: Solution is to have permanent one it always available but not continuously present with me nor bus regularly. 9 to 8 office hours Instead I phone 9em dealy (81) to say what time to come, or if not in the mood, not to come " at all.

(3) Seldom receives outsiders until lunch or later a latil to (4) Firm New Rule: Interviewing nacomers over phone, cut down phone talks to absolutely essential met ers then sign to off, to one minute is enough. vil losgs at aid . sidalisva (5) Inauguarate without delay, the colored paper pad mystem. Red, - Urgent memo. Grey, - Later & p reonal memo, Thite s (6) Nord "gum" is not used and not understood in Warsay, jos "mucilage".
(7) Reserve Buldey pencils like Eversharp for indoor desk uses and the thin cross pencils for outside and travel use. or (DS) (8) Techinal trade name "Slip-on" Ringbook label Holder we work (With plastic windows) (With plastic windows)
(9) ince flurescent light is hermful, the best substitue is the type of ordinary lamp which has a filter to remove glare.

To avoid use of Special opague envelopes which are hard to get and costly, purchase all future stationery on Grey paper -no more white.

Stron Indon of

(11) (RB 15) I discovered that by flurescent lighting I could 3) read . magazine without spectacles whereas by ordinary buths so I could not. Memo-use fluorescentxdexkxexclusively for ( ) desk work and bed reading.
(12) Note Cecil B. de Mille's way of folding letters before end inserting in envelopes-leave I' margin at top of al lioned

(13) Fountain Pen: AURORA, Italian, is almost the perfect pen, only it is made in one color, black-perhaps by next year it as will be in oth r colors-giltcap or silver cap. (di)

(14) In UK & UTA make exhaustive research for transperent barrell slip or cap hooded point fountain pen. If none, then on next Italy visit buy an Aurora 88 (Service is Probl m) an July of

(15) The brown French "Mallat" pen is too large for pocket use, except where a very long session of writing is desired. So it chould be used meinly as an office or desk pen. "

(16) The Parker "21" then is suitable for pocket use-none of my oth r pens are.

(27) For wipings of pen after filling with ink, use toilet

trot m pegas, and sittle it under the flexible r

paper.

(17) Indian Made Desk Eversharp Fountain pen tand, with little carved Buddha: (1) If the ball mount works loose, it can be (g) tightened by useing screw-driver thru the red rubber underbase and tightening serew head in center of bottom. (18) Investigate ide. of using sudogram to dictate sholeof N. moo B. First, brief dreft instead of cutting and pasting paras. Latter can be read and dictated along with the new (x) or final skeletal matter. Audograph can be used continuously and daily even the I have no typest for disce can accumulate for several months and be transcribed latter when typing is available. This is specially for literary paras. (19) The nimeo circulars will be used chiefly for those who write in 2nd time, never for strangers. (19) The multipunch horizontal lines on base indicate the exact center of punch h les co responding to them. engraved (a) (b) The Base plate of the Multipunch is removable so that the paper-scrap canbe ejected out of the machine. paper-scrap campe ejected out of the machine.
(20) Order promotes the formation of good habits, and the more we turn over to hebit, the more shall we be free to exercise the higher faculties .-- Frank D. S. Lisbury--(21) The pelest ink is better than the most retentive memoryencient Chinese provero. Colla quel (22 RB 15 Dictation of Replies Find with: 1) Letter paper number. (2) dinvelope number (3) Which of my addresses to use (4) Spelling of all proper names.
(23) PUBLIC TELEPHONE US: remove the saix receiver before depositing coin. (24) CROSS SENIOR PACIL: To extend point of Land refill, do a not hold the first section of metal case at tip. Instead hold the second section and then turn the cap. The Cross Baby pencil is the only exception to this rule. (2) Fit only No. 2 lead refills, all other sizes are too thick and jam the mechaniam. (3) Fress lightly when using to avoid breaking lead. (25) Press lightly then using cross Mechanical encils. (26) The printing of ADDRES ED stationery has a major error. It lead to wastege, suberfluos filing and loss of money. Henceforth, print neme only letterheads. (27) Correct Marginal for Legal Theets: Spacing on these side, 3" bottom to sollio as top, lim LEFT side, lim Pight (28) Refills for No. 1223 Note ad: A standard 4" x 6" 100 lage scratch pad fits this unit-available almost anywhere Due to the varying thickness of paper, if the pad will not fit tear first & pages, and slide it under the flexible m le metal holder

SECRETARIAL

into a few words and why they must be so short.

(54) Successful Men Delegate Their Responsibility foothers:
....And many of them apply this practice to their personal affairs. I need a competent secretary to take the strain of correspondence off me, in other words, to leave me free to work on policy, and to relieve me of the burdens of detail.

IIt is wisdom to let competent subordinates manage as

much my affairs and work as possible.

(SECRETAR IAL)

( ) The literary secretary should overhaul the whole of the literary paragraphs in Ringbinders, correcting the grammer of my Occidental typists and the spelling of my Ori ental typists. He should take the opportunity to improve the too, if possible.

( ) He should play the role of buffer against the in ions, enroachments and demands of the outside world, the of corresponding secretary, able to deal with all mail on I own initiative. With the time and strength he saves me, I could create literary works that will reach and serve thou ands of people where interview a nd letters reach and serve only few persons, I could renew in hours of contemplation that act with the deeper sources of insparation and enlightment for such service.

into a few words and why block must be so short.

(54) Paceagard Men Del nosts Thate Responsibility Menistrant ... And many of them apply this practice to these possess affairs. I meed a competent secretary to take the strain ocurrespondence off me, in other words, to leave me if the competent of the burdons of outlil.

If is wisdom to let competent assessinates as constant as a second of the second of the second of the competent as a second of the secon

much oy affairs and work as pessible.

(SHOLLEY LEET

the literary paragraphs in Ringbinders, correcting the wholes the literary paragraphs in Ringbinders, correcting the grid mer of my Occidental typists and the spelling of my Or typists. He should take the opportunity to improve the exit too. If possible.

t end tentage re but to elem and alq blueds eH ( )

tons, enroschments and commands of the outside world, it

of corresponding secretar, able to deal with all nail out

own initiative. With the time and strength he saves se, it

could evente literary works that will reach and serve the

ands of people where interview and letters reach and ser

only few persons, I could renew in houre of contemplation

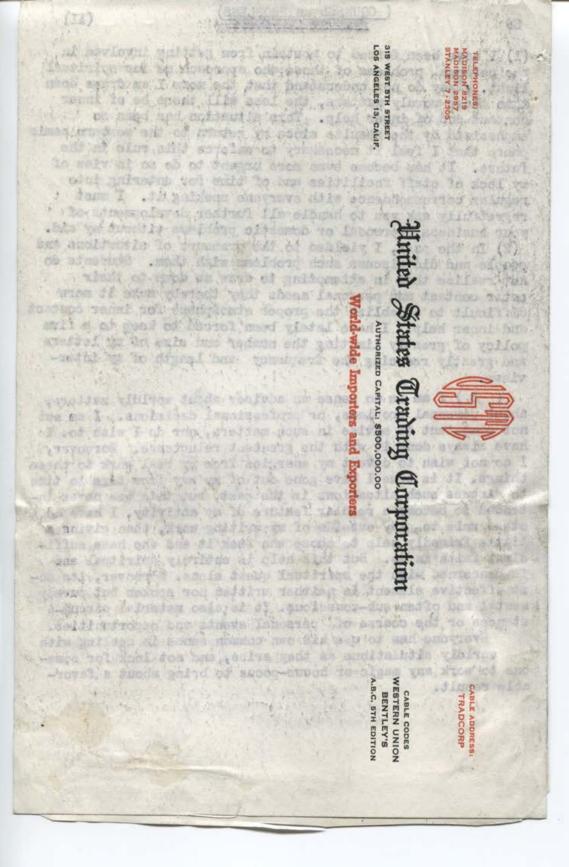
that hat hat the desper sources of inspersition and end!

- (1) I have been forced to abstain from getting involved in the personal problems of those who approach me for spiritual light. They do not understand that the more I am drawn down into these wordly matters, the less will there be of inner contact and of inner help. This situation has been so emphasized by the results since my return to the western hemis phere that I feel it necessary to enforce this rule in the future. It has become even more urgent to do so in view of my lack of staff facilities and of time for entering into regular correspondence with everyone seeking it. I must regretfully ask you to handle all further developments of your business, personal or domestic problems without my aid.

  (2) In the past, I yielded to the pressure of situations and
  - (2) In the past, I yielded to the pressure of situations and people and did discuss such problems with them. Students do not realize that in attempting to draw me down to their outer contact and personal needs they thereby make it more difficult to establish the proper atmosphere for inner contact and inner help. I have lately been forced to keep to a firm policy of greatly limiting the number and size of my letters and greatly reducing the frequency and length of my interviews.
  - (3) I am in no sense an advisor about worldly matters, about personal problems, or professional decisions. I am not not competent to advise in such matters, nor do I wish to. I have always done it with the greatest reluctance. Moreover, I do not wish to divert my energies from my real work to these things. It is true I have gone out of my way from time to time to discuss such situations in the past, but this was never in-

terded to become a regular feature of my activity. I have no coher role to play outside of my writing work, than giving a little friendly help to those who seek prairies it and who have sufficient faith in me. But this help is entirely spiritual and is concerned with the spiritual quest alone. Moreover, its most effective element is neither written nor spoken but purely mental and often subconscious. It is also

incorrect to believe that I possess so much power to ini fluence material circumstances or the course of personal
events and opportunities. Everyone has to use his own common
sense in dealing with worldly situations as they arise, and
not look for someone to work any magic or hocus-pocus to
bring about a favorable result.



I hope you will not mind my being so candid. For the more you will understand and act on this, the easier will it be for you to receive such spiritual help and not obstruct it. Finally, there is, of course, no need to say again that I have I have not set myself up as anyone's spiritual Master.

I hope you will not mind my being so candid. For the more you will understand and act on this, the easier will it be for you to receive such spiritual help and not obstruct it. Finally, there is, of course, no need to say again that I have I have not set myeelf up as anyone's spiritual Master.

(1) But although Iam unwilling to accept disciples, if you think that a single brief chat over your problems might be helpful to you, I shall be pleased to see you at a mutually

convenient time. (2) Standard Reply. "Thank you for doing me the honour of asking for instruction in metaphysics but as I am only a student myself, it would be presumptuous to set up as a teacher."

(5) Standard Reply to Acceptable Tuition Requests. Before I can deal with your request it will be necessary for you to follow the usual procedure and send me a brief summary of your personal history (1) external and worldly (2) internal and spiritual. This will of course be regarded as strictly confidential.

(4) I regret that I cannot give you the advice you require. My business is with teaching general principles, not with

their personal or particular applications.

(5) There are no lectures of mine which you could attend. I do not engage in public teaching as I consider spiritual development an individual rather than a group affair. Nevertheless I would be pleased to give you a personal inter-

view when you could have my best advice.

(6) My time being extremely limited, I cannot accept any students who have not yet reached a degree where they can

dispense with elementary tuition.

(7) I do not know of, and therefore cannot recommend you to, any teaching institution wh ch is competent altruistic and properly conducted. If you cannot find externally the guidance you desire, it will be safer to keep to your own path. Help is available in deep-felt prayer, in moral selfimprovement and in inspired books.

(8) I promise to give you a little help, but this promise is made without any obligations on either side. Its redemption does not depend on further personal meetings with you. for the mental world has its own powers and inner realities. Nevertheless I may be able to offer a further interview later, should the pressure on my time permit and should

(9) It is very kind of you to honor me with the request for

instruction. I do not however ordinarily accept personal pupils as I do not set myself up to be a public teacher but

ACTUAL ROY SPECIAL in moy li , amicipalb tomops of audiffrance the ad John Breitiang Trees were dade to PAT a M he plequed to see you at a tutually To tenned out the tennet of a vice at I as the activeness the set and our mental character of

I o'there, or element out but a released as are of not the wishinger as 175 to treeped repy 2d versions Aspen a ser may been extraoring Lamaint (3) challens and Lamains (1) is a plining of the cheese of borden to Link

orthography and the series to the series of the series and the series and the series and the series and the series are series are series are series and the series are series are

stores of the water you could butted.

Landition believed I consider afth

AUTHORIZED CAPITAL: \$500,000.00



never inter total a man thater Inches -potul tarneyer a proy only of bassale in .ealyon read an over maly limited, I cannot delight stor t received a degree where they am of con the composite the composite of the contract of the composite of the contract of the con men they of the cor to ten and little the deep of the bridge of the same

bloody but there well though w a feet an a feet and the second of the second o

diedis applications.

little belg, but this profits blightene or sider blue. so the deleast on the companied and the selection of the

verys third of you to honor as with the request for 23 年代,由村内的大学工作的 BENTLEY'S
LB.C. 5TH EDITIO

only one sharing his ideas and discoveries with fellow students. I have already said something about this point in my latest book "The Wisdom of the Overself" pages 424-425.

(10) You must recognize that I am continually receiving requests similar to your own and that I can ill spare the time from my researches meditations and writing to enter into regular correspondence with all those who have addressed me. However because I wish to be helpful I could try to answer all your questions and give you the best possible advice at a single interview. This would be the most effective way of helping you.

(11) I make it a rule not to answer such requests before a certain period has passed. The length of this period may be anything from a few months to several years. I determine it by looking into the candidate's soul and estimating how long it will be before his mind will be quite clear on the matter and how soon he will reach a settled conviction, whether fa-

vourable or unfavourable, about it.

(12) It is safer to rely on yourself then to entrust your inner life to an external teacher. Your own higher self will give you all the guidance and assistance that you need, provided that you have sufficient faith in its existence. I would, therefore, suggest that you give up the desire to find a human teacher and keep away from groups, cults and sects. You can get safer guidance and instruction from books. Some very fine works have been written by the philosophers and mystics of all ages. Greek, Roman, Indiam and European. These writings may bring into your life a little emotional inspiration, intellectual guidance and power of will to help you struggle more successfully through the long unavoidable years of endeavour and they can to that extent act the part of a teacher and guide. Thus, as an independent student taking my own books also as your part teacher, you may get a little indirect help from me to compensate the fact that I do not accept disciples. For I am not in a position to give personal guidance to students. Nevertheless I shall try to

answer by mail any further questions that may arise out

of your study of my books.

(13) I do not ordinarily accept personal pupils. This is

not my own wish. I cannot go outside an oppresively limited 4

S WEST STH 

Secarable away also spent the state spinsten move con alleger atel of got blues I lengthed by he wish I despend the wines. I he

on I said that and almost and at my my take Josephan all I The well of hald leon a of the ma I and . and leads design were by you Links I had showed . Specially of checking Links in

The sales and the best took be the test the time and a country of

edulation they gill and gilly our and their way.

a croiled atmanger soul telepre in Fig. in ed was hearen what to At the Berried and be the delivered I come Income at unlang areal wood, and frientles has fore at a Nisa Sall widows add had months to their ad Ithe body. and militaria analysis and Sastifut in about

State design the est mail limburgers of the The thought are wich . none and intracted lamed their field sunstained the south the . sometales of it of which the tolling built by by proper with op letter bert dear sab teams, should network, and the and updays, men's . Model agar university, fine para "The area validate out it was fee one Greek, Rome, Letten ods Barocen. Denotton aftill a still more one and

to a charity interview. This south to the most effect-

of the state of th

(13) I do not gor annula escape her boat mighte. CABLE CODES
WESTERN UNION
BENTLEY'S
A.B.C. 5TH EDITION

SLE ADDRESS

pr your analy of hy body, ....

personal karms, so I have todo what I can within it. Hence I regret to answer you negatively. But I am always pleased to give a little help occasionally without obligation on either side and as or when my time permits, to those who study my books:

(Alternative form of ending): but I am always pleased to answer questions arising out of the study of these books.

(14) A matter of such importance cannot be adequately discussed within the limitations of wartime correspondence and certainly can only be settled after personal conversation.

(15) I do not undertake to play the part of a personal

teacher. The help I give is of a general kind.

(16) There is nothing to prevent you taking any revered person as a master, even though a physical meeting between both seems impossible or is unrealizable, or even when no disciples are formally accepted and no mastership openly admitted. For the whole relationship <u>must</u> become an internal one if it is to be a genuine one.

(17) I do not undertake to give personal instruction. Nevertheless, to help those who earnestly follow the teaching to

deal with problems arising out of its study and practice, a small journal will probably be started within a year or two after the cessation of hostilities. It would be conducted under my personal editorship. If you would be interested in such a journal, please write me again about that time.

(18) With reference to your request for guidance in the practice of yoga, I am sorry that I do not set myself up as a teacher of this subject and do not consider myself competent

to accept students.

(19) It is very kind of you to honour me with this request, but I do not set myself up to be a teacher. I am merely sharing ideas and discoveries with fellow students.

(20) I do not set myself up as a public teacher and therefore cannot formally accept personal students. But the sincerity and earnestness which inspire your approach are appreciated. I would be very pleased to provide some assistance in your mys-

tical and philosophical studies. When I am free to return to America, I shall be pleased to give you a single interview, should you desire it, to answer your questions and offer some

(nelative etg coppake) to the set of the second of the Labour sould be not be to see the second to the second of because wear one I for a (to bee to be over the cold of the cold) colored and the patternal of the the colored of their species. -ull the moons of Johnso compront don't but employed agreed equitar to another that the thinking de de la company de la la company de la comp en de la company differ to provent you taking any reversely no and the bettern both as depend on the contract both as determined by the contract better both as the contract better by the contract by the cont wood of the unreviled to even when he discipled will be a stated for the state of t PER STATE des to give personal instruction. Heverof anthores oil eallow thannes one estimate care of the dudy and proches. out to they a widin being a control beliation of himself . setailing of being the could be interested in To var request for guidance in the prac-(19) It is ver that of you to homen me with this request, but, I on not extend up to be a testing. I am seriely distribution with fellow students.
(19) I on not be try told up as a public testing and therefore. and energy of a de distance of the total design Joseph Jos pilmonia and Juli . atmostred frages vilentel femonia and esthesian entitle landing your approach are accurately. are root at application adds ablied to bedde for your of bloom I tical and childrend in I mill . Solbard Labinoscolic bas fact to America, I will be blocked to give you a sirele interview, CABLE ADDRESS:
TRADCORP

CABLE CODES
WESTERN UNION
BENTLEY'S
A.B.C. 5TH EDITION advice about further progress.

(21) I appreciate the trust in me you display and thank you for it. But destiny has allotted me the function only of a messenger, not teacher. I am not in a position to ins-

truct personal students. You must therefore excuse me. (22) Whilst sympathizing with your desire to make spiritual progress and congratulating you upon having taken to this path, I regret that my personal situation precludes my undertaking to give personal guidance to aspirats. However if you wish to write me occasionally, I would try to answer any questions arising out of the study of my books and perhaps sometimes to make suggestions for your further advancement.

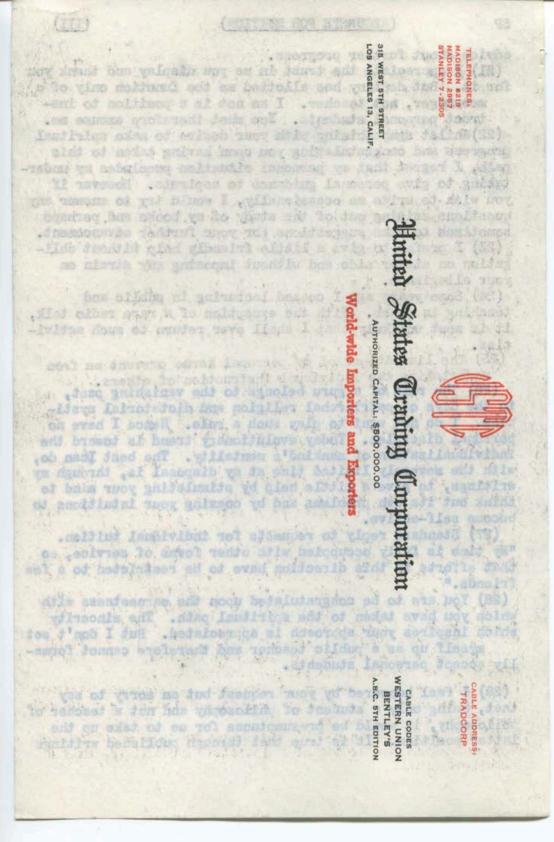
(25) I prefer to give a little friendly help without obligation on either side and without imposing any strain on

your allegiance.

(24) Some years ago I ceased lecturing in public and teaching in class. With the exception of a rare radio talk, it is most unlikely that I shall ever return to such activities.

(25) The limitations of my personal karma prevent me from undertaking the individual instruction of others.

- (26) The role of a guru belongs to the vanishing past, to the days of patriarchal religion and dictatorial mysticism. I do not want to play such a role. Hence I have no personal disciples. Today evolutionary trend is toward the individualization of mankind's mentality. The best I/can do, with the zeverely limited time at my disposal is, through my writings, to give a little help by stimulating your mind to think out its own problems and by coaxing your intuitions to become self-active.
- (27) Standard reply to requests for individual tuition.
  "My time is fully occuppied with other forms of service, so that efforts in this direction have to be restricted to a few friends."
- (28) You are to be congratulated upon the earnestness with which you have taken to the spiritual path. The sincerity which inspires your approach is appreciated. But I don't set myself up as a public teacher and therefore cannot formally accept personal students.
- (29) I feel honoured by your request but am sorry to say that, being only a student of philosophy and not a teacher of philosophy, it would be presumptuous for me to take up the latter position. It is true that through published writings



correspondence and occasional interviews I do try to share with fellow students the results of my own studies, reflections and experiences, but this does not entitle me to claim

a higher status.

- (30) My old friend X... is qualified to help you along the meditational aspect of the path although not along its metaphysical or practical aspects; but as this is a very important one perhaps you would find it useful to get into touch with him.
- (31) I do not know anyone who acts as a teacher and holds the same ideas as myself. So I am sorry I can't help you in this matter. Nor do I accept personal students myself, as my time is heavily occupied with other work.
- ( 52) You ask about a teacher and it is helpful to have one but I know of none to recommend. You can advance quite enough, however, by self study, prayer and meditation. Try to get in touch with the higher self within—prayer for its guidance should yield much help.

(33) You ask too about a school or college offering a course in this philosophy. There is none, and no teacher whom I can recommend, You will find, however, that you can advance quite enough through self-study, prayer and meditation. Persistent prayer for the guidance of the higher self within should yield some help.

( 34) You ask also about a course of study, but to my knowledge no formal, prepared one exists in this field. How-

ever, a suggested Reading List is enclosed.

(35) I do not set myself up as a kerrher public teacher and consequently do not give personal instruction to anyone. But I recognise the earnestness of your interest and the good possibilities you have of successfully developing a spiritual life and therefore will be pleased to answer your questions. (36) It is kind of you to use the word MASTER but perhaps you know that I do not claim such an exalted status. Please regard me as a fellow pilgrim and I shall be happier. Your

truest and best guide is your own soul. Have more faith in its ever-present reality and power to lead you. Don't

regard it as something remote and inaccessible.

( 37) Although I do not accept students for personal instruction, I am willing to give you a little friendly help without obligation on either side.

( 38) My usual answer to all such requests is a negative one. I do not claim the status of a spiritual guide, being only a

student myself.

( CONTROL FOR TOTAL STATE OF THE STATE OF TH . goods were glad at politicap at ... I back to be of (66) and and the deposit of the pasts altered and along the last to the offer to a fulner of half bloom way, sending one destroyed toron with him. they reduced a no bilty out on order on Y for our T tief and the wint with the comment of the tello dile ber mos gilve and averior islicted at the hom vertered en edito consent and upl . Commones & et yr! . mcliation out tevere . willia AUTHORIZED CAPITAL: \$500,000.00 all and appears within the the weetle CLAR COLUMN There it money on the Seedler . ney took pres man, had like not-bee -best but tweeter schools than deternit en reparation the filldends of the civing "Action smou bis sound on course of study, but to us bares -woll bleft will at adults and ben det Y Labelo loted whether the The notes to the same as well to tescher and commeddently of any clye part instruction to agrees. But because the decrees the participant array of the saleston I adolfstand and later of bears of life or Borods one strike some of the sound of the later of the satel'i swinte berings as able tog to I test work aby report well and of firms to been about he wollen to de bu bresser al dilat wice eval . Live two twoy, if whitey feed him factrid its ever-present reallty and object to lead you. Don't CABLE ADDRESS:
TRADCORP

CABLE CODES
WESTERN UNION
BENTLEY'S
A.B.C. 5TH EDITION ( 59) But I give no lectures and hold no classes but devote my time to research, meditation, writing and occasional interviews. Although I have withdrawn from all work of giving personal instructions, still I will always wish you advancement in property of the state of the stat

vancement in your s piritual welfare.

(40) There is great pressure on my time and it may not always be possible to give further interviews as I am so occupied with work. This however need not matte so much as it seems to do for after the first physical plane meeting it is always possible for any aspirant to obtain and maintain spiritual contact by purely mental means. With the right attitude of faith, sympathy and remembrance the door is opened and the response to this attitude is more or less automatic.

(41) Please do not expect anything of the nature of a master-disciple relationship. I cannot enter into such an arrangement and do not do so, but apart from that I shall be very pleased to give you a little help without obligation on either side.

(42) I have not yet offered myself to the world as a teacher. I am still only a fellow-pilgrim. However it would be false modesty to say that the Overself was only a concept to me. On the contrary, it is a living essence, a beautiful reality and

a perfect compensation for the several renunciations I have made of what the world holds dear. Nevertheless I have not attained its full realisation nor gained a full vision of the truth. That is why, I have to reply negatively. So alease feel that you may be as frank with me as I am with you. Ill I desire, so ar as you are concerned, is that you shall some nearer to awareness of your own higher self. Anything and anyone who helps you to achieve this will gratify me as well as you.

43) I am sorry that your interview with me did not prove to be what you expected and one explanation may be that you take to find a person in the outer world who is in a position to give you what you expect. I myself, as I told you, am preluded by my personal karma from giving that personal attention which most aspirants think they need externally. Anyway tast out all pessimistic and dark thoughts because they are unjustified.

(83) But I give no lectures and hold no classes but devote my time to research, meditation, writing and occasional interviews. Although I have withdrawn from all work of giving personal instructions, still I will always wish you advancement in your s piritual welfere.

(40) There is great pressure on my time and it may not always be possible to give further interviews as I am so occupied with work. This however need not matte so much as it seems to do for after the first physical plane meeting it is always possible for any aspirant to obtain and maintain spiritual contect by purely mental means. With the right attitude of faith, sympathy and remembrance the door is opened and the response to this attitude is more or less automatic.

(41) Please do not expect snything of the nature of a master-disciple relationship. I cannot enter into such an arrangement and do not do so, but spart from that I shall be very pleased to give you s little help without obligation on either side.

(42) I have not yet offered myself to the world as a teacher.

I am still only a fellow-pilgrim. However it would be felse modesty to may that the Overself was only a concept to me. On the contrary, it is a living essence, a beautiful reality and

a perfect compensation for the several renunciations I have made of what the world holds dear. Nevertheless I have not attained its full realisation nor gained a full vision of the truth. That is why, I have to reply negatively. So lease feel that you may be as frank with me as I am with you. Il I desire, so ar as you are concerned, is that you shall some nearer to awareness of your own higher self. Anything and anyone who helps you to achieve this will gratify me as well as you.

(43) I am sorry that your interview with me did not prove to be what you expected and one explanation may be that you save to find a person in the outer world who is in a position o give you what you expect. I myself, as I told you, am preluded by my personal karms from giving that personal attentation which most aspirants think they need externally. Anyway cast out all pessimistic and dark thoughts because they are

unjustified.

(1) My excuse for being so remiss in writing to you must be that...

(2) There is this chance for a hurried letter to you so I

gladly take it.

(5) It is nearly a year since we crossed mail and I intensely dislike the thought ofletting it grow still longer. Some of my friends lament their not getting more than an annual letter but they might not do so, if they could read what I received the other day from Dr. Theodore Pease, who praises his own patience and asks for his regular decennial letter from me!

(4) It seems wonderful to find that what I have so often thought of is now materializing, that I am actually sitting

down to write you, in fact

(5) Although our correspondence seems to have lapsed, I would like you to know that, on my side, it has never really but apparently done so. I have thought of you too often to forget you. But I have been particularly busy this past year.

(6) Forgive me for the many months which has passed since I

previously wrote you.

(7) With the help of the U. S. The Post Office and my own lazy typewriter, I shall now narrate something about my

recent movements labours and contacts.

(8) All the world knows by now that I am not a prolific letter-writer and that a missive about every two years is a fair average batting on my side. So I hope your expectations were commensurate with this knowledge.

(9) Writing for several hours every day to satisfy the little sprite inside my brain, uses up nearly all my capacity and energy in this line, leaving next to none for writing

private letters.

(10) Having tapped at the typewriter for so many hours all day on general work that is eventually to feed thousands of minds, I can hardly bring my tired fingers to it again on the further work of individual correspondence. But I simply cannot keep you waiting any longer and so if this letter gives

the impression of being dashed off in a deuced hurry, you

will understand - and forgive.

(11) My body has often gone into a non-functional state recently, the deuced thing does seem to want tosay farewell.

Lecentri, the denome total come total a dust is delegated to (II) MADISON 8219 MADISON 2957 STANLEY 7-2305

Dangto an

y da on an chine each of the property of the chine of the

CABLE CODES
CABLE CODES
WESTERN UNION
BENTLEY'S
A.B.C. STH EDITION

the pair area nativey ton alady themel something in to send hear blues will li to ob don Mile and Mile maylal read

redeling the steen der these by Theodor Banco, who Diffusions This are ald polyalis him absenter thought amaking

. Jool of Instead

The training said

at pass samplinger to have died

- intendity didite the the wind offer on it as well longer.

- their principles of the act to white
- the your that I have been hear thought
- we late the properties. I sail I would be . at all top but a water at all prisoners this let
- Turne swiftle a Jack Sharps belt (4) ed . obta va no pilotka oppose viloz.

  sobolesos, diri sire et tratamente e se
  e tura a turi foreses, sol paidire (c)
- the porte property of the property and seeling to this time, leaves and william where bon
- 68 wol extinue w adorts Somet solves the on sendent store benders no red

Author work of salividual correspondent. carries long you latitle and long a ten to it late letter grant course not writing bequeby digit into detiring a find the not beautiful to

. will and the best from the live.

. A to by the series and adverted

White and Committee of the State of I seemed

However I have collected together enough strength to write you this letter, which I have wanted so much to do for many months.

(12) Your letter should have been answered months ago but the formidable pressure of matters other than correspondence was simply terrifying.

(13) I am getting old and tired and can't write as often as

I did in the past.

(14) It was such a delight to recognize your handwriting on the envelope.

(15) It is so good of you to have written me your apprecia-

tive feelings about the books.

(16) I wanted to answer you long before but I was always hoping to have the leisure to do it adequately. Such leisure he's not been forthcoming, so I will wait no longer.

(17) Your letter came in after a three-months' journey.

(18) Your letter has interested me.

(19) For better or worse, I am too completely possessed by mystical researches in meditation and consequent note-making, to be of any service to those who expect letters from me.

(20) Our correspondence can never die out (although it may have long protracted intervals of suspended existence);

we are too deeply bonded in friendship for that.

(21) Your letter is the kind that I am always glad to read.

(22) You ask me to explain the statement in my book - -

(25) It is today the anniversary of our first meeting. Most of my years since then have been spent in exile.

(24) My capacity as a letter-writer gets feebler and feebler, what with decreasing time, increasing work and recurring

sickness. However I know you will forgive.

(25) It is a poor kind of letter I can write during the war, as I suffer from all kinds of inhibitions at the mere reminder of censorship. Privacy just now seems to me almost a sacred thing but it can't be got.

(26) Your letter was theone welcome thing in a cheerless day

of tropical sickness.

(27) I have changed my overseas mail address, so please note the new one.

Never use the following with friends; it is too cold and

MADISON 8219 MADISON 2957 STANLEY 7-2305 TELEPHONES:

5 Dan cust

AUTHORIZED CAPITAL: \$500,000.00

, sacrais Lini

LOS ANGELES 13, CALIF.

Importers and I

WESTERN UNION CABLE CODES

CABLE ADDRESS: TRADCORP

A.B.C. STH EDITION

THE THE THREE TOTAL STREET STREET

THREE TOTAL STREET STREET STREET

THREE TOTAL STREET STREET

THREE TOTAL STREET STREET

THREE TOTAL STREET STREET STREET

THREE TOTAL STREET STREET

THREE TOTAL STREET STREET STREET

THREE TOTAL STREET STREET STREET STREET STREET

THREE TOTAL STREET STREET STREET STREET STREET

THREE TOTAL STREET STRE

frechant solv egistionstruit

Little Tex Spent on

. safeby with they bedder.

whise withing will aveil

I as a barre of the state of the state of amen toright.

o the color Physical defoucers, d

Our district conducted

DOWNERS AND LEVERON

bery winds want

end, the whole stay than the high

read and matters rund! research parameter in I (vs.)

soon wen and afon

Mi hamban Lind coil

Tong All Plometon

formal: "Your letter dated -- has been received."
(28) I am sorry that, being heavily pressed for time, I
was not able to answer you earlier.

(29) It is not through excessive laziness but rather through excessive labour that I have not written you.

(50) Despite the attitude of philosophic impersonality which I always strive after, your letters are most acceptable to me for I am still human enough to be touched by

sincere friendship and affection.

(31) It would be vain to expect from me punctual replies, frequent news or even regular correspondence. My time is wholly taken up with other commitments. My temperament, with its innate belief that thought is the reality whose written expression is a mere shadow, finds letter-writing an irksome and unreal activity. Hence I cannot promise to keep up more than an occasional and belated correspondence, on my side. You however are free and welcome to write whenever you wish.

(32) My correspondence is not only voluminous but also perpetual. There is no escape from it. The more I attend to it, the more it increases. The more I neglect it.

the worse it accumulates.

(33) It is quite impossible for me to keep up a regular correspondence with everyone and anyone. The heavy pressure and inexorable demand of other duties prevents this. However your letter has been carefully ready by e and entrusted to a confidential secretary for reply. He will answer you on the basis of indications and ideas which I have provided him.

(34) I have little time and less facility for answering letters, but I have not forgotten you and ever respected you. My silence must be understood as being external only.

(55) I do not know enyone who sets as not eacher and holds the same ideas as myself. So I am sorry I cen't help you in this matter. Nor do I accept personal students myself, as my time is heavily occupied with oter work.

(36) Your letter was received and read with much interest If I have been silent for such a long period you must again forgive me. It is not through choice. I ought to have mentioned before that my replies are often belated, so please pardon the seeming rudeness of my silence. All my friends understand that I do reply eventually and that they often

CABLE CODES
WESTERN UNION
BENTLEY'S
A.B.C. 5TH EDITION L clause ettive alter, yoge Letters are met secon to me for I am ittil thanks enough to be touched by

drites Crading Q

righto July all some bent bare Little time and loca greatling

. The part of the street your soul for .

saffaet selfe ha w

Lemost soon us as one movement both

but now mottered ton even I did ted he bookstabout of functionable

moneyers of the contract of the second

Peredal Hour dally been been best read and read Two! (36)

Constant E on Stone

That Is of Broken STARLE LE MUNICIPALITA DE MACE

To workers of deviction

TELEPHONES:
MADISON 2397
STANLEY 7-2305
STANLEY 7-2305
STANLEY 7-2305
STANLEY 7-2305
STANLEY 7-2305

have towait patiently only because great pressure of varied work usually exhausts me before I can even tackle correspondence. Nevertheless I delight to receive letters from those who have worth-while minds like your own. So please dont

hesitate to write when you feel like it, even though I have not answered a previous letter! In the end I do get down to writing an answer for I went to be of service if I can.

(xxxx) I have been a student of comparative religion all my life and have naturally taken a sympathetic interest in this as in all other religions. But I never joined may particular one in the past and am less likely to do so in the future.

(37) One reason why I had to drop the use of "Paul" from my name and change over to "PB"—much as I disliked the change myself—was the necessity of bringing students to this kind of impersonality in their dealings with me. Some don't like to use the "PB" form of address but with time it becomes familiar and easy. All my friends and students use it and they gradually became accustomed to it. Anyway, the request is not made out of my wishes but out of instructions which were given to me by a higher source.

(38) These abrupt appearances and dissa ppearances, as well is the tremendous pressure on time, are constant features of

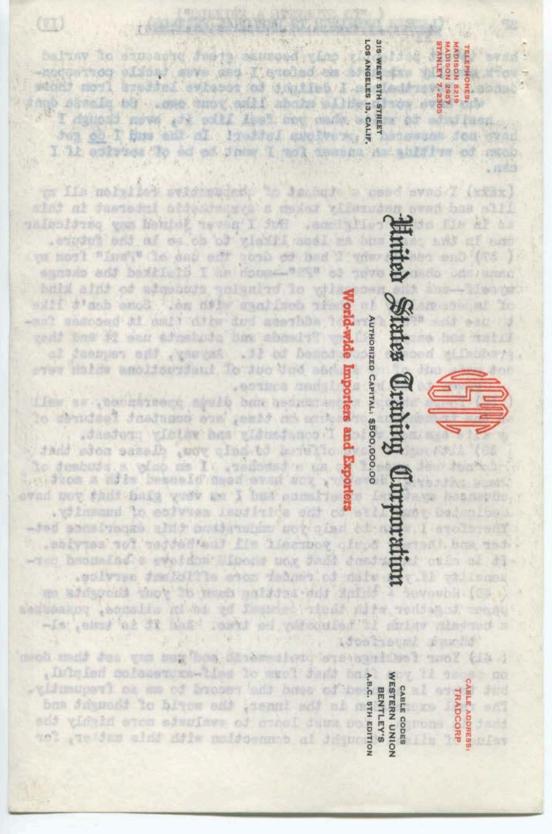
y life against which I constantly and vainly protest.

39) Although I have offered to help you, please note that do not set myself up as a teacher. I am only a student of these matters: However, you have been blessed with a most advanced mystical experience and I am very glad that you have dedicated your life to the spiritual service of humanity. Therefore I wish to help you understand this experience better and thereby equip yourself all the better for service. It is also important that you should achieve a balanced personality if you wish to render more efficient service.

(40) However I think the setting down of your thoughts on paper together with their perusal by me in silence, possesses a certain value if telepathy be true. And it is true, al-

though imperfect.

(41) Your feelings are praiseworth and you may set them down on paper if you find that form of self-expression helpful, but there is no need to send the record to me so frequently. The real expression is the inner, the world of thought and that is enough. You must learn to evaluate more highly the value of silent thought in connection with this matter, for



( "TO STUDENTS & FRIENDS") (42) the only way you can meet the teacher you wish to meet

is mentally. No other meeting or relationship has the same reality. It will therefore hasten your development if you will try to understand and carry out this idea and it is undesirable in any case or you to write to me so often because I wish to

keep down the extent of my mail which is already too

heavy for my equipment.

I am sorry I am not in a postion to give personal help to you in your spiritual Quest as I do not undertake any public

("TO STUDENTS & FRIENDS")

(Let the only way you can meet the teacher you wish to meet is metally. No other meeting or relationship has the same reality. It will therefore hasten your development if you will fry to understand and carry out this idea and it is undesirable in any case or you to write to me so often because I wish to keep down the extent of my mail which is already too heavy for my equipment.

(A) I am sorry I am not in a postion to give personel help to your spiritual Quest as I do not undertake any public

## RECOMMENDED BOOKS FOR READING

ANNIE BESANT: "THE OUTER COURT"
GAUTAMA BUDDHA: "DHAMMAPADA"
W. Q. JUDGE: "TRANSLATIONS OF 'BHAGAVAD GITA'"
W. YEATS BROWN: "LIVES OF A BENGAL LANCER"
EVELYN UNDERHILL: "PRACTICAL MYSTICISM"
SCHREINER (OLIVE): "DREAMS"
EVELYN UNDERHILL: "ESSENTIALS OF MYSTICISM"
H. WOODWARD: "SOME SAYINGS OF THE BUDDHA"
COL. INGERSOLL: "LECTURES AND ESSAYS"
WILLIMM E. HOCKING: "MEANING OF GOD IN HUMAN
EXPERIENCE"
O. SWETT MARDEN: "HE CAN WHO THINKS HE CAN"
ANNIE BESANT: "THE PATH OF DISCIPLISHIP"
ARNOLD: "SONG CELESTIAL" & "LIGHT OF ASIA"
H. P. BLAVATSKY: "VOICE OF THE SILENCE"

YOUI RAMACHARAKA: "14 LESSONS IN YOUI PHILOSOPHY"

To Auss Horano Peterson Sent n Romaine Stevenson

## RECOMMENDED BOOKS FOR READING

ANNIE BERNY: "PHANDAPADA"

W. Q. 20002: "THANGERIONS OF LEADAVAG GIVA."

W. YEARS BROWN: "LIVES OF A BENDAL BARDEN'
EVELYE (WESTIGHLE): "PHANTICIAL WYSTIGIAM'
EVELYE (OLIVE): "DHEAMS"

ROUGHELES (OLIVE): "DHEAMS"

W. SOODWARD: "SONE SAYINGS OF TO HUBBHA"

W. SOODWARD: "SONE SAYINGS OF TO HUBBHA"

W. SOOWARD: "SONE SAYINGS OF TO HUBBHA"

W. SOOWARD: "MERNIES AND SOLAVO"

W. T. TORNE LEG TO HUBBHA"

AND SHETT WORLD "WELVIES AND TO HUBBHA"

AND SHETT WORLD "WELVIES AND TO HUBBHA"

AND SHETT WORLD "WELVE TO HUBBHA"

AND SHETT WORLD "WELVE TO HUBBHA"

AND SHETT WORLD TO HUBBHA"

W. T. TORNE BAKK: "TO LUBBONG IN YOUR FRILOSOPHY"

To Man Hamain Stevenson