
4. Why does God let us make these mistakes?

9/, why provoke trouble needlessly?
Fthe thrill of sectarian enthusiasm
The basis of the universal order i.e. the World Idea itself
Something happens to his sense of identity
driven by animal compulsions
enslaved by his own creation, All this heartlessness which so many have had to endure in this century
/ Restraint confers power.
d. yield to an indefensible convention
the priest's cassock and the monk's garment
4, our disordered age
4 this earthen ball on which we live
4 this unsuspected level of our self
the bodish feverish activity
\$/ Do not mistake servility, for humility.
/ Can he get inside people's minds?
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let themselves subside into a delusory detachoddment
// this cosy attitude of all beingtwell when it in t
Violence leads only to further violence
the transiency of beings, things and moods.
our globe moves across the firmament
Elegant, quiet, unruffled
Such men recoil from the truth.
the unpleasant tasting black-brewed tea of Irish peasants.
painful vividness
reversals of fortune
A man is as weak or as strong as he thinks he is We do not analyse or explain but describe
few are those who never get enraged
those holy communions with Oversell
chastened by suffering
ornamental prose
that iron fanaticism
refined habits in his home personal life
When an ego comes out of the invisible to embody
itself on our plane
Olympian detachment
the philosophic apprentice
gravely-spoken deliberately-formulated sentence narrow minds and little hearts
the rites of worship
accrued karma weighs us down.
He moves from one illusion to another,
the struggles between conscience and passion
exquisite refinement and exceptional distinction
to appreciate the spiritual implications of a
situation
when they engage their minds
He seeks solitude but not isolation
love heaven but keep close to earth
Those who are sensitive to fine inspired poetry
a venerable ethic which inclucates sober action
calm, taste, manners and dignity are praiseworthy
Postulant= candidate esp. for admission into
religious order
All the way from conception to execution
deformed misshapen lives
in this unlimited unfigured single consciousness there is object of consciousness and no subject

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§the moral radiance of enlightened men.
Snostalgia for the paradisiac state he has forfeited
Sbalanced on the edge of a tremendous experience
§Nature avenges herself when outraged
§flee to refuge in yoga
Sits concepts caricatured, its teaching perverted,
§the aberrations of psychical seeking
Sancient and abandoned
§wishless mind
§at this critical juncture of world history, §the sequestered life of spiritual retreat
Sthe tumbled graven columns of some broken-down temple.
§Buddha`s gently-hovering smile
§deaf to truth's voice
Sreally is in this modern world.
SViews formed on experience not fancy
§beneath the surface of experience
§from the outside looking in
Sbring both into proper balance
Sthese sect-minded seekers
Sonly when the ego has been pulverized
Sthe golden memories of those moments
Sthese moments of inner glory
§suitably presented and superbly
Sprudence and patience
§̧calmness and confidence
San anonymous and bloodless impersonality
§men tight with nervous tension
Sthese pretentious dedications to service
Snot amused by their nasty lavatorial jests
§whether coerced by or coaxed by
§no bias can sway him, no preferences can
§this disputable pronouncement
Swhen sex is clamouring at the door
§sybilline refusal to speak plainly
Btaking from many, enslaved by none
Shis faint Buddha-like smile
§Before life yields its secret significance §the remembered splendour of those glimpses
§emanated its maleficent influence
§however lowly or however lofty

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§his enlightened consciousness
Sthe intentions are good but the results are feeble.
Sthe back-biting chit-chat of so-called spirit ual circles
§saddened by missed chances and grieved by unreceived lessons
§The Unreachable Godhead
Sonly lessons thoroughly learnt
Shigh above the turmoil
Sto criticize without shrill student shouting, wi thout spiteful
§penury, and the ugliness which so often accom panies it.
§such adolescent dreams of spiritual greatness.
Searning a living instead of only living
SDelphi s grim beauty
Sthe course is not uninterrupted but subject to wide intervals
§He seeks to enrol no disciples
§pretentious secrecy of the occultists
Srelease from unpleasant pressures.
Şthe man of brain èd spirit
Seven static East is moving
§ageless Orient
§to shock them into sudden understanding of Truth
§to preserve sanity we need a refuge from this mad world
§the jerky pace and nervous tension of modern living
SWhen a man gets into his own centre,
Snot to abandon hope too easily, nor get to hold it too unreasonably
Slashed and Snerve-shattering negroid noises of Jazz
§aggressive propagandists for
§spiritual snobbism
Sthe smart as well as the stupid
§small insignificant sects following
Sin bondage to no sect, in trammels to no creed
§crucified by cancer spreading through their flesh.
§a little levity is a good thing

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§to sit in silent awareness of
Sthis benign and beautifulz
Sto preserve his serenity
Swhatever wisdom is extractable from experience
SThey have their miserable moments
Shis ignorances and prejudices
§The peaceful feeling which follows entry into a wood,
Şcoerced by the ego
§a frigid asceticism
Shishabitual calm
his most pronounced quality is stillness
Sa genial, sunny hopeful Presence
Sthese new masters bear old teachings
§astringent and arrogant,
§whether detached from the world`s work or engaged with it She views himself with distaste §Such a naive conception of life §weird little sects preoccupied with the occult §If they find such teaching unacceptable, §written at random, in no coherent order, Stheir inability to understand themselves §a small band of seekers Sto live as It would have us live - Sthe Syrian Sage Sthese perversions and corruptions of art §We must beware of the false - sublime §will always attract its disciples Sthe distresses and risks of living those who know the world and its ways and have come to mistrust it. §a luminous idea like this one Sto bemuse gullible minds Sthe glimpse is unforgettable §a power higher than man's §a radiant positive calm, not resigned pathetic quietness Sthe slavishly blind respect given to convention §liberated from the ego`s self-importance
§a full life is a varied one
§a well-controlled personality
Sthe extravagances of occult sects
§on this long journey from seeker to sage.

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§the gentle benignity of this mood
Snaive in assessing evidence
§The ego-consciousness which encloses him Sthose who disapprove of the unorthodox §someone who can guide his search Sto justify actions and pacify conscience Sthe unerring accuracy of a true intuition
§the brown-robed Christian monk
Şan unconstructive sterile censoriousness
§meddled thinking and incompetent action
Sa conception of life which is disappearing
§so many ritual politenesses are hollow and meaningless
§entitled to hold a contrary opinion
§followers of his leadership and adherents to his doctrine
§He finds that he has moved out of their orbit §The sunny enchanting spell
Şa new trend in their thinking is essential.
§this revolving cemetery that is our planet earth.
§bad manners, crude unpleasant noises
SIt is spiritual posturing.
Sto break out of the prison of his own ego
Sgullible listeners or readers
Scarried away by the majesty of liturgical effects
Sthis intermittency of mood
SHis independence irritates them.
Sthose who are enchanted by these teachings
Sto explore the nuances of inner experience
§Uninstructed opinion may decide that
Sthe movement from turbulence to tranquillity
§Bishop Taylor-Smith "The barrenness of a busy life"
Sthe irritations and frustrations of daily life
§sequestered in their ashrams
Sinvents an imaginary devil and then attacks it.
§the Stillness which dissolves our desires.
§How is he to deal with events?
Sto discover the joy of the inner life.
Sabstinent behaviour
Sthe rigorous attitude of the puritans


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Sencircled by a peace which can be felt Sa decisive parting from old ways
Sthis pleasant immobility of mind and body
Sthe spiritual infatuations of these cults
§their little, self-enclosed private worlds
Sthose who have mismanaged their lives
§a well-equilibrated man
§spectacularly exotic
Sthe gifted nature of the glimpse
§his unpriggish holiness
Şshrewdness needed to judge men
Şthis self-committal to the higher power
§as serene as a marble statue
Sthese deeply-sick moments
Sthe logical structure of philosophy
§whether they will receive this truth, or reject it
Sthe austerely noble elevations of a Greek temple
Sstupidities which have been hallowed by tradition
Sthe man who is chosen by fate
Sa better balanced a new creed
Srefind the best balance
Sstop condoning his own faults
Sobscure sects practising an obscure cult
Sthe evil that men do to each other
Sto look through action to motive
Sthe presence of divinity in man
Sthe artificial ecstasy induced by drugs
§when the ego's disguises are removed
Sthe journey from celebrity to obscurity
Sthis glittering enchantment
§such was the prudent counsel of
Sapathy and ignorance
Sto bring his bruised heart into this divine presence
§these little cults, each with its handful of supporters
Snot in naive trustfulness
Sthose who display their sanctity
§who exchange a home for a monastic hermitage
SIt merely fxeeds his ego
Sthe erasure of the ego to mitigate human
misery
§birds twittering on leafy trees
§expected events
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 efluo saodj To amoivsujsint Lsudisiqe odf？
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 e才дovs b9tosqxe
§long-practised skill
§the state of spiritual unawareness in which most people live
§who want the ultimate revelation
§estranged as man is from his divine lifecentre,
§A fierce independent attitude
Sno grim-mouthed ascetic
§Meditation has its foes and its friends.
§the curious sense of proximity to something divine
§those wo try to lodge Deity in a man.
sto surrender his celibacy.
Slogics and technics are only one side
SWith the end of the day and coming of night,
§make a proper response
Ssavants and saints
§the inter-war years.
Sthere is no necessity to make a definite declaration
§Those who mistake their egotistic prattle for prayer,
§in the scintillating sentence of Jesus.
Sthe red blossoms of hibiscus, the green myrtle
Shis unfulłfilled hopes.
Sthese ancient men with their copious beards,
Sthe terrible transiency of music saddens the joy it brings
§to awaken and stimulate the spiritual tendencies, the intuitive aspirations,
Şsaintly celibate
§the cultural wealth which is available to modern man
§The ascetic avoidances repulsions abstinences and renunciations
Sthe consoling power of religion
§The journey from beginning seeker to finished illuminate
Sunceremonious and informal
§a joy that comes from within and not from possessions
She makes no aggressive self-conscious attempt
§a vain struggle for an unobtainable virtue
§a shield against the misfortunes and mischances of life

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9iti qo aeonaio

Sthe malice and stupidity of mankind
§the dignified beauty of Grecian art
§the presented facts
Ssimulated spirituality
§meat is an abomination
§when this ultra-sensitivity creates a prickly hedgehog irmitability
§the just silly or the deliberately vicious,
the merely worldly or the semi-crazy
§these lengthening periods of stillness
§this is the higher lunacy
şdesperation distorts the mind
§the stretched nerves
§a secret chamber of the mind, which we may
find only when we pass deeply into ourself
§this ghastly topic of threatening war
§the brocaded attire of a mandarin
§the essential mystery of the Overself.
§set out on this quest
§the ordinariness of their lives
§We continue the same ugly pattern of wars without end
§life behind monastery walls
Sstretches farther than Stoic endurance
Sthe utter integrity of philosophy
Sthe unutterable truth
§when, the intellect s activity is quieted
SLife's vicissitudes, joyfully exciting or horribly excruciating
§who has not balanced his own mind
§a glacial God heartless toward individual creatures,
§their directionless lives and disturbed minds
§ who idolizetheir ego and make it the impor-
tant thing
§enlarge our concept of God
§a fastidious mind
§secret prejudice
Sthe fine sharpness of mind of a Shankara in the East or a Schopenhauer in the West.
§whether grumbling or grateful
§these bogus commitments to truth
§be it a quest of peace or a flight from wretchedness
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§the body's gradual decrepitude
§outraged by their bad manners
Shere a gentlemanly reticence is required
§the one solution is unpleasant, the other unsatisfactory
Sthe pleasures of word-mongering
§this befuddled epoch of ours
§philosophy made visible
§̧lacquer-hard
Sto bring the human being to his full stature §shaken by $\qquad$ and shattered by
§cool looking white pillars
§to decide consciously between two alternatives
Şthe passing of human glory
§nunnery and monkery!
§Conduct which is not compatible with good (VI) manners
§a well balanced person
Swhile aspiration remains unsatisfied,
§whether suffering adversities or enjoying good fortune
§personal self-feeling
§Can he afford to depend on the hazards of
Sill-chosen and ill-qualified guides
§memorable illumination
§a carefully phrased statement
Snot an artificial manufactured virtue but a natural
§the quietude of a quaker meetinghouse
§brutal realism
§speak blunt truth without its bitterness §sickly misfits
Sthe tantalising silence
§the past carries too heavy baggage
§̧memories
§mundane experience
Sour earthly associations
Stheir too-solemn attitudes
§the attractions and antipathies of human relationships
§wrapped in its truth-seeing stillness
§spiritualy myopic and cerebrally mutilated
§the recluse s detachment
§̧to surrender his privacy
§He must fight his own prejudices,
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Sthe din of cities, the turmoil of streets. Sinstitutionalised hypocrisy
§sedulous persuasion
Sthe dangers of meditation are professional risks.
§separate the spurious in these cults from the genuine.
§a grim outlook which lacks beauty and love. §the ascetic flesh-mortifying denizens of monasteries.
§Those who care for style and appreciate form
Sits advocates and its adversaries
Sto realize his higher possibilities
§that mystical hour of dusk when lamps are lit
§this distaste for the world which led men to renounce it,
§̧How guileless a mind, how naïve a belief!
§his character immaculate, his judgment right,
SThe psychological cripples of our time.
§wisdom so little known and so lightly ignored. §quite a medum medium!
§his merits and his flaws.
Sthe benevolent and the malign
Sto take the hard knocks of life without complaint
§high-minded but self-deceived
§practising artists and theorising critics
§printed page and acted stage
Sthe most abstract and the least material of all
Stheir contorted minds
Sglorified and dignified by time and history §Those who are always attracted by mystery take to these cults.
§to give sparkle to living;
§Sentimental rhapsody
§we who have to endure the new barbarism.
§The right word is thought saving.
Slife's missed chances
§frightened of his own patterns of behaviour.
§ill-mannered.
§mean-mannered
§adoring followers gazing with dilated eyes
Sunnecessary self-punishment
§Their imagination projects a figure...
Shis personal unworthiness
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§the aging saint
§grateful for all this natural beauty
§the withering effect of old age
§fastidious in his tastes
§Ascetic disdain of the flesh
SUnder its searching light all pretence drops off.
§the repetition of sacred phrases
§recitations of divine attributes or repetitions
of divine names, $X \times 111$
§Study the statements of the great Prophets
Sto assess his qualities and appraise their worth
§the incalculable mischances of life
§is it an unreachable goal?
§sinister auras
§§oxious exhalations, fetid exudations, and sordid emanations of these persons.
§an ailing body.
Sbirds twittering in the fragrant summer air
Sthe guru-seekers.
§the sheltered tranquillity of a monastic institution
§that melodious sound which is music
She must balance right against wrong
§Those who work in words
§the tapestry-like walls of Egyptian tombs.
§when exaggerated veneration of a man is joined with
§the exquisite refinement of some Far Eastern paintings
§the resistances, pressures, touches and sensations
§whether it be a public creed or a private cult
§who wait for Nirvana to come
§exotic cults
Sodd forms of worship
§This way of saluting the dawn is Hindu and Islamic.
§Brom*ton born in 1002 was famous disciple of Atisha the sage
§Plotimus has put it well: "
§Shakespeare: "Tired with all these, from these would I be gone,"
§who honoured Buddha and held his doctrine
§saffron-robed Buddha
§Buddhism, with its mildness and rationality.

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 ＂：9nrog od I in Inow －nlutoob eid bled bus enbbue bequoron ofve salbbut bedor－anotitie？

§-this truth of Life's Brevity, stated so poignantly by the Buddha,
§there was an unabashed arrogance about his manner
§perplexed, bewildered and frustrated.
§suffering may crack his ego, or stiffen it,
§the self-admiring ego
§the ego's overblown opinion of itself
§trapped inside his own ego
§the ego, with its evasions of unpleasant truth.
§the ego uses subterfuge
§when passion subsides
§overcome temptation with firmness.
§released from a false relationship
§dissatisfied with himself is the Long Pather
§Wearied of the quest, in revolt against its demands and disciplines $C X V / I$
§To have grown old, to have experienced enforced and unwanted reserve, compulsory renunciation of sensual desires,
§a knowing guide through the mysteries
§The flow of inspiration dries up
SGet away from the "me" in your thinking
§not happy in the world, not yet in the spirit,
§to sit as unmoving as a marble statue.
§-such high concentration has to be achieved.
§the extraordinary beauty of this highly concentrated experience
§these moments of rapt mystical bliss
§this is the climactic moment of spiritual culmination
§a direct confrontation with Reality, using no intermediary
§the passing away of personal consciousness in Nirvanic absoluteness
§How many quoted texts
§the beauty of Greek chiselled marble figures
§Greece's shattered temples
§the pillars and pediments of a Greek temple §perfectly shaped Parthenon high above Athens
§the well-worn flagstone floor of the Acropolis.
§Athens beautiful blue-green sky of early evening.
§the elderly sage.
SThe city Greeks today are too critical and too often somewhat cynical $\bar{X}$ II
 entbosa onit रd rIfnsm
 Tertusm



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eviredevm 9dt drumordt oblug sumonsl si qu esirb notidgiqent to wof？silis




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 －nialwo IswJiviqe Io dacmon sitobulio odt ei eidt ュロ吉家


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 －etres XITshis orlt？
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//ageless in time, infinite in space: MIND!
V/an experience which changes man and sharply
twists the course of his life
d/ when hope dwindles faith becomes weaker
//in this hallowed inner hush
$\%$ the forms and colours which make up a picture
ol it calls for moral strenghtening
) we live amid unstillness
When passion rules, peace departs



 diauf Tgmmi bewolfsd a inj milio oxutolq B qu oxim doldiv exvoloo bmb amoz onfly aning titinsite IEIOHI IOI arfes tivo asonIlifann blms evif ew ( ) )? ajrsqeb sobeq tae LNI Molaasq noniw p
\$/a mind that is better poised and more equable as , the result of his philosophic studies
o/perpetuates their spiritual inferiority
\%/life, with its joys and hardships
O/ to turn inward with the utmost reverence
without smug self- conscious virtue
of as the moonlight moves across the Acropolis
from one carved pillar to another
\%/ an attitude of forbidding aloofness
their notion of a higher consciousness, if any, is quite dim
imaginations work on him, memories come back to him
d/ the resultant of an equilibrium between controlling destiny and limited freedom guard against the hasty conclusion that
thoughts, ever mobile and unstable,
I/ he is in need of balance
to act from this divine centre
this idea that we have had other existences than the present one
mind-stilling and self-stilling inner work
$\%$ 'the work of inspired artistry ought to be put on the penultimate level
o/he refuses to enclose himself solely within the walls of his speciality
o/declining energies compel me to reduce activities
// ( ) Man, entire and complete, developed in body and mind and character,
of the ant-heap cities where people live, the mon-key-cages where they work
//simple unpretentious dignity
\%) marijuana is same asfonja
q the corrosive attitude of our time
o/ take the superstition out of religion but keep the truth in it
/ drab lives-ordinary persons with obscure unknown names and
//those who feel half-starved if their meal has not included a slice of boiled animal
d this picture-making mental faculty helps to recover and keep memories
d/statements which are direct, to-the-point,lucia
\%/ those on the upper "1 evelsu of understanding
/// the hubbub of city streets
es gIdsupe giom bus bealog Iejved al jsnid bitm nif aelbuta oinqoeo Ifrig eid to fInaer edt



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## VIIIPh1losophy leaves <br> man free to enterPARASES

 marriage or choose celibacy §There is a feeling of quiet power coming up from the depthsSfew faults but many merits
§when he is caught by, strong personal emotion §I listened to Gandhi s grave voice and slow measured delivery
§He passes from the passing into the abiding,
§Balance the long Path approach by remembering
§these thoughts, thrown on to paper in meditative moments
§karma is infallible and unerring
§All his ego-caught feelings and ego-bound mentality
§gentleness is superior to violence
§the moving shadow that is life.
§the mandarin s hauteur
§He tries to cultivate a placid interior life §often disappointed the aspirant may be, but never discouraged he should be.
§to convert the unconvertible
§to say what no man has ever succeeded in sayings\$\$\$they prefer comforting fallacies
§to utter the unutterable
§the tiring strain of living in this complex modern world
§He lives on two planes
§If I have stressed the need of balance.
§and if he orients his mind toward the Overself, §human failings may shame ustinto the longing tobecome §to astonish them into new comprehension of spiritual values
§to balance criticisms with compliments
§like the pillars of the Parthenon, soaring upward in the sunlight also in religion\&metaphy. Srefined taste shows itspf not only in art and food, bu
§it finds a Xroosting-pace in some tiny corner of his conscience

 infallible in judgment or knowledge and impecable in character or opinion, is a mistake.
( ) In rightful protest against existing error
they bring in a new error of their own.
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 TOTTe gaitalxg degikgs teotorq Imitrigiz nI（ ）

A petient expression came into his face.
stipoin the quaint PHRASES phrase:"He gathers in the
(22): clutching at a happiness forever eluding them @ea new awareness
(23) withdraw into the hidden sanctuary within the mind points (23as it presumptious to syggest that other
(24) An extreme fom is one in which mantram is repeated until self-hypnoses is induced But the
(25) the stony Tibetan earth and ○@coming down from the mountain surpering, follous them.
(26) continual effort to erode the ego the dull grdinarines @@ewhat the best art oives us from routine
(27) ritual greeting outer. sources, he cen find from his inner @ethe wisest judgments are made on the highest levels
(28) always itching to be active
@@@Othe close involvement with another personality,
(29) the posturing figures of hatha yoga practicantsbring Dothe young show us that if they are giyen no higher
(30) admirable behaviour purpose, they giyfn mind higher oner one ©@Qe who wishes to acguire insight
(31) we become more careful in dealing with new opportunities when we remember how irrecoverable gext lost ones are
(32) However light it be the imprint of divinity is upon him proJust as in chemptry the same agents always
predetermined and capablefhichareconpletely
(33) sharp tongued Vulture veriflcation by any scient or
(34) the mind becomes still and empty
(35) enchanting glimpses
(36) The divine Energy -- that which moves everything-
(37) enlightens mind and brightens existence
(38) to make truth usable
(30) the amiable and the irritable
40) I prefer a placid existence to an excited one
(41) to be refined without becoming snobbish
(42) a restoration of human dignity
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## $6 I$



## PHRASES

(1) The moral splendour of the teachings.
(2) Religion's last truths
(3) that the end result of all suffering is some spirituel benefit,
(4) the mystic distrust of the intellect
(5) But the advantages in this unengaged position are large.
(6) ritual greetings so often empty of all reality, sincerity, warmth
7) the invented Gods (Ta) the rise of atavistic minticoims
(8) the narrow mateialitic conceptions which disfigure God (8a) 3) Ninshndimist one ofite fow frec minds who dires to shake of every west sagzo tion forms
(9) The ego's furious resistance all quelled the outhile mind tames and all thoughts absorbed
(10) to replenish inspiration complementariness
(11) the $\alpha$ of Yin and Yang
(12) All preoccupation with the ego is tension
(13) the anxieties and burdens of life
(14) Confucius gave codes of manners to his people,
 or ${ }^{\text {e }}$ Chines arecise ceremonious gestures which gave style to the
(15) the advance from aspiration to inspiration
(16) to resist the demands of nature
(17) the problem of problems
(18) the practice of sustained contemplation
(19) the virulent evil in the world
(20) diminished thinking activity hwart
(21) to break down, or thenger ego's grip

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amoldote To meldorq ant (ri)
noltsiqmotmon bentistame To soljoace ont (8L)
(@QQ) The time when those who practised meditation were looked on cone PHRASES
(@@) the Buddhic smile
(63) emotional hardness or mushy sentimentality
(64) Emerson's high intelligence and extraordinary sweetness
(65) With academic understatement
(66) to be blunt without being offensive
(66a) The prudent seeker, will be cautious against claims tc
(6妾) semi-divine man
have the exclusive answers, to
possess a monopoly of trull.
(68) a victim of his own fancies
(69) steely hardness selfentaincerendencexthan zo practis
(70) uninterrupted enlightenment
(71) when the last active thoughts expire in the stillness
(72) to give life a higher meaning
(73) all discovered truth

(74) restricted by no rigid sectarianism, confined by no traditional
(75) what is real to the senses may be illusory to the mind
(76) abates egoism
(77) not to discover intellectual truth but to uncover real being
(78) to stimulate correct thought in them, not to formulate it for them
(79) the independent enquiry into truth
(80) the intellectual recovery of Greek knowledge and Oriental doctrines
81) those who confound education with instruction
(82) the depravity and vulgarity, the unbridled licence

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## PHRASES

(43) stillness as deep and as private as the Great Pyramid during the middle of the night
(44) in the still Eternity
(45) motionless consciousness
(46) immobile consciousness
(47) emotional equilibrian
(4ㅇ) we do not welcome the miserable decrepitude which ends in death
\&v) ceremonials which are needlessly solemn
(50) keep his $\bar{Y}$ equanimity
(51) when Consciousness is aware of itself, and nothing else, it is
(52) to put a guard upon his emotionsg a curb upon his tongue
(53) cobra-wrapped Buddha
(54) whoever in dealing with others, insists on putting forward his own ego
(55) the three mysteries God, Man, Truth
(56) that melodious organisation and harmonig̈s combination of sounds which is music
(5年) will pass into dismay and disillusion
(58) until a man comes into the discovery of his spiritual worth
(50) from spirtual starvation to spiritual salvation
(60) those stern i lengthened faces on Byzantine ilcons
(61) never getting outside its perpetual self-regard
(62) the truth-knowing faculty in man



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Sa soft indulgence of his ego
§peace without end
§concentrated in mind and consecrated in soul.
SIf man is to live in spiritual vigour and spiritual health
Sto teach those who need it better manners.
Sto get out of this ego-cage
Sthese exalted lucid moments
§when thought reaches its own sacred Source
§their hatreds of others, their hopes for themselves
§group exclusiveness
§To enliven faith
SLife's gaieties and worries,
Sit cannot be uttered by human voice
Sthe beautiful centre of our being
§firmly enclosed in the ego as he is.
§to set up personal whim as impersonal intuition
Sour century, which has produced a Kafka, a Krish namurti and a Kruschev.
§Good manners and gentle courtesy are not mere surface polish: they are spiritual qualities §a revelation which was terrifying in its surprises and horrifying in its portent.
§Not to get bogged down in a rigid formalism, yet not to get lost in a vague chaotic anarchic, §Space man belt - causation of the infinite extent and depth of the universe
§rude awakening to the facts of spiritual life §effective action
§it depends on, and varies with, the grade of character, intelligence and intuition
§Ashrams which shelter aspiring men
Sthe dishonest propaganda of our day
Sthe evolution from Goth to Goethe
§Without claiming to see the future, it may reasonably be suggested that
§do not mistake simplicity of life for bareness of life
§to bring their vague, half-considered thoughts into precise, clear shape.
§Whether his quest is abortive or successful,
§this daily struggle with himself
san exalted escapism
to desert his hallucinationsand stand on solid ground bre juorljiw sosecte
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## PHRASES

§Tibet- once the mystery country of Asia§The mixture of good and evil which makes up a human being
Stupendous events have happened
§The atomic annihilation threatens us all §the ego's deceptions and evasions, pretexts and shufflings.
§whether his actions are impelled by emotion or prearranged by calculation
§overawed by its holiness and overwhelmed by its beauty
§these unperceptive enthusiasms for strange religions or psychological speculations
§a wide range of reading, travel, observation of both common and uncommon human experience. §life in the world, with its cares and anxieties, its frictions and conflicts,
§to sit with body and limb absolutely still
§ those who leave their recantations of error and repentances of sin for the end of life §institutional religion
§cheap bizarre cults
§preserve what is good in the past
When catastrophic events demonstrate to them their own inadequacy
§those with little capacity of recognising charlatanry or pretentious hollowness §The necessity is only an imagined one
Sin polished graceful sentences
Sthose who would wreck society by violent means.
§grotesque fanatics or befuddled dreamers, with their utterly improbable beliefs.
§clear the mind of all its thoughts and pictares,
§Caught in the mysterious mesh of fate, we vainly seek to
§his dynamism wholly enclosed within a calm §the demands of society and the obligations of scheduled living
§Delphi's ambiguous oracle, whose pronouncements could all-too-often be interpreted. both ways,
§When they come to such a moment in their liven,
§out of the agony of his failure comes this

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§ politics, which is to be abhorred, and politicians, who are to be distrusted
§ politics with its deceitful hypocrisy and double-talk
$\S$ old age's aching joints
those flutterings of consciousness which happen in sleep, producing dreams
§ times when he is tempted to forsake the quest To do this is to commit desecration
these practices must be brought out of the convents and asrams, the cloisters and monasteries,
§ to be consciously sustained by this power
§ when the mind wanders far away from the high theme it set itself
$\S$ absorbed in useless dreams.
§ When, as often happens, the intended lesson is missed altogether,
§ Authority, whether it be accademic or religious, artistic or , becomes evil when it becomes arrogant, insolent and intolerant.
§ to read the portents and omens
§ shut up within himself the philosophic awareness. his illusions become his enemy when a passion or an emotion gets the better of judgment
§ with a sureness which never falters
$\delta$ there are the forces of dismuption and violence § we have been lodged on this planet for a time
§ Restless and rootless, the feeling of being alien,
§ It is all the difference between opinion and fact
§ his persuasive sentences
§ the sophisticated cynic, who has seen through the game all are playing,
§ boorish in speech and bearish in manners artistry, a polished style
§ the witchery of words put together in a particular way
§ Handel's fiercely yet majestically triumphant Oratorio "The Messiah"
§ shaken by the event or cheered by it
§ both supporters and opponents of this doctrine
§ An austere hard and petrified asceticism
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$\S$ his interest in the subject is quite dispassionate and only scientific
§ his insufferable bad manners
§ understood with the rapidity of an intuitive feeling
§ realistic appraisal
§ bestiality and sublimity
the spiritually uninstructed
§ to pose as upholders of freedom and human decency.
§ remains an extremely convenient enemy.
well-behaved young people stand out against the modern barbarians and hooligan gangs
$\S$ not in a pallid detachment from the world theory is no substitute for action "Remembrance" should be followed by "Entrance" a truth taught by sages and suspected by those capable of such intuitions
§ The past, with its errors and sins, its miscalculations and
§ to replace drugs by meditations
It is the ultimate religion
Utopia is an adolescent s self-deceptive dream its immense antiquity
a large distrust of politics and politicians When evil assumes the face of virtue
The eerie is not cheery!
distrust too fervent or much more; too frenzied, a disciple s narration
§ relationships, meetings or contacts, which bruise him personally
§ a passive waiting to receive on the inner self to attain mental equipoise and achieve emotional balance,
§ in this massive stillness
The emotional difficulties which life brings It is a defensible desire
their pathological drive toward violence the slums, with their fetor and squalor idealised monarchy the felicity of Moorish architecture we are all aniles from Eden,
§ autumn, with its soggy dead leaves, cold windy days and dripping windows
§ whether praised or reprimanded

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 awobriw gniqqivk biss eveh behmemlsqex 10 beatsig Ierlfodv
a guru's pervasive personal influence the higher aspirations of mankind
the impassioned heart-felt writing of the unsettledness of my life It is hard to annul attachments or diminish lusts.
§ the prophet who feels he has a pressing message to deliver to the world
§ men alternate between these two sides of their character
§ he looks upon them with amiable disdain deserves a happier fate. easily inflammable feelings There is so much malevolence in the world when sundown brings its mellow light like an angry cobra, hissing out its hate. to uphold priestly authority and status fatalism, this enforced acceptance of the inevitable.
§ Grateful for the serene seductive beauty, the amazing quiet, of these hallowed moments.
§ Human affairs, so uncertain and so changeable, intellectual opponents and personal adversaries
§ the splendours and grandeurs of bygone civilisations.
§ to withdraw from the pressure and scurry and stir of the world
§ he who is active in the world The solution to these mysteries is to be sought in man himself.
it is feeble, ineffectual
§ these prophets do not command intellectual respect
§ the mishaps and misfortunes of life
cleanly thought out
the beginning student
the slight, smile which plays suggestively around the Buddha s mouth.
§ Bodily affliction
small stature
This holding back of the breath.
D.H. Lawrence's shrill shrieking style of writing
§ he needs to be alert enough in critical judgmentsthitil wofrsm ett agnkod fwobnce notw




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§ The present-day world, with its turbulence and violence
§ The conscious thinker, the "I", the ego.
his cold fish eye
encased in his cold aloofness.
§ life's unfulfilled early promise and unexpected later perils.
§ to think independently without falling into fanaticism
§ Every thing needs to be put into right place. goodwill emanates from him, benevolence shines in his eyes.
§ amid metropolitan uproar and bustle an Oriental's disregard for time
bemused by their own bizarre ideas
these cosmic fantasies which they blow out like bubbles
§ those who are confronted with such teachings for the first time, naturally find difficulties
§ frenetic atmosphere
a truth as pulsatingly fresh as our daily experience yet as old as man`s capacity to think
§ to make the mind as steady as the pole star a consciousness which remains whether sitting or lying, croaching or standing
§ that they are capable of deogending to such squalid abuse is their affair, one need not make the same descent and meet them on the same level: silence is the best answer.
§ These attitudes are today quite antediluvian may repel us with its rigidity
pungently expressed truth
why should one expose himself, to become food for destructive gossip or bal eful
§ official inertia and personal ineptitude
to save what is best in man from paralysis this sudden rapturous awareness
they take risks which are dangerous
§ bewildered by the problems to which others direct his mind
§ Prudent in decisions, shrewd in judgments his lapses and retrogressions
the navel-watchers and nose-tip gazers of Indian yoga
\& the prophet who announces a truth

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to gain emotional equilibrium
his words carefully chosen, his sentences terse and to the point.
frenetic fanaticism
professional spirituality
disengaged from the world he may think he is, apathetic toward its welfare he may seem to be,
§ letting the glimpse deepen and lengthen,
the mind's attitude and the body's conduct
his sharply-pointed writing
the incident mentioned some sentences ago
its faded grandeur
the differences of age between young and elderly reveal themselves
§ IT is the source of all power, of all beauty recast the past
sketches remembrances achieved,
celebrities and obscurities, Eastern and Western, explain their teachings
§ moves along an upward spiral
regards praise and meproof equally
§ the varieties of human beings and the inequalities of human existence
§ the unattached and uncommitted
whether he is far ahead of his generation, or far behind it,
§ a religion, its liturgies and ceremonies short-lived experiences, called "glimpses"
his beautifully articulated speech
taught by philosophers and practised by few.
Bizarre doctrines combined with neurotic personalities
§ self-obsessed persons seeking selflessness impossible goal!
§ those who deludedly believe such teachings
§ those long-gone days when one could easily forego the common amenities of civilised living
§ mobs who are savage packs
§ people who are unable to live side-by-side in reasonable peaceableness
§ respect his need of solitude, his habitual reticence
§ glazed eyes
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Sbut when he comes into middle lafe
Sthis grand spacious concept
§the weight of meaning in these words
Sthe rarity of glowing glimpses makes them precious.
§the woman who loses her attractions as she loses her years
§the splendour of his inspired sentences
§provokes thought and challenges sincerity
§who drone their commentaries
§The half-smile of Sahaja
Sthere is something to be said for the custom
§such long periods of incessant travel
§to cultivate a detached way of regarding himself
§The words are crammed with truth.
§the shaped sentences of a professional writer
Swith its undue stress upon asceticism
§whose behaviour shocked the fastidious.
§beauty, whether natural or created by man
§It can never be written down, but clues, hints, may be.
§where all things fade into the Void
§connect the sensual to the spiritual
§Travel-tired, a homeless man
Sin the moving words of the poet
§the higher standards demanded from professionals
§the beginning aspirant
Sthe monarch in his palace
§to sit in self-admiration
§to keep individuality and enjoy privacy
§culture-the arts, sciences and learning-
§whose virulent, malevolent words
Shis glittering unnerving eyes
§so little seen, so largely heard - the cicada Sscholarly circles and erudite society
§hover between a severe formality and a loose non-conformity.
§to centralise his attention on this idea
Swhat popular fancy and peasant superstition has made of it is another matter
§if they seem uneducable, if they seem to learn little from history, it could be that they know little or even no history!
§In one moment, you are here, in another moment



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§It does not correct one mistake to make another one.
§Grateful that he has been among us, however long ago
§the cerebral excitement which a new truth can bring to a seeker.
§to waste his wisdom on those incapable of accepting or comprehending it
§the freshness of newly-discovered truth, the delight of living from moment to moment
§the unleashed violence that is war
§Anything that might upset the balance of his mind
§neither repining over disappointments nor exulting over
§War, if for acquisitive or aggressive purposes, is bad.
§when they become excessively fulsome with unqualified eulogies
§when he withdraws into the Sanctuary of the meditational period,
§He may become so sensitive to find crowns nauseating
§By materializing his own mentalness
§emotionally torn to pieces by his troubles
§to progress from a bad condition to a better one
§the inner and infinite Self.
Sthe eccentrics and exotics, the queer persons who are utterly unlike other people.
§Life's unfulfilled promises and unrealized hopes.
§both the sceptical and the credulous fail to take an unprejudiced view.
§their lives are so meagre, their minds so shrivelled by their materialism
§a fresh creative interpretation is called for
§If they recover from this period of spiritual aberration,
§but whether a man is in flight from worldly things or in pursuit of them
§How to stay on the quest and yet stay human !
§Its statements are allegorical and not literal ones.
§break their false impressions and destroy their false conceptions
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//The notion that an inspired creation is unlaboured, poured like fresh hot molten metal, is argu-, able
l looking at the line of French Alps across the lake
Alto ring out the changes is not to repeat the tune: there is a difference.
/Is mysticism only for society's misfits ?
\$/ Some people are close to it yet ignorant of it where one side of a man's character quarrels with the other.
of the opalescent moons of a night in the Far East / his real motives lying unseen behind the given ones
dit is not so much things that we need to renounce, or become detached from, as the attitude which would cling to these things
overgrown cities with their pushing crowds \%/ In too many men the senses are easily roused. Islam noting this, reduced the attractions of the opposite sex while Hinduism limited the opportunities of meetings.
\$ Fascinated by the ruddy sky on a sunset evening the desire to know has been my interest since childhood. It is still there. It has driven me,to many parts of the world, to many literatures, ancient and modern, to search within and the layers of consciousness
$d_{\text {As }}$ we move toward grave or crematorium
Q What is beautiful or useful or serviceable in
tradition should be kept

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of the images in his mind
d/they are vague echoes of ideas which have traveled from Egypt Persia or Greece
reveals nothing although pretending to explain everything
o' What they need most, that they lack most. d poisoned by pollution and deafened by noise as so many today perhaps the clean air and quieter surroundings of earlier periods show that progress is of He is a philosopher in actuality and is under no necessity to become one academically, let alone professionally.
Whey continually try something different: they seek to attract attention
d In art they want excitement, not stillness. They do not know that there is fundamental strength in this emptiness
9/ The long slow movement from animality to humanity drugs which trick intelligence and enfeeble will $G$ the accumulated tension of modern life G doctrines which are intellectual y far-off / not so one-sided as the hard dry intellectual but G/waning twilight passes into night. That the time when the truth declares itself to him with overwhelming effect
d the glimpse will leave its effects in some way and however slightly
A pleasant manner is closer to spirituality than a disagreeable one
Qa stiff unbending moralist
of mentalism's daring conception
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G rudolf Steiner prescribed the use of color as a healing power and as a help to meditation and the inner life generally
the ceremonial chair used by Chinese dignitaries d/ the dictates of fate
9/ The faith or the knowledge by which men live O/their misspent energies and misdirected desires Q the holier an experience is, the less one is inclined to tell others of it
of they become victims of their intellectual machinaery, enmeshed in it.
of turn your thanks toward Heaven, not to me
Qto make a contribution to the movement of ideas that will be creative, original, and beneficial
the forms which we see in space
O/Stay in the Stillness!
4 the teaching becomes a landmark where all the rest seems alien wilderness
G/Do the planets work sometimes for and sometimes against him or are they quite neutral?
Ta shipwrecked life
Chat the mercy of stormy passions
/ effervescent feelings
quehement passions
/the softness of evening light
nightfall, twilight dusk,
(Alas! memories fade away, time dissolves scenes and portraits
A emotionally crippled, socially isolated,
the grand equilibrium of the universe NON-BEING $=$ Personal God -- BEING $=$ Impersonal God
s as Tefoe io sew off bedtroesiq Temleta Iobwh oflt bus nottattbom of cron e es bMe sewoc gntreed

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d the truths which other men have left on record behind them
Alto find some quiet corner of the world becomes harder every year. Man-made noise triumphs.
O/they are devoid of moral instincts d the accelerated crumbling of modern society into disorder
the sequestered life of this last decade has suited me well
a shelter of calm against the noisy restless world
events which shatter the inner life along with the outer one
ounshed tears
Oculture should be respected, not rejected
the human being is still being formed and has
far to go
who are coarse, brutal, gross and violent
G/this empty pageantry
fla failure of foresight
Qto achieve an even balance
Chands lie together on lap or on knee, separated, splayed
it is not possible and not necessary for everybody to worship in same way and same god. Why imitate everybody else? Most of them worship the image of an idol
(it is not pleasant to be ruled by the proletariat but we must submit to the inevitable
Alto bring thoughts to Thought - this is his great work
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d/ the planets circling around the sun
o/ Sparkling with hard-to-find higher truths in every line
d/ He finds that he has slipped into the Stillness
of arrest the first negative thought
d/Vagrant seekers now hitch-hike their way across continents to India
d/to provoke the mind into deeper thought than usual.
d/a discipline can become too stern
d/ close detailed observation does not outweigh deeper observation
//roseate sunset
o/ the youthful yogi
$g /$ When the animal in a man runs wild with lust
d/Honoured by the world but reproached by his soul
Q/the highly rhetorical arguments which move feellings debase facts.
d/Can a man rise above the darker side of his character?
$d /$ the one must be balanced against the other d/the Long path, with its frustrations and despairs, its unrewarded hopes,
d/ these menacing and violent forces
d/ his life becomes seemingly a perpetual contradiction because of his mentalistic views
d/sharp in its reasoned logic and deep in its
mental explorations
0/ illumined not only the mind but also the face

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d/this unhappy star on which the human species exist
$d /$ We should not minimise the importance of the body any more than we should exaggerate it.
$9 / /$ the beautiful proportions, the graceful stylization, of a Greek temple
d/The ego is a tyrant, a dictator and a despot
I/ In the archaic accent eg of
/We would gain more by going inside to Oversell than by going out into space
If weather-beaten with age
a real seriousness but not a stony gravity
I/ we look to the flash dawn
as still as a stone figure
turned inward so completely as to know nothing else, nothing of the outside world.
9/ He is at one and the same time both insignificant and important
W/ let himself recede into the deeper state of being da faith strongly held and strongly expressed
It is not enough to have much intelligence and deep feeling: they must also be put into equilibrium, not to be carried away by excess of pity, for example
$d_{\text {when }}$ the self is briefly melted, as it were, in an ethereal world-forgetting excalation
/sitting as tranquilly as a Japanese god carved in ivory
the work of a man of knowledge puts the match to my gun powder
fo put the teachings into practice
 te Ix9
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d/In a Tibetan valley more than 2 miles high, I met
to be at the mercy of passion
// erase all negative thoughts
o/ "Money isn't only money. It's liberty" - E. Kazan //Little discontents may fester, like sores, into large bitternesses.
d/ Their statements are unecessarily obscure, mysterious or intricate
Let them not too hastily deride these ideas dThe East can teach us much as we have taught it too.
d/Views so strongly-held and so emphatically-expressed
d/to disagree in a civilized manner however emphatically or vehemently
Life, with its shifts and changes,
olin the drudgery of their daily lives, and with the lack of any higher fulfilment
When Greek freedom was lost 338 B.C., start with this - this is not Socrates but Isocrates.
Isocrates, the best teacher of oratory in his day, voluntarily starved himself to death aged 98
thoughts keep the mind occupied, petty- most of the time, *grave-some of the time
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I/their inner practices and silent or uttered prayers
Althe search for God will never be abandoned
the Deep without a bottom of Mâitre Eckhart's God = the Self of Hinduism, the Void of Buddha q/ the images in his mind d/self-dislike of the Long Path -d/Is such a man made of solid flesh and liquid blood or is he an insubstantial frozen ghost?
I/when passions assail such a man, be they angers or lusts, his failure to bring himself under control shows itself more quickly on his face. o/l don't teach, bless, heal or guide individual persons directly having no authority,inner or outer, to do so. The work is simply a sharing of ideas, experiences, researches with anonymous readers. d/As we move toward grave or crematorium /What is beautiful or useful or serviceable in tradition should be kept.
//What does the faint, half-hidden smile of Buddha tell us? That he came from Nirvana, assured of peace and hope for mankind's inner future. d/To some the past no longer seems real, its experiences either forgotten or faded. They are unable to walk back into it.

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= Mas's nature sa mixed one the goad io accmprowied by the brad.
S Confucius grue men moral
Guidance,
=the balanced union of activity
isth meditation
Civilisation is thinner
than mist pique Derive it robe.
Given certain conditions, the savagery beneath it would showa
terivych aspect.
the man in search of hes identify
telentify woes which come ragging
at the mind in the night
= the diminished provers of old age
- where the sfimalayan cabs glisten in front of our eyes
the entry and the godly are
bot present in man
\% these dratubing reminders
**he felt encircled by the other man's powerful magnetism Sclinging to his possessions and his pretentions.
Sthe stillness is sublime
Shere is high accomplishment.
SBuddha's sustained half-smile
Sthe gaze seems withdrawn from outward things
Sthe eyes seem focussed vaguely on some distant spot
Sand of all its pretensions, is simply
§in that fading light, the scene was touched with mystery.
§the emotionalists, who swirl hither and thither, living in chaos and amid contradiction. §balanced against
§whether he denies the Overself because of its inscrutability, or affirms it
§before the haste of modern life
§the superior quality of his sensitivity and the deeper of his wisdom
§this resigned acceptance of the inevitable
§Here, there is no anxiety for the future, no remorse for the past.
§swift pace of modern life
§murky and smoky occultism
Sto ridicule the absurd notions of these sects §compulsive activity
§Few arguments ate completely right or complete-
ly wrong. (VII)
§Spirituality and practicality may co-exist (XXV)

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 (IIV) - Hown VI

§the mysterious and fathomless pool of stillness deep within the heart s centre
§the misfortunes or mismanagements of our personal careers.
§sitting in SMUG complacency and moralising upon life
§the mellowing golden autumn scene
§the beautiful haze of sunset spreads over the land
§The pleasure one got from walking on the leafcarpeted floor of a forest glade.
§The conscious thinker, the "I" the ego.
3.to sit, gazing into the middle distance,
§Maharishee Mahesh Yogi burst into sardonic laughter repeatedly, leaving an imprescou of mild mental dieord
§until it is assimilated into his everyday con-
sciousness, part of his general being
§slavishly follow other people sidieas
SThe torquoise sky which covered Athens
§Greece, with its ancient temples and modern tavernas
Ŝthe dazzling light of a Greek noon
§the Colosseum - that massive monument to Roman cruelty (amovs
§Rome's Forum dsnow the macabre residence of mangy cats.
§these metaphysical nebulosities and vaguenesses fail to reach the Western mind.
§summer's sultry hours
Sthe squabbling and babbling groups in art literature and design
3'the archaeologist who sifts remains or digs excavations
§the attractive cupolas and tall minarets of
Stime stops * identification WITH A PARTICULAR person - oneself- vanishes pariey
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 . 子29erbo 18
 2115 rogil
9neos mmutue nobloz zuiwoffom sit?
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-qeer sdt mo mintrism monn tor smo sutmberd sitng -9bsla deerol a 20 Tooll bedsquso . oge edd "IU" gdf , Tesimflt awo toanos sill



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Io edsasinlm Ilst bus ebloqno 9v Etosq才Jis oifta
 (fives) ante Imevt - ipeaeno - Doarso
( ) The beginner needs certain cautions ( ) Yogi who sits without moving limb, trunk, hand, face.
( ) Those who are ens, ${ }^{a}$ red by clamours, voluptuous passion.
( ) Whether the effort comes to early death or lingers on to drawn out
( ) In the fading dusk
( ) These dingy industrial towns, where leaves struggle precariously for life against brick and soot
( ) The desire for concealment is strong
( ) The spiritual nature that y in his better moments $\not$ he knows himself to have.
( ) Religion without superstition,
( ) The mere task of ordinary existence
( ) Less intolerance, bigotry, and less harsh uncharitableness


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s0mstaixs Errisithbuc io xest eram enf

8日e1 Dme Friogid 93nsralotnI eegh（ ） Resrisidstiveriomu naman
( ) To have witnessed human follies for so long a lifetime
( ) Cultivate mind, improve character, practise mental quiet
( ) The green tranquil beauty of the garden
( ) The creeping of old age
( ) Extricate oneself from tangles of attachments
( ) Such high-powered concentration is necessary
( ) The simulated "I"
( ) When dusk falls, meditation's opportunity rises
( ) When this earthly life comes to its weary finality
( ) Above the vanity and folly of social ambition
( ) Suffocated by too much conventionality and formality
 omidolif s zmof os Tedosxado ovoxqui amim sjevisino（ ） すoiug fefrien oeivossc rebxby ont to paused Limginct asers ont（ ）


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Lsioea 20 vfiloi Dab kJimsv sít gvoda（ ） noijudms
好上famiol bッя
( ) Debased morals
( ) Moral degradations
( ) squalid scenes of sexual lust-perversion are portrayed too often on stage or film,
( ) Their standards of taste are low; the lack of civilised behavior
( ) Overwhelmed by events which forced their will on him
( ) Seeking non-existent goals or inaccessidle heights
( ) Sensitive to impressions which come from within
( ) Low standard of manners
( ) Events will soon correct their error
( ) A smile hides behind his beard
( ) The long journey from savage to sage
( ) Until it becomes a passionate concern

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 Bensed a tri himbried asbin ontme \& ( ) )
 MEPHOD etscrolarsq s Bemosed it lived
( $/$ ) To withdraw from the world for a short time, as into a sanctuary,
( ) Aeons of time may pass but what has been will, in some other form, recur again
( ) A life made up of trivialities
( $\checkmark$ ) You are called on to seek your own divinity, not to fuss about other men's.
( ) Isolated in his proud self-sufficiency
( ) He wants truth in its totality
( ) To appreciate rather than denigrate
( ) Is it casual chance?
( ) The relentless realistic Greek tragedies
( ) When an idea is received into consciousness
( ) This agitated century
( ) This interior equilibrium

## $\checkmark$ Comara a priodx




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 - a'noll qoito jwods aasi of for




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 vxintmop botstige afntm
( ) Information as a part of education but only a part.
( ) The years abate passion
( ) Who try to find a meaning in life
( ) Dusk, which puts out the light of day, (teen)?
( ) The puppet of fate
( ) Squabbling humanity
( ) Crippled questers
( ) The silence is most impressive
( ) The feeling that this moment is an ordained one is inescapable,
( ) He may try to hold the glimpse but it is in vain.
( ) They wait vainly for deliverance from their
( ) He does not seek adulation; he has no delusion.
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on asfi anf ；roitefubs jisea fon a006 eH（）
MoLeniob
( ) If life turns into a bloodless unfeeling and much-narrowed thing
( ) I must maintain my privacy
( ) Uncertain and hesitant, torn between faith and scepticism
( ) Romantically utopian notions in which they want to believe, though facts contradict them
( ) Man at his best moment
( ) , statements Wild
( ) The flow of awareness, intermittent at first, but becomes continuous later
( ) To reflect upon the basic truth
( ) This feeling of one's personal self
( ) When a considerable extent of meditation has been done
( ) The stillness of a countryside twilight
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( ) To find peace in the cloister, with its covered walk and bare rooms,
( ) Bewitched into stillness and spellbound by its charm
( ) Some lonely thinker holding to his own original thoughts
( ) Chained as they are to worn-out dogmas and false theories
( ) This leaves more questions than it answers
( ) To be still is also another way of praying for enlightenment
( ) Civilised behaviour and urbane manners
( ) The upsurge of interest in these studies and practices
( ) Whether the ego's wishes are satisfactorily fulfilled or miserably frustrated and stubbornly opposed,
( ) Many a chill and solemn discourse

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 －besoqqo vimroddute bers estuogelis rmefoe Dms filitio s tasil（ ）
( ) This spherical world and its spiral movement
( ) They fail to recognise their finest intuitions, so subtle, tender and delicate is it, and so lose celestial treasure
( ) The scintillating colours of a medieval Italian Master painter's painting
( ) This exquisite tranquillity
( ) Unforced and natural abidance in the Overself - this is sahaja
( ) The world is there inside our mind's
( ) To be indifferent to surroundings
( ) They expect, $\forall$ and want $\forall$ to enter a permanent ecstasy
( ) Total independence is quite illusory
( ) Solitude and peace are the good comanions
( ) Technology are matched by its misdeeds

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( ) The overtense living of our times
( ) Their distresses and disharmonies
( ) The unrealistic fantasy of solipsism
( ) The vast network of the universe
( ) They run away into romanticism
( ) The constant mumbling of a mantram
( ) The long stretched-out sentences of his German writing
( ) The wistful melancholy of an autumn evening
( )
( ) Modern youth, critical and scornful
( ) To refind his equilibrium
( ) A mere cerebral commotion
( ) The charlatans who pose as artists
( ) It is an appeal to one's moral selfrespect
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( ) The sage looked beyond his hearer as he spoke,
( ) Remote from the common life
( ) Until a cultivated trait becomes an instinctive one
( ) Background is to be reckoned too. It contributes something,
( ) Life was withdrawing back into the darkness whence it emerged,
( ) Confirms our ideas and renews our faith
( ) Self-approval
( $\sqrt{ }$ ) And refuge for the world-weary
( ) ego-shrinking
( ) A practical visionary
( ) Floundering in a sea of words
( ) The colour and quietness of sunset
( ) The anxieties which beset human existence
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( ) Calvinist and Puritan in austerity
( ) The long chain of cold peaks which look down from the North on hot India
( ) The daylight withdraws, the evening shadows invade
( ) When the tulips raise their coloured heads in spring
( ) The quietude of deepening dusk
( ) Whether aloof or accessible, these holders of secret truths
( ) To sweeten human relations by little courtesies
( ) That serenity of the figured Greek gods which Plato noted
( ) Some fates he cannot escape
( ) Those lines of words which grow into a paragraph
( ) The meridian lines which move into the Pole
( ) The

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 bejon ofisic notrlw equose tommso ofl a9tsi omoz 8 otni woxr noldiv abrow Io asmif gaont ( $\quad$ ) กำxysxaq siff ofel evon folniw eenli nstbixsm geli ( ) sios
( ) In the elusive subtlety of a Buddha's half-smile
( ) Passions and the troubles which come with them
( ) Thoughts jump hither and thither
( ) The tasteless vulgarity of the masses
( ) The mystery at the very core of our consciousness
( ) Questers create their own illusions.
( ) All are ego-ruled
( ) Weightless but witty pages
( ) He will pass through many phases and various stages
( ) Doubts and questionings may come
( ) A distant but not cold look in his eyes
( ) A grave but not sombre expression around his mouth

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 Eesmenoloenos


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( ) Ends in deflated ecstasy
( ) The arrears of correspondence is always uncomfortably heavy
( ) His charmed phrases, like "the kingdom of heaven"
( ) Whether he be enraptured mystic or quiet philosopher
( ) The smoky glow of incense
( ) This demonic haunting
( ) Have I an individual destiny?
( ) The massive impenetravility of these
( ) Emotional excesses
( ) Trapped within the ego
( ) Within the field of human affairs
( ) He has passed into memory's hinterland
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fYeLtaeh Saublvibnt as I evaH sesif Io 好ilivssfereqmi sviausm gnt
asaasoxs Lamolfomal
oge ont uint iw beqqset ( ) 8xtsits mamsi to blolt prit nintiw（ ）

( ) Poor humanity, fettered by its own desires, suffering from its own frustrations,
( ) The world out there and the consciousness in me
( _ Rushing to keep appointments, keeping up with the modern tempo
( ) The eyes stare vacantly
( ) They find their truth in falsity
( ) The experience leaves him exalted
( ) Intoxicated by drugs
( ) Minds not yet wholly strangled by convention $9 x$ snobbishness, or
( ( ) The robed and girdled figure of a monk ( ) A noble quietude slowly infiltrates him
( ) The melodic inspirations of Beethoven.
( ) Moments of explosive revelation s enoljactensi mvo eti motl gmireilwe eerlesb


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( ) When inspiration flags
( ) Art rises to a higher level when the artist forces himself from sectarianism with its narrow trappings and specialised symbols
( ) The intense concentration needed
( ) The quality of refinement and purity
( ) To reach that peace when all questing done,
( ) Repulsive and compulsive habits
( ) Thoughts must be regulated and then focussed.
( ) Cities with well-spaced avenues
( ) 介 inured to disappointment
( ) Where privacy cannot be violated
( ) Untimed and unspaced being
( ) The equanimity of a philosopher
( ) Writing is my daily bread. It nourished, satisfies, and fulfils me.
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( ) These calm statements
( / ) Give a guarded answer.
( ) Some have a colossal ego
( ) One whose nerves and mind are weakened by his frequent submission to lusts may
( ) Noises bang at his ear-drums
( ) A liberating feeling of infinity stretching itself out and carries him into mystery,
( ) Bondage to institutions organisations and
( $\checkmark$ ) What is the difference between the concepts of existence and Being? Hegel has tried in his ponderous way to express it metaphysically and only intellectually,
( ) Chirping music of the cicadas
( ) High-quality intuition
( ) To slacken the sprightly pace of his thoughts
( ) The ignominy of materialism
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 shti 10 sosg titilylecge sulf rextasfa on atriguont matieluetsm to virkmongi enf
( $\checkmark$ ) The spirit as freedom
The spirit as spiritual realisation
( ) To state his relationship with the divine being and with
( $\sqrt{ }$ ) If class standing creates pride and haughtiness, arrogance and selfishness, it is has abused the general order of Nature
( ) In their search for mystical bliss
( ) A life of outer ease but inner emptiness
( ) The personalised self
( ) The charmed hour of sunset
( ) Weak ineffectual efforts
( ) Impose a graceful stillness upon a fidgety body
( ) It offends good taste
( ) Inexperienced, undiscriminating aspirants


 nitiv bus gaied emivis
bRs ebixq eefsero znibmsda aksio if ( $\quad$ )






( ) The slow descent of twilight
( ) The languid pleasant hour of eventide ( ) We who have served our noviciate ( ) The last evening light fell upon the scene
( ) An upset balance
( ) Tawdry, vulgar taste
( ) Rose-flushed eastern sky
( ) An artistically educated taste
( ) Softening his grief, muting his despair
( ) When the eyes begin to unclose, when awareness comes to to the waking self and the world reappears -
( ) A calmness which is total and quite uncommon
( ) To bring some truth to the people

Jisilfw to treeaeb wola sifit ( )
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Wha muojess berienIT-seor ( )


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( ) Soothes him into a state of peace
( ) Intermittent revelations, which I have called 'glimpses'
( ) The measured cadences of a fine classisal poem
( ) The diabolical noise of modern machines, whether on the road or in the air
( ) The punishments threatened for bad deeds, the rewards offered for
( ) Until his surroundings are effaced
( ) The calm picture of a westering sun
( ) Seraphic is that peace
( ) The body's ever-flowing blood
( ) Worldly happiness is often precarious,
( ) It is a study which is quite out of the ordinary
( ) He is a keeper of the divine secret,
( ) He keeps the soul's secret within himself.

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## ( ) To protect a man against his own excesses

( ) Obscure language and impenetrable, foggy communications
( ) He feels that a benign presence is with him
( ) In the time, whatever it be, that remains to me
( ) So incoherent in expression so incredible in message
( ) Where brown autumn leaves strow the ground
( ) A concentrated stare is uncomfortable to others,
( ) These perfect men are imaginary men,
( ) Negative thoughts adversely cast their shadow on the chemistry of the body.
( ) Innovations of Eur-America confront traditions of Afro-Asia

## P．b．Phrases Pg． 24

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 S上ロスーoxia 70 ancivibscu
( ) Creation is inexhaustible.
( ) How irreverent is such an attitude!
( ) New thoughts, new ideas form themselves in the mind
( ) The crude but picturesque symbolism of primitive faiths
( ) These fragile petals of a short-lived flower
( ) Through lingering summer evenings
( ) His excited sentences
( ) The deepening stillness
( ) Body falters and disintegrates
( ) Provides us with inner peace
( ? ) "By frequent occupation with it"

1) the Foundations of Mindfulness are cultivated Buddha


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 9ORBC Temest fitiv an asblvory ( )

 srfbout
( ) Held - in emotions
( ) The world is not self-existent but MIND is.
( ?, ) That luminous wisdom which was for Socrates ${ }^{\text {the }}$ soul's or quality".
( ) The pleasure of having things
( ) They have had a sufficient share of life's troubles and sufferings
( ) Peace - so slowly found, so quickly lost!
( ) History, * with its endless old abuses and endless new reforms
( ) Helpless in their sensualism
( ) Our best thoughts come out of it
( ) The self within the self
( ) Beware of bizarre cults
( ) Is it a futile expectation?
( )
Lost vitality of the religions
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( ) The tawdry facade that covers up our emptiness
( ) He has no faith, prefers to struggle on alone
( ) The gains that go, the pains that come
( ) A lively imagination
( ) The total picture
( ) Zen regards being as the self-unfolding of the Unformed Nothing
( ) Spontaneity to originality
( ) This inner withdrawal from the world
( ) Such a course would be sane and prudent
( ) Grace is inner healing
( ) The homeward-turning quester
( ) The subtle persuasiveness
( ) Cramped by orthodoxy

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( ) When he feels taken with surprise to the point of breathlessness
( ) Amid progress and setbacks
( ) Midnight meditations
( ) The dying splendour of the sun
( ) Theologies which religion breeds, some dour and some gentle
( ) To shackle the beast in man
( ) The rhythms of poetic works
( ) High-quality research work
( ) The metaphysical consciousness
( ) These works are documents of philosophic value,
( ) In strong muscular sentences
( ) Its gracefulness, its elegance and its style
( ) This is expectable)
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( ) In the pursuit of worthy goals
( ) A fatalism which ties man hand and foot
( ) The years when I roasted in India
( ) Noisy, raucous voices which grate harshly upon refined ears and sensitive feelings
( ) Duped by their own fantasies
( ) Studying books without any discrimination or system
( ) The passivity which overcomes the aged
( ) The charm of a lingering sunset
( ) It is his heart's core, his soul,
( ) This placid quietism
( ) A statue-still figure meditating on
a. couch
( ) A space-held, time-embalmed thing
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Bnint Beanfadme-smid e 5 Iori-sosqa A ( )
( ) Shamanistic trances
( ) The self-condemnation of the Long Path
( ) Badly spoken English sounds so ugly
( ) Fermenting ideas in their minds
( ) These fleeting perceptions of Reality
( ) In that peace-fragrant air of the wood
( ) Crude youngsters and psychotic adults
( ) Lessons his pride and reduces his egoism
( ) A glimpse is a blessing
( ) Wizened with age
( ) Human virtues and human defects
( ) The soaring raptures of mysticism
) Primitive peasant mentality ( ) Subtly carries a meaning which is much more than it openly states

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( ) Until an equitable balance is reached ( ) The mellowed fruitage which is brought by increased age and wider experience ( ) To live in the world and yet to be a stranger to it
( ) With the first discovery of his spiritval being
( ) The wistful longing for our spiritual home
( )Epigrams crammed with wisdom
( ) Their embittered frustrations
( ) These dubious pilgrimages to asrams
( ) Transmit higher values
( ) They read about such ideas with bewildered incomprehension
( ) Ideas which are so remote from daily experience

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 YILsb morI sfoarox os ais solum ass.5I ( )


( ) They extol their cult, myth,
(. ) The practicality and precision of a trained engineer
( ) The tragedy and gravity of our times
( ) Shut away from the world
( ) As this knowledge gets more widely diffused,
( ) It was for a long time a main subject of my research
( ) This doctrine needs a counter-weight
( ) The first mists and falling leaves of Autumn
( ) The published word may bring a chance of intellectual adventure
( )The torment of human relations
( ) The structure of thoughts which is his character, mind.


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al diolde athawo it io squtowqte ent ( ) )
-bmin stedosmofis azt
( ) It is a new consciousness
( ) The masses' despicable surrender to lower instincts
( ) Emotionally-charged thoughts
( ) Negative impulses are stopped by this calmness
( ) Grace is the act of God, not of man
( ) The light smile of a Buddha
( ) The uncritical enthusiasms of cultjoiners and swami-followers
( ) His enviable felicity
( ) Stimulating phrases
( ) As some light filtered through the archaic colored windows
( ) His statue-still figure
?
( ) Keeps a superbly even balance with his
( ) Silly vulgar songs beloved by factory workers
( ) To contrast the actual with the possible
( ) With prudence in the ascendant
( ) When they have stripped matter of all its mysteries
( ) The strong writing of a William Cobbett
( ) It becomes a moral force of much strength
( ) The mystery which accompanies religion
( ) Life's harsher lessons.
( ) It is not the calm of mere exhaustion ( ) To bring it to the attention of importent and influential persons
( ) If it is to be achieved fully and effectively
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( ) To collect his distracted thoughts ( ) The intimacies of such a relationship ( ) A is impossible and $B$ is inconceivable ( ) Spontaneity of intuition
( ) Freshness and glory
( ) Confidence in intuition
( ) Nourished by Natures vitality
( ) Feeling of complete helplessness in confrontation with death
( ) As feelings become finer and thoughts loftier,
( ) Split creatures as they are, able to dream but unable to do,
( ) The guru and his closest disciples
( ) In the gathering gloom of old age
( ) Coarseness of manners
( ) Packets of aging mail accumulate around me

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( ) The long patience which this quest requires
( ) Popular art and plebeian values
( ) The instant dismissal of negative thoughts is essential
( ) Crisp definition
( ) Such unconcerned and self-centeredmen
( ) Fatuous and absurd
( ) A feeling of intense peace comes over him
( ) There are questions which trouble a man
( ) A wisdom got from his former selves
( ) Unapproachable privacy
( ) A picture seldom absent from his
mental vision

## P.B. PHRASES

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( ) It is a sacred pervasive presence
( ) Fragmented meanings
( ) The Peace soothes nerves
( ) A man with civilized interests and cultural values
( ) Politicians seduced into their false glory
(( ) Who object to the severities of selftormenting asceticism
( ) All men whether they are theists or atheists, pantheists or deists
( ) Torment is to imagine, sometimes to create
( ) To disregard all delusive fancies
( ) A cerebral sedentary type
( ) All efforts seem fatuous
( ) Like a snake cautiously putting its head into a hole.

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( ) Authorised exponents of official religions
( ) Retire into his inner being
( ) Whether in religion, politics, the conventional fictions of officialdom,
( ) The danger of fancied knowledge
( ) They reject conventional views
( ) In language that is clear and understandable
( ) Clean-cut prose
( ) The awed quiet
( ) Apathy and emptiness within them
( ) The self-accusing stage of the Long Path
( ) To float the cares and burdens of life as if on air
( ) To lay undue stress on material things

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## ( ) The lessened vitality of elderly persons

( ) The brusquely-opposite elements are everywhere present
( ) The inflamed passions
( ) It is not that the higher truth is to be brought to the door of everyone - and especially the young - but that
( ) These scattered notes written on perishable paper
( ) The rich crimson beauty of these sunsets
( ) The slow-beating wings of butterflies
( ) Not only for a few special persons
( ) They take shelter in false beliefs
( ) Nature Food HF Store

1. Whole millet
2. Coupon for free Vitamin E given only with purchases.

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－aocsfiotsg fitliw Vfffo mevia
( ) The chicanery and mediocrity of politicians
( ) He wants to become a better person
( ) An interest which the young of my generation would not touch
( ) Captives of their own beliefs
( ) To put truths forward without fanaticism
( ) Uncaught by lunatic fads or comercialized fancies
( ) Unspoiled calm of a landscape
( ) Neither the heat of wild emotions nor the cold of shrivelled feelings
( ) Too preoccupied with the darker corners of the subconscious
( ) 'With animal passions sublimated into spiritual aspirations
( ) Only the fool can believe there is unlimited freedom of choice.

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( ) Truth has a razor-edge not a jagged-edge.
( ) He assumes this attitude out of his inner security.
( ) The unerring capacity to put his finger on a spiritual truth
( ) The monastic or hermit life does not draw most people.
( ) Until the time when death lays its clammy hands on him
( ) The troubles and torments which belong to the human condition
( ) The decrees of fate and the absurdities of chance
( ) Stonehenge is orientated to the sun
( ) The most unforeseen and unexpected events
( ) Great change in values


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( ) To unleash the animal in man
( ) It is a romantic fiction not a factal reality
( ) It acts as a continual reminder of holy truth
( ) This baleful influence and bestial horror
( ) He lives as a god-like being in God.
( ) Originally lower motives were the drawing force but later not
( ) If he can extend these period
( ) A kaleidoscope of cults
( ) The gentle winds of Greece
( ) When passion seethes and reason sleeps,
( ) Unfaltering patience
( ) Those mysterious moments when it is not day and not night

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( ) A feeling of being outside it all
( ) To know the truth is to feel it,
( ) At this point mental movements stop
( ) We waste life
( ) For in the measureless Void God is,
( ) Without hope or want without looking back or forward
( ) This harsh rejection
( ) Cherish these aspirations amid an earth-bound, pleasure-seeking society
( ) The gap between aspiration and realization
( ) This is no thin-lipped, tightjawed asceticism
( ) The holy rites of religion

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( ) Obsequious flattery, sychophantic slavishness and fulsome adulation so often found around monarchies.
( ) The childish antics of primitive sorcery
( ) The common activities of everyday life
( ) The status-decorated, long-sleeved Mandarin robe
( ) The anger and anguish of the young
( ) In this meaningful silence
( ) This polished gem of truth
( ) Genital lust is not human affection.
( ) The firmness needed for self-control
( ) Discipline without severity, purification without austerity
( ) Too emotional or too imaginative an enthusiasm may weaken judgment; a quieter one is safer.

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( ) The growing dusk
( ) When the sun shows its last evening glow
( ) This worship of the sport god.
There is only one way to avert war.
( ) Irresponsible ravings
( ) Emotional injury
( ) Emotionally deformed
( ) The fallacious dreams of youth
( ) Long, patient meditations
( ) The fleshly being tamed
( ) A few moments of utter sinceréity
( ) Awes him into silence
( ) Sheer destructiveness is their ugly motivation.

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( ) Refined sensibilities get jarred, wince with repulsion,
( ) An easy, cushion-banked existence
( ) There is order in Nature.
( ) Whichever side of a man is the strongest
( ) That this quest is worth what it demands
( ) Kali = goddess of blood, disorder and death
( ) Beauty and function must work together
( ) A flower flaunting its coloured
ค beauty
( ) Sepulchural gloom
( ) This is not the only thing to be considered in the subject
( ) Pictures thrown in by memory

P．B．PHRHSES

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( ) They will not desert their selfmade prisons but obstinately remifan within them.
( ) The evening lamps begin to shine ( ) Confused adolescent boys and girls
( ) Resolved to keep his composure in all circumstances
( ) The pathetic evanescence of human life
( ) Without falling into a drab ascetic existence, devoid of aesthetic feeling
( ) A delicious feeling of utter rightness
( ) From quest to conquest
( ) Philosophy, with its wider vision of being and life
( ) To be anxious, hopeless, angry or resentful is to hold negative thoughts
( ) The ordinariness of their lives/
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( ) High and heroic aims
( ) It is the best of himself
( ) Susceptible to the aura of places and people
( ) The intrigues and manoeuvers of politics
( ) Where intellect denies acceptance of these religious tenets
( ) The need of a balance between the different forces in man
( ) The long fight between reasoned thoughts and sensual impulses.
( ) To give such hard and high doctrine a touch of humanity
( ) There is no room here for smooth, facile optimism
( - In this stillness of the total being
( ) These elegant and delicate drawings from Japan

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( ) Forlorn grandeur of the site
( ) Mosquitos skimmed the surface of the pool.
( ) An overactive brain
( ) Bring it up for judgment by the tribunal of reason
( ) A gaunt, austere, relentless asceticism
( ) These minutes when twilight closes and night comes on
( ) These whispered and mumbled occult secrets
( ) The different systems of religious belief and ritual worship
( ) The beautiful felicity of the Presence
( ) Ever risking emotional entanglements
( ) It brought with it a sense of rightness.
( ) Study, meditate and apply


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( ) In this acted drama on the worldstage, we
( ) The difficulties which appear are challenges to ingenuity; how are they to be countered.
( ) Keep an even balance
( ) The inner worthof a man
( ) Men of uncommon spiritual height
( ) The world is the perfect expressing imperfect
( ) The hard, elongated visage of an Atlantean
( ) Those who seek ampler outlooks must go beyond scientism
( ) With palm clasped together in the submission of prayer
( ) That there are a sufficient number of people to support such movements is a sign.
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( ) Give him the gratification of serving truth.
( ) To cover up his mistakes
( ) Whether they are swift-passing moments of long-extended moods
( ) To walk the rough woodland paths
( ) It may suit low vulgar tastes.
( ) He is entitled to state his point of view.
( ) Noise-filled air
( ) Squatting with feet curled under him
( ) The joy of the Short Path
( ) A step nearer to the truth
( ) This feeling of quest
( ) The experience takes him away from the multitude.

## P.B. PHRRASES

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( ) Acts of violence are too common,
( ) As I sit with bent neck to indite these words
( ) Since only a minority of those who take to chemical drugs in their teens live longer than thirty years,
( ) This nullification of the individual, this atomization of him,
( ) Eloquent speaking stillness
( ) Where Nature is his only company
( ) Comfortably receive the traditional ideas
( ) It helps men overcome their sorrows.
( ) It escapes academic classifications,
$\sqrt{\int}(\quad)$ Amid worldly loss or gain, humiliation or glory
( ) Before I walk into the shadows surrounding the end

## P.B. PHRASES

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STo enft shit
( ) Fear may easily create fantasies.
( ) The peace never leaves him.
( ) The slow rhythmic and dignified tread of a long camel colonnade
( ) The supercilious glances which the camels bestow on us humans
( ) In tho days, when the soft padding of camels' feet brought me to the shade of a Pyramid,
( ) An aloofness which is not at all arrogant
( ) Someone who has come into accord with the truth
( ) Perplexed by these strange assertions
( ) This physical body in which we are temporary guests
(d ) Does his body really mean nothing to him?
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( ) He will question the questioner.
( ) The wise man walks prudently between two extremes so that he may not fall into impbalance.
( ) Fully purified by knowledge, discipline, suffering and time
( ) The stillness smiles upon him.
( ) Quiet unobtrusive way
( ) To humanise what seems at first a chilling doctrine
( ) There is something of
( ) These time-resisting truths
( ) The void's immense blankness
( ) Cultivate finer appreciation of the arts
( ) The very thought of himself will pass away.
( ) To tell us in clear precise language what we need to know
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( ) Helped by this atmosphere of noble graciousness and restful unhurried ease
( ) Vague half-formed notion
( ) Sectarian outlook which fossilises the mind and prevents growth, extremist, obstinate, narrow, hence missing opportunities
( ) Day leaves and night returns.
( ) Moments of blessed quiet
( ) The sun still owns a large area of sky.
( ) Culture, that is the study or practice of religion science, art, literature, ethics
( ) Inspires and supports his activities
( ) Shut in with egoistic cares
( ) When consciousness is isolated from its products, $*$ thoughts, $*$
( ) Where taut nerves can slip into soothing peace
( ) The enormous waste of energy is stopped,

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( ) Deformed characters
( ) These time-stilling moments
( ) That exaggerated respect for anyone of high birth, high office or much fortune, which is snobbishness
( ) The secondless Reality
( ) These psychedelic experiences
( ) Quiet and distant among others
( ) Victim of their own feelings
( ) The ego's strong centricity causes it to glorify itself, to be permeated with vanity and
( ) Teeming cities
( ) The dark corners of human nature ( ) The stately ceremonial of a formal religion
$\checkmark$ ( ) Practise a cautious silence.

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[^0]( ) These dark, dingy, miserable, muddy colours
$\checkmark$ ( ) In this lofty consciousness the thinking principle is not attached to any object.
( ) An austere iron discipline
( ) Self-reverential
( ) Truth, whether drawn from tradition or out of themselves,
( ) The misery behind the laughter
$\checkmark$ ( ) Men of confused or vague ideas about this subject alone?
( ) Willing surrender to the Highest
( ) A feeling which ought not to be denied or repressed
( ) Established, naturalised and humanised in the Real
( ) This assumed enlightenment
( ) The quest, its aspirations and consolations
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-obmos bus enolusziqus av1 eteomp sal ( )
( ) A benign figure in an evil time
( ) They are off-balance
( ) Self-born
( ) Non-academic presentation of philosophy
( ) They are mere animals.
( ) This voluntary isolation
( ) A deceitful haze of illusory reality
( ) So often sought but so seldom gained
$\checkmark(\quad)$ Shut the door on the past and then lock it.
( ) All religions illustrate the power of suggestion .
( ) A collapsed ego
( ) Placed between contraries as we are
( ) Mind engaged in the contemplation of itself.
P.B. PARASES
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ors sw ss aelustihoo heswfod beosfy ( )
20 moLts Lquatrion grit mi begsyng binill ( )
( ) He forfeits self-respect
( ) This divine peace could come again
( ) Supercilious postwar wasters
( ) Unbalanced, faddish, lacking essential elements
( ) The moments when he is most susceptible to this influx
( ) The shrunken little ego
( ) A cultural void
( ) Atrophied conscience
( ) Stirred thoughts must quieten down
( ) Who cares to look forward to the slow walk and shrivelled hands of old age?
 of such books the ideas and feelings expressed there
( ) A steely stoicism
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 beaasxqxe aynifeal fms asobi sht azood nioue To 9x9䊾 maloloja Vlesde
( ) When the mind wanders away from its surroundings
( ) Soaked in these certitudes
( ) It will happen again in a future life
( ) Whatever interrupts work or disturbs privacy
( ) With hands lying idle in his lap
( ) Whoever is willing to meet the price may find inexpressible peace
( ) The enchantment of a great belief
( ) Sincerity needs the accompaniment of clearity
) The quest. may be unsparing in its demands on his self-discipline
( ) Read what exalts you, supports you and inspires you'
( ) The pronouncements of sages and preachments of saints
( ) A splendid intelligence

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－fioserg fres eegse Io adnemeonworroxq 9nt a寸かisa Io aおmom
( ) The hysterical frenzy of a mob
( ) Balanced upon the edge of mystery
( ) Great in his work, small in his mind
( ) Overwhelmed by their sex passions
( ) The spectator of such a picture
( ) This ascetic rigour
( ) The Alps raise their high impersonal rampart around the lake
( ? ) The disciple's enthusiasm wanes or waxes Strangle the ego
( ) The attractiveness of evil
( ) The flash of recognition
( ) Whether the ill-being or well-being of people
( ) Poetic charm of twilight
( ) Small indulgences in harmless pleasures
( )

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( ) These messianic militarists
( ) The wish to bring their bodies together
( ) Atrocities in the slaughter-yards
( ) Is God
( ) A disciplined life, yes, but not a harsh one
( ) Personal holiness is also, and as much, a necessity as personal understanding,
( ) It is not the cold, frozen silence of mild hostility
( ) It is charged with particular meaning for him
( ) Curbing desires and restraining tempers
( ) This is creative discipleship, not the blind slavish kind.
( ) Until peace captures the mind
( ) Their naive worship

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 Brax natvala bulle
Befim eñt asmatyse sosec Iffmut
( ) The gestures, forms and garments used in religious ceremonies
( ) We must avoid such confusion of categories
( ) Not always but quite often this happens
( ) The misery caused by incorrect choices
( ) It does not repudiate the senses
( ) As passions wither
( ) The mantram echos in the mind
( ) There was a kind of remoteness in his eyes
( ) The fall from youth to age
( ) He may have been accustomed in the past to
( ) Hieratic symbol
( ) Those melancholy, but not miserable, late autumn evenings
( ) With the world in a state of perpetual crisis


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( ) To shake attitudes and shock minds ( ) Exuberant creativity of an inspired genius
( ) Troubled by hardships in the present and anxious about uncertainties in the future
( ) That he exists makes more satisfying coming to earth at this period.
( ) To find a stable balance
( ) The values which influence behaviour
( ) Salaried spirituality
( ) Their poor balance makes success unlikely,
( ) This churchless life
( ) Lustrous moments
( ) To a yellowed leaf or a grey-haired man
( ) The inspirer of life's hopes, the supporter of its journey;

## $\checkmark$ Sentures？


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( ) The shuffling walk, the bent shoulders of so many old persons
( ) The opposites must be reconciled,
( ) A mental numbness may supervene,
( ) Their wan strained faces
( ) The lack of reverence in life today
( ) The heated fancies of their pseudoromantic
( ) The statuesque beauty of ideal goodness
( l Cunning politicians are not capable statesmen,
( ) People who are psychically ill
( ) Traits which keep his own self-respect and acts which earn his own self-approval
( ) Their soiled characters
( ) Their shabby experiences
( ) The haunting but high presence of the Overself
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Q ismentre
( ) The cracking structures of ecclesiastical organisations
( ) The enfeebling dissensions concerning dogmas and creeds
( ) Bizarre sects
( ) To gain an overview of history's meaning
( ) To sit so long without a movement of the body
( ) Bizarre cults
( ) Bemused followers
( ) I gaze at the great bulk of the Alps
( ) The wonder of the cosmic order
( ) To be realistic without being revolting
( ) Music of primitive origin or of adolescent appeal
( ) Truths which take on immediate force
( )

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$\checkmark$ ( LIB ) Pung Yu-tuan "The Spirit of Chinese Philosophy" London 1947 also his "History of Chinese Philos. 2 vols Princeton University 1952
( ) I. The supreme importance of turning to the stillness
2. The magic work of the stillness y
( ) He needs these retreats to mobilize his forces y.
( ) Those who are becoming aware of deeper needs which belong to the spirit
( ) Dispel the mystery
( ) These heavenly messengers
( ) Totally convincing statement
( ) They are mere echoes and distorted ones too, not real voices.
( ) The Alps are silent, the lakeside gulls are squawking,
( ) To confide his sins and sorrows to a willing ear
( ) The ereeking structures of ecclesiaCost next 17.45
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( ) The little time we spend in life
( ) The point of light which holds a world - a star -
( ) Stilted, pompous, conventional sentences
( ) The thought puts a gloom upon one's mind
( ) That very slow-dying satellite, the moon,
( ) The unique quality of the Stillness
( ) A new day brings fresh hopes
( ) When summer's green turns into winter's grey
( ) The white peace of the snow-covered fields
( $V$ ) These are the strange moment when world seems unreal
( ) The glory of sundown wanes into the gloom of dusk
( ) The stillness of a statue
( ) Time erodes all things,

## P．B．PHRASES

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2lawn 10 moors
eutbota is Io absnLIIde ont ( )
$\checkmark(X)$ The mind can directly perceive only its own ideas.
$\checkmark$ ( ) The noble arcaded loggia of old Italian cities
( ) The world is not self-existent, but WIND is.
P.B. PritASES 5 mate?
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Dear Dr. Brenton
Mary thanks for all you have given to me

Yous very sincenta Irene.


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