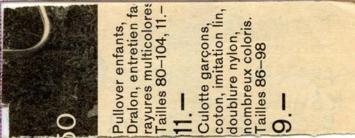
Camphor-Dil Essence WARN ING This is highly Concentrated, Do NOT rubitin Shin, or latter will be burnt.

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Milne & Choyce Ltd.

Toothpaste made by SARAKAN PRODUCTS Ltd 106 HIGH Street Beckenham. Kent Eng. 26 p



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Ine ixene hydrochl me ixene)

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Débarras,



epio Partofthe cause of swollen legoand electiothe presence the tody lovare drinking fartoo much ted and must reduce try you you to reduce the Swellings which flows only downward in the veins (because of gravity)

die Sie warten, kommen nicht. Berufliche Dinge werden spruchreif, die Sie am liebsten noch unentschieden wüßten. Glauben Sie es: Eine Chance, die so lange auf sich warten läßt (und das tut eine in Ihrem Fall), ist dann wirklich keine mehr. 3. 9. bis 12. 9.* Machen Sie aus einem Hobby einen Beruf. Ihre ewige Unzutriedenheit rührt nur von dem Desinteresse her, das Sie Ihrer Arbeit entgegenbringen. 13. 9. bis 23. 9.: Treffen Sie die Auswahl unter den beruflichen Angeboten, und dann nicht mehr liebäugeln mit den Chancen, die Sie "versäumt" haben

folgreiche Tage. Eine Beschwerde, esachlich unbegründeter Angriff, den Sparieren müssen, ist Ihr Verhalten in ener Liebesangelegenheit wirklich so kc rert, wie es die Zeit augenblicklich ve langte? 2. 3. bis 10. 3.: Sie dürfen alt tun, nur nicht in einer verzwickten beru lichen Sache aufgeben. Eine kleine Paus einschalten im Kampf um den Erfolg i erlaubt. Es ist sogar erlaubt, kleine Trich anzuwenden, um zum Ziel zu kommer 11. 3. bis 20. 3.: Glauben Sie nur nich daß diese turbulente Woche der Endspu war. Ganz sicher dann nicht, wenn Si

nach dem 17. geboren sind.

al Sulp. ÷ mode Centinua nutoto

s'inspirent de la redingote anglaise et du vesreprésentant le style Le manteau plus ample. droites et leurs revers. ton, avec leurs épaules

1(2) acto with all tres. Selectal full length unshortence ones touse asthroat porteelors also Movemorem apt SE's Im Souvol Cave Invent

Make a smooth

each

paste and put Broth for spoonful of Vegerounded teacups of water

Z. Use one I. Boil desired DIRECTIONS

VEGE-BROTH

2 OUNCES NET WEIGHT PACKEDBY

on a reducing simmer for a few

Allow to

of butter may be dieta small piece minutes. If not poiling water nto pan with

EGETRATES LOS ANGELES, CALIF COMPA

VEGE-BROTH

soups, roasts and gravies, sauces, flavoring into ways. Puts added be used in many food product may pressings. This delicious

luice cocktail on salads, Makes a delicious tomate

oles or sprinkle it

Try it in casser

leto made of mynetral



Purea di Pomidoro Tomatenpurée



La Purée de préparée au choisies, bie arôme délic fection de si pâtes, riz, et préparations crème de to

Il Purè di Pr parato con doro ben m gli dà un a incomparat Non vi è n salse da s alimentari, altre prepa crema di r with copper and civer copper sings

leaving, mod rum) it is "antibiolique, regulator

of glands, hematopio etique".

Silver = antisporta, action corebro-spinal

the muconsastand legaments were a

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3) prognet droit trut of sleeping on and trut of sleeping gents

The answer to Scalp + Hair Junet Secours suisse d'hiver Comité vaud 1) Use a special Roceptacle and collect UR 2) " it fresh several times day 3) Wash with scented soap it a Visitor - Remember the Major



NOT Cabelled SPECS as in too STRONG current use - Causanne, novembre 1972 O Lugano 70 Wortoweshell 2-5138 Justice sociale... (2) Obling 1-5/32 Purely tark to to ise shell Malará los offorts et les nouvelles décisions pour



of habringnew prescription pecs for Speco, or replace to not got them down sungle. Send & Purclus Mentork, Porthar Char Price 10 3/3 times Rugher than last 2 Mfirm the Bread



For ZH rother Tourneys always use Expanding SE Sylvester-Tips Sutstainthe colorfolded corner a na polish sides ~ 6833 ~

Orchester TORERO-FIVE

Restaurant Wanne ob Stäfa Derby-Bar Tel. (01) 74 93 12 Jeden Mittwoch, Freitag u. Samstag

Tanz

Butterküche eigene Bauernspezialität bei Kerzenlicht Bekannt für gute



Der ideale Treffpunkt in

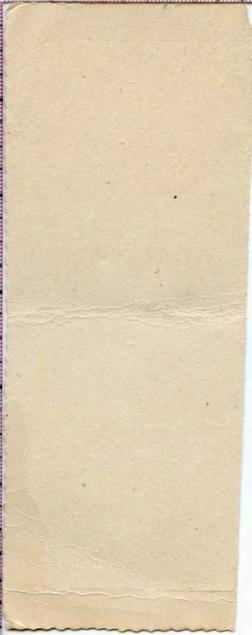
BADEN

Diesen Monat Stimmung mit dem

END ZEITSPARE DER PRAKTISCH



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reen short-sleave CLEANING INSTRUCTIONS

Raw Silk

Your garment which is made up of the finest Indian Raw Silk will stay beautiful, longer, provided you give it proper care.

This luxurious silk comes

in brilliant colours and intriguing textures. Dry-cleaning alone will preserve the richness and elegance of this fabric.

All other loosely woven and bark rough silks should also be dry-cleaned.

MEN'S DEPARTMENT

No	
Code	
Description	
Size	
Price	

RAW SILK



COTTAGE INDUSTRIES

Politiq Au vu d€ la reprise pays ind. profonde dans le te sensiblen dattamas

nent: Amérique du Nord

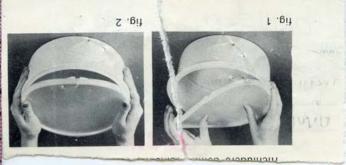
sion de l'année dernière, les premiers signes de ans l'économie américaine. Cette reprise est touteen question par la nouvelle menace inflationniste ée des prix des produits alimentaires et du pétrole, n des taux d'intérêt. Ces développements risquent le comportement des consommateurs et partant face amique dans un premier temps. Néanmoins, le

STUMON IN

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STOPPED BY TOOSE CAN BE STOPPED BY TOOSE OF TUMN STOPPED BY TOOSE OF TOOSE

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PLACETTE

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MR-805 Stere



avec Timer, réglable de 1 à 60 minutes. Alimentées par batterie. Diverses couleurs. cacepens u l'eau steaks. rêts à a, sans

nctionnent déjà en grande satisfation «J'ai déjà conseillé la mach en est aussi contente que moi!

er quand VOUS le voulez:

and the House

Rotel Heliomatic» 3 kg. ment Fr. 648.-.

ambiant, dissamment

WASHING (1) Allow not more thank DECRON 6 minutes franstail of SHIRTS CORKERS Tell hangery to day (2) hontonices arity repeatedly depinary LE COLD STAR cance of ... inche Action Filter. ... if moor y control ... If moor y control ... SEASON!
REE SERVICEMENTED SEASON!
REE SERVICEMENTED SEASON!
THE STORE ... AT THE encoul. with CONVAIR! V+ Culto need rubbing with soly /eloped The ear S ries-IUMAN nues world's is the numan in countries latest century. increase opulation Sta over

Cap Black can al anis MOSI Cukevam paler neve CONTACHAMS

S CLOVES HOSIERY SPECIALISING

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Signature Profession: :Jel: e retoumeral Itanco dans son emballage. comptant, le premier acompte ou vous Apres 10 jours d'essai, je vous paierai engagement, votre machine a laver 508AL. OSI-22 07 08 Veuillez m'envoyer, sans S. A., case postale, 1012 Lausanne, tel.

ou en 6 mensualites: 1×Ft.89.— + 5×Ft.34.— = Ft.259.—

XERCISE I PHYSICALITYSEULIS Kidney Stones in Space. Of all the dangers, ailments, and illnesses that may beset man in space travel, one which may planue him severely is a problem well, known in life here on earth: kidney stones He will be confronted with this "earth problem" because of a condition in space that will stimulate a condition which causes kidnev stones on earth. It is the same problem encountered by patients here confined to bed for extended periods of time when they do not get exercise. Dr. B. D. Culver, director of Aerojet-Gen-

eral's space medical laboratory, describes the condition as "stress deprivation." The lack of normal movement in the earth's field of gravity causes a marked wasting of muscles and a rapid loss of the calcium in human bones. The calcium winds up in the kidney system and forms painful and dangerous stones. The space man will be "weightless" because there is no gravity, and will be deprived of the stresses and exercise involved in moving about in the earth's gravity. Unless this problem is solved, he would return to earth probably in need of immediate surgery to remove kidney stones and of long rehabilitation to restrengthen his wasted muscles. Dr. Col



International Service Chairman Rotary Club

Dear Fellow Rotarian:

I send you the greetings of the Rota

is a small country tow tween and and sources. But we are actively seeking your help.

We hope you will join us in an intedollars (U.S. \$25.00) for the most 1

medicine; we nope you get well." Great numbers of Asian people, in China and other countries, follow the traditional methods which do not stem from the germ theory of disease and which do not include the use of X-rays or exploratory surgery. Disease, under this system, is presumed to evidence a loss of harmony, a disturbance in the individual of his balance of Yin and Yang, the female and male forces. The therapy is to restore harmony by detecting signals in the pulse from the liver, kidney, heart, and other organs. Then acupuncture is practiced: needles are gently inserted

restoration of harmony.

Dr. Bowers said that the Chinese have great faith in this method of treatment: most patients get well. A modern Chinese author has asserted that there is evidence to prove that acupuncture has a sound anatomical basis. The method has spread to the West and is popular in France, Holland, and Germany. Even in San Francisco's Chinatown one can find acupuncture doctors.

into the skin at any of 365 spots related to the organs, in order to stimulate the

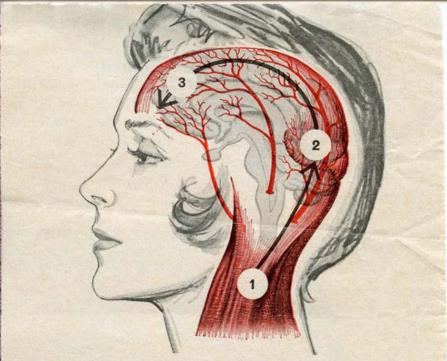
OUGA

assignment, but the children dutifully complied. One boy traced the outline of his hand, then added a sixth finger and painted each finger in a primary color;

SR/ September 28, 1968

sumption that methods are more important than involvement, teacher education too often tells how rather than why. It presupposes "right ways" and "wrong ways"; it encourages qualitative judgments from young acolytes who have neither the knowledge nor accomplishments to make such judgments.

Not infrequently, three separate art departments compete with one another in the same university, thus splintering a field of study where close interrelationships are basic. Why should the history of art, the making of art, and the training of art teachers be fragmented into autonomous hierarchies? Why, indeed, shouldn't the teacher of art be trained as an artist rather than as a semi-therapeutic dabbler? After all, any teacher worth his salt will invent his own methodology depending on his skills, ex-



What You Can Do About Your Nervous-Tension Headache

What Causes It? What's Best To Take?

Emotional stress causes most headaches. Tension (1) causes muscles to tighten (2) Press on blood vessels, reduce blood supply and irritate nerves. This results in (3) more pain, more tension, more pressure on nerves. Your headache gets worse.

What's best to take? Why not the strong pain-relief medication doctors recommend most for headaches? You'll find it in Anacin®. Anacin is a special fortified formula that gives you twice as much of

this soothing medication as the other leading extra strength tablet. In minutes Anacin...turns off pain so...relaxes tense muscles...and lets circulation re-establish itself... helps prevent further irritation of nerves. Notice how fast Anacin breaks up your nervous headache -lets you feel better all over.

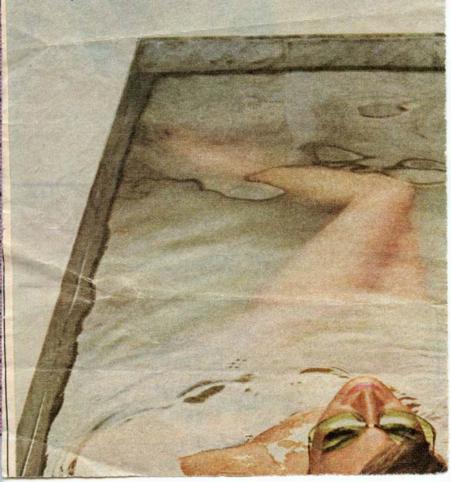
Despite its strength, Anacin is safe taken as directed. It doesn't leave you depressed, groggy. And it's gentle on the stomach. Next

time take Anacin Tablets.

an. the nou

Presenting Sardo—a true undiluted, undilutable, bath oil. Water can't dilute Sardo's unique formula. That's why 3 out of 4 women treated saw and felt the smoothing difference after one Sardo bath. Thirsty dry skin just loves Sardo's rich body emollients. Honestly now. When was

the last t smooth? could mak So tonight soft. A nev capful and ...it's the b



Schwarzer Tee als Medizin

(dgk) Tee ist heute das meist getrunkene Getränk auf der Welt – von Wasser abgesehen. Tee ist beliebt wegen seiner erfrischenden, belebenden und erheiternden Wirkung.

In der Medizin wird Tee seit langem als hilfreiches Mittel bei einer Reihe von Krankheiten angewandt, vor allem bei Nierensteinen und anderen Erkrankungen der Harnorgane und des Stoffwechsels, zur Erzeugung von Schweißausbrüchen usw.

Interessante neue Untersuchungen wurden jetzt am Bogomoletz-Institut in Kiew durchgeführt, wobei Mäuse mit Bestrahlungsmitteln so lange behandelt wurden, bis sich bei ihnen Leukämie entwickelte. Die Tiere wurden dann in zwei Gruppen geteilt. Die eine Gruppe blieb ohne Behandlung. Die zweite Gruppe bekam regelmäßige Dosen von Catechins, das sind organisch-chemische Verbindungen, die durch Extraktion von Tee gewonnen werden. Die Tiere der ersten Gruppe gingen zugrunde, jene der zweiten Gruppe wurden wieder gesund.

Eine andere Untersuchung mit Tee als Heilmittel, diesmal an kranken Menschen, wurde ebenfalls in Rußland am Physiotherapeutischen Krankenhaus in

Batum durchgeführt. Nach Mitteilungen aus diesem Krankenhaus zeigten sich regelmäßig durchgeführte höhere Gaben von Tee als wirksam bei folgenden Krankheiten: bei den entzündlichen Prozessen von Rheumatismus und chronischer Hepatitis und zur Reduzierung erhöhten Blutdruckes. Die Elastizität der Blutgefäßwände wurde erhöht. Antibiotische Wirkungen wurden bei Dysenterie und anderen entzündlichen Erkrankungen der Verdauungsorgane festgestellt. Es wurden 14 verschiedene Teearten ausprobiert. Die stärksten antibiotischen Wirkungen wurden von den untersuchenden Ärzten dem "grünen Tee" zugeschrieben. Bestätigt wurde bei diesen Beobachtungen die alte Erfahrung, daß Tee ein ausgezeichnetes Mittel zur Verhütung und Behandlung von Nierensteinen und Blasensteinen ist. Das hängt zum Teil mit den Xanthinstoffen zusammen (Theophyllin, Coffein), die in Tee wie auch im Kaffee enthalten sind. Sie wirken deutlich anregend auf die Nierentätigkeit. Das ist von Vorteil für den ganzen Körperhaushalt, der dadurch von Abfallstoffen befreit wird. "Thea nigra" können Sie natürlich auch in Ihrer Apotheke erwerben! Dr. W. Schweisheimer

sofort mit dem Nachschub aufhört, schon wenn man nusteneinleitend das Gesichtchen verzieht. Und die so Geplagte weiß
ihrerseits: Wird der Husten erst einmal zur unterhaltenden Angewohnheit beim Füttern, dann ist es nicht mehr fern, daß das
Breichen wiederkommt und weitverstreute Spuren sich ausbreiten. Deshalb baut sie Spielzeug auf, Rasselchen und alles, was
ablenkt und das Husten vergessen macht. Meist geht das gut.
Manchmal aber auch wird im Laufe der Zeit der Husten zur Ablehnungsreaktion gegen alles, was dem kleinen Tyrannen nicht
paßt, und schließlich zum Druckmittel gegenüber der Welt der
Erwachsenen überhaupt. In ihrer Not gehen die geplagten Eltern zum Onkel Doktor, wo sich dann oft genug das gleiche abspielt und Klein-Martina dem Mann im weißen Kittel "etwas
hustet"...

Ist sie dann älter geworden, hat sie sicher längst schon das Erlebnis mit dem Husten vergessen. Aber deswegen ist die Urgeste nicht verschüttet, sondern findet ab und zu durchaus noch statt, allerdings disziplinierter, mit der Hand vor dem Munde, leiser aber doch nicht unhörbar. Vielleicht wird dann die unbewußte Reaktion des Zweifelns oder der Ablehnung zu einem distinguierten "Hm". Vielleicht erlebt sie sie als Räuspern bei ihrem Chef oder als Hüsteln bei ihrem Anbeter, wenn dieser glaubt, sie habe einem anderen zu viel Aufmerksamkeit geschenkt.

So ist das mit dem Husten!

Niesen wird begleitet mit guten Wünschen und Mitgefühl, der Husten mit Zurückhaltung und Distanz, was beides wörtlich genommen werden darf.

Daran laßt uns denken jetzt zur Hustenzeit!

Seien wir freundlich zu dem Huster; er verdient unser Mitgefühl im gleichen Maße.

G. Döderlein



Wenn Sie diäl so verlangen Sie erhalten S

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MATTHEY, Tailleur - Couturier

ry vanstion 32

Eyestrain Warning To TV Viewers For those who sit for hours at the glowing screen of a

entranced and gazing blankly television set, a leading American optometrist, Dr W. Never stare directly at the which ordinary R. Jackson, has a warning.

"Television will hurt your eyes if it is not properly used," he says, "It has become one of the greatest boons to American ontometrists because it rapidly makes people realise they have something wrong with their eyes."

Six Rules

There were six simple rules that were essential to prevent damage to the eyes through eyestrain. These are:-

Sit far enough back from thing else in America. the screen. A safe minimum is eight or ten feet. Never have the screen on without a diffused light behind the set. Never have a completely dark background. This produces too great a contrast which strains the eyes.

perpendicular to screen.

screen. One should always cannot help." look around occasionally the eye muscles.

Do not make the picture too contrasty; the picture sometimes shows too much contrast between light and dark.

If you are supposed to wear glasses, wear them.

TV But No Bath

Dr Jackson said television seemed to come before any-

"You may see a little old shack with no running water or bathroom," he said, "but it still has a television set."

Dr Jackson, who is a specialist in contact lenses, said many people who wore them should never do so.

"For those who wear them Never sit at more than a 30 to the satisfaction of a doctor degrees angle from a line they can be a great boon," rected with contact lenses normal life.

He said he had fitted conand keep blinking to relax tact lenses to a six-year-old child. They had been found to stop short sight, which started in the eyes of a child and got worse throughout adolescence.

> "Psychologically, however, contact lenses can mean the difference between a good mixer and a social outcast," he said.

Contact lenses were often used to improve the appearance rather than for the general improvement of eyesight.

Dr Jackson gave an example of a schoolgirl whe was so unbalanced because of a complex caused by her large glasses that doctors were considering sending her to an institution. The girl was given contact lenses and since the he said, "Things can be cor- then had lived a happy and

ominate

er

London Market in Common new session of Par-

pensions, due to changes in administration overseas, have not kept pace with the pensions of former home civil ser-

The Prime Minister in Parliament last July also foreshadowed a kind of "workers" charter," saying that in due course the Government proposed to introduce legislation to lay down a statutory minimum period of notice.

He said: "At the same time, we shall legislate on contracts of service generally. I mean the right of a man to know what precisely are the terms of his contract."

Before the State opening of the new session, Parliament will reassemble next Thursday for the winding-up of the old session - which was merely adjourned, not closed, Legislature in August began its long summer holiday.

big nuclear Powers to halt the race before Communist China joins it. The time is short and the 1970s will be too late.

Minister Says Migration Has Not Collapsed

The Minister of Immigration, Mr Downer, denied at the weekend that the migrahad collapsed. tion system He was replying to charges made by the New South Wales Minister of Housing, Mr Landa.

Mr Landa said official figures revealed the startling fact that last year nearly 10,000 settlers went back to their own countries.

Mr Downer said it was a mistake to single out the figures for a short period, as Mr Landa had done.

year." he "Last "having set a target of 125,000 migrants, we succeeded in attracting to Australia 118,500. short by only 6500.

"This financial year has opened most promisingly and our application figures in the United Kingdom for August have proved a record for this period of the year. The same story can be told of several other countries in Europe."

The spokesman had been asked to comment on a report that a commando of Cuban exiles had threatened to attack British merchant ships with gunboats.

He replied: "It is, of course, one of the duties of Her Majesty's ships to protect the interests of British shipping on the high seas.

"There are ships available on the West Indies station to

carry out this duty."

Panama Takes Action

Panama City President Chiari has forbidden all ships flying the Panamanian flag from engaging in any kind of trade

with Cuba. The decree is a major boost for the United States campaign to put an economic blockade on Dr Castro's regime.

It is estimated that 8000 ships fly the Panamanian flag, most of them foreignowned

In Washington a State Department spokesman Panama's decision, together similar action Liberia and the Greek Shipowners' Association, was a significant breakthrough for President Kennedy's policy.

Low Back Pain

Special fortified formula promptly relieves pain so stiff muscles loosen up and you're back into action. Contains the pain-relief compound doctors recommend most for aching backs.





D octors who specialize in back troubles report most aching backs are due to weak, tense muscles which can go into painful spasm as you suddenly bend, reach or twist. To relieve such backache, doctors recommend the pain-relief compound in Anacin* Tablets. And Anacin gives you more of this medication than any other leading tablet.

Anacin is a special fortified formula. It promptly relieves pain, helps reduce swollen tissues, and so releases pressure on sensitive back nerves. Then notice how stiff muscles loosen up and you move around with greater ease.

Only Anacin has this special fortified formula. It's not found in any other product. Let Anacin Analgesic Tablets help your aching back.



This new produ will become as essent as your <u>other deod</u>



FDS* (Feminine Deodora: a welcome new addition t of feminine freshness. A v deodorant. Formulated est

OPTICAL) BAN Poth (1) Dracketina Emale eyespecialist. Montreux, (2) Kych streian, Zunich. Phefisol Recriting thick lenger, nothain! Seen rich Klick to



Walther Schoenenberger Pflanzensaftwerk 7031 Magstadt liquids to the sent way to apply Hair and liquids to the sent to not a shonge pad but the very small baby face-cloth previously wetted.

(Hygrene & MED)

Herrn Dr. P. Brunton Chemin de Ballallaz OH-1820 Montreux zum Kurs von

usez UMBRALLO WARNING Ocannot be closed until the handle is pulled (telescopically) down to falled length. If then lay crella across & compactly receive ends of State anti Plastie Stap, 13 Confirmed anni strateurin

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Il più moderno apparecchiamento scientifico per il controllo e la posa delle lenti da occhiali - Esecuzione scrupolosa delle ricette mediche - Tutte le specialità nell'occhialeria moderna - Applicazioni delle lenti a contatto e degli occhi artificiali infrangibili R. A. Dudragne di Parigi e concessionario unico per il Ticino - Un occhio normale deve poter leggere questo formato di lettere a 30 centimetri di distanza e a 6 metri le lettere che seguono.