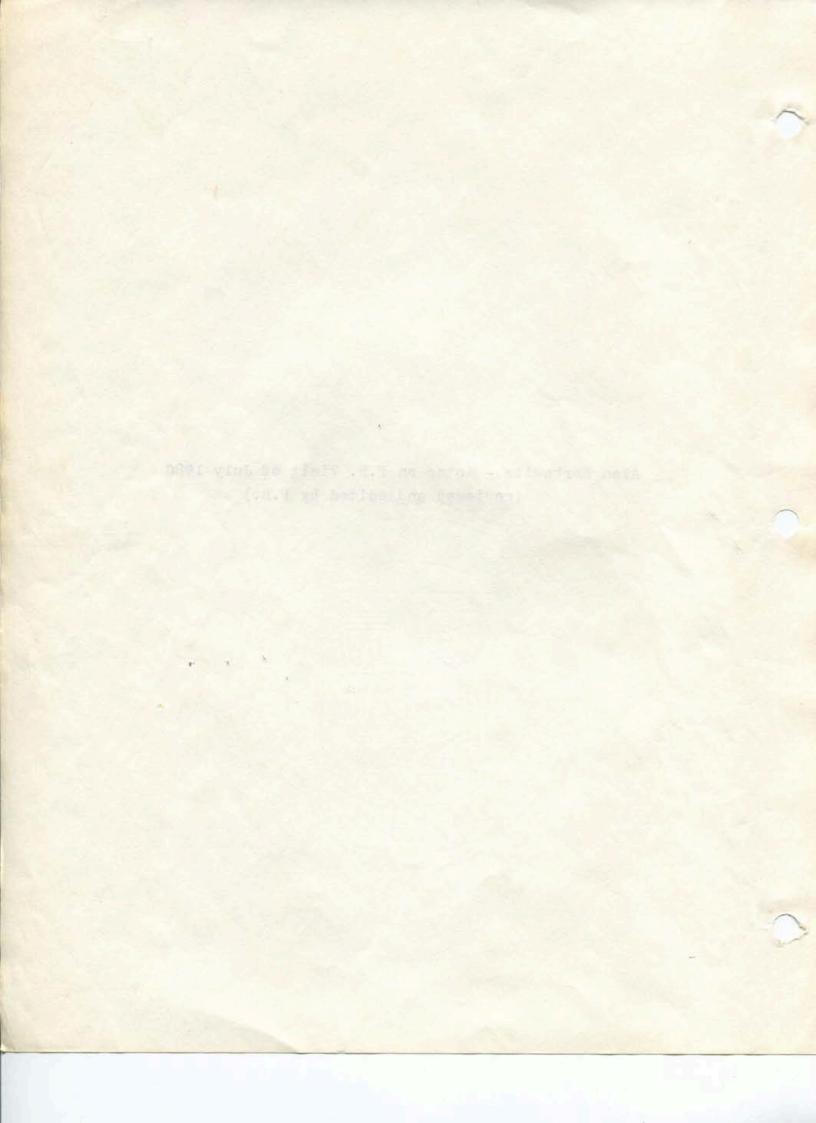
Alan Berkowitz - Notes on P.B. Visit of July 1980 (reviewed and edited by P.B.)



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Tibetan dinner: it's all very good, and they (the Tibetans) will see the practical side of what's being done by Goldenrod.

On Ramana talks: The irony of the book is Maharishee's constant praise of silence, but even he was forced in the end to let his words be recorded and made into a book, only it was done about the time he died. He constantly praised silence, meaning the stilling of the mind as the best way to speak because the inner deeper mind can speak more effectively than physical speech, which is on a much lower level. But it may need much larger times

Advice to me on my work: You'll have to depend on intuition to help each individual person, assuming your intuitive feelings are recognized and obeyed - that requires a certain amount of patience to wait for the intuition to arise. It may take some time to bring it out. It may be active in you naturally but you have to recognize its presence. If it is natural, it may come quickly, but it may not seem acceptable (obvious)... but it requires courage to believe that this feeling is telling you something. You must experiment by trusting it and trying one how it works out. Remember if you get sensitive feelings you may get it quickly and you may not know if it is yours or the other person's. So you have to learn to a separate yourself from the feelings which you receive which are not yours but the other person's.

If the other person is depressed they may unconsciously share their feelings with you and dump them on you and you may absorb it unless you recognize it and learn where it's coming from, and be detached.

The same may be true for the health conditions of a person (you can unconsciously pick them up or take them on).

All these experiences must be cleared - you must see clearly what is happening and the only way to do it with accuracy is to make yourself still, to still your mind. So the first effect is mediumistic and tells you what the other person is undergoing. But you must go deeper and not get lost in the other person, and the only way is by going into your deeper self, your spiritual self.

Some people get, not health conditions and not emotional conditions, but they get pre-cognitions. That's still something that your own inner stillness tells you. It comes out of the blue. Or it may tell you what advice to give, what advice someone needs. It simply passes it on to you.

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Again, you must penetrate your deeper self which is still, calm, and quiet. So you have to take it on faith when it appears. It should be possible to do that sort of work if you train yourself, you take a little time each day for it.

There's no doubt you could do quite a fair amount in that line if you kept on with your practice.

So you can go on, keep your trying and practicing, and watch the results each time - see what comes out of it. So you have to believe in your Overself, because this is the final source of all that your seeking... it can do so many things for you in your best interest and it's a source of real joy to you if you can go along with it.

In fact you need more of it in your own character. You should a express more of that beautiful uplifting discovery that it is your higher side.

You can let it out more, not keep it in, let it out.

If your young people are fearful, anxious, troubled, concerned, you should let them know that it is, a possibility for them to find a better way and a better experience in life. To let go of doubts and believe they're made for better things, and go ahead and try it. They should not doubt themselves, their better self. They have to grow and let the things come up, develop inside them, to go and try.

So what you tell them you must practice yourself - on them, with them, and in uplifting them you uplift yourself.

Don't let past conditions weigh on you nor those things which weigh you down. Take a more positive attitude towards your own life.

You mention your dissertation. Then you take up the attitude that it will be done and done well, and justify you to keep that attitude and thus you will help it materialize.

There are untarked

So you may have to go ahead and go forward because in the end that is the good side in you - the god in you, the god within which is creative.

And you should get the feeling of support from it that you're not alone, it's always with you. That's all I have to say to you.

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All the men from Wisdom's Goldenrod whomhave come here are very resomurceful.

Napolean: he was very miliful and organized but lacking in compassion.

Once he was touring a city in Italy he had conquered and entered a classroom in the university, asking the professor what is they were studying. The answer - 'philosophy' Napoleans response was 'Bi Bhah!' Philosophic studies at that time were dry and academic and concerned with metaphysics, which it had no relation to practical life. Napolean was a man of action. He set the stage for the great 19th century period of rationalism, when the capture appears that translations of the Eastern texts took place. Now we have almost all of they. He wanted to conquor India - instead the British did.

He was an instrument of Karma - many of the rulers he overthrew

was respectively millions of deaths.

were experiencing karmic recompense. He also killed many millions of deaths.

partle _ this shows the yin and yang, both sides of him. He was a very not

democratic

good ruler and set up good systems of government and law.

Padre Pio: P.B. met him 3 times. He had all the limitations of an and ardent Catholic Live., was lackful from a philosophic viewpoint). He told me that the ethots util believed that you had to be a Catholic to be saved. But he came closer also children of God, including the Hundred than most.

WG: PB seemed very pleased with what he called the practical activities of the group (open house, benefit dinner, etc)

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existing continental societies and used what he learned to found his own order in the US. Claims his society traces itself back to the original Egyptian sources. He bought his way into the European societies and got diploma's from them. His son took over after his death and is less business oriented and more sincere.

ManlyPalmer Hall he has an excellent knowledge and is a good man. PB respects him, but he is mainly a student and gifted lecturer. In the early 20th century there were still a few individuals who had real knowledge from the older orders but it was not passed on.

Pope John Paul— He's doing a good job considering the limitations he must work with. I respect him but too conservative

Quimby (regarding hypnotism), Christianity (the Bible) and Hegel, to form Christian Science. She also used the idea of autosuggestion from the New Thought movement, as a means of improving oneself materially and psychologically. Her teaching spread rapidly. She was a genius but made mistakes. She died after 2 years of pain which disillusioned her, IX was kept a secret from her followers because it wax would have seemed inconsistent with her teaching. She got carried away and thought she could conquor death. Buddha knew better.

How could anybody be foolish enough to believe that they could conquor death? Aurobindo thought he could. The Mother was an occultist and had some powers. You can protong life up to a point.

I do believe that the Count de St. Germain carried further but even he had to go at an advanced age of over 100. He died in the 1820's in Germany. He had discovered some secrets. He went to India in the 1770's remarkable and spurdual for two years. He was a wonderful man and I respect him. But there are pretended claim has centact.

True occultism has very largely disappeared. The occultism today much of it is fanciful. Experience without understanding is not enough. It is not and true initiation which is a living experience which gives understanding. Experience can be psychic, occult, t etc., and produce titilation without basic known understanding. That was made clear by Plotinus, then philosophy becames more than not a word but a living experience (i.e., when with understanding). The

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academic and the actual. The obtualized philosophy is what we want. Not only from the head, and intellectual forces. It must get into and penetrate the heart, and head, and requires the third, action will, involving the body). Head, heart and body. Books alone are not enough. It must be transferred into your experience. Some for it may rub off as inspiration from a book but you must go beyond that. I purus can do some be seen give you inspiration and point the way to understanding, but the meker must make the effort to get ke the understanding. A guru can transmit knowledge but the student must receive and can only do so according to his understanding, which he must expand and develop through practice. A guru can demonstrate the truths— the inspiration and the true idea are the best he can give to help open their minds.

Neoplatonism: Proculus didn't go as far as Plotinus. Those who did were a limited me few. But Proculus differed from Plotinus in interesting ways on a number of points. He was more limited by religious ideas. I prefer Plotinus.

Anthony: It's not appropriate for members of the group to expect a personal, warm intimate involvement with Anthony and expect him to listen to all their problems. That type of relationship is more appropriate to a clergyman, which he is not.

Some people have resistence which they may or may not be The Quest: aware of which is obstructing their development. A student of the Maharishee complained after 17 years of coming that he had not experienced anything beyond the xxx vague peace he felt after a x few minutes in the Maharishee's presence. Maharishee answered that it was due to karma. This means it is something within him, he is making it. PB's impression of this man was that he wanted a full blown mystic experience of bliss. It is better to call it peaceful rather than blissful, because bliss can be misunderstood to mean rolling or dancing ecstacy. The highest aspirant is the one who doesn't expect anything. He goes on and does his work and doesn't worry of mand about experiences. He does his work and in the end he gets what he wants. He gets peace without a great mystic experience out of the blue because his character has been growing and changing and what he has now is stable. Tew realize the value of this type. The The others over)

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They want the thrills. I don't think Plotinus can be said to encourage this. The Letter was to get above that level where negatives dissapear of themselves.

It's a level one rises to or lifts oneself to.

The results differ from individual to individual at certain times. Let to happen but their time, there is karma which comes in and deffects the timing.

I knew a psychologist who took only a few cases at a time and had good & results. His method was a combination of suggestion, verylight hypnosis (he was a hypnotist and thad that kind of influence), repetition (mantra) and time-giving enough time to the patient (30-60 minutes each section), The patient would have to lie down in a sleeping posture, and the words were spoken in a very deep, suggestive, calm voice and the patient might go off for a few minutes into a short sleep. When that happened it went much faster and the person came away feeling better. Whatever the trouble, wholher

habit, or a grumbling disposition, It all began to change. He made seasons were tapes which he could leave with the patient after the rooms was completed and then the jument had to and they could do the work themselves. The also to control was now my the and they could do the work themselves. The

His me results were good but the patient had to do the work himself.

Were were he was a helpen but there was no great promises. However he was and the person must do the work themselves. Pally a teacher was and entering from the work themselves.

Dalai Lama 'So the center has really had a religious dedication' (re ceremony). The Dalai Lama's talk at the center went into things deeply. He must have a recognized that the center people are not beginners, they do a know something. He was quite willing to be forthcoming. (contrast with the abbot at Mt Rexx Pelerin)

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Sects of Tibetan Buddhism: We were discussing how many different sects and teachers the in are in among the Tibetan Buddhists: It is getting like Protestantism with so many sects. But that is good. All the different points of view will get discussed and aired. Yes, that shimportant

Center area: Very likely it was Indian holy land. It will become, if it isn't, and a pilgrimage center one day, perhaps. (I mentioned the Indian story of the hand of God creating the Finger Lakes.) It may be symbolical or a psychic understanding of what was actually there. These places are not chosen by accident. Usually the medicine men had a sensitivity to these things aurab of that was actually there.

(this led to a discussion of attitudes towards the earth and use of natural resources): If you look at what has happened in the oil areas and what has led to in 100 years. It's because they have no respect for the globe, treating it as a dead mechanical thing when it has a living force behind it, and from the mystical point of view, a ruler, a conscious being. All this is a result of the materialism which has developed that psychical and spiritual ignorance. The leaders have lost the sensitivity which their own tradition could have given them. Materialism also mean's insensitivity. Oh well, let's see.

Von Durkheim: Respent 9 years in Japan with a Zen master. He opened a center for people with psychological problems and is succe ssful. He teaches some form of meditation (not Zen), or hara practice. It is located in a good atmosphere in the Black Forest. The is an emphasis on practical treatment with body movement and meditation.

It is important to a care for the body - we must use the advaitic indifference to

It is important to x care for the body - we must use the advaltic versus carefully. Story of Atmananda who disregarded the body and ate covernment with two too much honey - PB discussed this with him, he took the point of view that one should not pay attention to the body and dwell on it. First he thought he would be better after the weekend, but he had to postpone a lecture series for ten days until he was better. People who had come to hear him from all over India were forced to wait.

Reincarnation: There was a recent case in the U.S.A. of a four year old boy who knew all the details of his past life. His parents disregarded him but eventually took him to the places he wanted to see. He correctly

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predicted the places he was going to and who significant persons were in his past. It turnshout he was the reincarnation of an uncle who had died 8 years earlier (In Esoterica magDaine). Cases like this were more common in the Far East. Southeast Asia had meny such cases but now with the wars and disruptions It is less common.

Tibetan tantric practices. It is not fully and scientifically clarified, but the Tibetans will tell you to do these exercises with a guru who knows the subject. Tibetan exercises are more advanced and more complicated, but seek for higher results. The Tibetan's are fortunate because they don't have all these books floating around so they won't attempt it without a guru and can avoid the risks. (I mentioned our studies in class). Someone in the group could go to study with a Tibetan master and learn the practices and then explain it to the group or have a course at the center.

Religious training: Once P.B. gave a talk in Columbus to 50 ministers about religion and mysticism. There were many of them who were impressed and came up after the lecture to say how they had never been exposed to the ideas. That is because of their limited training which is the result of their limited instructors. There was a time when att this was known in all the religions and how it is all coming back and they are getting to learn what religion really is.

Marriage: It is good for people to have time alone. Especially married couples. It is an attachment. You can become too dependant on each other. It can be very difficult wit when you are trying to follow something as uncertain as the Quest. P.B. knows of some couples who have a perfectly harmonious relation from the beginning, but that is rare. Some can work it out in the beginning and others take a long time. There would be something wrong if you didn't miss each other (said to me).

Won Weizaker: He has gone over into the scientific equivalent of advaita:

Whe idea that there is one universal energy. He had a glimpse. He believes now
in tantrax yoga, and has a guru - Gopi Krishna (he's a good man.) When I

Ctrut met Gopi Krishna he was new, but now he's well experienced and is
sincere and honest. The path of Kondalini yoga is not considered, in the
advaitic sense, to be the highest path nor with the samples.

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Plotinus: P.B. asked me if I had read Plotinus and the following discussion ensued. Plotinus presents a large view in which much detail is given. It is said that Plato was his teacher, and although this is true, he re-lived and experienced the Platonic doctrine within himself. Consequently the Plotinian system is a specific expression which appeals to a certain type of person. This is why many of you have been attracted to Anthony and his work. It is as if each of you has a mark. Not everyone who has come to the center has stayed, but those who have find this appeal. It does not mean that you are better than the others, but that this appeals to your specific nature. Anthony and the group are like an interdependant rod and piston system which drive each other along. As Anthony has grown through shifts and changes so has the group. It has brought you further along the path. Now you are able to read and understand things which were not available before. This is why the Dalai Lamashas visited you.

On the experience of a sage: You study and try to understand but at some point you merge into the stillness and can put all books down. You can look at them again to appreciate what they are saying, but now you hold them the whole world lightly. Thus you have a double simultaneous view, which is speken of as the razors edge.

Anthony: He is gaining recognition in the common eyes, although he never sought it. It is only a beginning. When he finished the book he is working on that will bring more.

Difficulties in life: Maharshi used the analogy of life as a hammer whatever being beaten on an anvil. The painful experiences you have give you the opportunity to apply whatever philosophic understanding you have developed and thus grow from the situation.

When you pursue the philosophic goal other things often work out.

It's a very wonderful learning and study and practice. So that is life.

Krishnamurti: He was a genius, although as dogmatic. His system worked for him but it may not work for others as well. The Theosophists wanted to make him an avatar. You can't make an avatar, it can only be sent by God. When he saw what they were doing he rejected it. But he was under phenomenal pressure which led to or precipitated a breakthrough, an eruption of his own nature Mod Wiscommode.

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Anthony & The group has gone farther than might have been expected in the beginning. It is acquiring an identity and individuality of its own the large of the larger groups because Anthony is selective and interested in quality. Anthony's stepping back will continue later on in the year as he works seriously on his book. Although the book may not appeal to the majority of seekers that is not important because there are plenty of books for them. There is a need also for more advanced books and work. You can go down only so far to accommodate the common level and but not further without adulterating yourself the them.

Anthony is a very shrewd teacher. When he worked in bookstores he was exposed to all different kinds of seekers and learned how to approach them and the different types, good and bad.

world Problems: Tim says that astrologers predict an upheaval later this year and next. PB said that his understanding of the world situation is in accord with that judgement to a large extent/(70%). But one place cannot hold completely to iron clad predictions. There is always a mysterious unknown factor which must be taken into account. The astrologers know a lot but their understanding is incomplete and what has been lost must be rediscovered.

Eating: There is a spiritual group which has a retreat in the area which is also run as a vegetarian hotel. Their distinctive practice is that they are not allowed to talk during meals, but were to fix their minds on the higher power and

World Problems: We were speaking of the freedom in the U.S.A. and the different kinds of groups and teachings which have been popularized. One noted the lack of true philosophy (which leads to action) in the schools. There is both sides, there is The geod side of philosophy which we hope will prevail. But will it? Look at the world situation. It gets worse and worse. The negative emotions and attitudes poison the air. What have all the commissions and committees accomplished? There is no sense talking peace when the does not have a sincere attitude. The materialistic standards. selfish individuals do not believe in a God or higher power and think they

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Plotinus have forseen this? In his time there were similar problems

(Re: Roman empire) but there are also those in the world with intelligence, idealism foresight and knowledge who are doing all that they can to work for the good. We will see how far they let it go before they intervene.

Plotinus: Is it possible that Plotinus contradicted himself? Some of the passages I have read seem to suggest so. But this is not necessarily bad - it shows a development of thought. As Emerson pointed out, 'consistency is the hobgoblin of metaphysics.' A contradiction of two passages written at the same time is more serious. If he was confused this is not to say that his understanding had not increased or developed further.

The same may be said of my work. If a term has a variable meaning wouldn't it be better to have more than one term? That's the problem I have with Indian Philosophy in its use of the term Real. This brings in semantics which is an important subject. Although I do respect Plotinus it is irksome to find contradictions.

The value of semantics increases for me when applied to such subjects. The same problem exists in the Wisdom of the Overself. I wouldn't be suprised because I've fallen into it - I have it because of hasty writing and not having enough time. Now I write more slowly, am aware of the problem, and guard against it, although not perfectly. It is more important in metaphysics than in mysticism, or even more in than in common language and literature.

If Anthony deals with these contradictions (or apparent ones) in Plotinus that will make his work more valuable.

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of them.

Rave you heard of R Apollonius of Tyanna? What do you know? The formal was considered to have healing powers and was viewed equal to Christ during his time. Many stories spring up during the life of people like this thought to be magicians and after it. There are similar stories about the healing powers today of Sai Baba. Many people feel that a sage automatically has the healing power but mome disagree. Ramana probabilistically felt that it was occultism and would not use it, even when he was sick and could have helped himself. Ramakrishna also. Plotinus says that it is mokey to make care of the body, but when he was sick would not accept medical care. Some say that to heal would lead to inflation of the ego, but sages are not supposed to have an ego. Their are different with the viewpoints and different opinions even among sages on this question.

Q- what is P.B's opinion?

My opinion is to have no opinion. I am only an observer, a researcher. I me study all the different undergoned and take note

The sage does have an egok, as Ramakrishna says - 2½% (PB corrected me when I said 3%) - like the ashes of a rope, there is only a film left which must remain as an long as there is incarnation. As soon as you enter the plane of relativity variety automatically springs up. It is human nature, personality. Different sages have different personalities, although the center which they operate from (turiya consciousness or sahaja) is the same. These questions arise from the standpoint of down it here looking up. Ramana's answer (and PB's) was to way, wait until you get up there to ask the question. It is not a sage's choice but the divine power within him whether or not the healing power will operate.

I said, perhaps it is a matter of what work a sage has to do, they have different work or karma. P.B.: Yes, and when they have a lot of work, they can deputize it to others who can help with it.

Q: I asked a question about reincarnation - what is the continuous primaciple, the divine atom or the subfle body which is the historical instrument? Example of Dalai Lama.

the historical instrument? Example of Dalai Lama.

P.B. In Buddhism and the Tibetans wave different subtle theories to askatkisage answer this question. When you try and pursue the path of understanding you reach the lift of the reasoning or thinking mind and must realize that you cannot go beyond it unless it is illumined by

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the intuitive or intelligible mind. Intelligible is a good name for it.

Without the guidance of intuition whatever you may say is only speculation and here you may come up with different spinsus opinions and must be careful. So you must also develop the intuition or bring the intuitive mind into play.

fragments from above conversation:

-Shankaraycharya of Kanci also says he does not use the healing power but many claim to be healed by him. ... He says that there was oringinally only one great religion or truth, the Santaya charma, which was later fragmented into the many different religions and which what we call Hinduism stems from.

- Sages may have different personalities and therefore different awarenesses (although the center of that awareness is the same). The divine atom or overself consciousness is what remains after death when the individuality ego of a sage is disintegrated or lapses.

 Several
- P.B. studied under many different teachers and sages, and many of his notes were written 'under the influence' of someone he was studying with at a particular time and reflects that point of view (ex. of the notes with a sahaja which I worked on).
- On the basis of what others say and your own experience you me formulate a mode of approach or opinion about something like healing, and when it operates.
- One side of the Akguement regarding a sage's attitude, or anyone's attitude, tomwards the body is the opinion that it is 'only' the body and that it should not be dwelt upon (see other conversation on this, PB's discussion with Atmananda).

-Although Ramana would not 'come down' to discuss things ± like healing, occultism, etc., occasionally he would make doctrinal statements which were consistent with a Hindu viewpoint,

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P.B. often mentioned in our discussions the importance of semantics: the necessity for words to adequately represent the ideas they are meant to stand for. Lack of clarity in use of terms creates confusion and misunderstanding which can be especially detrimental in the application of philosophic ideas to daily life.

The problem is illustrated by the Advaitic statement that the ego is illusory. Some take this to mean that it is, or should become, non-existent. Yogic practice often speaks of the nullification of egoity. If this statement is taken literally (as some do) it can create tremendous practical and psychological problems. It is necessary, in explaining this statement, to distinguish two levels of reality, the empirical (vyavaharika) and the ultimate, or transcendental (paramarthika). Denial of the empirical validity of the ego represents a confusion of these two standpoints. The illusoriness of the ego (or world) is from the higher standpoint in which it is seen to have no independent self-existence or ultimate truth. From the empirical standpoint, however, the term refers to a valid experience which has operational validity. Even the sage- one who has realized the transcendental perspective on the ego's nature - has and operates through an ego-complex. Manifestion implies perspective or point of view, which means egoity.

Ramana spoke to this problem in the statement: The world is only unreal as world- that is, it's reality or truth is its ultimate or transcendental nature. Our taking the empirical to be real in itself or true is what constitutes the illusion which must be seen through.

Shankara also recognizes the empirical necessity of the ego in practical life in answer to the question - why does Shankara run up a tree away from a tiger if it is illusory? Answer: "The illusory Shankara ran away from an illusory tiger by climbing up an illusory tree."

This confusion is reflected in the discussion of the role of the body. Refusal to attend to the body or recognize its importance also reflects a confusion of the two viewpoints.

The above represents a reasoned analysis to a semantic problem. Many such problems exist for the student of philosophy and many texts and books exist which can lead to misunderstanding because they lack of semantic clarity. This is true for P.B. himself, who feels that lack of semantic clarity in his earlier books, which were written under great time pressures, caused some individuals difficulty. Careful attention to the use of terms

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and their possible interpretation (or misinterpretation) will hopefully avoid this problem in the future.

Note: Another approach to the problem of the ego and the world is expressed in the Hidden Teaching Beyond Yoga, where a distinction is made between existence and reality, corresponding respectively, to the lower and higher standpoints. To say that the ego or world are illusory is to say that they are not real, not to say that they are non-existent, which would contradict our own experience.

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